

IDAHO WIC PROGRAM

REFERRAL FOR NUTRITION COUNSELING—PRENATAL WOMEN

RD referral should be within timeframe indicated below or may be done during certification appointment.
 Additional Referral: Any combination of four (or more) risk factors, route chart to RD.

X = Appropriate Counselor

CODE	NUTRITIONAL RISK CRITERIA	CL	CA	RD	OTHER ACTION
101★	UNDERWEIGHT WOMAN	X			ROUTE CHART TO RD
111★	OVERWEIGHT WOMAN	X			ROUTE CHART TO RD
131★	LOW MATERNAL WEIGHT GAIN			X	RD IN 1 MO
132★	MATERNAL WEIGHT LOSS IN PREGNANCY			X	RD IN 1 MO
133★	HIGH MATERNAL WEIGHT GAIN			X	RD IN 1 MO
201★	LOW HEMOGLOBIN		X		
	≤ 10.0 or decreases at recheck			X	RD IN 2 MOS
301	HYPEREMESIS GRAVIDARUM			X	REQUIRES MD DX, RD IN 1 MO
302	GESTATIONAL DIABETES			X	RD IN 1 MO
303	HX GESTATIONAL DIABETES	X			ROUTE CHART TO RD
304	HX OF PREECLAMPSIA	X			ROUTE CHART TO RD
311	HX PRETERM OR EARLY TERM DELIVERY	X			
312	HX LOW BIRTH WEIGHT	X			
321	HX FETAL OR NEONATAL LOSS	X			
331★	PREGNANCY – YOUNG AGE (<18 yrs)			X	RD IN 2 MOS (before EDC)
332★	SHORT INTERPREGNANCY INTERVAL	X			
334	LACK OF OR INADEQUATE PRENATAL CARE	X			MEDICAL REFERRAL
335★	MULTIFETAL GESTATION			X	RD IN 2 MOS (before EDC)
336	FETAL GROWTH RESTRICTION			X	REQUIRES MD DX, RD IN 1 MO
337	HX BIRTH LGA INFANT	X			ROUTE CHART TO RD
338	PREGNANT & BREASTFEEDING			X	RD/BF COORDINATOR IN 1 MO
339	HX BIRTH W/ CONGENITAL DEFECT	X			

★ - computer generated code

Key to abbreviations:

- Dx – diagnosed by medical provider
- Hx – history of
- < – less than
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CODE	NUTRITIONAL RISK CRITERIA	CL	CA	RD	OTHER ACTION
341	NUTRIENT DEFICIENCY DISEASES			X	REQUIRES MD DX, RD IN 1 MO
342	GASTRO-INTESTINAL DISORDERS			X	REQUIRES MD DX, RD IN 1 MO
343	DIABETES MELLITUS			X	REQUIRES MD DX, RD IN 1 MO
344	THYROID DISORDERS			X	REQUIRES MD DX, RD IN 1 MO
345	HYPERTENSION AND PREHYPERTENSION			X	REQUIRES MD DX, RD IN 1 MO
346	RENAL DISEASE			X	REQUIRES MD DX, RD IN 1 MO
347	CANCER			X	REQUIRES MD DX, RD IN 1 MO
348	CENTRAL NERVOUS SYSTEM DISORDERS			X	REQUIRES MD DX, RD IN 1 MO
349	GENETIC AND CONGENITAL DISORDERS			X	REQUIRES MD DX, RD IN 1 MO
351	INBORN ERRORS OF METABOLISM			X	REQUIRES MD DX, RD IN 1 MO
352.1	INFECTIOUS DISEASES - ACUTE		X		REQUIRES MD DX
352.2	INFECTIOUS DISEASES - CHRONIC			X	REQUIRES MD DX, RD IN 1 MO
353	FOOD ALLERGY	X			
354	CELIAC DISEASE			X	REQUIRES MD DX, RD IN 1 MO
355	LACTOSE INTOLERANCE	X			
356	HYPOGLYCEMIA	X			
357	DRUG NUTRIENT INTERACTIONS			X	RD IN 1 MO
358	EATING DISORDERS			X	REQUIRES MD DX, RD IN 1 MO
359	RECENT MAJOR SURGERY, PHYSICAL TRAUMA, BURNS			X	RD IN 1 MO
360	OTHER MEDICAL CONDITIONS			X	REQUIRES MD DX, RD IN 1 MO
361	DEPRESSION		X		APPROPRIATE REFERRALS
362	DEVELOPMENTAL, SENSORY, OR MOTOR DELAYS INTERFERING WITH ABILITY TO EAT			X	RD IN 1 MO
371	MATERNAL SMOKING		X		SUBSTANCE ABUSE REFERRAL
372	ALCOHOL AND ILLEGAL DRUG USE			X	SUBSTANCE ABUSE REFERRAL, RD IN 1 MO
381	ORAL HEALTH CONDITIONS			X	RD IN 1 MO
401	FAILURE TO MEET DIETARY GUIDELINES FOR AMERICANS	X			
427	INAPPROPRIATE NUTRITION PRACTICES	X			
502★	TRANSFER OF CERTIFICATION (VOC)	X			ASSESS AND REFER AS NEEDED
601	BREASTFEEDING MOTHER OF INFANT AT NUTRITIONAL RISK	X			
602	BREASTFEEDING COMPLICATIONS OR POTENTIAL COMPLICATIONS (WOMEN)			X	IMMEDIATE REFERRAL TO LOCALACTATION EDUCATOR/BF COORDINATOR
801★	HOMELESS	X			APPROPRIATE REFERRALS
802★	MIGRANCY	X			
902	FEEDING SKILLS LIMITATION	X			ROUTE CHART AS NEEDED
904	ENVIRONMENTAL TOBACCO SMOKE EXPOSURE	X			

