

## Region 5 Behavioral Health Community Board

Meeting Minutes – Regularly Scheduled Meeting

11:30 - 1:30

September 10, 2014

*Members Present:*

Autumn Barney, Susan Carpenter, Mary Christy, Kim Dopson, Helen Edwards, Tom Hanson, Mick Hodges, Rick Huber, Eric Jones, Angenie McCleary, Shelly McDaniel, Leon Mills, Brian Pike, Scott Rasmussen, Abby Stocking, Jami Stroud, Deborah Thomas, Lee Wilson

*Members Excused:*

Aime Muntz, Bev Ashton

*Was a Quorum established?*

(yes) (more than half, 12 members, constitutes a Quorum)

*Others Present:*

Rosie Andueza, Sally Bryan, Eric Call, Becky DiVittorio, John Hathaway, MaryBeth Kraemer, Kathy McRill, Lynn Opdycke, Audrey Palmer, Lela Patteson, Kathy Skippen, Mike Waite, Dennis Woody

*Note Taker*

Sally Bryan

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### I. Announcements

ProActive Behavioral Health moved to a downtown location. They also had their first OPTUM audit.

“Partners in the Park” is Saturday, September 20<sup>th</sup>. Please be there to either support or assist in the coverage of our booth. Scott Rasmussen will set up the booth.

Rick Huber was given the Ken Steele award at the NAMI National Convention this month in Washington, D.C.



### II. Business

#### Approval of Minutes:

Motion to approve minutes - Debbie Thomas with changes –

Anyone can nominate members to the Executive Committee

The person nominated must be a member

Subcommittee members don't necessarily have to be members of the Board

Motion seconded – Eric Jones

Minutes unanimously approved: Yes

## Legislative/Central Office updates – Rosie Andueza

- The State Controller’s Office will not develop a relationship with the Board if they choose to become independent. Rosie Andueza is looking at how the Board would be able to operate without the State Controller’s office. The DD Council operates independently and Central Office is looking at how they operate. The people who work for the DD Council are state employees.

Q: The flyer on the Transformation Toolkit says “Mental Health Centers” instead of “Behavioral Health”.

A: **Rosie will ensure the error is fixed.**

- The Crisis Center in Idaho Falls will open their doors on November 1<sup>st</sup>.
- ATR Grant:
  - An ATR Coordinator as well as a position to assist the WITS helpdesk will be hired.
  - Populations served: Veterans in court (may be expanded later), families in child protection or court involved, homeless (sheltered and unsheltered).
  - To assist with the homeless population Central Office will be looking at a program to roll out statewide.
- SUD Providers/Block Grant:
  - The Idaho Division of Behavioral Health is beginning the process of establishing a pilot program to implement the delivery of comprehensive care for pregnant women and women with dependent children. Private providers are encouraged to apply to become part of the network of specialty providers. The services provided are intense and the cost per client is higher than with most other clients. The contact for Region 5 is Cindy Shotswell @ [cindy.shotswell@bpahealth.com](mailto:cindy.shotswell@bpahealth.com) or 208-921-2342.
- Recovery Idaho (Recovery Centers):
  - Lots of work is being done behind the scenes. Rosie and Johnathan Meyers will be talking to the Association of Counties about starting recovery centers around the state. It is the hope that “Recovery Idaho” will be able to be an entity. Millennial funding is available to start up. This would be on-time seed money.

Q: The DSMV will not be used for the State programs until July 1, 2015 but it will be used by OPTUM in the next couple of days. The worry is that diagnostic codes will not mesh when providers bill for cross populations of clients that have a combination of insurance payers.

A: The reason the state will not be using the DSMV yet is because Chestnut (GAIN) is not ready to use it yet. **OPTUM is looking at delaying the requirement for use of DSMV for a period of time (Becky DiVittorio).**

## State Planning Council update –

- There will be a checklist to ensure that the Behavioral Health Board has demonstrated readiness. The Planning Council will also need to monitor the Board to ensure they continue to be able to provide services.
- There is a Planning Council subcommittee that has been working to provide the tools needed to assist the Boards.

