Physician Recommendations for Early Intervention Services Overview

The Infant Toddler Program is responsible for obtaining a physician’s recommendation for early intervention services in order to bill private insurance and Medicaid.

Obtaining a physician’s recommendation for these services benefits ITP for several reasons:

- Ensures compliance with Medicaid regulations and insurance policies.
- Allows ITP to bill Medicaid and insurance for reimbursement of early intervention services.
- Aligns with Idaho’s health home model, which encourages the child’s physician be involved in every aspect of the child’s system of care.

The ITP can bill for early intervention services provided to eligible children when the services are documented as medically necessary and provided under the recommendation of a physician. The recommendation may be on a separate form or the physician may sign the IFSP.

The ITP may not seek reimbursement for services provided more than thirty (30) days prior to the signed and dated physician recommendation. The recommendation is valid for up the duration of services listed on the IFSP, which must not exceed three hundred sixty-five (365) days. It is preferred that the recommendation is from the child’s primary care provider (PCP) if the participant is on the Healthy Connections Program; however, it is not required.

A physician’s recommendation may be obtained in three ways:

1) ITP Physician’s Recommendation Evaluation Form (Evaluations only)
2) IFSP Summary of Services Page
3) Written physician’s recommendation initiated from the physician’s office (cannot be a verbal order)

Obtaining a physician’s recommendation should not hold up completion of the initial IFSP within 45 days.