★ - computer generated code

Summary – Charts to Route to RD:

- 101 Underweight Woman
- 111 Overweight Woman
- 303 Hx Gestational Diabetes
- 304 Hx of Preeclampsia
- 337 Hx Birth LGA Infant
- 902 Feeding Skills Limitation (route chart as needed)

Any combination of four (or more) risk factors (if not already scheduled for RD referral)

IDAHO WIC PROGRAM

**REFERRAL FOR NUTRITION COUNSELING—
BREASTFEEDING AND NON-BREASTFEEDING POSTPARTUM WOMEN**

RD referrals should be within time frame indicated below or may be done during certification appointment.
Additional Referral: Any combination or four (or more) risk factors, route chart to RD.

X = Appropriate Counselor

CODE	NUTRITIONAL RISK CRITERIA	CL	CA	RD	OTHER ACTION
101★	UNDERWEIGHT WOMAN			X	BF WOMEN WITH RD IN 1 MO; NON-BF WOMEN WITH CA IN 3 MOS
111★	OVERWEIGHT WOMAN	X			
133★	HIGH MATERNAL WEIGHT GAIN	X			
201★	LOW HEMOGLOBIN		X		
	≤10.0 or decreases at recheck			X	RD IN 2 MOS
303	HX GESTATIONAL DIABETES	X			ROUTE CHART TO RD
304	HISTORY OF PREECLAMPSIA	X			
311	HX PRETERM OR EARLY TERM DELIVERY	X			
312	HX LOW BIRTH WEIGHT	X			
321	HX FETAL OR NEONATAL LOSS	X			REFER AS NEEDED
331★	PREGNANCY – YOUNG AGE (< 18 yrs)	X			
332★	SHORT INTERPREGNANCY INTERVAL	X			
335	MULTIFETAL GESTATION			X	BF WOMEN WITH RD IN 1 MO; NON-BF WOMEN WITH CA IN 3 MOS
337	HX BIRTH LGA INFANT	X			
339	HX BIRTH WITH CONGENITAL DEFECT	X			
341	NUTRIENT DEFICIENCY DISEASES			X	REQUIRES MD DX, RD IN 1 TO 3 MOS DEPENDING ON MEDICAL CARE & SEVERITY OF CONDITION
342	GASTRO-INTESTINAL DISORDERS			X	(SEE ABOVE)

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**REFERRAL FOR NUTRITION COUNSELING—
BREASTFEEDING AND NON-BREASTFEEDING POSTPARTUM WOMEN**

