



2013 ANNUAL REPORT

PRATS

RESULTS FROM THE PREGNANCY RISK ASSESSMENT TRACKING SYSTEM

A SURVEY OF THE HEALTH OF MOTHERS AND BABIES IN IDAHO MAY 2015

Acknowledgments

This project was funded by grants through the State Systems Development Initiative (SSDI) Grant Program and the Title V MCH Services Block Grant Program (Maternal and Child Health Bureau, Health Resources and Services Administration, U.S. Department of Health and Human Services). Collaboration between Idaho's SSDI Program and Title V MCH Program has been essential to the success in establishing PRATS as an on-going data system.

The Idaho Department of Health and Welfare would like to thank the mothers of Idaho who have participated in the Pregnancy Risk Assessment Tracking System.

For more details on this project or any of the survey results, please contact the PRATS Program Director, Idaho Bureau of Vital Records and Health Statistics, at (208)332-7366.

Suggested Citation

Results From the 2013 Pregnancy Risk Assessment Tracking System (PRATS) Annual Report. Boise: Idaho Department of Health and Welfare, Division of Public Health, Bureau of Vital Records and Health Statistics, 2015.

Table of Contents

Title Page	i
Acknowledgments.....	ii
Suggested Citation	ii
Table of Contents.....	iii
Overview	1
What is the Pregnancy Risk Assessment Tracking System (PRATS)?	1
Methodology	1
Reporting the Data	2
Data Limitations	3
References.....	3
Definition of Terms	3
Idaho Public Health Districts	4
Demographic Profile	5
Results	
Unintended Pregnancy	7
No Birth Control Use.....	8
No Health Insurance	9
Medicaid Utilization.....	10
Overweight/Obesity.....	11
First Trimester Prenatal Care	12
WIC Participation.....	13
Multivitamin Use	14
HIV Testing.....	15
No Dental Care.....	16

Exercise.....	17
Stressful Life Events.....	18
Physical Abuse	19
Smoking.....	20
Alcohol Use	21
Breastfeeding Initiation	22
Breastfeeding Duration.....	23
Self-Reported Postpartum Depression.....	24
No Well-Baby Care.....	25
Hearing Screening.....	26
Immunization Information from PNC Provider.....	27
Immunizations Up to Date	28
Baby Sleep Position	29
Daycare	30

Data Tables

Understanding the Data Tables	31
Data Tables by Health District, 2013	32

Appendices

Appendix A: Maternal and Infant Health Trends by Health District, 2006-2013.....	81
Appendix B: PRATS Questionnaire and Results, 2013	91
Appendix C: Technical Notes.....	105

Overview

What is the Pregnancy Risk Assessment Tracking System?

The Pregnancy Risk Assessment Tracking System (PRATS) is an annual survey of new mothers in Idaho, directed by the Bureau of Vital Records and Health Statistics within the Idaho Department of Health and Welfare. PRATS was first conducted in Idaho in 1999 and is modeled after the Centers for Disease Control and Prevention's (CDC) Pregnancy Risk Assessment Monitoring System (PRAMS).¹

PRATS is a population-based tracking system that identifies and examines maternal experiences and health practices surrounding pregnancy which may affect pregnancy outcomes and infant health. PRATS data are supplemental to information obtained from vital records and are used for planning, developing, and assessing perinatal health programs in Idaho. Results from PRATS have been used to determine progress towards goals, assess trends, and target at-risk populations relevant to maternal and child health. PRATS provides information about the intendedness of pregnancy, initiation of prenatal care, content of prenatal care, barriers to services, physical abuse among pregnant women, breastfeeding patterns, and many other important perinatal issues. This report summarizes major maternal health and behavior risk factors associated with maternal, fetal, and infant health outcomes. Results presented in this report are not inclusive of all data that may be provided by PRATS. Therefore, the 2013 PRATS questionnaire appears in its entirety at the end of this report in Appendix B (see page 91).

Note: The PRATS survey was not conducted in 2012. Data for that year are not included in trend lines and other analysis.

Methodology

Sample

The study population for PRATS included female residents of Idaho aged 18 or older (at the time of delivery) who had a live birth which occurred in-state (based on birth certificate data). The sampling frame included mothers who gave birth between January 1, 2013 and December 31, 2013. During the data collection period in 2014, babies were between the ages of 5 and 20 months.

Certain records were automatically excluded from the sampling frame, including records of mothers less than 18 years of age at the time of delivery, adopted infants, siblings of adopted infants within a multiple birth (twin, triplet, etc.), infants who had died, and siblings of infants who had died within a multiple birth. Also excluded from the sampling frame were Idaho resident mothers who delivered in another state or died after giving birth. If there was a multiple birth, only the firstborn infant was included in the sampling frame.

The sample design of PRATS was based on a disproportionate stratified systematic random sampling method designed to ensure representation of women from each of Idaho's seven public health districts.

Survey Methods

In May of 2013, 4,200 randomly selected mothers from across the state of Idaho were mailed an introductory letter requesting their participation in the PRATS survey. The introductory letter explained the purpose of the survey and provided a toll-free number to call for more information or to request a telephone interview. The mothers were also given the opportunity to decline participation in the study.

Approximately two weeks after the introductory letter was mailed, a full questionnaire packet was sent. Hispanic mothers were mailed both an English and Spanish version of the survey. In order to give women every opportunity to complete the questionnaire, up to two more questionnaire packets were mailed out during the course of a two-month period. Women were able to elect to complete the survey by telephone with a trained interviewer (English or Spanish). For women who did not respond, attempts were made to contact them by telephone. This survey strategy was developed by the CDC PRAMS project and proved to be very successful in achieving higher response rates.

Weighting the Data

Data in this report were weighted to adjust for the disproportionate stratified sampling design and response rate differences. For example, mothers in health districts with smaller populations are more likely to be chosen to respond to the survey than mothers in health districts with larger populations. Weighting procedures correct for this difference and ensure that sample data closely reflect the population from which the sample was obtained.

Analyzing the Data

Statistical testing and calculation of confidence limits were done using SUDAAN® (Survey Data Analysis) software. This software takes into account the complex sampling design methodology of PRATS. Data manipulation and variable creation were done using SAS® software. All missing (blank and “don’t know”) observations were excluded from analysis.

Reporting the Data

For purposes of this report, the terms “mothers” or “women” are used to refer to Idaho resident adult mothers (18 and older) who gave birth (live birth) in Idaho. PRATS data are only representative of Idaho resident women aged 18 and older whose pregnancies resulted in a live birth occurring in Idaho. Therefore, PRATS data are not generalizable to all pregnant women.

Prevalence estimates based on denominators with fewer than 30 respondents have been suppressed and are indicated in the data tables with an asterisk (*). PRATS has adopted this standard to maintain a high degree of reliability. Differences between estimates are reported throughout the report. Any difference determined to be statistically significantly different through statistical testing has been designated using the terms “statistically” or “significantly.”

Data Limitations

The self-reported nature of PRATS data allows for potential information bias and error in estimation. Women may not have been able to accurately recall events surrounding their pregnancies because the timing of the survey was several months following delivery. In addition, women may be hesitant to report behaviors perceived to be risky or socially undesirable. The result of this bias would likely be an underestimation of the actual prevalence of these behaviors. Also, confidentiality concerns may have impacted how likely women were to honestly respond to survey questions. Because women were given the option of responding to the survey by mail or by phone, differences in interpretation may have existed between those who were read the question by a trained interviewer versus reading the question themselves.

References

1. *Pregnancy Risk Assessment Monitoring System (PRAMS)*, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Reproductive Health, See website at: www.cdc.gov/PRAMS

Definition of Terms

Age of Mother

Age of mother at time of delivery is a calculated field from the birth certificate based on mother's date of birth and birth date of infant.

Ethnicity of Mother

Mother's ethnicity is based on the "mother of Hispanic origin" question on the birth certificate.

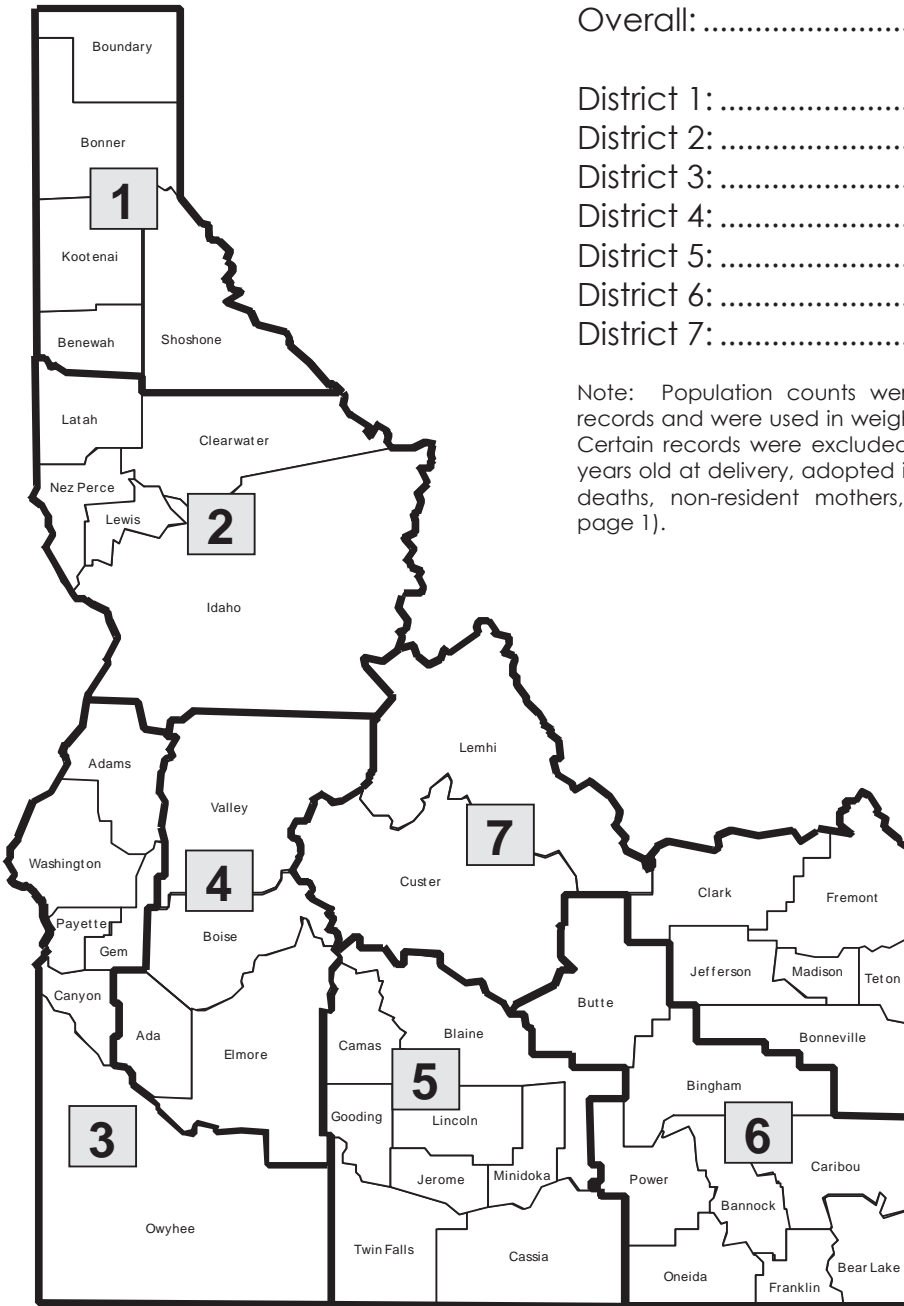
Marital Status of Mother

Marital status indicates whether the mother was married at the time of conception, at the time of delivery, or at any time between conception and delivery. The marital status field must be completed on the Idaho Certificate of Live Birth.

Idaho Public Health Districts

Idaho is divided into seven public health districts, with each of the districts containing four to eight counties. The seven health districts are independent agencies governed by a local board appointed by the county commissioners within the district.

Number of Idaho Resident Mothers Aged 18 and Older Who Gave Birth In Idaho 2013



Overall:	20,482
District 1:	2,104
District 2:	997
District 3:	3,435
District 4:	5,361
District 5:	2,689
District 6:	2,273
District 7:	3,623

Note: Population counts were obtained from Idaho birth records and were used in weighting PRATS data (see page 2). Certain records were excluded such as mothers less than 18 years old at delivery, adopted infants, infant deaths, maternal deaths, non-resident mothers, and out-of-state births (see page 1).

Demographic Profile

The following table provides a demographic profile of Idaho adult mothers by public health district for 2013.

**Demographic Characteristics of Idaho Mothers By Health District
PRATS 2013**

	Idaho	Public Health District						
		1	2	3	4	5	6	7
AGE								
18-19	4.3%	7.2%	6.9%	5.3%	2.0%	7.4%	3.1%	2.7%
20-24	20.3	14.1	23.1	19.3	15.1	19.4	25.9	29.0
25-29	33.9	36.7	35.0	38.4	30.6	36.1	28.9	34.0
30-34	28.3	25.4	21.2	27.1	36.3	25.2	26.0	24.7
35+	13.3	16.6	13.9	9.9	15.9	11.9	16.2	9.5
ETHNICITY								
Non-Hispanic	87.4	95.6	97.2	77.1	93.3	73.4	90.7	89.3
Hispanic	12.6	4.4	2.8	22.9	6.7	26.7	9.3	10.7
MARITAL STATUS								
Not Married	26.0	33.4	33.0	32.7	22.0	30.4	26.7	15.4
Married	74.1	66.6	67.0	67.3	78.0	69.6	73.3	84.6
INCOME								
Less than \$15,000	20.8	19.1	21.8	29.5	10.2	21.1	20.7	29.2
\$15,000 - \$24,999	15.0	17.2	12.0	17.9	12.0	12.3	21.2	14.6
\$25,000 - \$34,999	15.7	13.4	13.1	15.9	14.6	18.2	12.9	19.0
\$35,000 - \$49,999	13.9	14.4	16.3	13.5	13.7	16.4	15.1	11.0
\$50,000+	34.6	35.9	36.8	23.2	49.5	32.0	30.2	26.2
EDUCATION								
K-11th Grade	6.9	5.4	3.8	7.2	4.0	15.4	6.7	6.7
High School or GED	22.3	22.4	23.8	36.3	13.5	20.8	30.8	17.6
Some College	38.1	46.2	34.9	35.2	37.2	41.6	30.7	40.4
College Graduate+	32.7	26.0	37.5	21.4	45.4	22.2	31.8	35.4

Note: The percentages are based on weighted PRATS data (see the *Weighting the Data* section on page 2 for further explanation).



