

# WICSmart

online nutrition education

- Install the free WICSmart app or go to [www.wicsmart.com](http://www.wicsmart.com).
- Pick Idaho WIC as your agency and click the "Register Device" or "Next" button.
- Enter your WIC account number \_\_\_\_\_ and click "Login."
- Choose a topic from the list.

## TIPS:

- Pick a lesson that fits your family.
- Use free wi-fi when you can to save data.
- Call your WIC clinic for help.

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## USER GUIDE



Click on any lesson you'd like or one suggested by WIC.



Complete the lesson now or do it later.



A lesson can be done all at once or saved and finished later.



Click "done" when you get to the end. Results are sent to your WIC clinic.



You don't need to print or save anything.



Your WIC clinic will follow up with next steps.



WIC is an equal opportunity provider.



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