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CODE	NUTRITIONAL RISK CRITERIA	CL	CA	RD	OTHER ACTION
343	DIABETES MELLITUS			X	REQUIRES MD DX, RD IN 1 MO
344	THYROID DISORDERS			X	REQUIRES MD DX, RD IN 1-3 MOS DEPENDING ON MEDICAL CARE & SEVERITY OF CONDITION
345	HYPERTENSION AND PREHYPERTENSION			X	(SEE ABOVE)
346	RENAL DISEASE			X	(SEE ABOVE)
347	CANCER			X	(SEE ABOVE)
348	CENTRAL NERVOUS SYSTEM DISORDERS			X	(SEE ABOVE)
349	GENETIC AND CONGENITAL DISORDERS			X	(SEE ABOVE)
351	INBORN ERRORS OF METABOLISM			X	(SEE ABOVE)
352.1	INFECTIOUS DISEASES - ACUTE		X		REQUIRES MD DX
352.2	INFECTIOUS DISEASES - CHRONIC			X	REQUIRES MD DX, RD IN 1-3 MOS DEPENDING ON MEDICAL CARE & SEVERITY OF CONDITION
353	FOOD ALLERGY	X			
354	CELIAC DISEASE			X	REQUIRES MD DX, RD IN 1-3 MOS DEPENDING ON MEDICAL CARE & SEVERITY OF CONDITION
355	LACTOSE INTOLERANCE	X			
356	HYPOGLYCEMIA	X			
357	DRUG NUTRIENT INTERACTIONS			X	RD IN 1 TO 3 MOS DEPENDING ON MEDICAL CARE & SEVERITY OF INTERACTIONS
358	EATING DISORDERS			X	REQUIRES MD DX, RD IN 1 MO
359	RECENT MAJOR SURGERY, PHYSICAL TRAUMA, BURNS			X	REQUIRES MD DX, RD IN 1 MO; EXCEPT WHERE C-SECTION IS ONLY REASON WITH CA IN 3 MOS
360	OTHER MEDICAL CONDITIONS			X	REQUIRES MD DX, RD IN 1-3 MOS DEPENDING ON MEDICAL CARE & SEVERITY OF CONDITION
361	DEPRESSION		X		APPROPRIATE REFERRALS
362	DEVELOPMENTAL, SENSORY, OR MOTOR DELAYS INTERFERING WITH EATING			X	RD IN 1-3 MOS DEPENDING ON MEDICAL CARE & SEVERITY OF CONDITION
363	PRE-DIABETES			X	REQUIRES MD DX, RD IN 1 MO
371	MATERNAL SMOKING	X			ROUTE CHART TO RD/LC FOR BF WOMEN
372	ALCOHOL OR ILLEGAL DRUG USE			X	SUBSTANCE ABUSE REFERRAL, RD IN 1 MO
381	ORAL HEALTH CONDITIONS	X			DENTAL REFERRAL
401	FAILURE TO MEET DIETARY GUIDELINES FOR AMERICANS	X			
427	INAPPROPRIATE NUTRITION PRACTICES	X			
501	POSSIBILITY OF REGRESSION	X			
502★	TRANSFER OF CERTIFICATION (VOC)	X			ASSESS AND REFER AS NEEDED
601	BF MOM OF INFANT AT NUTRITIONAL RISK	X			
602	BF COMPLICATION OR POTENTIAL COMPLICATIONS – WOMAN			X	IMMEDIATE REFERRAL TO LOCAL LACTATION EDUCATOR/BF COORDINATOR
801★	HOMELESS	X			APPROPRIATE REFERRALS
802★	MIGRANCY	X			
902	FEEDING SKILLS LIMITATION	X			ROUTE CHART AS NEEDED
904	ENVIRONMENTAL TOBACCO SMOKE EXPOSURE	X			

★ - computer generated code

Any combination of four (or more) risk factors (if not already scheduled for RD referral)

Summary – Codes to Route Chart to RD:

- 303 Hx Gestational Diabetes
- 371 Maternal Smoking (route chart for BF women)
- 902 Feeding Skills Limitation (route chart as needed)

IDAHO WIC PROGRAM

REFERRAL FOR NUTRITION COUNSELING—INFANTS

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 Additional Referral Standard: Any combination of four (or more) risk factors, route chart to RD.

