

## Scenario 2

Pepper Pots is 11 weeks pregnant. She is interested in learning about weight gain during pregnancy. Pepper does not have internet access but she has a smartphone, and she frequently visits a local coffee shop where she uses the internet to watch Marvel Movies. Is Pepper a good candidate for WICSmart nutrition education?

Explain your answer:

### Health Assessment

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#### Anthropometrics:

Weight: 155.00 lbs  
Height: 57.75 in  
BMI: 32.67

#### Bloodwork:

Hemoglobin: 11.9 g/dl

#### Pregnancy:

EDD: 8/13/2018  
Weeks Gestation: 11  
Pre-pregnancy BMI: 33.73  
Proof of Pregnancy: EDD Written On Prescription Pad  
Type of Pregnancy: Single

### Assessment Interview

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Health/Medical: Complete

Lifestyle: Complete

Nutrition/Health: Complete

### Risk Codes

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#### System Assigned Risks:

111: Overweight Woman  
131: Low Maternal Weight Gain  
132: Maternal weight loss in pregnancy

#### Interview and/or Manually Assigned Risks:

344: Thyroid Disorders

### Referrals

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Medicaid/Chip  
SNAP  
Substance Abuse  
TANF/Cash Assistance