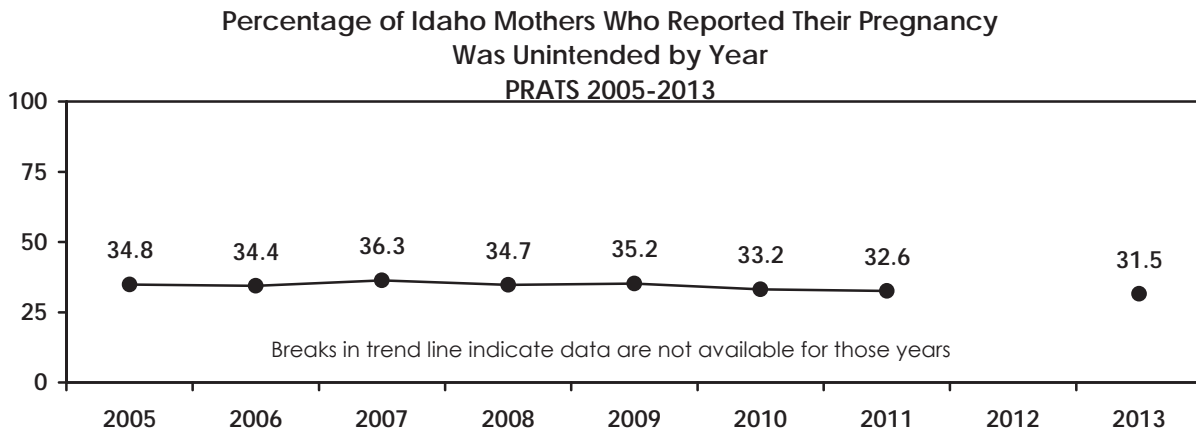
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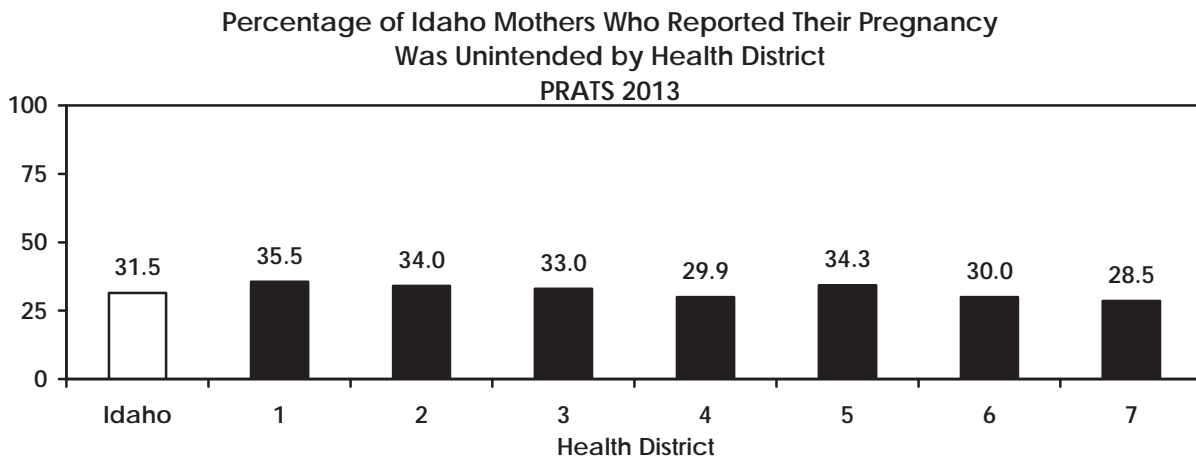
RESULTS

Unintended Pregnancy

Unintended pregnancy is defined as a pregnancy for which, at the time of conception, a woman either wanted to be pregnant later (mistimed) or did not want to be pregnant at any time (unwanted). In 2013, nearly one-third (31.5 percent) of the live births occurring to Idaho mothers were a result of unintended pregnancy. From 2005 to 2013, the percentage of live births reported as unintended pregnancies has begun to dip slightly from a high of 36.3 in 2007 to a low of 31.5 in 2013.



Despite the high unintended pregnancy high in District 1 of 35.5 percent and the low of 28.5 percent in District 7, no statistical significance exists between Health Districts.

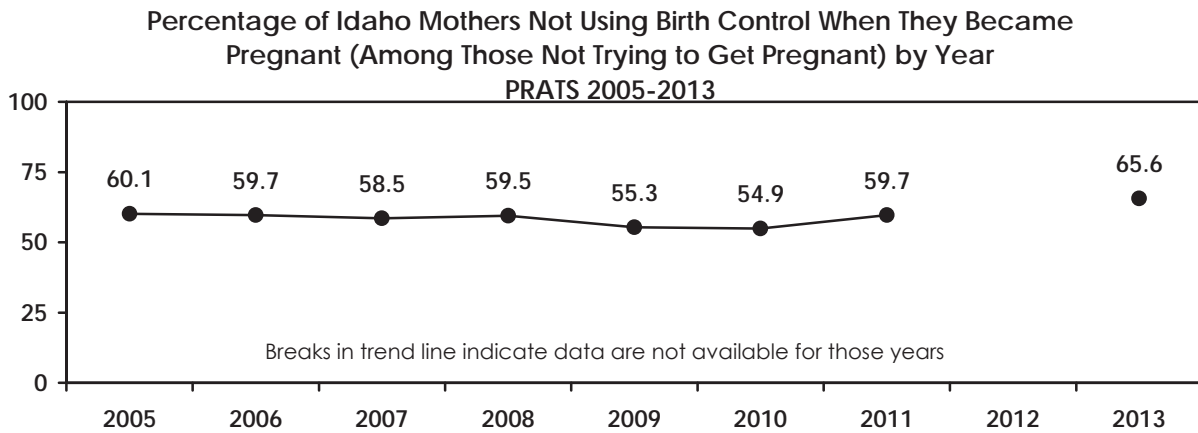


Unintended pregnancy was significantly higher among:

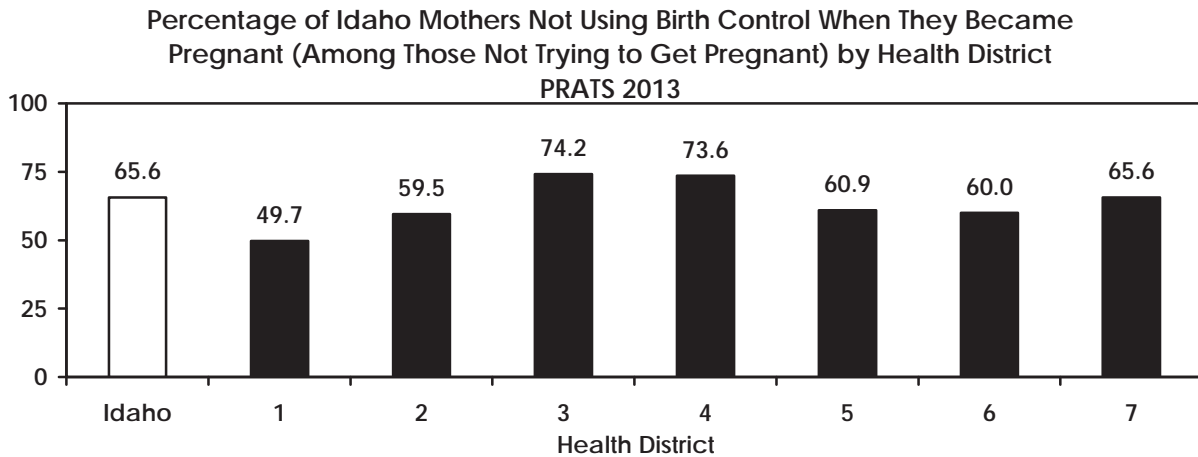
- Mothers aged 18 to 24 compared with their older counterparts.
- Hispanic mothers than non-Hispanic mothers.
- Unmarried mothers compared with married mothers.
- Mothers with an annual household income of less than \$35,000 compared with mothers with higher annual household incomes.
- Mothers with no college experience than mothers who graduated from college.
- Mothers who did not have health coverage prior to pregnancy than mothers who were insured prior to pregnancy.
- Mothers who reported drinking alcohol or smoking cigarettes prior to pregnancy.

No Birth Control Use

Mothers who were not trying to get pregnant were asked if they (or their partners) were using birth control when they got pregnant. In 2013, nearly two-thirds of couples (65.6 percent) were not using birth control at the time of conception (among those not trying to become pregnant). The most commonly reported reasons for not using birth control were "I didn't mind if I got pregnant" (55.8 percent) and "I didn't want to use birth control" (55.2 percent). The percentage of couples not using contraception among unplanned pregnancies saw a significant increase in 2013 over previous years.



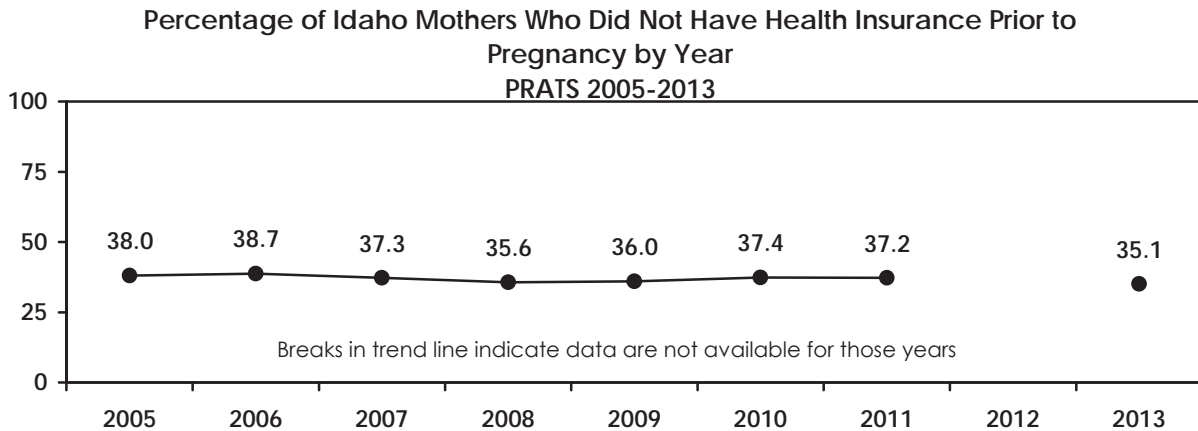
District 3's no birth control use prevalence of 74.2 percent was statistically significantly higher than District 1's prevalence of 49.7 percent.



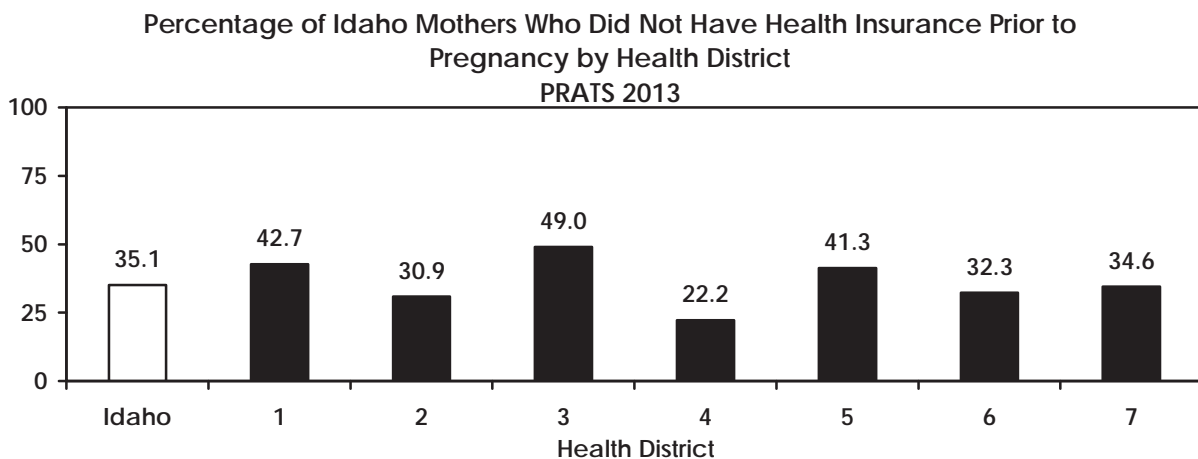
Prevalence of no birth control use was not statistically significantly different across demographic variables.

No Health Insurance

Idaho mothers were asked if they had health insurance (not including Medicaid) at the time just before becoming pregnant. Among mothers who gave birth in 2013, 35.1 percent indicated they had no private health insurance prior to becoming pregnant. However, more than half of mothers reported private health insurance as a payment source for prenatal care (55.9 percent) and delivery (54.5 percent).



The prevalence of no health insurance was highest in District 3, with 49.0 percent of mothers indicating that they did not have health insurance. This prevalence is statistically significantly higher than the 22.2 percent in District 4.