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CODE	NUTRITIONAL RISK CRITERIA	CL	CA	RD	OTHER ACTION
103★	UNDERWEIGHT (Wt/Lgth ≤ 2.3%) OR AT RISK FOR UNDERWEIGHT (Wt/Lgth ≤ 5%)			X	RD IN 1 MO
115★	HIGH WEIGHT-FOR-LENGTH (Wt/Lgth ≥ 97.7%)		X		
121★	SHORT STATURE (Lgth/Age ≤ 2.3%) OR AT RISK OF SHORT STATURE (Lgth/Age ≤ 5%)	X			
134	FAILURE TO THRIVE			X	REQUIRES MD DX, RD IN 1 MO
135★	SLOWED/FALTERING GROWTH PATTERN			X	RD IN 1 MO
141★	LOW BIRTH WEIGHT (< 5 lbs 8 oz)			X	RD IN 1 MO
142★	PRETERM OR EARLY TERM DELIVERY			X	RD IN 1 MO
153★	LARGE FOR GESTATIONAL AGE (≥ 9 lbs)		X		
201★	LOW HEMOGLOBIN		X		
	≤ 10.0 or no rise on re-check			X	RD IN 2 MOS
341	NUTRIENT DEFICIENCY DISEASES			X	REQUIRES MD DX, RD IN 1 MO
342	GASTRO-INTESTINAL DISORDER			X	REQUIRES MD DX, RD IN 1 MO
343	DIABETES MELLITUS			X	REQUIRES MD DX, RD IN 1 MO
344	THYROID DISORDERS			X	REQUIRES MD DX, RD IN 1 MO
345	HYPERTENSION AND PREHYPERTENSION			X	REQUIRES MD DX, RD IN 1 MO
346	RENAL DISEASE			X	REQUIRES MD DX, RD IN 1 MO
347	CANCER			X	REQUIRES MD DX, RD IN 1 MO
348	CENTRAL NERVOUS SYSTEM DISORDERS			X	REQUIRES MD DX, RD IN 1 MO
349	GENETIC AND CONGENITAL DISORDERS			X	REQUIRES MD DX, RD IN 1 MO
351	INBORN ERRORS OF METABOLISM			X	REQUIRES MD DX, RD IN 1 MO
352.1	INFECTIOUS DISEASES - ACUTE		X		REQUIRES MD DX
352.2	INFECTIOUS DISEASES - CHRONIC			X	REQUIRES MD DX, RD IN 1 MO
353	FOOD ALLERGY	X			REQUIRES MD DX, ROUTE CHART TO RD
354	CELIAC DISEASE			X	REQUIRES MD DX, RD IN 1 MO
355	LACTOSE INTOLERANCE	X			REQUIRES MD DX, ROUTE CHART TO RD
356	HYPOGLYCEMIA	X			
357	DRUG NUTRIENT INTERACTIONS			X	RD IN 1 MO
359	RECENT MAJOR SURGERY, PHYSICAL TRAUMA, BURNS			X	RD IN 1 MO
360	OTHER MEDICAL CONDITIONS			X	REQUIRES MD DX, RD IN 1 MO
362	DEVELOPMENTAL, SENSORY, OR MOTOR DELAYS INTERFERING WITH EATING			X	RD IN 1 MO
381	ORAL HEALTH CONDITIONS	X			REFER TO DENTAL
382	FETAL ALCOHOL SYNDROME			X	REQUIRES MD DX, RD IN 1 MO
383	NEONATAL ABSTINENCE SYNDROME			X	REQUIRES MD DX, RD IN 1 MO
411	INAPPROPRIATE NUTRITION PRACTICES	X			
428	DIETARY RISK ASSOCIATED WITH COMPLEMENTARY FEEDING PRACTICES	X			
501	POSSIBILITY OF REGRESSION	X			
502★	TRANSFER OF CERTIFICATION (VOC)	X			ASSESS AND REFER AS NEEDED
603	BF COMPLICATION – INFANT			X	IMMEDIATE REFERRAL TO LOCAL LACTATION EDUCATOR, IF AVAILABLE
701	BORN TO WIC MOM/POTENTIAL WIC MOM	X			

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CODE	NUTRITIONAL RISK CRITERIA	CL	CA	RD	OTHER ACTION
702	BF INFANT OF MOM AT NUTRITIONAL RISK	X			
801★	HOMELESS	X			APPROPRIATE REFERRALS
802★	MIGRANCY	X			
902	FEEDING SKILLS LIMITATION	X			APPROPRIATE REFERRALS
903★	FOSTER CARE	X			
904	ENVIRONMENTAL TOBACCO SMOKE EXPOSURE	X			

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Summary – Charts to Route to RD:

- 353 Food Allergy
- 355 Lactose Intolerance

Any combination of four (or more) risk codes (if not already scheduled for RD referral)

