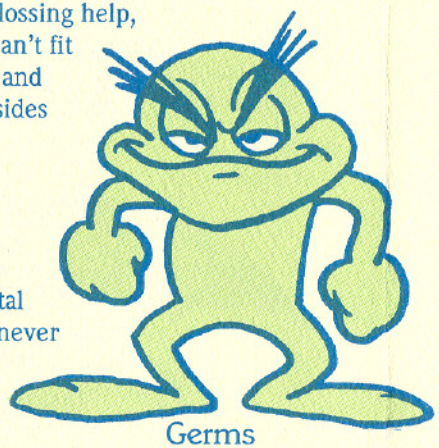
Now Your Children's Teeth Can Benefit From a New Kind of Protection

Most cavities start on back teeth because they have many small gaps called "pits" and "fissures" where germs and food can hide and cause tooth decay. Teeth need protection from *cavities.*

Fluoride, in water, toothpaste and mouthrinse is great for the sides of the teeth, but the tops of teeth have tiny gaps and need special protection. Everyday brushing and flossing help, but toothbrush bristles can't fit into those tiny crevices, and flossing only cleans the sides of your teeth.

NOW your children's teeth can be protected with a plastic coating called *sealant.* With dental sealants your child may never have a cavity or filling, and you'll probably have lower dental bills!

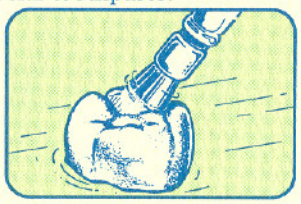


Germs cause cavities.

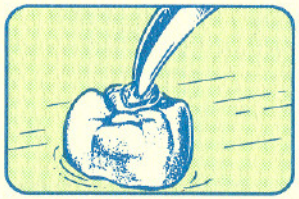
Sealant is a safe plastic coating which keeps germs out of the back teeth by covering up their tiny hiding places. Sealants work and are easy to apply. There are no drills or needles involved!

Applying Sealant...an Easy Three Step Process

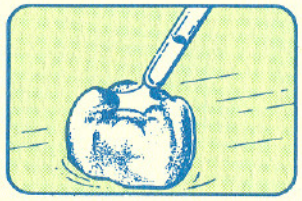
1) A dentist or dental hygienist cleans your child's teeth with a special toothpaste.



2) A special cleansing liquid, on a tiny piece of cotton, is gently rubbed on the teeth and is washed off in a minute.



3) Finally, the sealant is painted on the teeth. It takes about a minute for the sealant to form a protective shield.



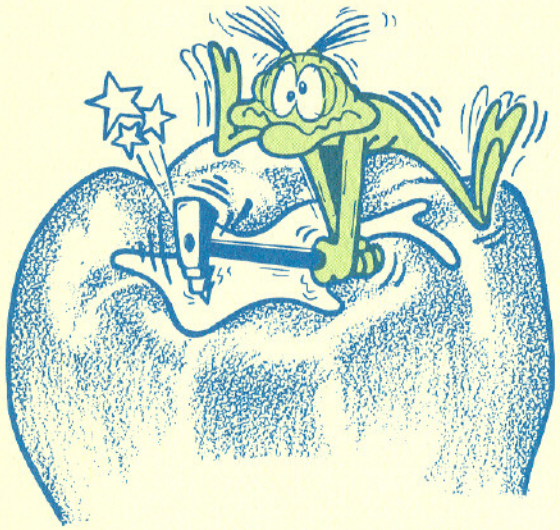
Seal Out Decay...Seal In Smiles

Tips For Good Dental Health

- Seal out cavities with dental sealants
- Use fluoride – in drinking water, toothpaste and mouthrinse
- Brush at least twice each day
- Floss every day
- Eat well balanced meals and cut out sweets between meals
- Have regular dental checkups

"Fewer cavities and fillings... lower dental bills...and big smiles"

Dental Sealants Seal Out Decay... Seal In Smiles



Ask your family dentist about dental sealants

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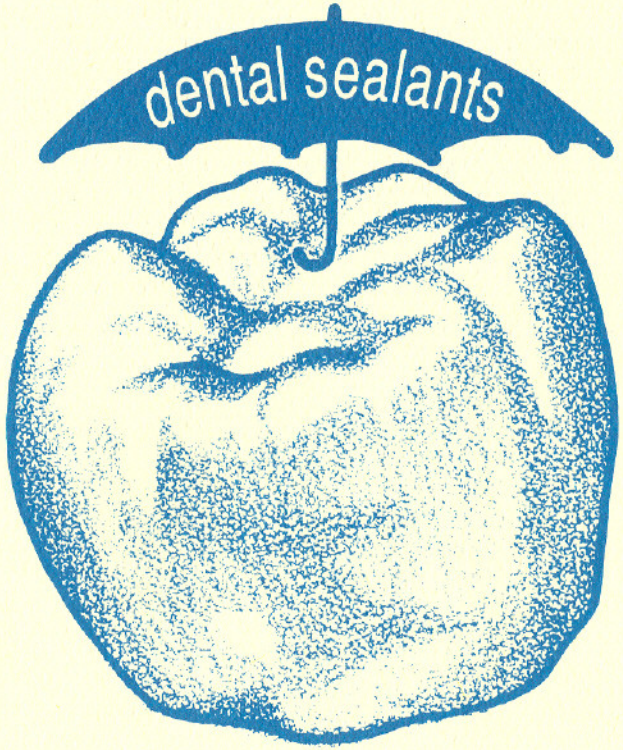
Dental Sealants: Something to Smile About