

## Region 5 Behavioral Health Community Board

### Meeting Minutes

11:30 ~ 2:30

April 3, 2013

*Present:*

Sally Bryan, Beth Cothorn, Frances Wright, Jamie Boutwell, Duke Morton, LeWayne Jungert, Kim Dopson, Tom Hanson, Eric Jones, Helen Edwards, Rick Huber, Carmen Babb, Janice Kroeger, Paul Shepherd, Kathy Blamires, Vayle Mauldin, Mary Christy, Debbie Thomas, Kent Ireton, Dawn Anderson, Val Stotts, Janelle Johnson, Kathy McRill, Angenie McCleary, Randa Stone, John Hathaway, Linda Wright, Manasha Williams, Lee Wilson, Kevin Sandau

*Excused:*

Susan Carpenter, Mick Hodges, Mari Nelson, Brian Pike, Shelly McDaniel, Bev Ashton

*Next meeting:*

May 1, 2013

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#### I. Announcements

None

#### II. Business

Additions to the **Agenda:** None

##### **Approval of Minutes:**

Motion to approve minutes – Eric Jones

Motion seconded – Helen Edwards

Minutes unanimously approved

**Action Items** from last meeting were not covered during this meeting. This will be covered at the next meeting.

##### Data/Legislative subcommittee:

Debbie Thomas will talk to NetSmart Program to see how interface was done with other states.

Eric Jones will coordinate a meeting between private providers to meet with Lee Heider.

Nathan Olsen will talk to Salt Lake County about sharing costs to interface.

##### Education/Awareness subcommittee:

Mary Christy will review NBCC contract regarding partnership for mental health facilitator.

She will contact Jamie Goffin regarding BPA's position on Mental Health First Aid.

Mari will make contact with the president of Magic Valley Symphony regarding fundraiser for the Wellness Tree Community Clinic and bring awareness to the community regarding mental health.

##### Issues subcommittee:

Val Stotts and Kevin Sandau will work to get information about Safe House to agencies.

##### Support Services subcommittee:

No action items identified

### III. Discussion:

#### **SUD network providers using WITS** -Michelle Buskey, DHW Program System Specialist

Beginning July 1, 2013, all SUD network providers will be required to utilize WITS as their billing record to track and submit claims for payment. For a calendar of events and other information visit [www.wits.dhw.idaho.gov](http://www.wits.dhw.idaho.gov)

Some providers have already attended training and 13 others are currently signed up. Some providers would like to know if certain required fields in WITS could be entered by clerical staff.

**Action Item:** Michelle will consult with Jamie Teeter about “minimal efficiencies” and send to Debbie Thomas.

#### **Legislation** - Kathy Skippen DHW Program Manager, Region 3

Legislation for the Behavioral Health Board has not passed during this legislative session; however, a lot can be done without the legislation.

Concerns regarding the legislation were brought up by NAMI.

The Board would like to have copies of the draft legislation.

**Action Item:** Tom Hanson will send Sally the letter from the President of NAMI sent to Ross Edmunds which explains NAMI’s concerns.

The Board would like to know if DHW is tracking the mental health laws. The Board would like to be updates as laws are being changed regarding mental health and substance use.

**Action Item:** Kathy Skippen will ask Ross Edmunds if he could send regular updates on changes in laws.

#### **Recovery Coaching** – Kathy Skippen

Fifty people in the state of Idaho will be trained. Fifteen of those will be trained as trainers. Region 5 has three recovery coach training spots available. It is a week-long training by CCAR.

The decision on who will be trained will be left up to the Regional Managers, RAC and CRDS.

There is no contractual agreement that those trained would need to provide coaching services.

Recovery Coach Trainers will be state employees which will help the program to be sustainable since there are some costs involved in being a trainer.

“A CCAR Recovery Coach is anyone interested in promoting recovery by removing barriers and obstacles to recovery and serving as a personal guide and mentor for people seeking or already in recovery” – from the website below

For information on CCAR go to [www.ccar.us](http://www.ccar.us) or contact Beth Cothorn @ 732-1582

Medicaid **Managed Care RFP** has been awarded to Optum Health.

The proposal for **SUD RFP** only had one bidder, BPA.

**IDVU grant** – Interventional Drug Users grant is currently on hold. Contact Kathy Skippen with questions.

**TTI Grant**– Four part process:

*Recovery Coach Training*

*Trauma Informed Care Web Portal*

*Action Plan Toolkit Development*

*Two Peer Specialist Positions to assist with the project*

Toolkit questions or suggestions/resources can go to Beth Cothorn 732-1582 or [cothernb@dhw.idaho.gov](mailto:cothernb@dhw.idaho.gov)

Kevin Sandau is willing to provide resources for juveniles.

The TTI grant will assist those on a local level to be more effective by providing tools and resources.

**Behavioral Health Update** – Frances Wright

SUD money – Money was allocated for clients currently receiving services from DHW. Region 5 will have in-house SUD Treatment for MH Court clients. The other money will be used to treat other clients needing SUD treatment and will receive treatment by private providers in the community. Relapse prevention and Co-occurring treatment will be in-house for Mental Health Court clients.

CIT Training – The lead officer for the CIT Training is leaving the area and we could use help from the Mental Health Board in encouraging law enforcement to continue to support CIT.

FYI – Use of synthetic drugs is increasing. There are extreme symptoms including problems with temperature regulation (hot or cold), bizarre behaviors (violence, severe cutting, psychotic symptoms), symptoms can be long lasting and can take months to stabilize. Legislators have done a good job of working to make synthetic drugs illegal.

Drug testing for synthetic drugs is expensive.

Impaired driving project with and Idaho Dept. of Transportation partnership with Montana State and law enforcement – there may be some solicitation of Board members. This is an exciting project in which they ask anyone aware of an impaired driver to become involved.

Current Region 5 status:

Burley/Rupert area coverage = AMH at Burley office/ CMH at Burley office 1 day a week

Jerome/Gooding = AMH in Twin Falls Office/ CMH goes to community

Blaine/Camas = AMH bi-weekly, prescriber as needed (appointments set by prescriber)

Lincoln = PSR/ACT in community. Counseling done in Twin Falls office

**Action Item:** The Board would be interested in knowing what percent of clients being served by Region 5 AMH have an SPMI diagnosis.

**Action Item:** Blaine county providers would be interested in having updates regarding the services being provided to clients in this area.

Currently Region 5 Behavioral Health is fully staffed.

Prevention Event @ CSI –

There is money from the RAC budget to put on a prevention event. The Issues Subcommittee or Education Subcommittee could discuss possibilities for this event. Beth Cothern handed out a list of possible prevention topics (alcohol, tobacco, prescription drug abuse, marijuana and synthetic marijuana).

Suggestions:

A film was created that could be used (Kevin Sandau can provide contact information).

Current event/trends with a name such as “Mood & Using” could be a general invitation to be part of the event and can get kids talking and give us a venue to open communication.

Opening communication with youth is important no matter what the focus is on.

**However, school will be letting out soon so if we want to focus on youth we need to plan very soon.**

[MV Symphony update – follow up with Mary Christy at next meeting](#)

Issues Subcommittee –

Safe House information to community partners – Val Stotts & Kevin Sandau

Communication with providers in outlying counties needs to happen so that proper referrals are made and that the providers are aware of the services provided at the Safe House.

Children are placed here on a voluntary basis. There are outreach cards and brochures being made and are being distributed.

**IV. Subcommittee discussion notes attached.**

No subcommittee's met at this meeting.

Next Meeting: May 1, 2013 at 601 Pole Line Road, 11:30 ~ 2:30.