

## Idaho WIC Mother & Infant Food Issuance Grid

This grid is a tool to help you identify how much formula an infant can be issued. WIC's goal is to encourage breastfeeding through education, support, and by limiting the amount of formula issued to meet the current needs of the infant.

***This grid reflects the food packages of mother of a single infant***

Usual daily intake of formula in oz	Infant's age in months	# of cans to provide/month <i>Based on 12.4 oz powdered formula</i>	Percent breastfeeding in WISPr	Mom's food package (FP)	Length of months for mom's FP	Mom's category
0	0 thru 11	0	100%	FP7	12	B
1-8	1 thru 3	1-2	75%	FP5	12	B
	4 thru 5	1-3				
	6 thru 11	1-2				
9-15	1 thru 3	3-5	50%	FP5	12	B
	4 thru 5	4-5				
	6 thru 11	3-4				
16-26	1 thru 3	6-8	25%	FP6	6	B
	4 thru 5	6-9				
	6 thru 11	5-6				
27+ (full formula, BF at least once/day)	1 thru 3	9	0%	FP6	6	B
	4 thru 5	10				
	6 thru 11	7				
Full formula (no BF)	0 thru 3	9	0%	FP6	6	N
	4 thru 5	10				
	6 thru 11	7				
Any amount (partially BF)	<1	0	100%	FP7	12	B
	<1	9	0%	FP6	6	B
<b>This food package (9 cans) should only be issued after providing breastfeeding counseling. Mom and infant should receive one full month of benefits and should be scheduled the following month to reassess breastfeeding and provide support/assistance.</b>						
Any amount MD Special Auth	0 thru 11	Follow prescription on medical documentation form, not to exceed the federally allowable maximum benefit. Refer to the MMA/FNB Calculated Amounts of WIC Approved Exempt Formula grid if amount isn't specified.				
Partially BF, receiving formula from a non-WIC source	0 thru 11	0	100%	FP7	12	B
		At 6 months this infant would receive Food Package 2B				

**WIC's definition of a breastfeeding woman is the practice of feeding a mother's breast milk to her infant on the average of at least once a day.**

*This includes breastfeeding, pumping, or feeding her infant her previously pumped milk. If a mom meets this definition, then her category should be "B".*

*If a mom is breastfeeding (as defined above) and an infant is not receiving any formula from WIC, then the mom is considered 100% BF, even if the infant is receiving formula from another source (i.e. Medicaid, Coram, etc.).*

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### BEFORE ISSUING FORMULA TO A BREASTFED INFANT, GO THROUGH THE FOLLOWING ASSESSMENT AND COUNSELING STEPS:

- ◆ Help the mother successfully breastfeed by assessing the need for supplementation – latch, milk supply, and weight gain. Discuss milk transfer, hunger cues of the infant, and how to increase milk supply
- ◆ Educate on the impact of supplementation on breastfeeding (milk production will decrease when a woman breastfeeds/pumps less frequently)
- ◆ Consider use of a breast pump rather than issuing formula, if appropriate
- ◆ Explain food package changes for a fully breastfeeding woman if she accepts supplemental formula
- ◆ Offer the help of a Peer Counselor or Lactation Specialist
- ◆ Provide only enough formula as is needed at the time of assessment using this grid as a guide

WISPr Steps- Breastfeeding Percentage Change	
Infant	Mother
<b>Participant Stops Breastfeeding</b>	
<ol style="list-style-type: none"> <li>1. Enter 0% for infant’s BF percentage</li> <li>2. Issue correct food package to infant- If a food package had already been issued and there are redemptions made on the family account, Reissue screen should be used</li> </ol>	<ol style="list-style-type: none"> <li>1. Change mother’s category</li> <li>2. Keep mother’s food package the same for the current month</li> <li>3. Void future benefits as applicable</li> <li>4. Issue base food package and tailor as needed</li> </ol>
<b>Participant Increases Breastfeeding</b>	
<ol style="list-style-type: none"> <li>1. Change infant’s current breastfeeding percentage</li> <li>2. If redemptions have been made- remove excess cans of formula through the reissue formula screen</li> <li>3. If no redemptions have been made- void current month and issue correct package</li> </ol>	<p style="margin-left: 20px;">If change in % results in a food package change:</p> <ol style="list-style-type: none"> <li>1. If redemptions on the family account have been made, issue food package bonus in issuance screen if applicable</li> <li>2. If no redemptions have been made, void current and future packages</li> <li>3. Issue base food package and tailor as needed</li> </ol>
<b>Participant Decreases Breastfeeding</b>	
<ol style="list-style-type: none"> <li>1. Change infant’s current breastfeeding percentage</li> <li>2. Issue correct food package to infant -If a food package had already been issued and there are redemptions made on the family account, use Reissue screen if applicable</li> </ol>	<ol style="list-style-type: none"> <li>1. Keep mother’s food package the same for the current month</li> <li>2. Void any future benefits as applicable</li> <li>3. Issue base food package and tailor as needed</li> </ol>