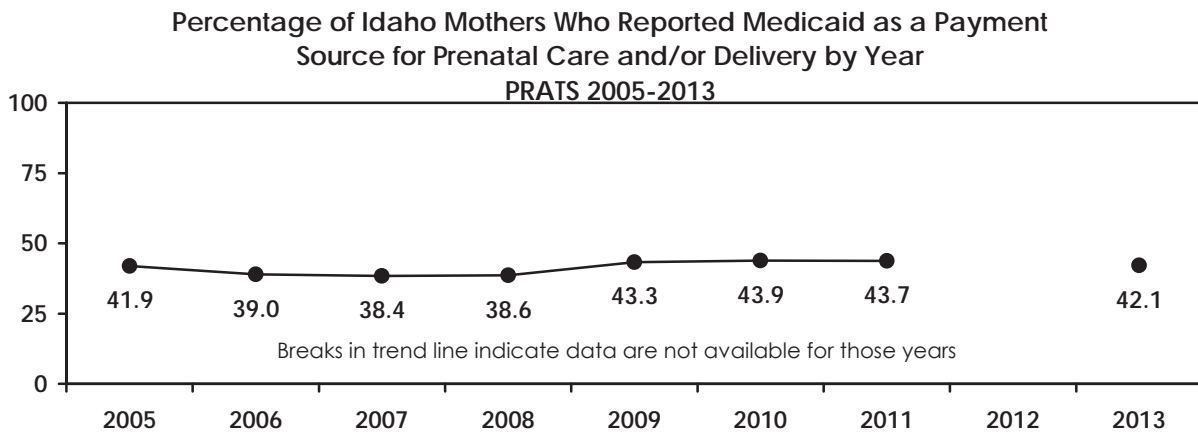


The prevalence of having no private health insurance prior to pregnancy was significantly higher for:

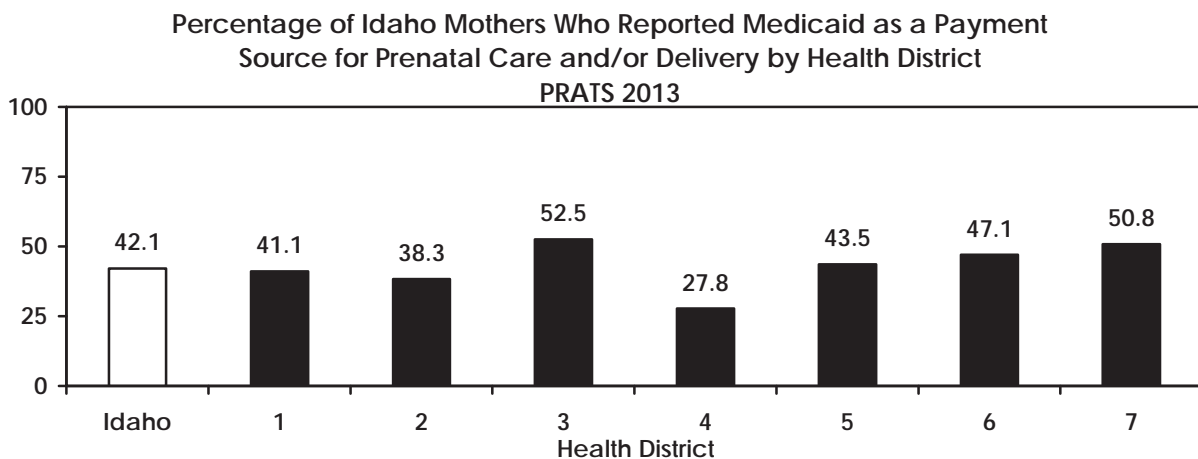
- Mothers aged 18 to 99 compared with mothers aged 20 and older.
- Hispanic mothers compared with non-Hispanic mothers.
- Unmarried mothers versus married mothers.
- Mothers with an income of less than \$25,000 compared with mothers with higher incomes.
- Mothers without a high school diploma compared with mothers with more education.
- Unintended pregnancies than intended pregnancies.

Medicaid Utilization

In 2013, 42.1 percent of mothers who gave birth in Idaho reported Medicaid as a payment source for prenatal care and/or delivery.



The prevalence of Medicaid utilization in District 3 of 52.5 percent was statistically significantly higher than the prevalence of 27.8 in District 4.

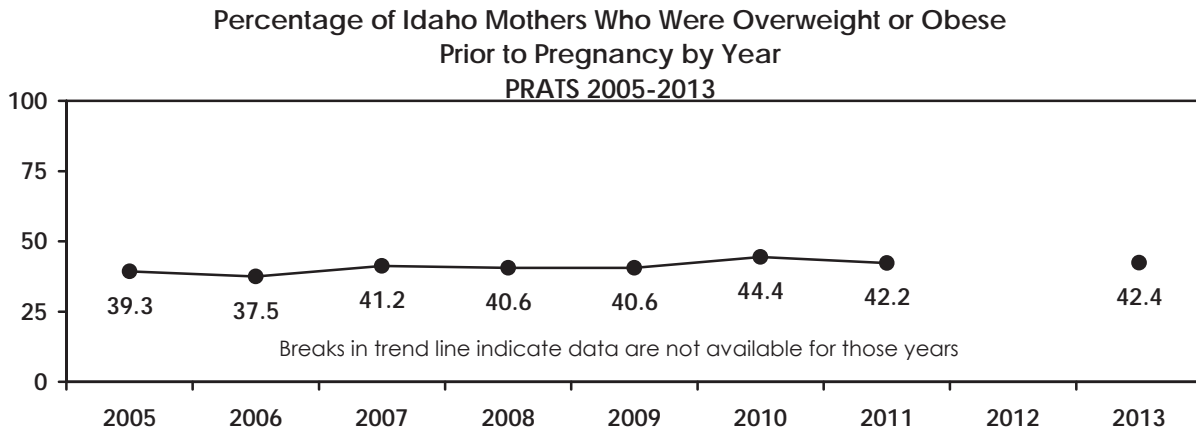


Reports of Medicaid paying for prenatal care and/or delivery costs were significantly higher for:

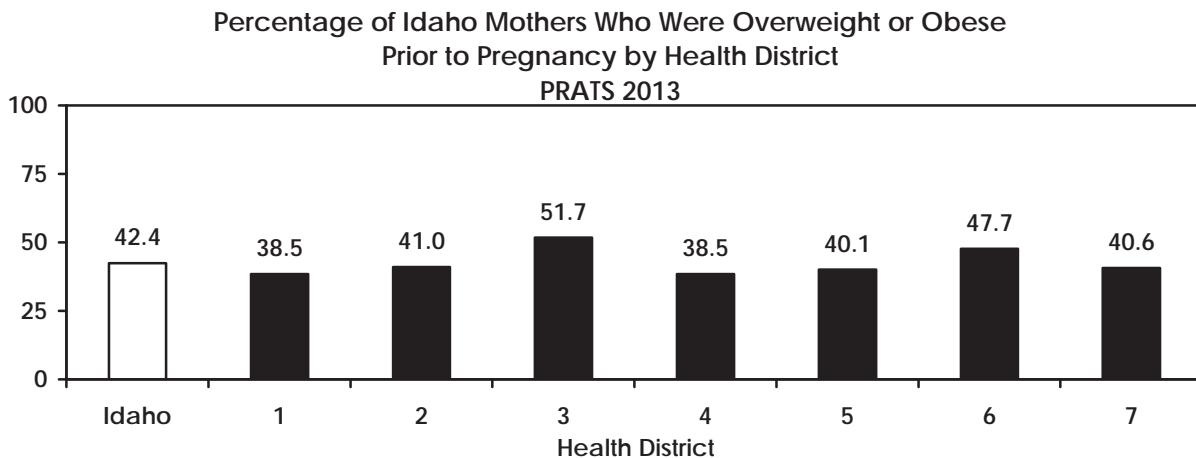
- Mothers aged 18 to 24 compared with older mothers.
- Hispanic mothers than non-Hispanic mothers.
- Unmarried mothers compared with married mothers.
- Mothers with annual household incomes of less than \$25,000.
- Mothers without a high school diploma compared with mothers with a high school diploma.
- Mothers who reported unintended pregnancies than those with intended pregnancies.
- Mothers who smoked before or during pregnancy than those who did not.

Overweight/Obesity

Overweight and obesity categories are determined by using a person's height and weight to calculate a number called the Body Mass Index (BMI). A BMI of 25.0 to 29.9 indicates a person is overweight, and a BMI of 30 or higher indicates a person is obese. In 2013, 42.4 percent of mothers were overweight or obese prior to becoming pregnant. The percentage of overweight or obesity prior to pregnancy has remained relatively steady since 2005.



While District 3 showed the highest prevalence of overweight/obesity at 51.7 percent, there was no statistical significance observed between it and District 4 and District 1's shared low of 38.5 percent.

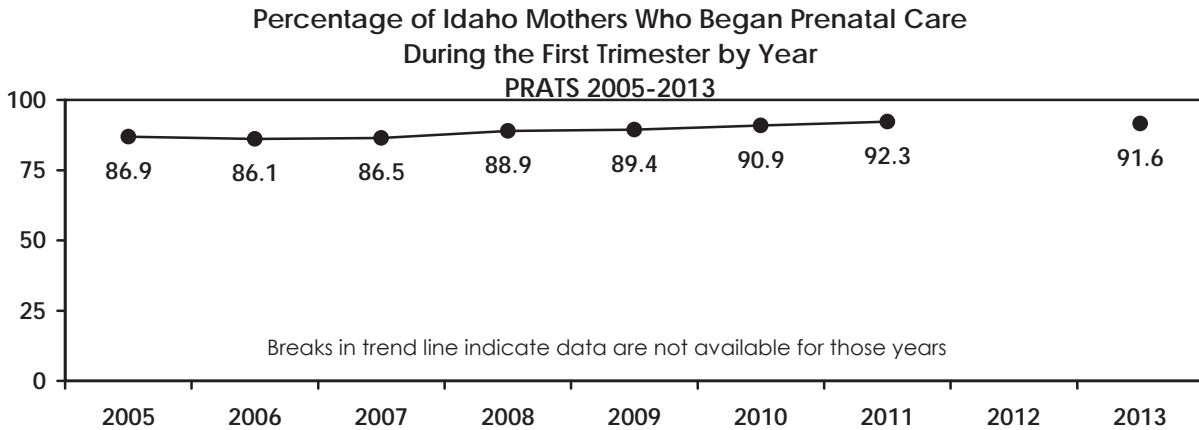


Prevalence of overweight or obesity prior to pregnancy was significantly higher among:

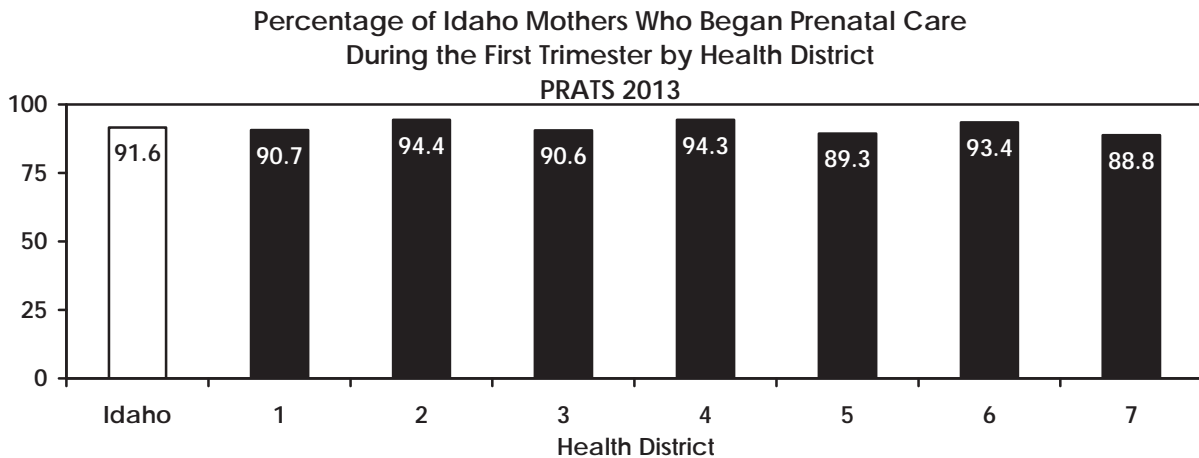
- Hispanic mothers compared with non-Hispanic mothers.
- Mothers who did not exercise regularly before pregnancy.
- Mothers without a high school diploma compared with women with college education.
- Mothers who developed gestational diabetes during pregnancy.
- Mothers who experienced high blood pressure, hypertension (including pregnancy-induced hypertension [PIH], preeclampsia, or toxemia during pregnancy).

First Trimester Prenatal Care

In 2013, 91.6 percent of Idaho mothers began prenatal care during their first trimester (first 13 weeks of pregnancy). When asked if they had received prenatal care as early in their pregnancy as they had wanted, 9.7 percent of mothers indicated they did not. The most commonly reported reason for not getting prenatal care as early as desired was lack of money or insurance (32.2 percent). From 2005 to 2013, first trimester prenatal care has increased slightly from a low of 86.1 in 2006 to a high of 92.3 in 2011.



While District 2 showed the highest prevalence of overweight/obesity at 94.4 percent, there was no statistical significance observed between it and District 7's low of 88.8 percent.

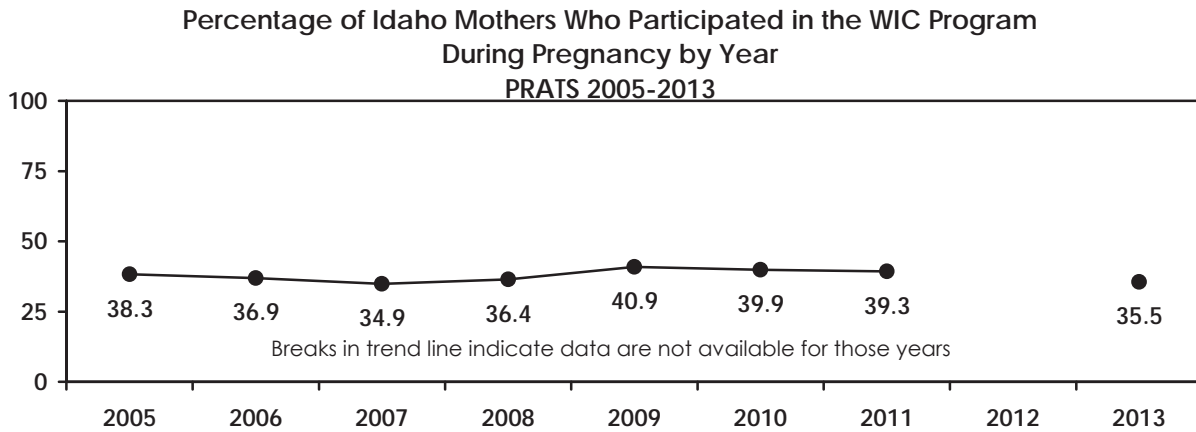


Prevalence of first trimester prenatal care was significantly lower among:

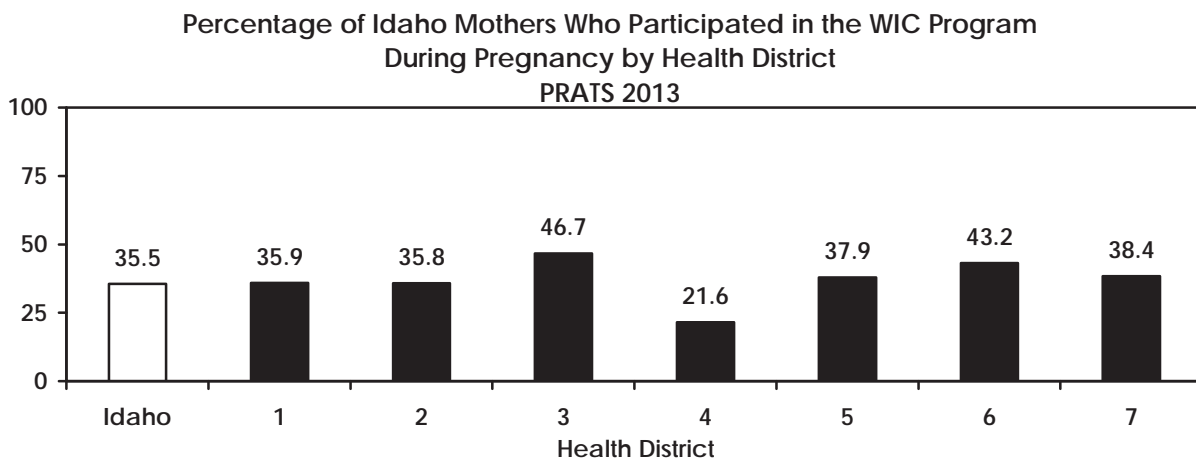
- Mothers with annual household incomes of less than \$15,000 compared with mothers whose annual household income was \$50,000 or more.