**IDAHO WIC PROGRAM
REFERRAL FOR NUTRITION COUNSELING—CHILDREN**

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CODE	NUTRITIONAL RISK CRITERIA	CL	CA	RD	OTHER ACTION NEEDED
103★	UNDERWEIGHT (BMI/Age ≤ 5%) OR AT RISK FOR UNDERWEIGHT (BMI/Age ≤ 10%); Under 24 months UNDERWEIGHT (Wt/Lgth ≤ 2.3%) OR AT RISK FOR UNDERWEIGHT (Wt/Lgth ≤ 5%)			X	RD IN 1 MO; IF GROWTH CONSISTENTLY PARALLELING CURVE, RD IN 3 MOS
113★	OBESE (BMI/Age ≥ 95%) - only for children ≥ 24 mos			X	RD IN 3 MOS
114★	OVERWEIGHT (BMI/Age ≥ 85%) - only for children ≥ 24 mos		X		
115★	HIGHWEIGHT-FOR-LENGTH (< 2 yrs; Wt/Lgth ≥ 97.7%)		X		
121★	SHORT STATURE (Ht/Age ≤ 5%) OR AT RISK OF SHORT STATURE (Ht/Age ≤ 10%); under age 2 SHORT STATURE (Lgth/Age ≤ 2.3%) OR AT RISK OF SHORT STATURE (Lgth/Age ≤ 5%)	X			
134	FAILURE TO THRIVE			X	REQUIRES MD DX, RD IN 1 MO
141★	LOW BIRTH WEIGHT (< 2 yrs)		X		UP TO 24 MOS ROUTE CHART TO RD
142★	PRETERM OR EARLY TERM DELIVERY		X		UP TO 24 MOS ROUTE CHART TO RD
201★	LOW HEMOGLOBIN		X		
	≤10.0 or decreases at re-check			X	RD IN 2 MOS
341	NUTRITION DEFICIENCY DISEASES			X	RD IN 1-3 MOS DEPENDING ON MEDICAL CARE & SEVERITY OF CONDITION
342	GASTRO-INTESTINAL DISORDERS			X	(SEE ABOVE)
343	DIABETES MELLITUS			X	(SEE ABOVE)
344	THYROID DISORDERS			X	(SEE ABOVE)
345	HYPERTENSION AND PREHYPERTENSION			X	(SEE ABOVE)
346	RENAL DISEASE			X	(SEE ABOVE)
347	CANCER			X	(SEE ABOVE)
348	CENTRAL NERVOUS SYSTEM DISORDERS			X	(SEE ABOVE)
349	GENETIC AND CONGENITAL DISORDERS			X	(SEE ABOVE)
351	INBORN ERRORS OF METABOLISM			X	(SEE ABOVE)
352.1	INFECTIOUS DISEASES - ACUTE		X		REQUIRES MD DX
352.2	INFECTIOUS DISEASES - CHRONIC			X	RD IN 1-3 MOS DEPENDING ON MEDICAL CARE & SEVERITY OF CONDITION
353	FOOD ALLERGY	X			REQUIRES MD DX, ROUTE CHART TO RD
354	CELIAC DISEASE			X	RD IN 1-3 MOS DEPENDING ON MEDICAL CARE & SEVERITY OF CONDITION
355	LACTOSE INTOLERANCE	X			REQUIRES MD DX, ROUTE CHART TO RD
356	HYPOGLYCEMIA	X			
357	DRUG NUTRIENT INTERACTIONS			X	RD IN 1-3 MOS DEPENDING ON MEDICAL CARE & SEVERITY OF INTERACTIONS

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REFERRAL FOR NUTRITION COUNSELING—CHILDREN**

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CODE	NUTRITIONAL RISK CRITERIA	CL	CA	RD	OTHER ACTION NEEDED
359	RECENT MAJOR SURGERY, PHYSICAL TRAUMA, BURNS			X	RD IN 1 MO
360	OTHER MEDICAL CONDITIONS			X	RD IN 1-3 MOS DEPENDING ON MEDICAL CARE & SEVERITY OF CONDITION
362	DEVELOPMENTAL, SENSORY, OR MOTOR DELAYS INTERFERING WITH THE ABILITY TO EAT			X	RD IN 1-3 MOS DEPENDING ON MEDICAL CARE & SEVERITY OF INTERACTIONS
381	ORAL HEALTH CONDITIONS	X			REFER TO DENTAL
382	FETAL ALCOHOL SYNDROME			X	REFER TO SUBSTANCE ABUSE PROGRAM, RD IN 1 MO
401	FAILURE TO MEET DIETARY GUIDELINES FOR AMERICANS	X			
425	INAPPROPRIATE NUTRITION PRACTICES	X			
428	DIETARY RISK ASSOCIATED WITH COMPLEMENTARY FEEDING PRACTICES	X			
501	POSSIBILITY OF REGRESSION	X			
502★	TRANSFER OF CERTIFICATION (VOC)	X			ASSESS AND REFER AS NEEDED
801★	HOMELESS	X			APPROPRIATE REFERRALS
802★	MIGRANCY	X			
902	FEEDING SKILLS LIMITATION	X			APPROPRIATE REFERRALS
903★	FOSTER CARE	X			
904	ENVIRONMENTAL TOBACCO SMOKE EXPOSURE	X			

★ - computer generated code

Summary – Codes to Route Chart to RD:

- 141 Low Birth Weight (route chart up to 24 months age)
- 142 PRETERM OR EARLY TERM DELIVERY
- 353 Food Allergy
- 355 Lactose Intolerance

Any combination of four (or more) risk factors (if not already scheduled for RD referral)