

# Health in Idaho: A State Profile 2014

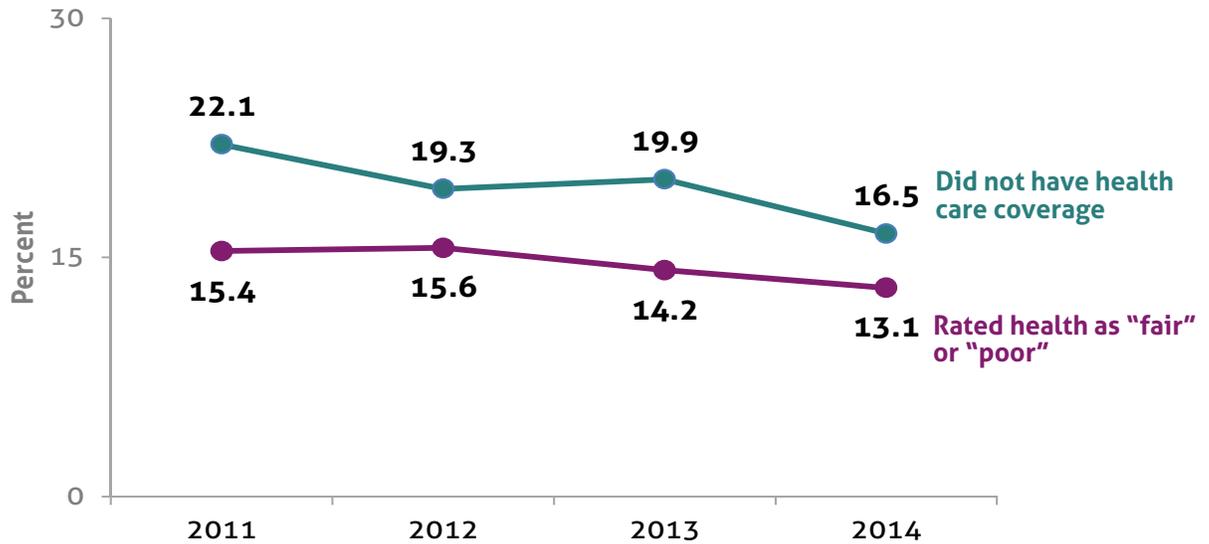
State of Idaho - Department of Health and Welfare - Division of Public Health

## General Health

Since 2011, the number of Idaho adults without health care coverage, as well as those reporting "fair" or "poor" health has **significantly decreased**.

No Health Care Coverage

Fair/Poor Health

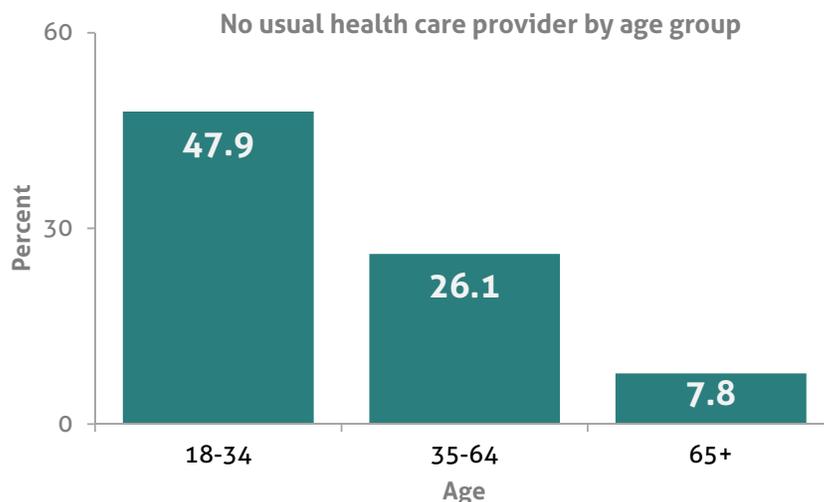
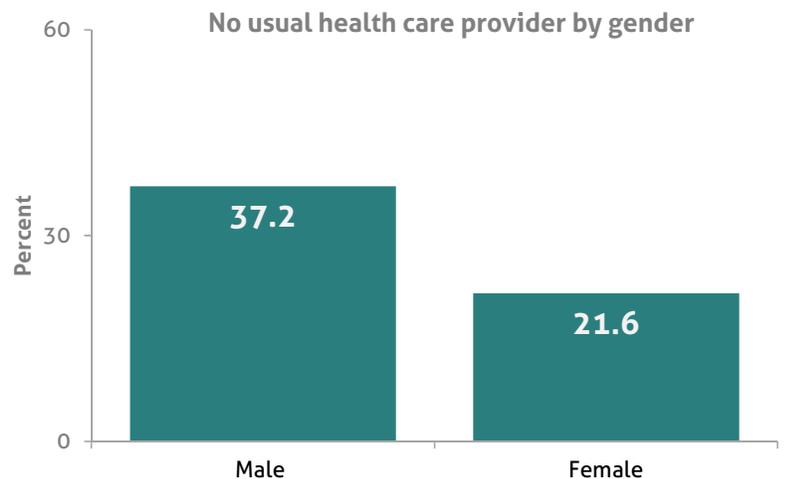


