Check off the milestones your child has reached and share your child’s progress with the doctor at every visit.

6 MONTHS
- Copies sounds
- Begins to sit without support
- Likes to play with others, especially parents
- Strings vowels together when babbling (“ah,” “eh,” “oh”)
- Uses simple gestures such as shaking head for “no” or waving “bye bye”
- Copies gestures
- Responds to simple spoken requests
- Pulls up to stand

12 MONTHS (1 YEAR)
- Says “mama” and “dada”
- Plays simple pretend, such as feeding a doll
- Points to others something interesting

18 MONTHS (1½ YEARS)
- Plays simple pretend, such as feeding a doll
- Points to others something interesting
- Plays simple pretend, such as feeding a doll
- Points to others something interesting
- Responds to name
- Makes simple gestures
- Says several single words
- Walks alone
- Knows what ordinary things are for, for example, telephone, brush, spoon
- Plays simple pretend, such as feeding a doll
- Points to others something interesting

2 YEARS
- Follows simple instructions
- Kicks a ball
- Points to things or pictures when they’re named
- Plays make-believe with dolls, animals and people
- Shows affection for friends without prompting
- Hops and stands on one foot for up to 2 seconds
- Tells stories

3 YEARS
- Copies adults and friends (like running when other children run)
- Carries on a conversation using 2 to 3 sentences
- Climbs well
- Plays make-believe with dolls, animals and people
- Shows affection for friends without prompting
- Hops and stands on one foot for up to 2 seconds
- Tells stories

4 YEARS
- Would rather play with other children than alone
- Taps stories
- Draws a person with 2 to 4 body parts
- Plays cooperatively

These are just a few of many important milestones to look for. For more complete checklists by age visit www.cdc.gov/ActEarly or call 1-800-CDC-INFO.