

**Beyond Surviving: Support Group for Depression and Bi-Polar Disorder**

2/11/2013

Time: 6:30 PM to 8:00 PM

'Beyond Surviving' is a new support group that will meet at CSI each Monday evening, starting Feb. 11. We are a caring, supportive group of peers. Our meetings are voluntary and free of charge. Support groups are an important step on the road to wellness. If you have been diagnosed with depression, bipolar, or any other mood disorder, please consider attending. Our meetings will be from 6:30 to 8 p.m. Mondays in Student Union room 232. Please call or email at the contact info provided here if you don't know where that is.

**Contact:** Sarah 208-316-3428 [sb515@nova.edu](mailto:sb515@nova.edu)

**Agency:** CSI Disability Support Services

**Facility:**

**Charge:** There are no Charges or Fees