Usual Health Care Provider



**29.3%**

of Idaho adults did not have a usual health care provider.



Younger age groups and males were **significantly less likely** to have a usual health care provider.

## Chronic Disease

### Diabetes



Since 2011, the prevalence of adults diagnosed with diabetes has **significantly decreased**.

### Heart Disease

**5.3%**

of Idaho adults had ever been told that they heart disease.



**2.9%**

of Idaho adults had ever been told that they had a stroke.



### Stroke

## Health Risk Behaviors

In 2014, **18.7%** of Idaho adults did not participate in any form of leisure time physical activity. Not participating in leisure time physical activity was associated with:

Being Hispanic

**30.1**

Non-Hispanic

17.6

### No Leisure Time Physical Activity

Having a high school education or lower

**26.9**

College Education

12.9

Annual household income of less than \$35,000

**25.1**

Income > \$35,000

13.3

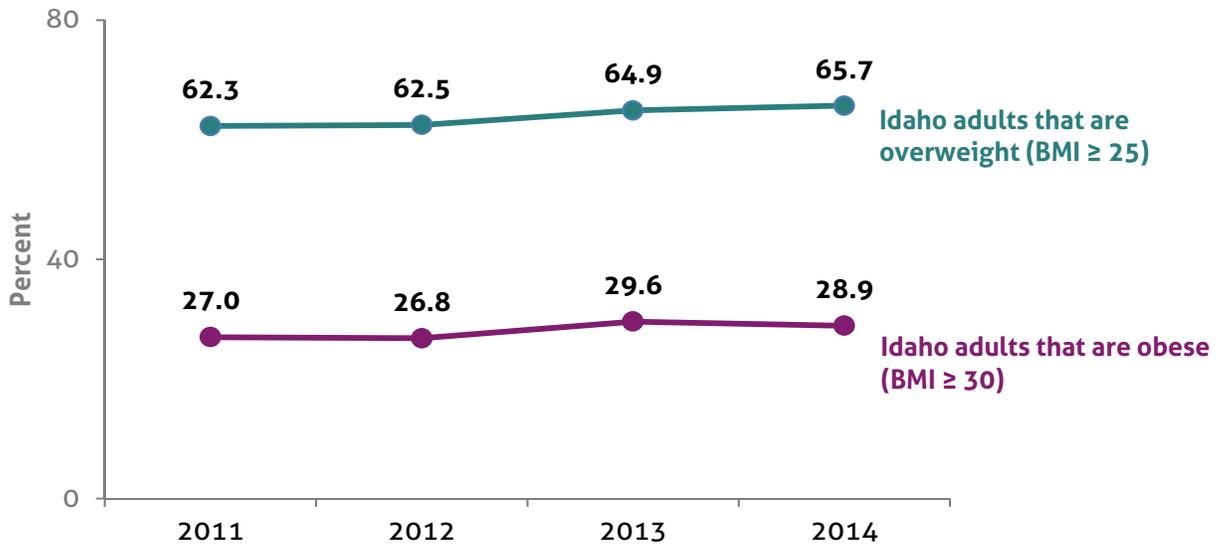
0 20 40  
Percent

## Health Risk Behaviors

Since 2011, Idaho has seen a **significant increase** in the number of adults that are overweight or obese .

