

# What to Know About Hepatitis A

## HOW IS HEPATITIS A SPREAD?



Not washing hands



Sexual contact with infected partners



Eating/drinking contaminated food



Recreational drug use

Hepatitis A can also be spread through close contact with someone infected with hepatitis A.

## WHAT ARE THE SYMPTOMS?



Yellowing of skin and eyes (jaundice)



Fever



Nausea, vomiting, diarrhea

Symptoms may also include: dark pee, pale poop, stomach pain, tiredness, lack of appetite.

If you have symptoms please call your healthcare provider or local health department.

## HOW DO I HELP PREVENT HEPATITIS A FROM SPREADING?



**GET VACCINATED**  
for hepatitis A



**WASH YOUR HANDS**  
with soap & water after using the bathroom, before eating, and before preparing food

### \* VACCINATION IS RECOMMENDED FOR:

- Anyone wanting protection against hepatitis A
- People who use recreational drugs
- Men who have sexual contact with men
- People who are homeless or in transient living
- People who have direct contact with someone with hepatitis A

Ask your healthcare provider or local health department about hepatitis A vaccine.