

# Suicide in Idaho Fact Sheet January 2020

- In 2018, 418 Idahoans died by suicide.
- Idaho had the 5<sup>th</sup> highest suicide rate in the U.S. in 2018.
- Suicide was the 7<sup>th</sup> leading cause of death among Idaho residents in 2018.
- Idaho's rate of suicide is 1.5 times higher than the national average.
- Between 2014-2018, 125 Idaho school children (ages 6-18 years old) died by suicide; 31 of those deaths were among children age 14 or younger.
- The percentage of Idaho high school students who seriously considered attempting suicide during the previous 12 months increased significantly from 14.2% in 2009 to 21.6% in 2019. (2019 Youth Risk Behavior Survey)

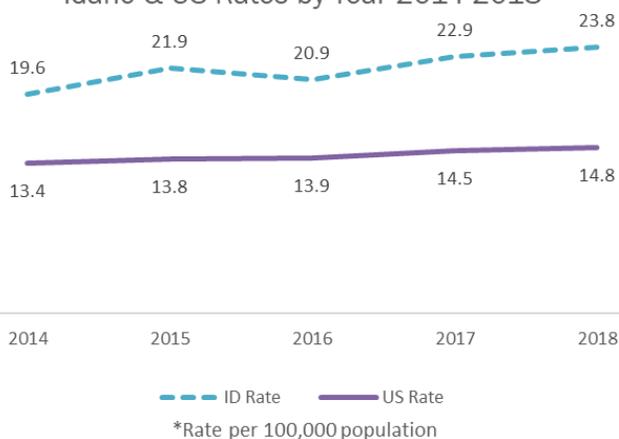
## Idaho Resident Suicides by Public Health District

District	Anchor City	2018	Rate (per 100,000)	Population 2018	Suicides (2014-2018)	Rate 5-Year Average
1	Coeur D'Alene	67	27.9+	240,202	277	24.1
2	Lewiston	27	24.6 +	109,674	139	25.7
3	Nampa	53	18.2-	290,788	270	19.4
4	Boise	120	23.3+	515,900	503	20.5
5	Twin Falls	45	22.6-	199,069	219	22.5
6	Pocatello	58	33.1+	175,077	224	26.2
7	Idaho Falls	48	21.5+	223,498	212	19.6
<b>Idaho Overall</b>		<b>418</b>	<b>23.8+</b>	<b>1,754,208</b>	<b>1,844</b>	<b>21.8</b>