WIC Participation

In 2013, 35.5 percent of Idaho mothers participated in the WIC Program during pregnancy. The WIC Program is a supplemental nutrition program for mothers, infants, and children focused on promoting maternal and infant health through better nutrition and education. Prevalence of WIC participation during pregnancy has ranged from a low of 34.9 percent in 2007 to a high of 40.9 percent in 2009.



The percentage of mothers participating in WIC during pregnancy ranged significantly from a high of 46.7 percent in District 3 to a low of 21.6 percent in District 4.

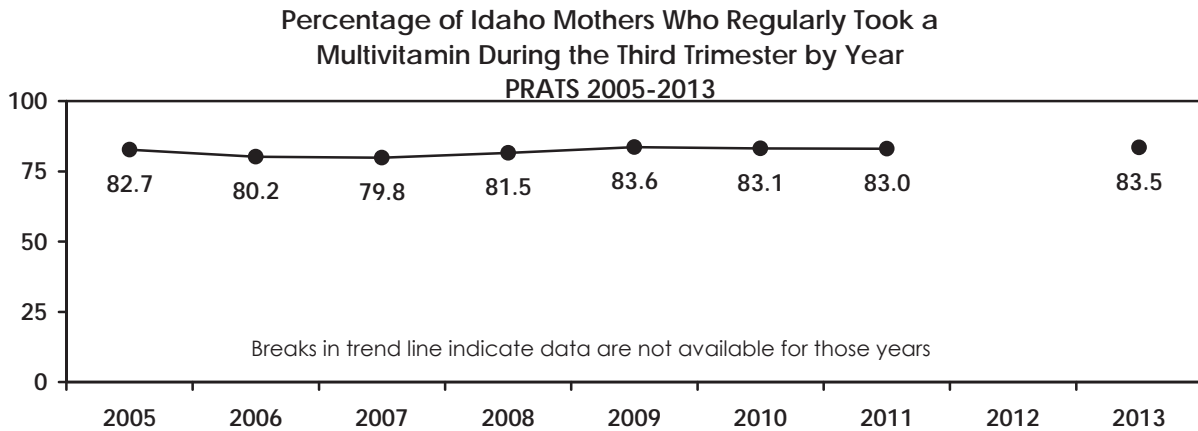


Prevalence of WIC participation during pregnancy was significantly higher among:

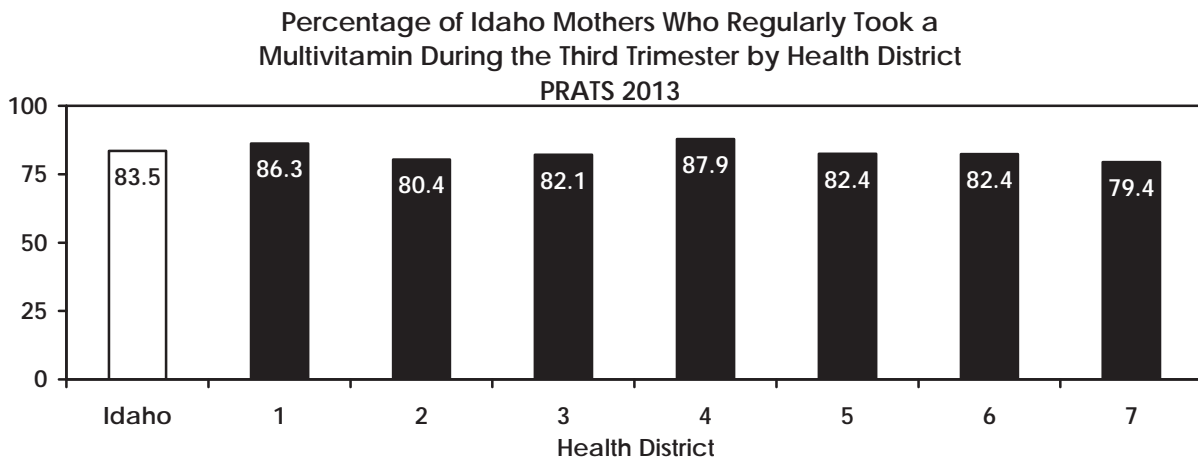
- Mothers aged 18 to 24 compared with older mothers.
- Hispanic mothers than non-Hispanic mothers.
- Unmarried mothers compared with married mothers.
- Mothers with annual household incomes less than \$35,000 compared with mothers annual household incomes of \$35,000 or more.
- Mothers without a high school diploma compared with mothers with more education.
- Unintended pregnancies versus intended pregnancies.
- Those who utilized Medicaid during their pregnancy.
- Mothers who smoked during pregnancy compared with non-smokers.

Multivitamin Use

Among Idaho mothers who gave birth in 2013, more than eight-in-ten (83.5 percent) regularly took a multivitamin four or more times per week during the last trimester of pregnancy. The rate of regular multivitamin use during pregnancy changed significantly between a low of 79.8 percent in 2007 and the high of 83.6 percent in 2009.



While multivitamin use prevalence ranged from a high in District 4 of 87.9 percent to a low of 79.4 percent in District 7, no statistical significance was observed.

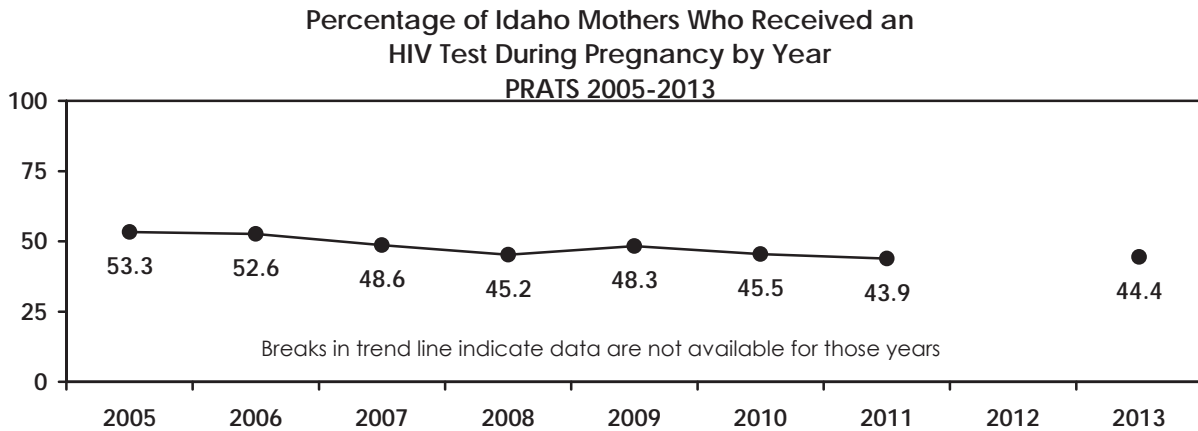


Prevalence of regular multivitamin use during pregnancy was significantly lower among:

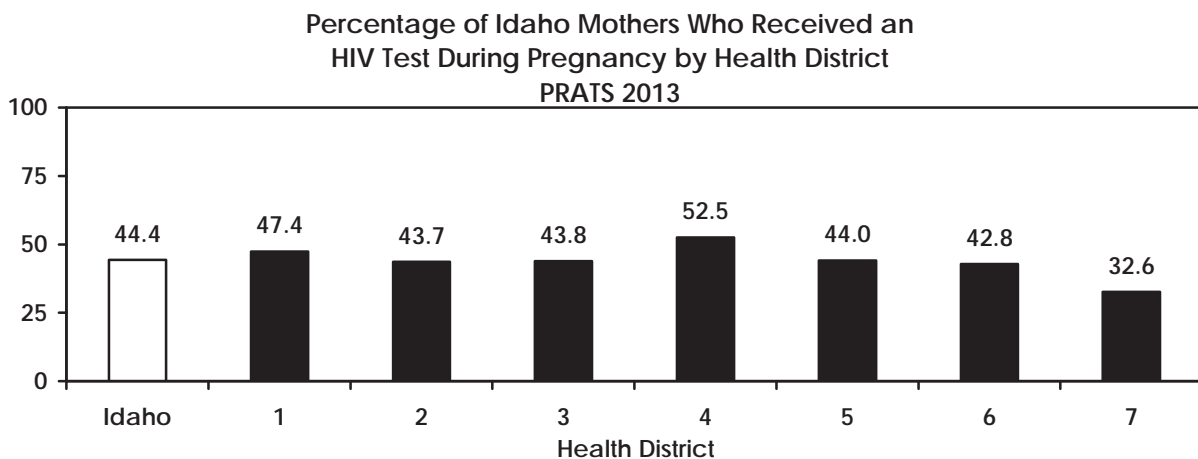
- Mothers who did not regularly take a multivitamin before getting pregnant compared with those who did.
- Mothers aged 18-19 compared with mothers aged 25 and older.

HIV Testing

Idaho mothers were asked if they received a blood test for HIV (the virus that causes AIDS) at any time during their pregnancy. Of mothers who gave birth in 2013, less than half (44.4 percent) indicated they received an HIV test during pregnancy. Since 2005, the rate of HIV testing during pregnancy has declined steadily from a high of 53.3 percent in 2005 to a low of 43.9 percent in 2011.



District 4's high prevalence of HIV testing (52.5 percent) is statistically significantly higher than District 7's low of 32.6 percent.

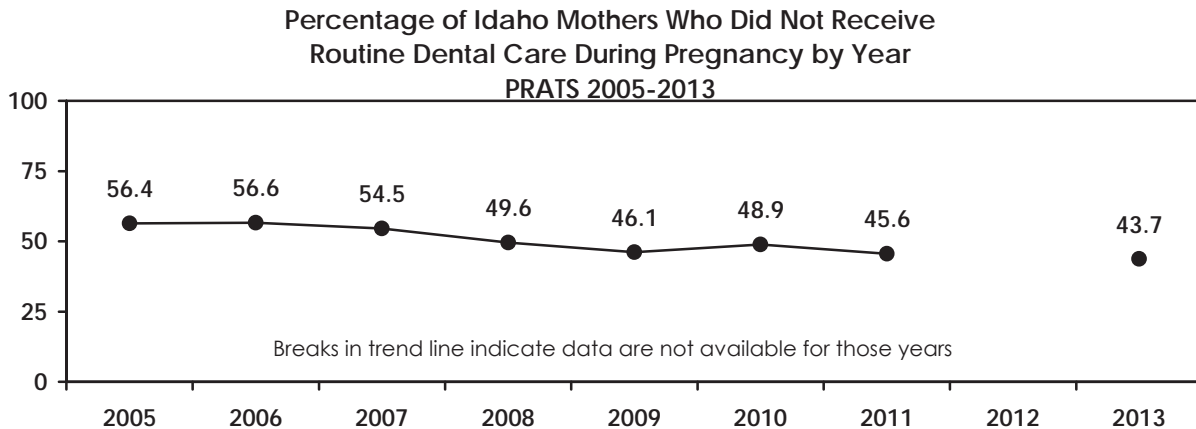


Prevalence of HIV testing during pregnancy was significantly lower among:

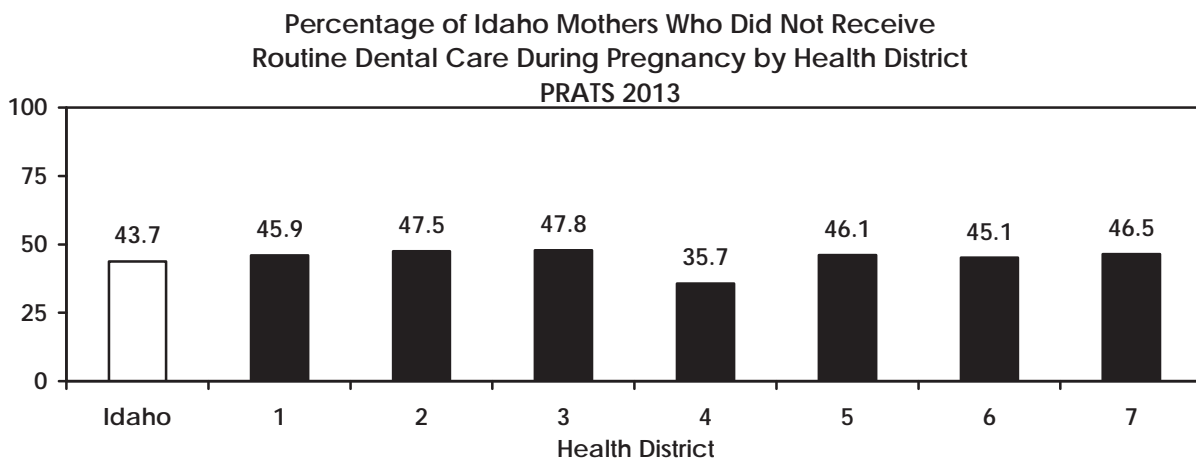
- Married mothers versus unmarried mothers.
- Mothers who were not provided information by a prenatal care provider about getting an HIV test during pregnancy.
- Intended pregnancies than unintended pregnancies.
- Mothers with an annual household income of \$50,000 or more compared with mothers with an annual household income of \$15,000 or less.

No Dental Care

In 2013, 43.7 percent of Idaho mothers did not go to a dentist during pregnancy for routine dental care such as teeth cleaning or regular checkups. Among mothers who did not receive dental care during pregnancy, the most commonly reported reason for not visiting the dentist was lack of money or insurance (43.3 percent). The percentage of pregnant mothers not receiving dental care dropped significantly from 2005 to 2013.



While the prevalence of no dental care ranged from a high in District 3 of 47.8 percent to a low of 35.7 percent in District 4, no statistical significance was observed.

