**What to Know About Hepatitis C**

**How is Hepatitis C Spread?**

- Being born to a mother who is hepatitis C positive
- Sexual contact with infected partners
- Needlestick injuries in health care settings
- Shared drug equipment

Less common, hepatitis C can also be spread by getting a tattoo or body piercing in an unregulated setting.

**What are the Symptoms?**

- Yellowing of skin and eyes (jaundice)
- Fever
- Nausea, vomiting, diarrhea

Symptoms may also include: dark pee, pale poop, stomach pain, tiredness, lack of appetite.

If you have symptoms please call your healthcare provider or local health department.

**How do I Help Prevent Hepatitis C from Spreading?**

- NEVER share needles
- AVOID DIRECT EXPOSURE to blood or blood products

**Vaccination is Recommended for:**

- Anyone born between 1945 and 1965
- Current or former injection drug users, even if it was only one time
- Individuals with HIV
- Children born to women with hepatitis C
- People who have direct contact with someone with hepatitis C

Ask your healthcare provider or local health department about hepatitis C vaccine.

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