## Action Items from last meeting:

- **Rosie – Are family members of veterans included in the use of the ATR4 grant?**
  - **“We are going to start with a conservative approach and only serve ‘Veterans with SUD who have committed a crime and are on supervised probation’. Once we have some time under our ATR 4 belt, we will see if we**

are able to meet our required numbers using this limited definition or if we will be able/need to expand it.”

- Rosie will find out the projected “live” date for use of the DSM 5.
  - The live date will be July 1, 2015.

All action items were addressed in the above minutes.

### III. Discussion:

#### Board Membership:

Suggestion: The Chairperson duty should include appointing people to subcommittees. The Vice-Chairperson could be in charge of either Chairing the CMH subcommittee or making sure someone is appointed as a chairperson for that subcommittee. This will ensure that we will always have a Children’s Mental Health subcommittee and have someone in this position that has the energy and passion needed.

The statute states that the Executive Committee appointment would be for one year. There is no term limit and the Executive Members could be reappointed.

The Treasurer and Secretary ensure that the duties are performed but they don’t necessarily have to perform the duties themselves, at least until someone is formally hired.

Changes to Executive Membership duties:

At Large:

Add: Chairperson of CMH Subcommittee or designates such.

Chairperson:

Add: Recommend Board appointments to the board appointing authority.

Add: Recommend subcommittees and subcommittee membership for Board approval.

Add: Prepare annual report and report to State Planning Council.

Vice Chairperson:

Add: Ensures gaps and needs analysis is performed annually.

Treasurer:

Discussion points – Roles and responsibilities need to be broad initially. It’s hard to know the exact duties. It will need to be decided how often the Treasurer will report to the Board.

Add: Ensure compliance with legislation in regards to fiscal management.

Add: Ensure proper record keeping and reports to State Planning Council.

Secretary:

Add: Keep membership information current and reports to State Planning Council.

Board Member Responsibilities:

Change: “Attend all board meetings...” to “Attend board meetings...”

Discussion on By-Laws:

There needs to be a way to remove a person from the Executive Committee if needed.

The changes to Executive Board Roles and Responsibilities are submitted for approval to the Board.

Motion to approve changes by Debbie Thomas

Motion seconded by Lee Wilson

Motion had unanimous approval by Board

**Changes will be distributed to the Board.**

**Appointments:**

Open nominations will end September 24<sup>th</sup> via email to Sally and Kim.

Sally Bryan and Kim Dopson will verify that the members nominated would be willing to serve.

Nominations will be submitted to board members on September 25<sup>th</sup>; voting will end October 7<sup>th</sup> so board approval can be made on the October 8<sup>th</sup> meeting.

**OPTUM Update:**

OPTUM is offering one free Mental Health First Aid training for our region and they would like the assistance of the Board in deciding where this training might be most beneficial. This training takes one and a half days. The training can support 30 people and is focused on community members. It helps people to recognize the signs of distress and put them in touch with resources for help.

The Board recommends the Jerome area at the St. Lukes Educational Center, Burley at the CSI Campus or Gooding at the Walker Center.

Mental Health First Aid for youth would be helpful. The Board could look at funding the training for a trainer who could be available to do this training for our area.

Recovery and Resiliency training is also offered by OPTUM. Contact Becky DiVittorio or Amanda Lehti if you are interested in having this training.

The number of children accessing individual therapy has increase 25%since OPTUM started working in Idaho in 2013. The number of children accessing family therapy has increased 300%.

OPTUM is looking for a Field Care Coordinator for our area; please refer anyone you know that would be interested in the position. This is a licensed position and will be able to do some work remotely. Go to [optumidaho.com](http://optumidaho.com) for more information.

OPTUM Idaho has some good tools available for providers and members called "[Live and Work Well](#)".

**IV. Subcommittees did not meet.**

Next Meeting: October 8, 2014