

Use the checklist below as one way to see where your child is at within the first year of their developmental milestones. Success in your child's growth and development can benefit from EARLY action.

If you have questions or concerns about your child's development, contact your local Infant Toddler Program Office (refer to Contact Us tab at the top of this page).

The Earlier You Know, the Better They'll Grow!

Developmental Milestones Checklist

1 month

- Lifts head when on tummy
- Looks at faces

2 months

- Makes sounds—coos and gurgles
- Follows objects with eyes

3 months

- Recognizes faces
- Holds head steady and upright

4 months

- Smiles, laughs
- Rolls from back to side

5 months

- Holds out arms to be held
- Likes to play peek-a-boo

6 months

- Copies sounds
- Rolls over in both directions

7 months

- Creeps
- Uses hands to pat, touch, stroke

8 months

- Crawls
- Pull self up to standing

9 months

- Says “Ma-ma” or Da-da”
- Responds to own name

10 months

- Waves bye-bye
- Drinks from a cup when it's held

11 months

- “Walks” holding onto furniture
- Picks up small objects

12 months

- Uses simple gestures
- Knows at least three words