

Training to be held in Nampa, Idaho on February 1-2, 2008, 8am - 4pm both days. Pre-registration and application required. Call 1-800-444-4993 for more information.



Leaders Needed for Arthritis Self-Help Program

The Arthritis Foundation Utah/Idaho Chapter is looking for **leaders** to conduct the **Arthritis Foundation Self-Help Program**, a six-week workshop, offered to the community at locations throughout Idaho.

You, too, can change lives by becoming a Self-Help Leader. Help others with arthritis take control of their condition.

Those interested in becoming certified program leaders may **obtain an application or more information from the Arthritis Foundation by calling 1**