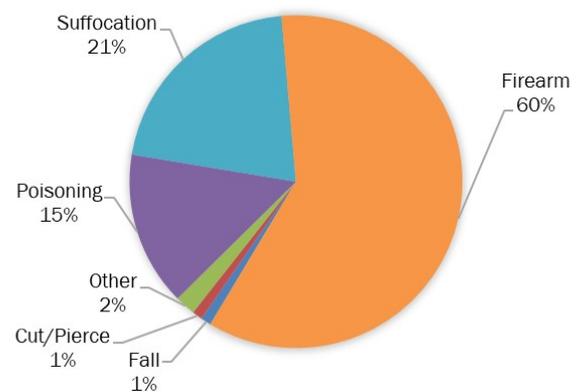
+Increase 2018, -Decrease 2018

\*Rate per 100,000 population

## Idaho & US Rates by Year 2014-2018

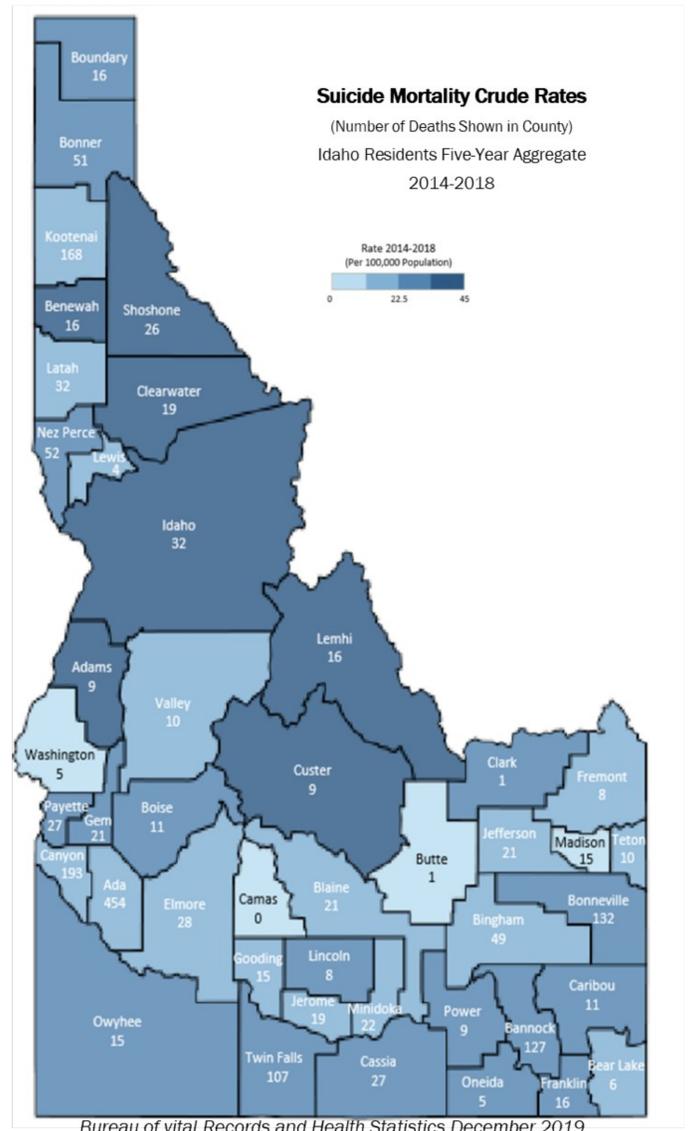
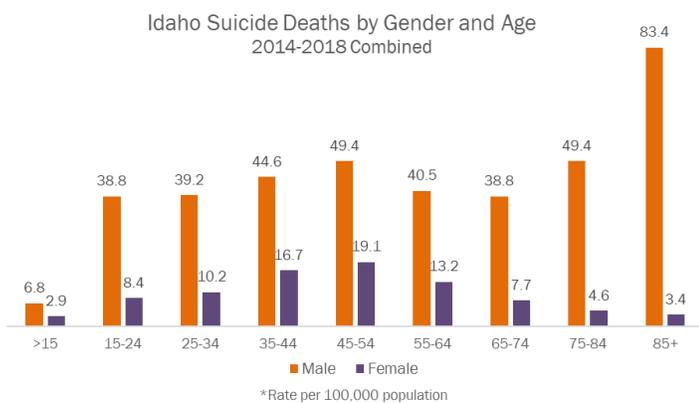
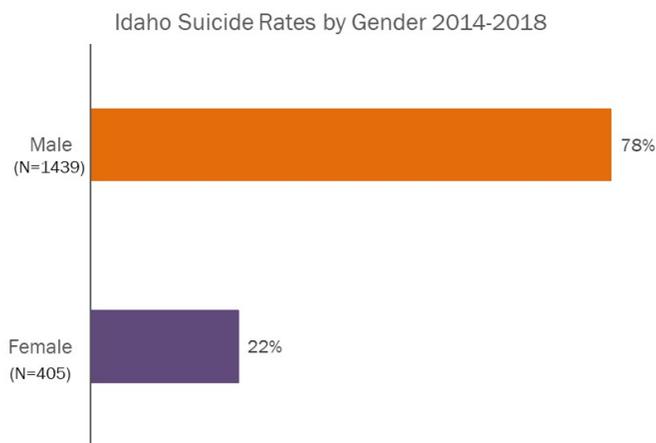


## Idaho Method 2014-2018 (All Ages)



## Idaho Youth Risk Behavior Survey 2019 - Public and Charter High School Students

Grade	Sad or Hopeless %	Suicidal %	Plan %	Attempt %	Medical Care for Attempt %
9th	32.7	16.1	13.1	10.4	3.7
10th	40.5	26.1	21	13.1	2.8
11th	39.6	19.8	14.8	9.8	3.8
12th	42.7	24.4	16.2	4.2	1
Idaho Overall	38.9	21.6	16.3	9.6	3



### Suicide Prevention Program

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Sources: Idaho Bureau of Vital Records and Health Statistics, Idaho Department of Health & Welfare; Centers for Disease Control and Prevention; State Department of Education. Unless otherwise noted, all information comes from the Idaho Resident Suicide Deaths 2014-2018 and the Idaho Youth Risk Behavior Survey 2019.