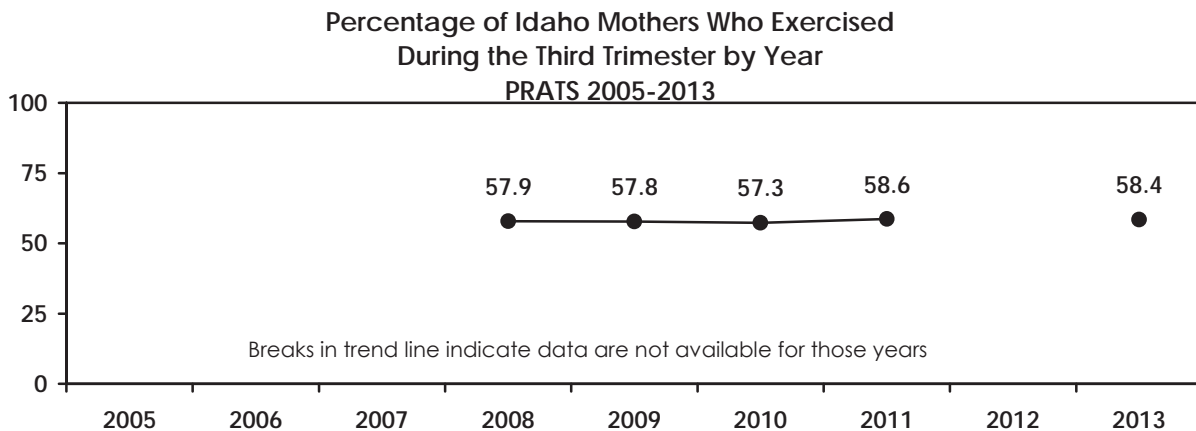


Prevalence of no dental care during pregnancy was significantly higher among:

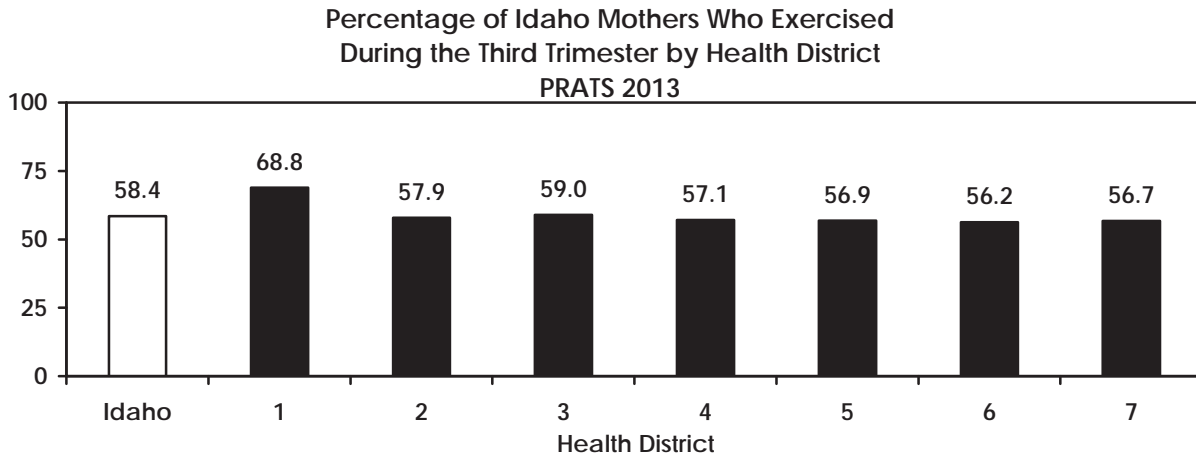
- Hispanic mothers versus non-Hispanic mothers.
- Unmarried mothers compared with married mothers.
- Those with annual household incomes of less than \$50,000 compared to annual household incomes of \$50,000 or more.
- Mothers who never graduated from college versus college graduates.
- Mothers who did not receive prenatal care during the first trimester.
- Mothers who were not informed by a prenatal care provider about the importance of receiving dental care during pregnancy.
- Mothers whose pregnancies were unintended versus mothers whose pregnancies were intended.

Exercise

Mothers were asked how often they participated in physical activity or exercise for 30 minutes or more during the last trimester of pregnancy. Among those who gave birth in 2013, 58.4 percent exercised one or more days per week during their last trimester. 3.5 percent of mothers were advised by a health care provider to avoid exercise during their last trimester.



Prevalence of exercising during the last trimester of pregnancy ranged from a high of 68.8 percent of mothers in District 1 to a low of 56.2 percent of mothers in District 6. These percentages are statistically significant.

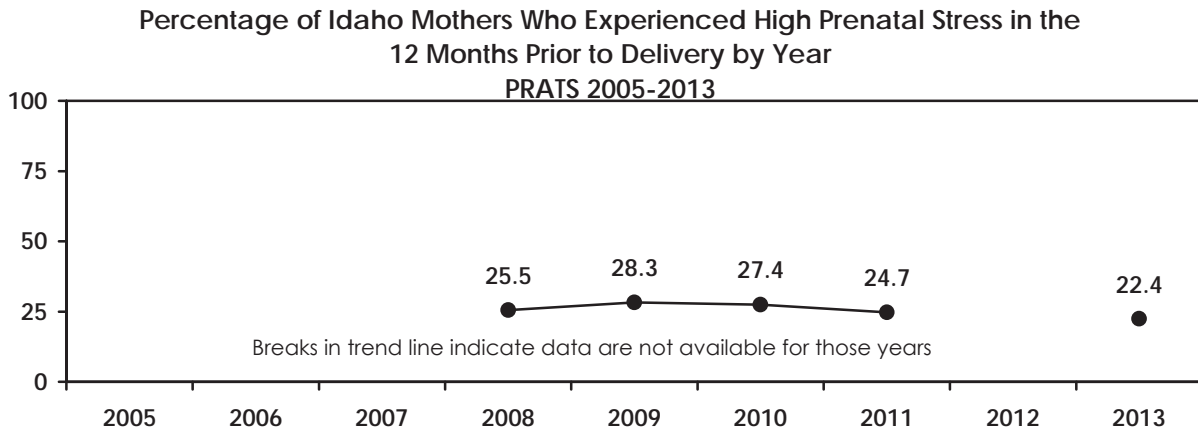


Prevalence of exercising during the third trimester was significantly lower among:

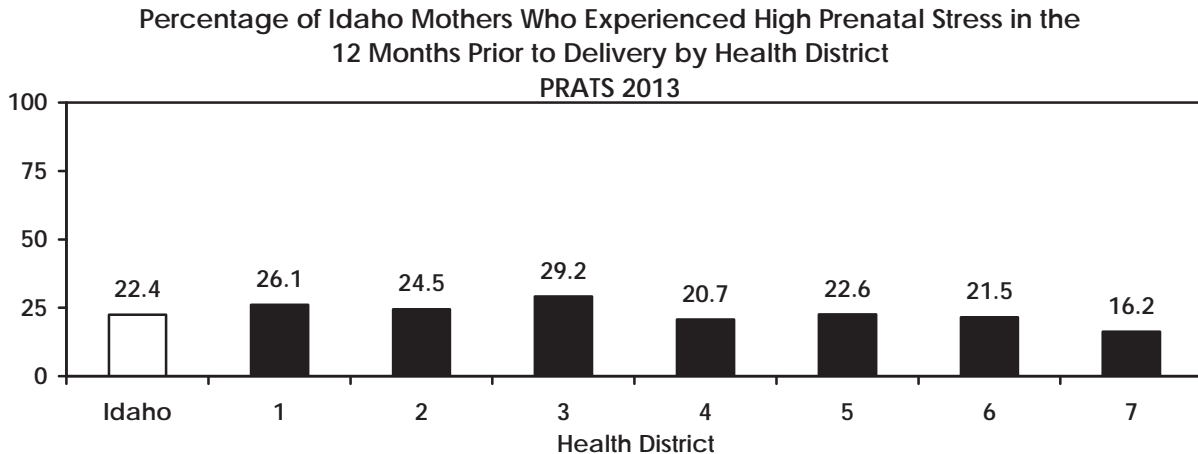
- Mothers who did not regularly exercise prior to pregnancy (for at least 30 minutes per day on five or more days per week) than those who did.
- Mothers who did not regularly take a multivitamin during the last trimester.
- Mothers who experienced high prenatal stress during pregnancy.
- Mothers who were overweight/obese prior to pregnancy.
- Mothers who experienced a premature (<37 weeks) delivery.
- Mothers of twins compared with mothers of singleton babies.

Stressful Life Events

Mothers were asked if various stress-inducing life events happened during the 12 months prior to giving birth (i.e., got separated or divorced, lost job, moved to new address, etc.). Among mothers who gave birth in 2013, over one-fifth (22.4 percent) indicated they experienced high prenatal stress (three or more stressful life events in the 12 months prior to delivery). The most common type of prenatal stress was financial stress (48.6 percent).



Mothers living in District 3 experienced the highest prevalence of high prenatal stress (29.2 percent) while mothers in District 7 had the lowest prevalence (16.2 percent, and the difference between the high and low is statistically significant).

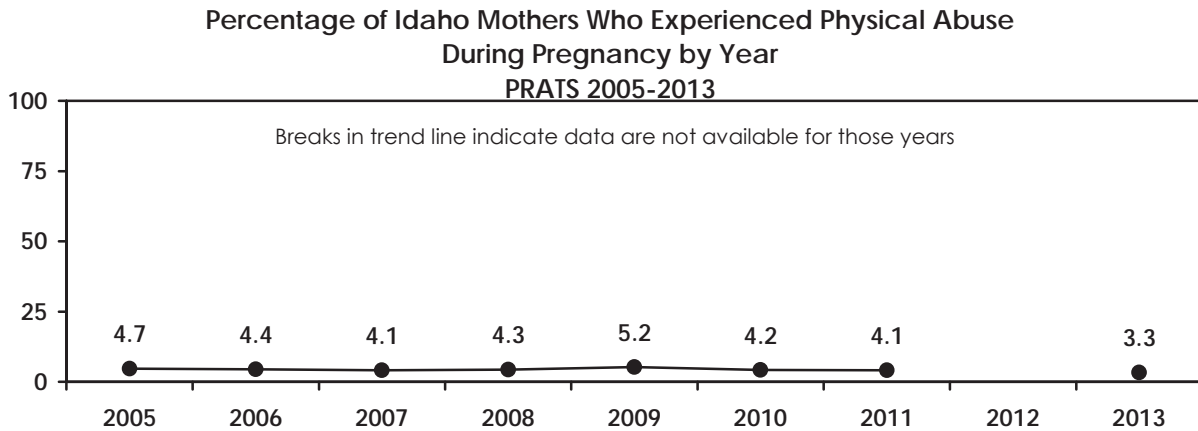


Reports of high prenatal stress were significantly higher among:

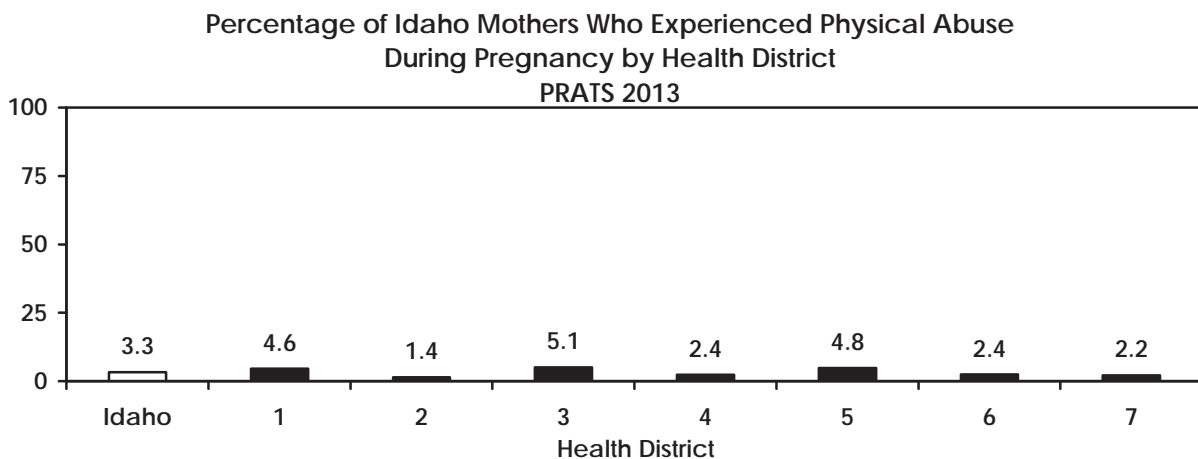
- Mothers aged 20-24 compared with mothers of all other ages.
- Unmarried mothers versus married mothers.
- Mothers who had a household income of less than \$15,000 per year than those with incomes of \$25,000 and above.
- Mothers who never graduated from college compared with those with a degree.
- Unintended pregnancies compared with intended pregnancies.
- Mothers who utilized Medicaid during pregnancy.
- Mothers who were physically abused during pregnancy.
- Mothers who smoked during pregnancy.

Physical Abuse

Idaho mothers were asked if anyone physically hurt them during their pregnancy. In 2013, 3.3 percent of pregnant mothers experienced physical abuse. The prevalence of physical abuse during pregnancy has fluctuated significantly from a high of 5.2 percent in 2009 to a low of 3.3 percent in 2013.



While physical abuse prevalence ranged from a high in District 3 of 5.1 percent to a low of 1.4 percent in District 2, no statistical significance was observed.

