



Leader's Guide *group session* – 2020 Nutrition Risk Criteria *revisions*

PART II

Session Focus

Target Audience: all WIC staff performing nutrition risk assessments (RDs, RDNs, CAs)

Session Goal: *United States Department of Agriculture (USDA) Food & Nutrition Services (FNS)* has updated five existing nutrition risk criteria and discontinued two risk criteria. This in-service will enhance understanding of the conditions addressed by these revision updates which go into effect in Idaho on October 1st, 2020:

- *131 Low Maternal Weight Gain*
- *357 Drug Nutrient Interactions*
- *372 Alcohol and Substance Use*
- *382 Fetal Alcohol Spectrum Disorders*
- *902 Woman or Infant/Child of Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food*
 - *Assessment Interview Forms* (from the computer down kit):
 - Prenatal
 - Postpartum
 - Infant
 - Child

Discontinued NRC

- *132 Maternal Weight Loss during Pregnancy*
- *703 Infant Born of Woman with Mental Retardation or Alcohol or Drug Abuse during Most Recent Pregnancy (Idaho never adopted this risk code)*

Session Objectives: By the end of the session staff will be able to...

- Objective 1: Identify key points to revision updates for *risks 131, 357, 372, 382, 902*
- Objective 2: Correctly document and assign in WISPr *risks 131, 357, 372, 382, 902*
- Objective 3: Identify risk criteria being discontinued *risks 132, 703*

Session Planning

Materials Needed:

Staff handouts (you'll need to print enough copies for your staff):

- *Summary of Nutrition Risk Criteria (NRC) Revisions Part II 2020*

- *Check Your Understanding Nutrition Risk Criteria (NRC) Revisions Part II 2020*

Materials for session leader:

- *Leader’s Guide Group Session – 2020 Nutrition Risk Criteria Revisions Part II (NRC)* (this leader’s guide)
- *Leader’s Answers Check Your Understanding Nutrition Risk Criteria (NRC) Revisions Part II 2020*
- *Idaho WIC Nutrition Risk Criteria (NRC) Revisions Part II 2020 Presentation PowerPoint*
- For leader reference please see additional documents:
 - *131 Low Maternal Weight Gain*
 - *357 Drug Nutrient Interactions*
 - *372 Alcohol and Substance Abuse*
 - *382 Fetal Alcohol Spectrum Disorders*
 - *902 Woman or Infant/Child of Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food*

Preparation Needed:

- Leaders (trainers) are to participate in the NEAT train-the-trainer webinar Thursday July 9, 2:00 – 3:00 pm MT. Webinar access information will be sent in a separate email.
- Review materials in advance of the group training session.

Prior to leading the in-service session, spend time reflecting on how you can ‘model’ participant centered services (PCS) skills throughout the session. Read the in-service outline below and think about where you might use open-ended questions (see the discussion activities), affirmations (affirm staff for their comments/answers during the session), reflections (acknowledge when the group seems apprehensive, excited, confident, etc.), and summarizations (slide 16 and anywhere summarizing seems to fit during the session discussions). When concluding the power point presentation session, determine the “next steps”.

Session Outline

Facilitator notes – (total time needed about 60 minutes)

See - “Slide Notes”

Facilitator review:

How well did the session support certifier understanding of the updated risk criteria?

What suggestions do you have for the State Office regarding future nutrition risk criteria training and related materials?

Feedback may be given to: Teresa Kobza

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