

Idaho WICSmart Modules

Category:	Module: English	Category:	Module: Spanish
P, B, I	Breastmilk vs. Formula	P, B, N, C	A Moverse (Moving)
P, B, I	Breastfeeding Supply & Demand	P, B, N, C, I	Bocadillos Saludables (Healthy Snacks)
C, I	Calcium and Children	C	Caprichos con las Comida (Picky Eating)
P, B, N, C	Choose Fast Foods Wisely	P, B, N	Comprar Inteligentemente (Smart Shopping)
P, B, N, C, I	Dental Health (Revised)	P, B, N, C	Eleccion Sabia de Comidas Rapidas (Choosing Fast Foods Wisely)
P, B, N, C	Eat Healthy During the Holidays	C, I	Los Ninos y el Jugo (Kids & Juice)
C	Feeding Your Toddler (Revised) <i>Limiting milk & juice</i>	P, B, N, C, I	MiPlato (MyPlate)
P, B, N, C	Fiber	<p><u>Administration Portal:</u></p> <ul style="list-style-type: none"> Go to: wicsmart.com Select Agency Login <p><u>To Find a Family:</u></p> <ul style="list-style-type: none"> Click Clients on menu Enter account number (F number, without F) Click Filter <p><u>To Add a Family:</u></p> <ul style="list-style-type: none"> Click Add New Client Box  Type in Family Number (without F) for account number. Enter 1st Name: Idaho WIC Enter Last Name: Participant Group Associate & Click Create New <p><u>To Assign a Module:</u></p> <ul style="list-style-type: none"> Click on Clipboard next to Account Number  Select Lesson Module Enter Begin and End Date Click on Add <p><u>Document in WISPr:</u></p> <ul style="list-style-type: none"> Write availability date on folder as well as next appointment. Explain that module should be completed before benefits are issued. Put in family plan (include availability dates). After Module has been completed, select Module under Nutrition Education - WIC Smart and enter date/topic completed and any notes. 	
P, B, N, C, I	Keeping Food Safe		
P	Gestational Diabetes		
I	Infant Feeding 0-6 Months (Revised) <i>Hunger & Fullness Signals</i>		
P, B, N, C, I	Lead		
P, B, N, C	Nutrition During Illness		
P, B, N, C	Physical Activity		
C	Picky Eaters		
P, B, N	Watching Your Salt Intake		
P, B, N, C, I	Second Hand Smoke		
P, B, I	Smoking and Breastfeeding		
P, B, N, C	Vitamin A Rich Foods		
C, I	Weaning Your Baby from Bottle to Cup		
C, I	Weaning Your Breastfed Baby		
P	Weight Gain During Pregnancy		