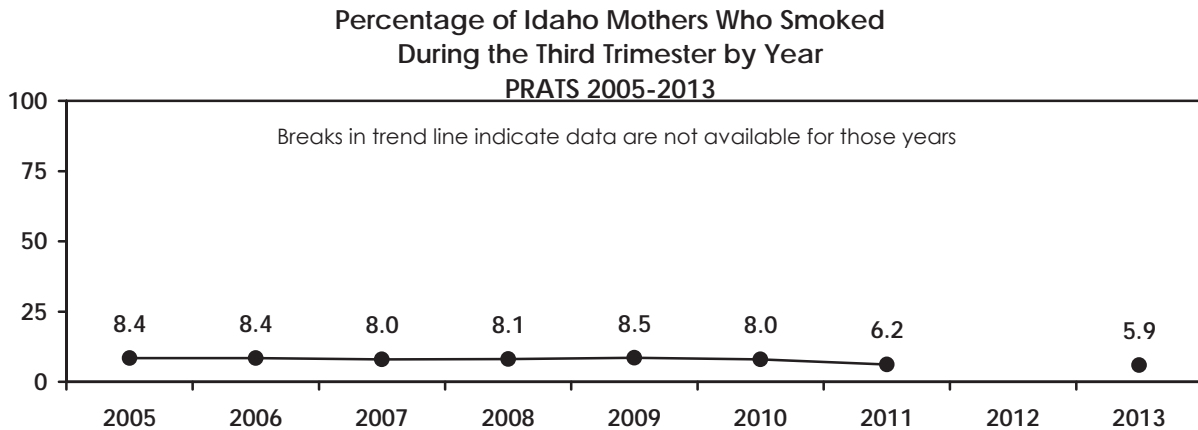


Prevalence of physical abuse during pregnancy was significantly higher among:

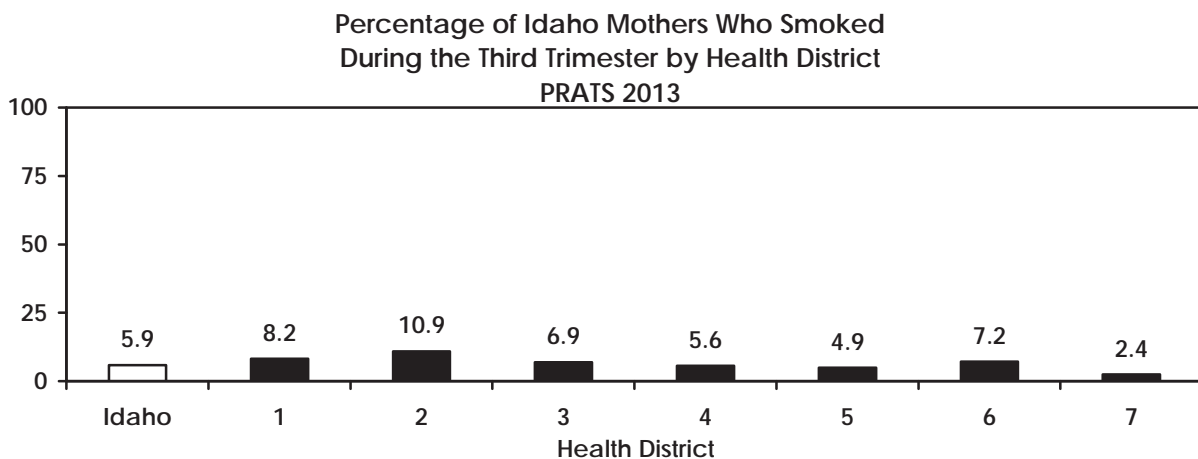
- Unmarried mothers versus married mothers.
- Unintended pregnancies compared with intended pregnancies.
- Mothers who smoked during pregnancy.
- Mothers who did not feel they had adequate social support during their pregnancy.
- Mothers with a high level of prenatal stress.

Smoking

Of Idaho mothers who gave birth in 2013, 5.9 percent reported smoking cigarettes during the third trimester of pregnancy. Prevalence of smoking during pregnancy has remained steady at approximately 8 percent until 2010, when it began to decline.



District 2's smoking prevalence of 10.9 is statistically significantly higher than District 7's low of 2.4 percent.

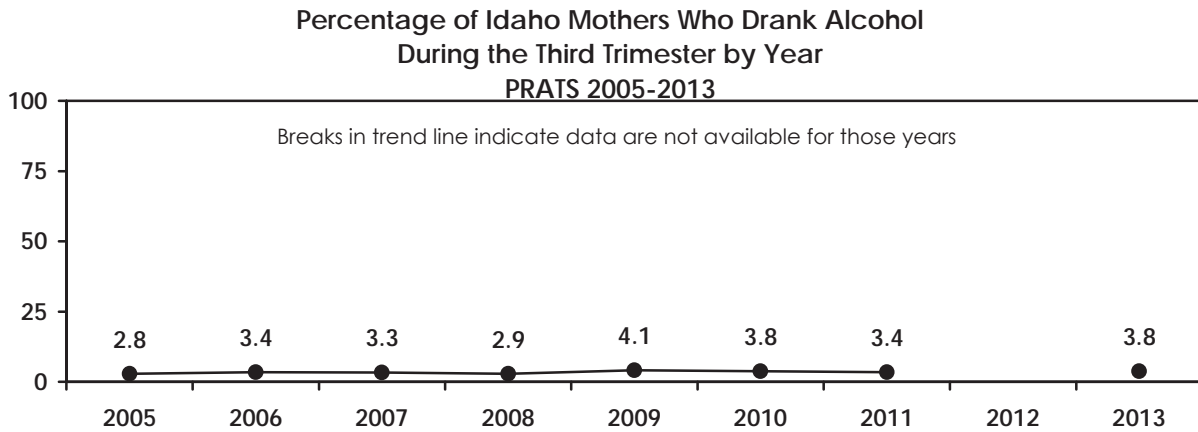


The prevalence of smoking during pregnancy was significantly higher among:

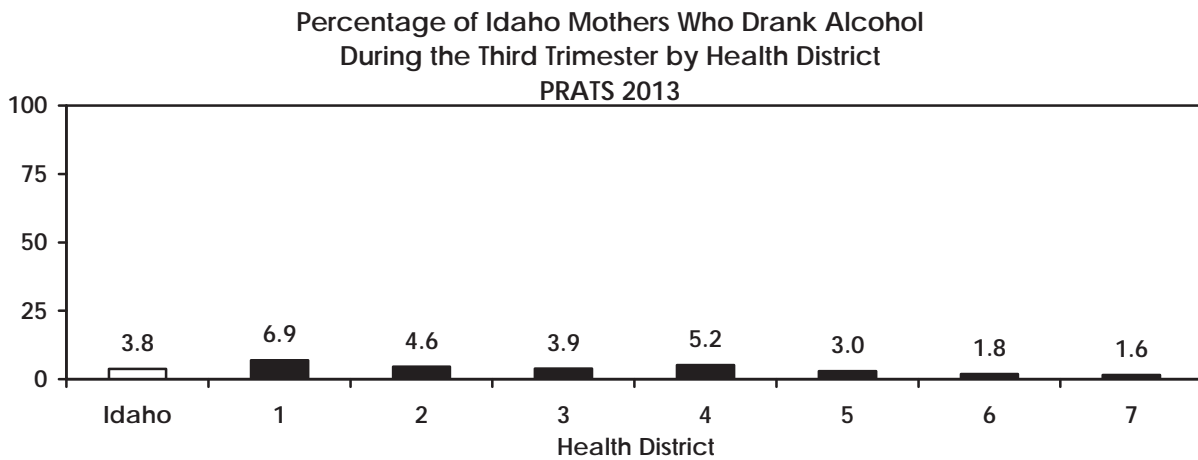
- Unmarried mothers versus married mothers.
- Mothers with annual household incomes of less than \$15,000 compared with those with household incomes of \$25,000 or more.
- Unintended pregnancies compared with intended pregnancies.
- Mothers who experienced physical abuse during pregnancy.
- Mothers who utilized Medicaid to pay for pregnancy expenses (prenatal care and/or delivery).
- Mothers aged 18 to 19 compared with mothers 30 and older.
- Mothers with a high level of prenatal stress.

Alcohol Use

Among Idaho mothers who gave birth in 2013, 3.8 percent reported drinking alcohol during the last trimester of pregnancy. The percentage of mothers drinking during pregnancy has remained steady at about 3.4 percent since 2005.



The difference between District 1's alcohol use during pregnancy prevalence of 6.9 percent and District 7's prevalence of 1.6 percent is statistically significant.

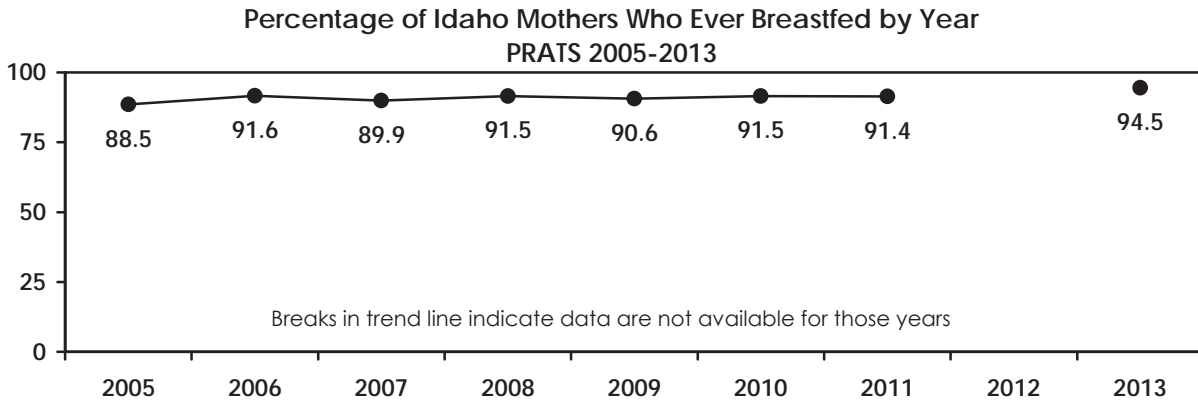


The prevalence of drinking alcohol during the third trimester was significantly higher among:

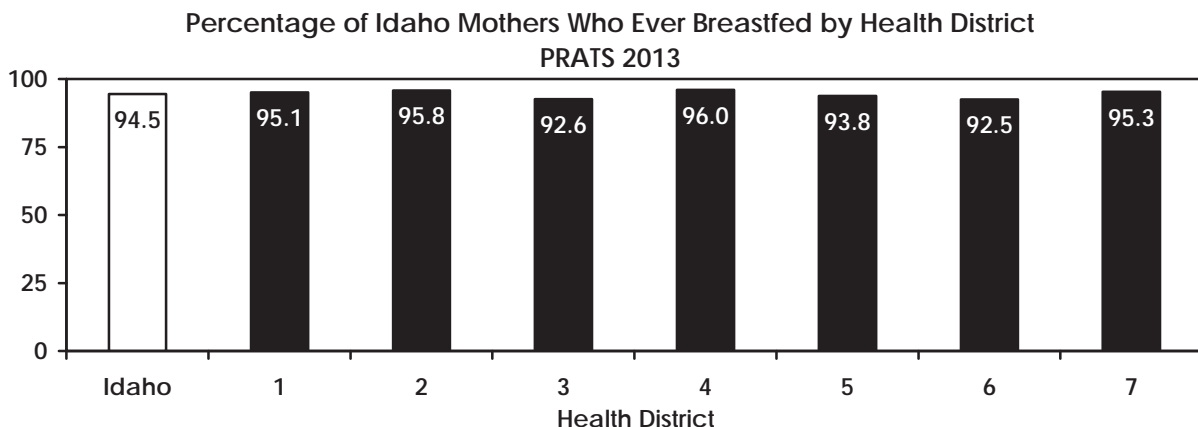
- Mothers with an annual household income of \$50,000 or more compared with mothers with incomes below \$15,000.
- Mothers who graduated from college compared with those without a degree.
- Mothers with a high level of prenatal stress.

Breastfeeding Initiation

Approximately nine out of ten (94.5 percent) Idaho mothers who gave birth in 2013 began breastfeeding their baby following delivery. Breastfeeding initiation rates have remained steady since 2005 at about 90 percent.



While breastfeeding initiation prevalence ranged from a high in District 2 of 95.8 percent to a low of 92.5 percent in District 6, no statistical significance was observed.

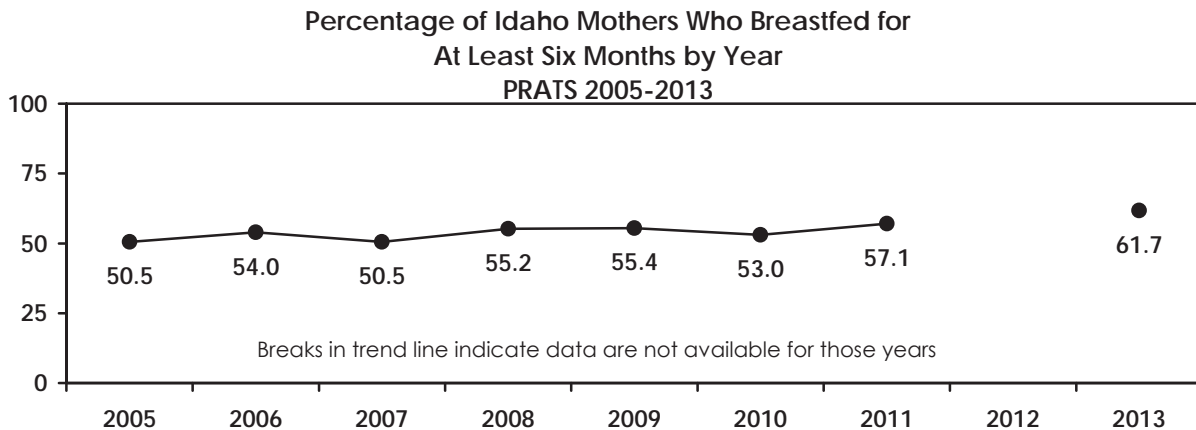


Breastfeeding initiation rates were significantly lower among:

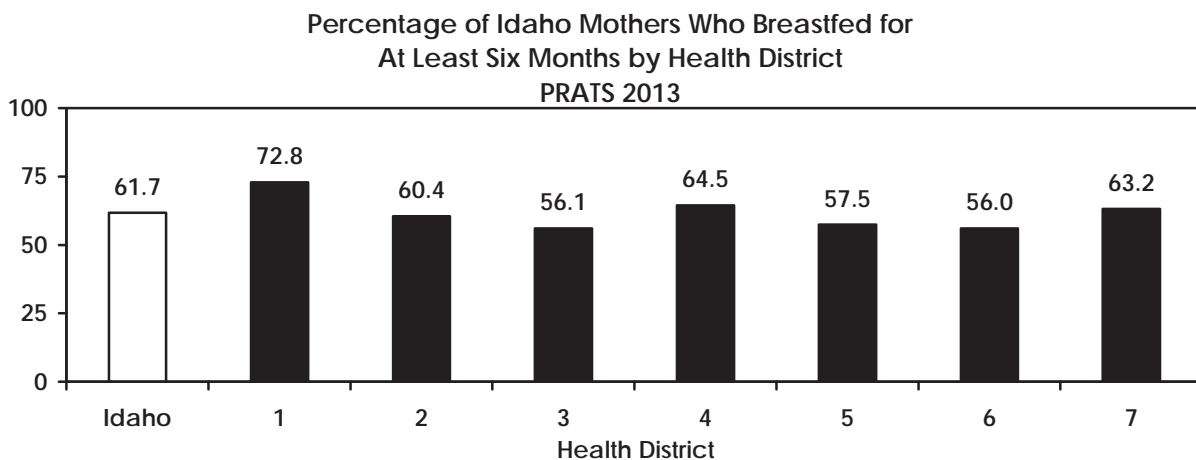
- Mothers who have no college experience compared with those who attended college.
- Hispanic mothers versus non-Hispanic mothers.
- Mothers who smoked during versus those who did not.
- Mothers who utilized Medicaid to pay for pregnancy expenses (prenatal care and/or delivery).
- Mothers who participated in the WIC program during pregnancy versus those who did not.
- Mothers with an annual household income less than \$35,000 compared with mothers with incomes \$50,000 and above.
- Mothers with a high level of prenatal stress.

