



## Policy Reminders

### Food Package 3

- When issuing food package 3, a Medical Documentation form is required.
- Food packages have been created in the computer system for contract brand infant formulas for children over the age of 1, exempt infant formulas and WIC-eligible nutritionals.
- Exempt infant formulas/WIC-eligible nutritionals that do not have a food package are ordered through a medical supply company that has an agreement with the Idaho WIC program using a Direct Bill form. Refer to the Idaho WIC Policy and Procedure manual about using a Direct Bill form.
- Participants receiving Food Package 3 can also receive all WIC foods as tolerated. Using the Medical Documentation form, healthcare providers can request to restrict foods. Healthcare providers may refer to RD to make selections for supplemental foods and length of need.

### Infants

- Exempt infant formula/WIC-eligible nutritionals, ONLY
  - Amounts based on age and feeding category (full formula, partial breastfeeding)
- Exempt infant formula/WIC-eligible nutritionals, ALL INFANT FOODS for infants 6 months and older
  - Amounts based on age and feeding category (full formula, partial breastfeeding)
- Exempt infant formula/WIC-eligible nutritionals, ONLY for infants 6 months and older
  - Same amount as issued to a 4-5 month old infant

### Children

- Contract formula/exempt infant formula/WIC-eligible nutritionals, ONLY
- Contract formula/exempt infant formula/WIC-eligible nutritionals, ALL FOODS with the following options:
  - Whole or Reduced Fat milk options ( $\geq 2$  years)
  - 1 pound cheese
  - Infant cereal instead of adult cereal
  - Cheese, no milk
  - No milk or cheese
- The following foods cannot be restricted in a food package but can be handled through counseling:
- Wheat – counseling about cereal/whole grain options on food list.
- Eggs – Counseling regarding use (i.e. if whites can be tolerated, throw away yolks or vice versa) or not purchasing.
- Fresh fruits/fresh vegetables: Counseling regarding what foods could be purchased, if none – void cash value voucher.
- Texture – Counseling as appropriate. Infant cereal can be issued in place of adult cereal.

## Direct Bill and Food Packages

- If product is provided through a direct bill, the following food package 3 can be issued to participants. Otherwise use a standard food package as appropriate:
- Whole or Reduced Fat milk options ( $\geq 2$  years)
- Infant cereal instead of adult cereal
- All foods except:
  - Cheese, no milk
  - No milk or cheese

## Maximum Monthly Allowance and Full Nutrition Benefit Defined

- **WIC- eligible nutritionals:** The term WIC –eligible medical food” was removed and replaced by the term “nutritionals.” The definition remains the same. This refers to special nutritional products for participants with qualifying conditions.
- **Maximum Monthly Allowance (MMA):** The maximum monthly allowance amount of reconstituted fluid ounces of liquid concentrate infant formula as specified in reconstituted fluid ounces for liquid concentrate, RTF liquid, and powder forms of infant formula and exempt infant formula. Reconstituted fluid ounce is the form prepared for consumption as directed on the container.
- **Full Nutrition Benefit (FNB):** The minimum amount of reconstituted fluid ounces of liquid concentrate infant formula as specified in table 1 pf CFR 246.10 (E)(9) for each food package category and infant feeding variation ( i.e full formula etc.).

## Federal Regulations

- For federal regulations of exempt formula and nutritionals issuance, see tables 1 & 3 within the formula handbook.
- For federal regulations of standard formula issuance, please refer to the Idaho WIC Policy Manual in Chapter 7 & Chapter 6 Section A for supplemental formula use for Breastfeeding.

## Breastfeeding

- To encourage and support breastfeeding, infant formula food packages are tailored to provide the least amount of formula needed.
- For exempt formulas, WISPr may only have a food package for an infant receiving 100% formula. To tailor the food package to meet the needs of breastfed infants, complete a direct bill using the following guidelines.
- Whenever possible, issue powdered formula. This allows the mother to mix only the amount of formula needed and can help encourage breastfeeding.

## Medicaid

- If product is being provided by Medicaid, supplemental foods can be issued using a standard food package and follow guidelines for removing formula from the food packages in WISPr.