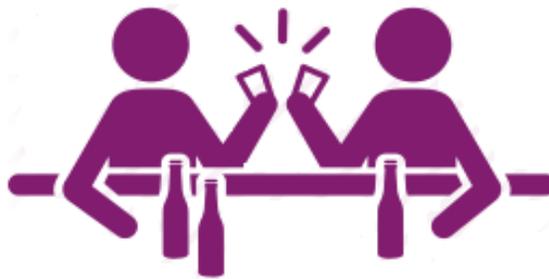
Overweight

Obesity



Alcohol Use

**14.8%** of Idaho adults participated in binge drinking.

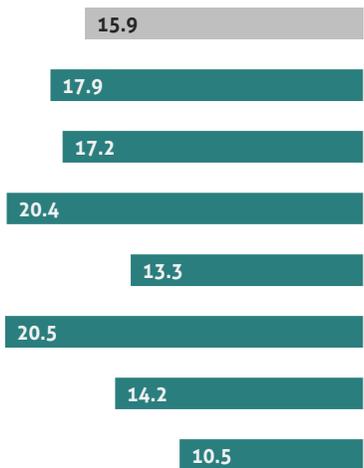


**5.0%** of Idaho adults were heavy drinkers.

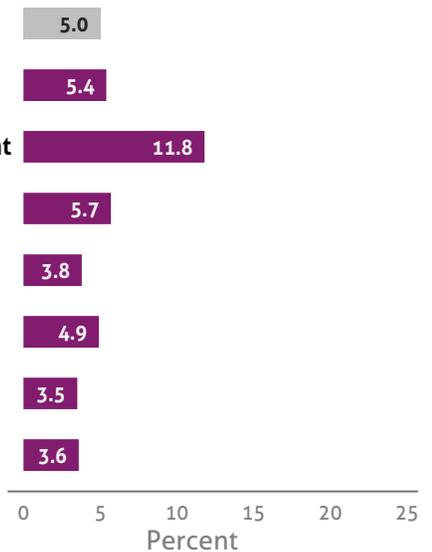
Tobacco Use

In 2014, Public Health District 7 had a **significantly lower** smoking prevalence when compared to the statewide prevalence. Conversely, Public Health District 2 had **over twice as many** smokeless tobacco users than the rest of the state.

### Current Cigarette Smokers



### Smokeless Tobacco Users



**Preventive Behaviors**

Seatbelt Use

**24.5%**

of Idaho adults reported not always wearing a seat belt.



Dental Visits

**35.7%**

of Idaho adults did not have a dental visit within the last 12 months.

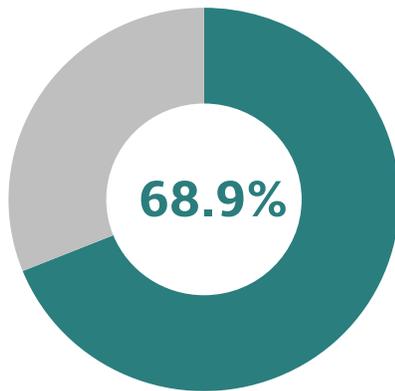


Males and younger age groups were **significantly less likely** to wear a seat belt.

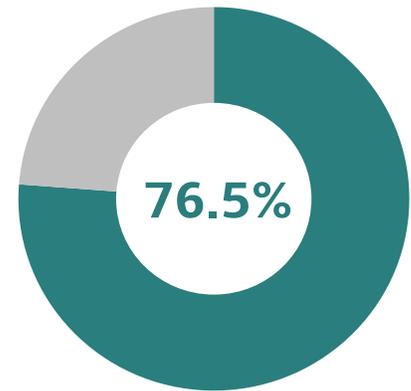
**46.2%** of Idahoans that did not see a dentist reported an annual income of less than \$50,000.

**Cancer Screening**

Breast Cancer

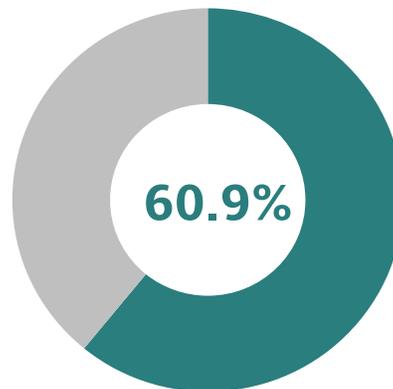


of Idaho women aged 50-74 had a mammogram in the past two years.



of Idaho women aged 21-65 had a Pap test in the past three years.

Colorectal Cancer



of Idaho adults aged 50-75 were screened for colorectal cancer according to current guidelines.