

# What to Know About Hepatitis C



IDAHO DEPARTMENT OF HEALTH & WELFARE  
DIVISION OF PUBLIC HEALTH

## HOW IS HEPATITIS C SPREAD?



Being born to a mother who is hepatitis C positive



Sexual contact with infected partners



Needlestick injuries in health care settings



Shared drug equipment

*Less common, hepatitis C can also be spread by getting a tattoo or body piercing in an unregulated setting.*

## WHAT ARE THE SYMPTOMS?



Yellowing of skin and eyes (jaundice)



Fever



Nausea, vomiting, diarrhea

Symptoms may also include: dark pee, pale poop, stomach pain, tiredness, lack of appetite.

If you have symptoms please call your healthcare provider or local health department.

## HOW DO I HELP PREVENT HEPATITIS C FROM SPREADING?



**NEVER** share needles



**AVOID DIRECT EXPOSURE** to blood or blood products

### \* VACCINATION IS RECOMMENDED FOR:

- Anyone born between 1945 and 1965
- Current or former injection drug users, even if it was only one time
- Individuals with HIV
- Children born to women with hepatitis C
- People who have direct contact with someone with hepatitis C

Ask your healthcare provider or local health department about hepatitis C vaccine.