Breastfeeding Duration

More than half (61.7 percent) of Idaho mothers who gave birth in 2013 reported breastfeeding their babies for at least six months (among babies at least six months old). The reasons most commonly reported for stopping breastfeeding were “I didn’t have enough milk” (48.1 percent) and “Breast milk alone did not satisfy my baby” (32.2 percent). Since 2005, breastfeeding for six months or longer has significantly increased from a low of 50.5 percent to a high of 61.7 percent in 2013.



District 1's high (72.8 percent) prevalence of breastfeeding duration is statistically significantly higher than District 6's low of 56.0 percent.

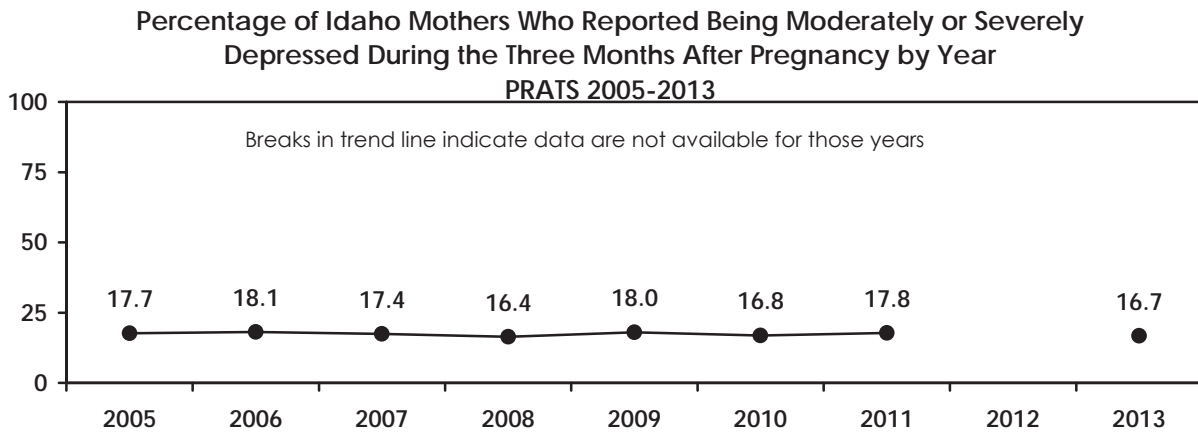


Rates of breastfeeding for at least six months were significantly lower among:

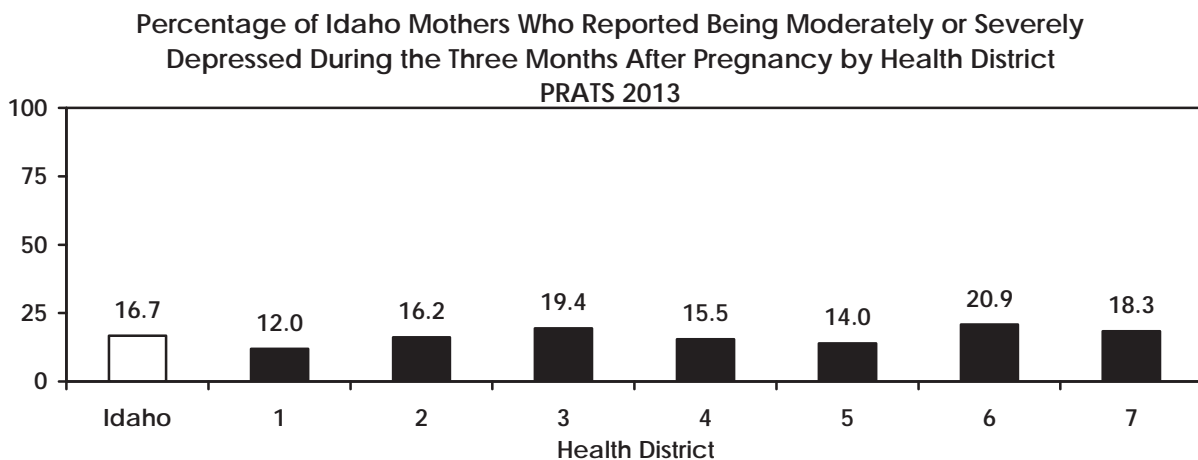
- Hispanic mothers than non-Hispanic mothers.
- Unmarried mothers compared with married mothers.
- Mothers who had no college experience compared with mothers who did.
- Mothers who smoked before, during, or after pregnancy.
- Mothers who experienced moderate or severe postpartum depression.
- Mothers who participated in the WIC program during pregnancy versus those who did not.
- Mothers with a high level of prenatal stress.
- Mothers aged 18-19 compared with women aged 20 and older.
- Mothers with a household income of less than \$15,000 compared with mothers with annual household incomes of \$35,000 and higher.

Self-Reported Postpartum Depression

Idaho mothers were asked to indicate if they were “not depressed at all,” “a little depressed,” “moderately depressed,” or “very depressed” during the three months following the birth of their baby. Of those who delivered in 2013, 16.7 percent of mothers reported moderate or severe levels of postpartum depression. Among mothers who were moderately or very depressed, 25.1 percent went to a professional for their depression, and 24.4 percent were prescribed medication to treat their depression.



There were no significant differences in the prevalence of moderate or severe postpartum depression among the health districts.

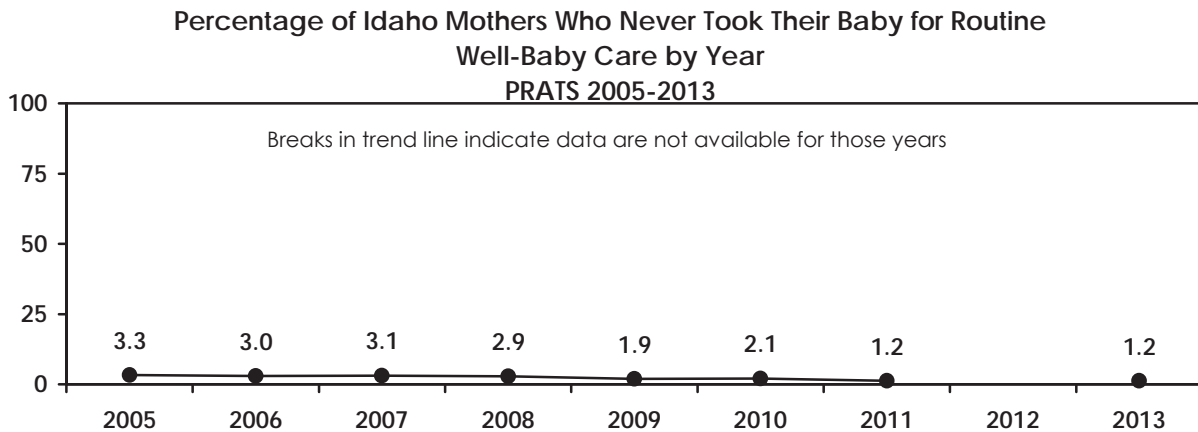


Prevalence of self-reported postpartum depression was significantly higher among:

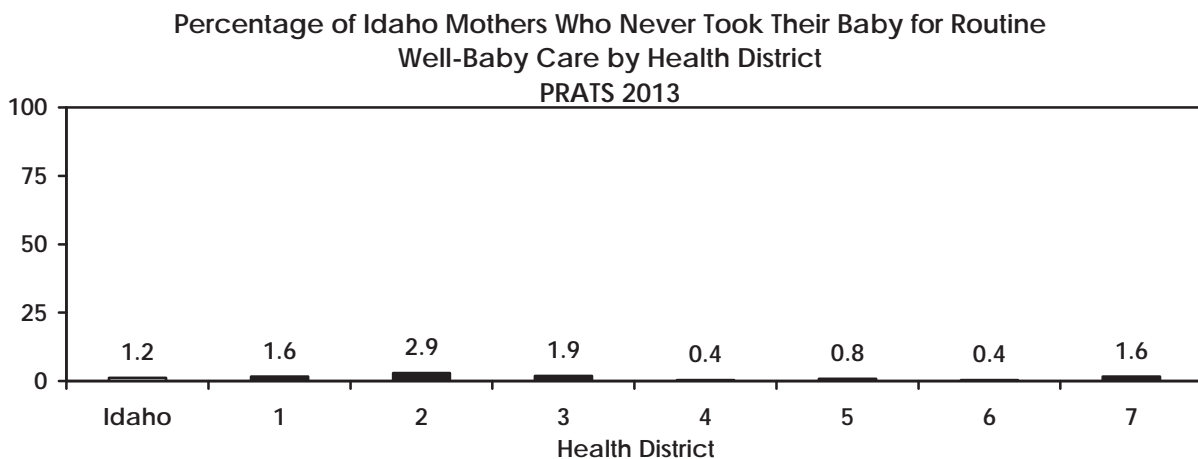
- Mothers who experienced high levels of prenatal stress.
- Mothers who smoked during and after pregnancy.

No Well-Baby Care

Mothers were asked how many times their baby had been to a health care provider for routine well-baby checkups. Well-baby checkups include measurements; physical, developmental, and behavioral assessments; sleep position and nutrition counseling; combined with immunizations and other information or referrals (not counting visits for when the baby was ill or needed only immunizations). In 2013, 1.2 percent of mothers had never taken their baby for routine well-baby care. Prevalence of no well-baby care has dropped steadily since 2005.



There were no statistically significant differences in failure to receive well-baby care among the health districts.

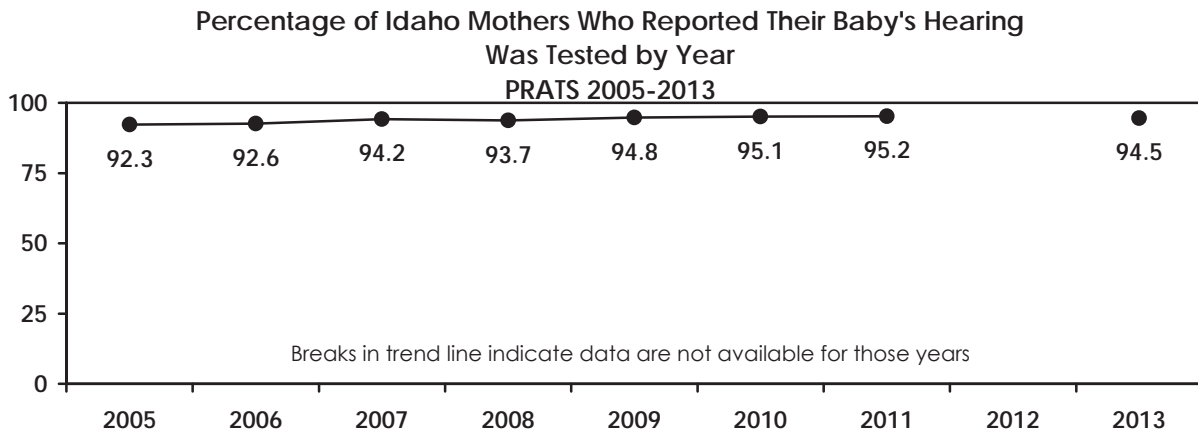


The prevalence of no well-baby care was significantly higher among:

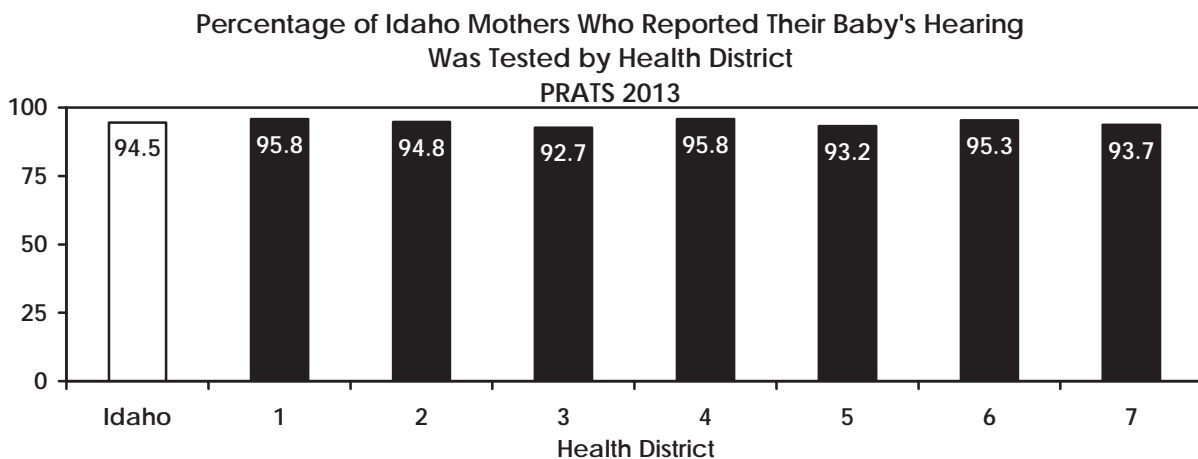
- Mothers who reported their baby's immunizations were not up-to-date.
- Mothers who did not receive first trimester prenatal care.
- Mothers without a high school diploma compared with mothers with more education.
- Non-first-time mothers compared with first-time mothers.

Hearing Screening

Of those who gave birth in 2013, 94.5 percent of mothers reported their baby had received a hearing screening. Hearing screening rates have remained relatively steady at about 94 percent.



There were no statistically significant differences in hearing screening prevalence among the health districts.

