

**IDAWA Breastfeeding Promotion Council
BREASTFEEDING INFORMATION AND SUPPORT**

**If you need help with breastfeeding or have questions,
call any of these resource people.**

HOSPITALS

ASK FOR LACTATION EDUCATOR

Pullman Regional Hospital	(509) 336-7401
St. Joseph Regional Medical Center	(208) 799-5430
St. Mary's Hospital- Cottonwood	(208) 962-3251
Gritman Medical center- Moscow	(208) 833-BABY (2229)
Syringa General Hospital- Grangeville	(208) 983-1700

HEALTH DEPARTMENTS

North Central District Health Department- WIC Program

Grangeville	(208) 983-2842
Kamiah	(208) 935-2124
Lewiston	(208) 799-0390
Moscow	(208) 882-7353
Orofino	(208) 476-7850

LA LECHE LEAGUE

Volunteer Accredited La Leche League Leaders	1(800) LALECHE http://www.llusa.org
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INTERNATIONAL LACTATION CONSULTANT ASSOCIATION

Private Lactation Consultants by zip code	http://www.ilca.org
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BREASTFEEDING HELPLINE

Monday - Friday 7am - 4pm MST	1-800-994-9662
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**For more information about the WIC Program, contact the Idaho
CareLine at 211 or 1-800-926-2588**

The WIC Program is an equal opportunity provider.



SUPPLEMENTAL NUTRITION PROGRAM
FOR WOMEN, INFANTS & CHILDREN