Developmental Milestones

Check if your child is learning, thinking, moving, and growing at the right pace.

By 3 months, does your child...
- Follow moving objects with eyes
- Turn head toward bright colors and lights
- Move eyes together in same direction
- Recognize breast or bottle
- Respond to loud sounds
- Pass a newborn hearing screening
- Make fists with both hands
- Grasp rattles or hair
- Wiggle and kick with arms and legs
- Lift head and chest while on stomach
- Smile
- Make cooing sounds
- Watch faces closely

By 12 months, does your child...
- Get into a sitting position
- Pull to a standing position
- Crawl on hands and knees
- Drink from a cup
- Enjoy peek-a-boo and patty cake
- Turn head, look or smile when spoken to
- Show interest in other children
- Hold out arms and legs while being dressed
- Put objects into container
- Have a 5 to 6 word vocabulary
- Imitate people and gestures like bye, bye
- Respond to “no”

By 2 years, does your child...
- Use 2 to 3 word sentences
- Recognize familiar pictures
- Carry an object while walking
- Feed self with spoon
- Play alone and independently
- Pretend to feed a doll or talk on phone
- Turn 2 or 3 pages at a time
- Look at things others point to
- Identify hair, eyes, ears and nose by pointing
- Build a tower of blocks
- Show affection (gives hugs or kisses)
- Become aware of self from others
- Become excited about company of other children

By 6 months, does your child...
- Turn toward source of normal sound
- Reach for objects and pick them up
- Try to touch or smile at self in mirror
- Roll from stomach to back
- Transfer objects from one hand to other
- Play with toes
- Help hold bottle during feeding
- Recognize familiar faces
- Babble chains of sounds (dadada or bababa)
- Enjoy social play
- Respond to own name

By 18 months, does your child...
- Like to push, pull or dump things
- Follow simple directions like “bring the ball”
- Pull off shoes, socks and mittens
- Like to look at pictures
- Point with index finger to show or ask for something
- Feed self
- Make marks on paper with crayons
- Use 8 to 10 words that are understood
- Seem to understand what others say
- Walk without help
- Begin make-believe play

By 3 years, does your child...
- Walk up steps alternating feet
- Put on shoes
- Open door by twisting knob
- Turn one page at a time
- Play with other children for a few minutes
- Seek adult attention for activities or “tricks”
- Repeat common rhymes
- Use 3 to 5 word sentences
- Name at least one color correctly
- Use the toilet
- Express affection openly
- Express a wide range of emotions
- Take turns in games

For information about developmental screening, please call Idaho CareLine by dialing 2-1-1 or visit www.InfantToddler.Idaho.gov and look for Developmental Milestones.

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