



## Check Your Understanding Nutrition Risk Criteria (NRC) Revisions ID WIC Program: Effective Oct. 1, 2018

---

**Review the scenarios below and answer the questions:**

***Hannah is a formula fed baby who is being certified. She was born on 7/1/18 and her due date was 7/12/18.***

- Is Hannah considered preterm or early term or neither?
- Would you assign a risk?
- If yes, what risk would you assign?
- What are possible topics of discussion with Hannah's mom?

***Maria is being certified as a breastfeeding woman. She delivered her baby two days after her expected delivery date. It's her third child. She tells you her second child was born on her due date, and her first child was born two weeks early.***

- Does she have a history of preterm delivery, early term delivery or neither?
- Would you assign a risk?
- If yes, what risk would you assign?
- What are possible topics of discussion with Maria?

***A foster mom brings 1-month old baby Garret to be certified. She says the birth mom was addicted to drugs and social services placed the baby in foster care.***

- What additional probing questions might you ask the foster mom?
- How would you decide whether to assign risk?
- Using that deciding factor, what risk would you assign?
- What are possible topics of discussion with Garret's foster mom?

***Roslyn is proud to fully breastfeed her baby. She recently returned to work full time and has been pumping breastmilk, but she hasn't been able to pump enough. A woman she met online is selling frozen breastmilk. Roslyn bought it and plans to have the babysitter feed it to the baby while she tries to build up her own milk volume.***

- Would you assign a risk?
- If yes, what risk would you assign?
- What are possible topics of discussion with Roslyn?

***Sumiko brings her breastfed 8-month old baby, Mako, for a health screen appointment. You ask her what she feeds her baby? She feeds Mako baby food fruits, vegetables, meat and cereal. Sumiko also gives her baby yogurt, rice, and she sometimes mixes refrigerated tofu with the baby food vegetables or fruit.***

- Would you assign a risk?
- If yes, what risk would you assign?
- What are possible topics of discussion with Mako?