Don't Let Summer Fun At The Pool Turn Into A Stomach-Churning Nightmare!

"Crypto & Other Waterborne Illnesses Can Ruin Your Summer Fun"

Stay Safe & Healthy By Following These Simple Rules:

- Never swim if you have diarrhea.
- Shower using soap before going into the water.
- Don't swallow the water you play in.
- Make sure kids take frequent bathroom breaks & check diapers often.
- Always wash your hands before eating.
- Always wash kids – especially hands & bottoms – before water play.
- Never change diapers at waterside – use the bathroom or other designated area.

He's Bad News!

Remember, Healthy Swimming Is No Accident!

Idaho Department of Health & Welfare

Idaho CareLine • IDHW 2-1-1™
Get Connected. Get Answers.
Dial 2-1-1 or 1-800-926-2588

Public Health
Prevent. Promote. Protect.