

Assigning Infant Cash Value Voucher (CVV) Age 9 Months Up To 12 Months

Infant CVVs Implemented October 1, 2016

Step 1: Assess

Complete a health screen assessment or review past assessment information. If there isn't going to be a health screen because the baby was initially certified over 4 months of age, then review the certification assessment information. Key questions:

- *How do you feed <baby's name>?*
- *What else, if anything, do you feed <baby's name>?*
- *Tell me about how <baby's name> eats, like picking up pieces of food or holding a cup.*
- *If you ever add anything to <baby's name> food or liquids, what do you add?*

Use Participant Centered OARS skills (open-ended questions, affirmations, reflections, summarizing) to discover relevant information about how feeding is going.

Consider the readiness and interest of the family towards introducing homemade baby foods, finger foods:

- ü Is the baby developmentally ready for progressing to homemade baby foods with more texture and finger foods?
 - sitting-up independently
 - grabbing the spoon
 - putting things in his/her mouth
 - swallowing without gagging (*versus* developmental delays or prematurity concerns)
- ü Does the parent/caregiver have the ability to appropriately and safely make homemade baby and finger foods?
 - access to a refrigerator/kitchen
 - safe water supply
 - ability to follow instructions
- ü Is the parent/caregiver interested in receiving a CVV for fresh fruits and vegetables in place of some of the baby food jars starting at 9 months?
 - motivated to learn
 - has the time to prepare the food

Step 2: Educate

Offer anticipatory nutrition education to the parent/caregiver regarding:

- Ø Safe baby food preparation
- Ø Storage recommendations
- Ø Feeding practices
- Ø Shopping Tips (e.g. choose foods easy to mash/dice/cook, how to get the greatest CVV value such as buying produce in season or on sale).
- Ø Explain how the food package checks will be different (see information in Step 3).

Discuss relevant nutrition education material (if used limit to one or two handouts: State provided handouts *Homemade Baby Foods* or *Wonderful World of Food*, or a local agency handout.)

Step 3: Assign

Assign a CVV food package from 9 months up to 12 months

- Ø To issue the package in WISPr, click “Yes” under the question “*Would you like to replace some baby food with a check for fresh fruits and vegetables?*” All packages with an infant CVV will be listed.
- Ø All packages with an infant CVV have a “V”. Example: 2B101 is the fully breastfeeding package for infants 6 months up to 12 months. 2BV101 is the fully breastfeeding package with a CVV for babies 9 months up to 12 months.
- Ø The checks for infant CVV packages will look slightly different from other infant packages. There will be fewer jars of baby food fruits/vegetables on the checks to allow for the CVV
 - Fully breastfed infants = 32 jars fruits/vegetables; two baby food meat checks are combined so there is one check with 14 jars total of baby meats.
 - Partial or full formula packages = 16 jars fruits/vegetables; infant cereal has been grouped onto one check (24 ounces total).
 - The Oct. 2016 food list shows how 24 ounces of baby cereal can be divided.
- Ø The baby must be age 9 months up to 12 months during the month the package is assigned. WISPr looks at the baby’s age on the first day of the month. If a Responsible Adult (RA) wants a CVV package in the month the baby turns 9 months old and the baby doesn’t turn 9 months old on the first day of the month, they must come back to the clinic on or after the date the baby turns 9 months old. Please explain if the RA chooses to wait until after the 15th of the month, only half packages can be issued (same CVV, half the amount of formula).
- Ø If an RA was issued a baby food package at their appointment and later decides they want an infant CVV package, checks can only be exchanged if none of the checks for that month have been cashed (void all checks and reissue the entire package). Example: if a fully breastfeeding mom brings back some of the baby’s vouchers but has spent one of the baby’s checks, you can’t reissue a food package with an infant CVV for that month.
- Ø Infant CVV packages will be available to assign in July 2016 for the month of October. The October checks must be assigned separately to bring up the CVV packages. Example: A family comes to the July WIC appointment. The fully breastfed baby will turn 9 months old on Sept. 22. Aug. and Sept. checks are printed first (with no CVV). You then print an infant CVV package for Oct.

Step 4: Document

Document the education and appointment:

- Ø There’s a new nutrition education topic in WISPr called *Infant CVV Education*. Select this topic to document discussion of the relevant education listed in Step 2 above.
- Ø Document participant readiness for homemade baby foods.
- Ø Document the education handout if one was discussed.
- Ø Document other parts of the appointment you would normally document (assessment, follow-up on a previous goal, referrals, new goal, etc.)