

## Region 5 Behavioral Health Community Board

### Meeting Minutes

11:30 ~ 2:30

September 4, 2013

*Present:* Shelby Smith, Stacy Stephens, Kathy McRill, Jaime Goffin, Helen Edwards, Shelly McDaniel, Frances Wright, Leon Mills, Mike Waite, Dawn Anderson, Debbie Thomas, Beth Cothorn, Scott Rasmussen, Hannah Albertson, Rick Huber, Susan Carpenter, Kim Dopson, Sally Bryan, Mick Hodges, Tom Hanson, Lori Stewart

*Excused:* LeWayne Jungert, Nancy Kunau, Angenie McCleary, Val Stotts

*Next meeting:* October 2, 2013

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#### I. Announcements

Welcome and introductions

#### II. Business

##### Agenda:

WITS updates – Michelle Buskey

Legislative/Central Office updates – Kathy Skippen

##### **Approval of Minutes:**

Motion to approve minutes – Debbie Thomas

Motion seconded – Rick Huber

Minutes unanimously approved

Guest Speaker: Michael David, Director of Blaine County Drug Coalition

- The Coalition operates with grant funding. Sun Valley Road Rally was held in July as a fund raiser. They have been working on environmental policies to encourage retailers to not sell alcohol to minors - four years ago there was a 30% success rate, now they are seeing an 80% success rate which is a great result. There are four compliance checks per year and the retailer is aware of the time of year that they can expect to be checked on.
- Another focus area is to reduce the number of people buying alcohol for minors.
- Social hosting ordinances are also a project they are working on. The law would give the police the ability to stop private parties that are providing alcohol to minors.
- A Beer Garden ordinance in Blaine County would confine the sale and consumption of alcohol to a "Beer Garden".

Legislative updates: Kathy Skippen

- Recovery Coach Training at State Hospital South will be held on October 21 – 24. There is a maximum of 25 people and there are currently 13 registered.
- CCAR (Connecticut Community for Addiction Recovery) has been awarded a grant contract for Recovery Coach Training. They are being contracted to provide additional services which are:

- View community centers that are non-profit organizations. Those who will be viewing these community centers are county commissioners, community leaders, legislatures, private providers and select DHW Central Office Staff.
- Providing Ethics training for Recovery Coaches.
- Additional Train the Trainers training.
- CCAR will help us understand how they developed and run the Community Centers. This will be held in Boise and community leaders will be invited.
- Please send any suggestions or questions to Kathy Skippen, [skippenk@dhw.idaho.gov](mailto:skippenk@dhw.idaho.gov)

Discussion:

Recovery coaching is not currently a reimbursable service but may be in the future. OPTUM would consider adding this as a service if they were presented with standards. Central office is working on writing the standards.

Provider applications for OPTUM are still being accepted even though the preferred date has passed.

Are there two trained Peer specialists available for each region? Kathy Skippen can find out.

Do PSR workers need to be USPRA certified? Yes. OPTUM is strongly encouraging the use of USPRA certified workers.

State Planning Council – Rick Huber

- One of the Regional Board responsibilities is a report that would have come from the CMH Subcommittee. That committee is no longer meeting and there is a need for a regular report compiled in accordance with the Jeff D. lawsuit.
  - Scott Rasmussen and Sally Bryan can be responsible for submitting a report on Children’s Mental Health services. This could be compiled from meeting notes and submitted annually.
- A Gaps and needs report should be submitted to the State Planning Council.
  - This could be a quarterly report or summary of monthly meetings.
- A Regional Legislative Event where legislators are invited to the Board Meeting needs to take place on a regular basis. This could be a combined mental health and substance use disorders event.
  - Having a legislative event will be addressed at the next Executive RAC meeting (regional or statewide event?).
  - The RAC used to nominate a representative and give an award for a community member or a provider of services on an annual basis.
- There is a need to have a representative on the ‘Board’ who is a recipient of SUD services.
  - The RAC has had representatives in the past who are recipients of services.
  - This will be addressed at the executive RAC meeting.

## OPTUM – DHW – Scott Rasmussen

- The Department of Health & Welfare is trying to align our services with OPTUM services so that the Department would be providing similar services for non-Medicaid clients. For example, Children's Mental Health services are fragmented from region to region. To try to alleviate this there will be an RFP (Request for Proposal) that is being created to find a company similar to OPTUM to provide the Children's Mental Health services. A network manager would connect clients with the services that were recommended in the assessment. In this way children would receive the same services that are available to Medicaid clients which would also show our efforts required through the Jeff D. Lawsuit. This RFP would be paid on a fee for service basis and the moneys would come from our trustee and benefits (T&B) funding. Regular reports would be provided which would help us monitor our money. The contractor would be able to be paid through the cost of the services provided. The T&B budget is historically underspent which will support the extra cost to pay for the management company charge.
- There is a plan in place by the Department of Health & Welfare to transition clients to OPTUM providers. They will be transitioned on a timeline that has been established based on the difficulty of transition. A report will be submitted to OPTUM and the DHW Director on a weekly basis.

### New Action Items

Scott Rasmussen and Sally Bryan can be responsible for submitting a report on Children's Mental Health services. This could be compiled from meeting notes and submitted annually to the Planning Council.

Gaps and needs will be reported to the State Planning Council via a quarterly summary of Behavioral Health Community Board Meetings. (*Who will be responsible for doing this?*)

Next RAC Executive Meeting:

Having a legislative event will be addressed at the next executive RAC meeting (address if we want a regional or statewide event?).

Ideas for possible participant on Regional BHC Board who is a recipient of SUD services will be discussed.

### Support Services

Stress Management workshop for community – Is there another time that Dr. Pullin could do this workshop or could it be provided by another doctor? - Ask Dr. Yavruian

OPTUM Community Event so that members could ask questions – Next meeting

### Community Education

Encourage all to attend:

Sign up for the Partners in the Park event by emailing or calling Beth Cothorn.

Prevention Event is on September 26<sup>th</sup>.

Client Recovery Showcase is November 7<sup>th</sup>. Flyers and emails will be distributed to private providers and participants can come to the AMH office at 823 Harrison to sign up.

Data & Legislative

Would it be possible to view the new legislation coming forward from the Department of Behavioral Health?

**III. Subcommittee discussion notes attached.**