

## Region 5 Behavioral Health Community Board

### Meeting Minutes

9:00 AM ~ 11:00 AM

June 4, 2014

*Present:*

Sally Bryan, Scott Rasmussen, Helen Edwards, Debbie Thomas, Isaiah Sarault, Audrey Palmer, Brian Pike, Eric Snarr, Bev Ashton, Wendy Russell, Abigail Stocking, Mindy Hoskovec, Jaci Urie, Jami Stroud, Lela Patteson, Frank Knight, Rita Ruhter, Rick Huber, Janelle Johnson, Elara Smith, Mary Christy, Janice Kroeger, Kim Dopson, John Hathaway, Lori Stewart, Angenie McCleary (phone), Ross Edmunds (phone), Ann Schultz OPTUM (phone)

*Excused:*

Mick Hodges, Tom Hanson, Dawn Anderson

*Next meeting:*

July 2, 2014

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#### I. Announcements

- Invitation to Join the Discussion – June 28 @1PM at Heider Pavilion at Rock Creek Park – Hosted lunch
- Community Partnerships in Action on Saturday, Sept. 20<sup>th</sup> at the Twin Falls City Park – Volunteers are needed; contact Rita Ruhter.
- **NEW** Adolescent Facility is located on the fourth floor of the County West building – The goal date for opening is August 2014. It is a 23 bed male/female live-in residential facility for adolescents with an age range of 14 - 18. The secured, live-in residential facility which allows families to stay connected.
- OPTUM Provider Call-In – Providers were encouraged to call Audrey Palmer or Isaiah Sarault with questions or problems. One challenge that was addressed is the authorization process which is still taking too much time for providers.
- OPTUM Member Forum – Community Support Center, downtown Twin Falls, June 19<sup>th</sup> from 10 -12.

#### II. Business

##### Approval of Minutes:

**Motion to approve minutes – Debbie Thomas**

**Motion seconded – Angenie McCleary**

**Minutes unanimously approved**

##### Legislative/Central Office updates – Ross Edmunds

###### Exploring partnering with District Health

- District Health Board Conference – Ross informed the members about what is happening with the Mental Health Boards.
- Angenie McCleary urges the Board to consider partnering with another governmental entity. The Public Health District is interested in exploring the opportunity to partner together. Regions 1, 2, 3 and 4 are considering partnering with their Health Districts.
- In general the Health Districts don't appear to be interested in the details of what the Board is doing and more interested in the business end.
- Region 5 has not fully explored the possibility of partnering. First steps have been taken and could be explored further.

- In the other Regions a subcommittee was organized to discuss partnering possibilities with the District Health Dept. Angenie would be interested in serving on such a committee.

### **Crisis Center**

- A committee is reviewing the RFI's (Request for Information) that have been submitted. Their review will determine the location of the new crisis center.
- The data collected from this crisis center will hopefully demonstrate the success of the center which will allow us to request funding for additional crisis centers in the state.

### **Criminal Background Check Waiver**

- The waiver process is being moved forward and will be available July 1, 2014. The waiver would allow Peer Specialists and Recovery Coaches to work for the Dept. in those roles.
- Will those waivers be honored by OPTUM and the Board of Licensure?
  - The contract with OPTUM would not allow them to accept a waiver. There is some discussion about amending the contract.
  - The licensing boards have not been in the discussion yet.

### **Action Items from last meeting:**

- **Rosie will forward information about billing for Recovery Coaches to Kim Dopson.**
- **Rosie will find out from Kathy Skippen when we can expect to see the tool kit.**
  - **The Controller's office does not feel they have a role except to make sure that our fiscal policies comply with State laws.**
  - **The work is continuing to get this to the boards.**
- **Frank Knight will look at ways the board could begin as a stand-alone entity.**
  - **This board cannot be a non-profit organization but can still apply for grants that do not target non-profit organizations.**
  - **By-Laws**
    - **The By-laws draft has been distributed but there is still a lot of work that needs to be done.**
    - **By-laws can be updated and changed as things move along.**
    - **Legal counsel will need to look at the by-laws.**
  - **Executive Committee membership is fairly open as far as who can serve on this committee.**
    - **A Steering Committee could assist the board in making an informed decision.**
    - **Frank proposes forming a Steering Committee and first looking at being our own entity. We will have more knowledge of what is involved and will have a better idea about what the benefit of a partnership would be. We would have the knowledge to make a decision.**
    - **We do need to have membership finalized so we can make decisions about what direction to go.**
    - **Janice Kroeger proposes one Steering Committee that would look at both options (Partnering and being our own entity).**
    - **The Steering Committee is a separate committee, not the Executive Committee.**

- **Steering Committee Members – Angenie McCleary, Frank Knight, Rita Ruhter, Rick Huber. The Steering Committee would look at legal options and research etc. Contact [ruhterr@dhw.idaho.gov](mailto:ruhterr@dhw.idaho.gov) or [fknight@proactiveadvantage.com](mailto:fknight@proactiveadvantage.com) if you are interested in serving on the committee.**
  - There is no deadline that we have to meet.
- Members will send suggestions for vacant positions to Sally or Rita.

### III. Discussion:

#### OPTUM Update:

- Mental Health first aid trainings are being offered to providers.
- Educating providers and stakeholders on medical necessity and evidence-based practices.
- If you see any gaps in services you are encouraged to contact OPTUM at 855-202-0973
- If you have trouble locating a specialized service you can call OPTUM for a list of providers in that specialty.

#### Gap Identified

- Psychiatrist numbers in our area are low.
- There are five psychiatrists at St. Lukes in our area and two private practicing psychiatrists.
- There are several Nurse Practitioners being utilized.
- Since clients have to travel to an area that has a psychiatrist they may have to travel for quite a distance.
- General practitioners do not have a deep knowledge of psychiatric medications.

#### Membership

- **Janice Kroeger offers her resignation at this meeting.** She has been serving as a Mental Health Advocate.
- Everyone is encouraged to notify [Rita Ruhter](#) if you have nominations for the vacant positions.

#### Subcommittee Suggestions

- Crisis Center
- Service Needs/Gaps
- Children Service Needs/Gaps
- Recovery Center
- Steering Committee

#### Time for future meetings

- Proposed times will be emailed to the board so everyone can have input.

Next Meeting: July 2<sup>nd</sup> at 601 Pole Line Rd. from 9:00 AM – 11:00 AM

**\*Decisions**

**\*Action Items**