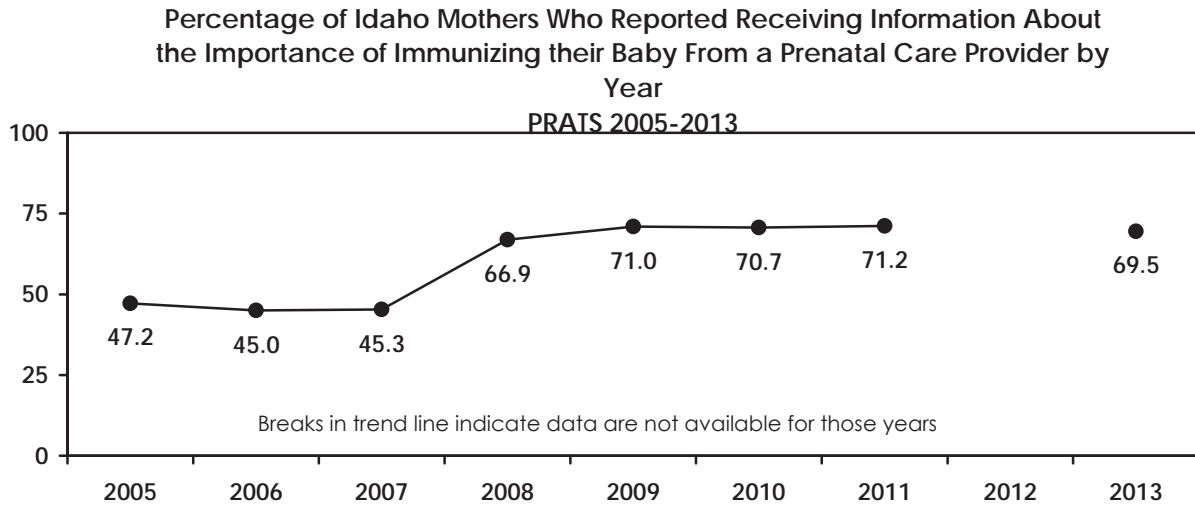


The rate of reported baby hearing screenings was significantly lower among:

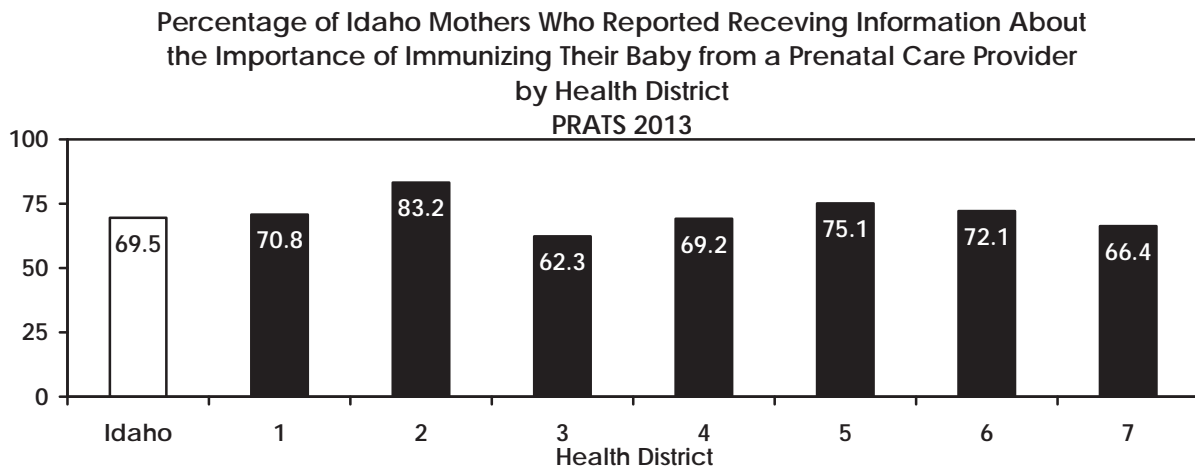
- Mothers who did not receive prenatal care from a physician, nurse practitioner or registered nurse compared with those who did.

Immunization Information from PNC Provider

Idaho mothers were asked if they were given information about the importance of immunizing their baby. In 2013, 69.5 percent of mothers indicated that they had received information regarding their baby's immunizations from a prenatal care provider. The most commonly reported sources of information about infant immunizations were "Pediatrician, family doctor, or other health care provider" (94.3 percent) and "Hospital or birthing center" (78.6 percent).



At 83.2 percent, District 2 had a significantly higher prevalence of mothers who received information from prenatal care providers about their baby's immunizations than District 3's low of 62.3 percent.

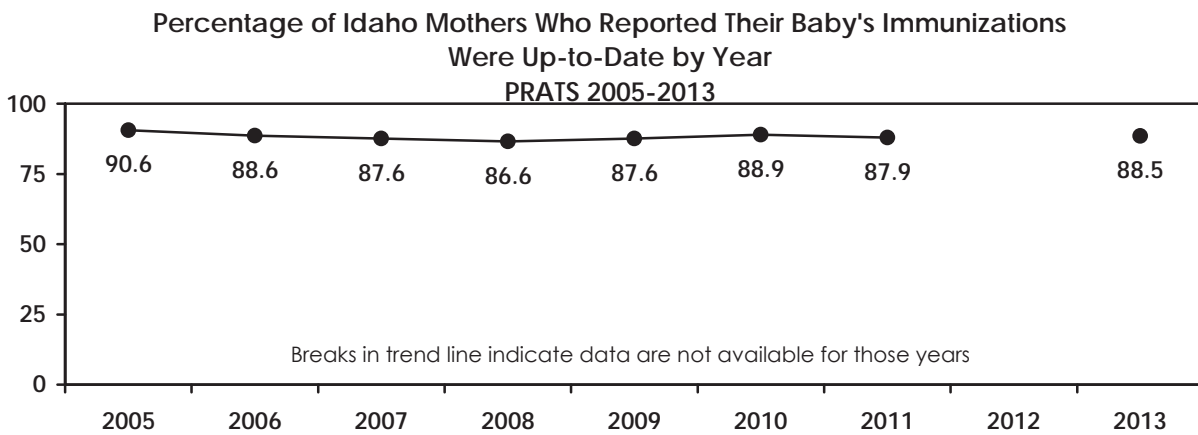


The prevalence of mothers indicating they had received information regarding their baby's immunizations from a prenatal care provider was significantly lower among:

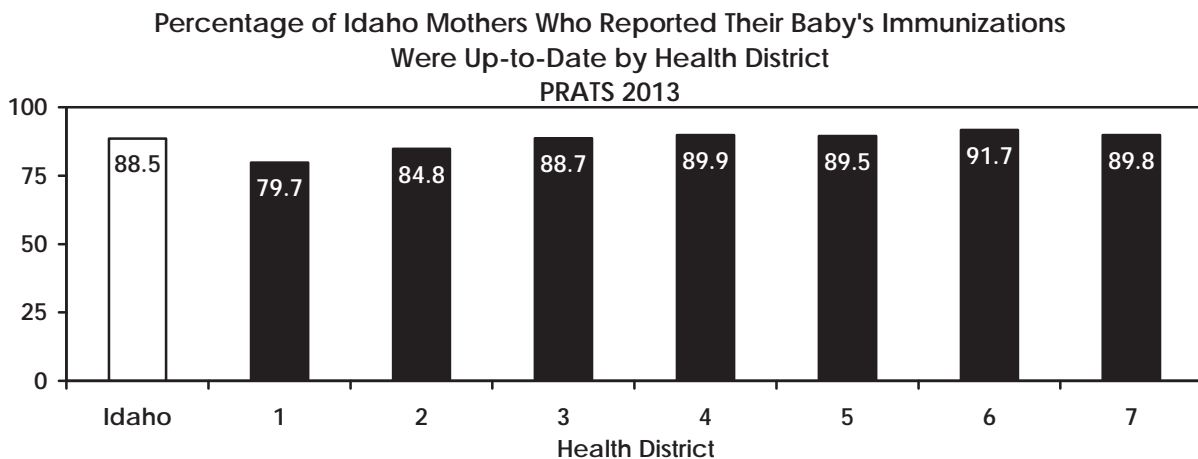
- Married mothers compared with unmarried mothers.
- Mothers who did not receive first trimester prenatal care.

Immunizations Up to Date

Idaho mothers were asked if their baby's immunizations were up-to-date according to the immunization schedule. In 2013, 88.5 percent of mothers indicated their baby's immunizations were current. The most commonly reported reasons for not having up-to-date immunizations were "I am following an alternative vaccination schedule in consultation with my pediatrician/family doctor" (39.3 percent), and "I wanted to wait until my baby was older" (35.7 percent). Self-reported immunization rates have decreased slightly from a high of 90.6 percent in 2005.



At 91.7 percent, District 6 had a significantly higher prevalence of babies with current immunizations compared with District 1's low of 79.7 percent.

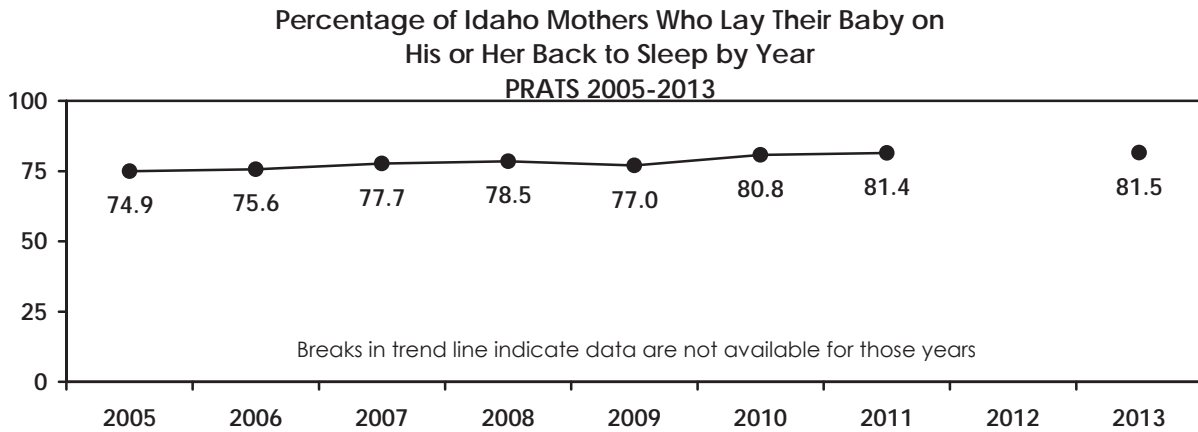


The prevalence of up-to-date immunizations was significantly lower among:

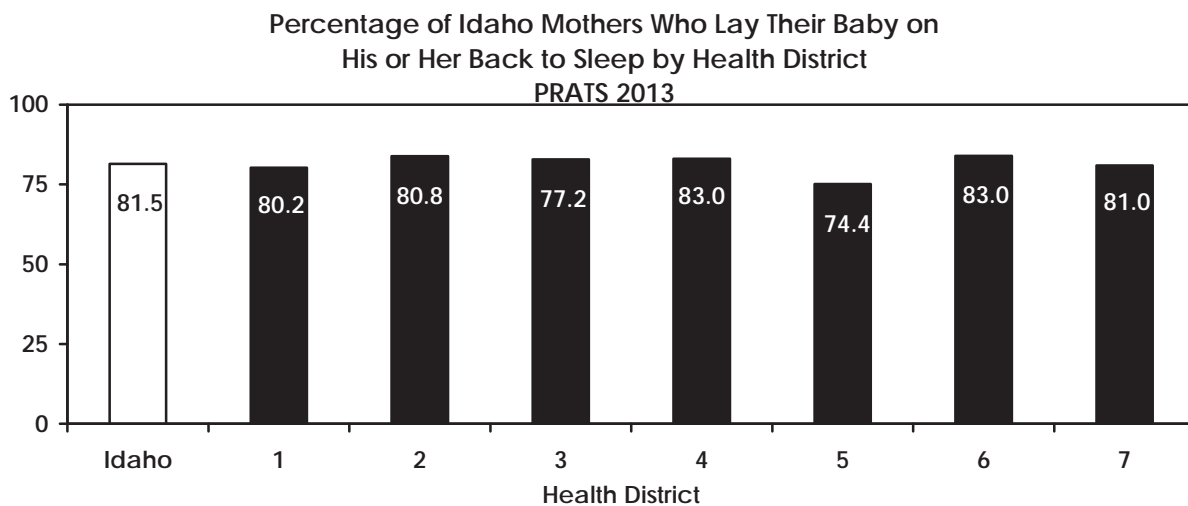
- Non-Hispanic mothers than Hispanic mothers.
- Mothers who did not receive information on the importance of immunizing their baby from their prenatal care provider; childbirth or parenting classes; their hospital or birthing center; their pediatrician, or family doctor;
- Mothers who did not receive well-baby care for their baby.
- Mothers who did not participate in first trimester prenatal care.
- Women aged 35 and over compared with women aged 18-19.
- Married mothers versus non-married mothers.

Baby Sleep Position

Idaho mothers were asked how they usually lay their baby down to sleep. In 2013, more than four-fifths (81.5 percent) of mothers placed their baby on his or her back to sleep. Reports of mothers laying their baby down in the back sleep position have steadily increased since 2005.



While the prevalence of mothers who lay their baby to sleep on his or her back ranged from a high in Districts 4 and 6 of 83.0 percent to a low of 74.4 percent in District 5, no statistical significance was observed.

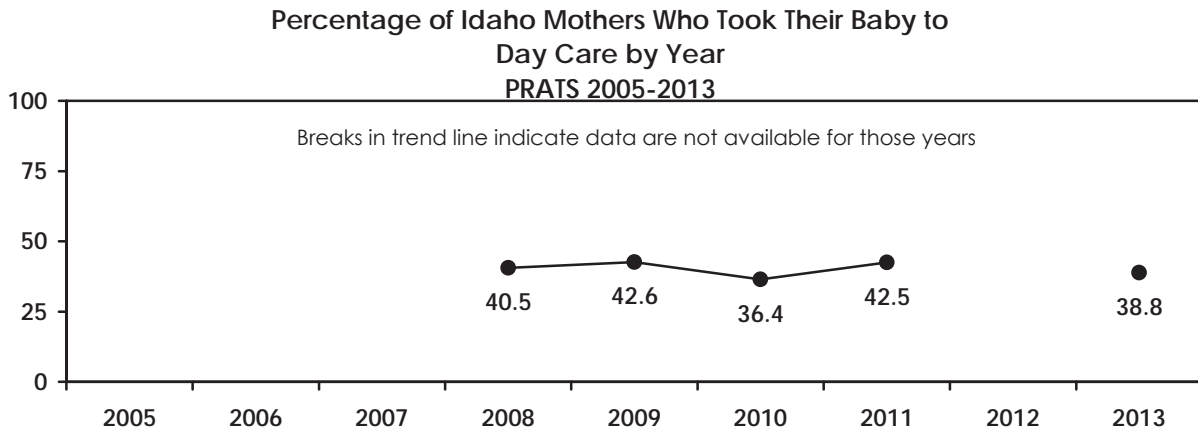


The prevalence of mothers placing their babies in the back sleep position was significantly lower among:

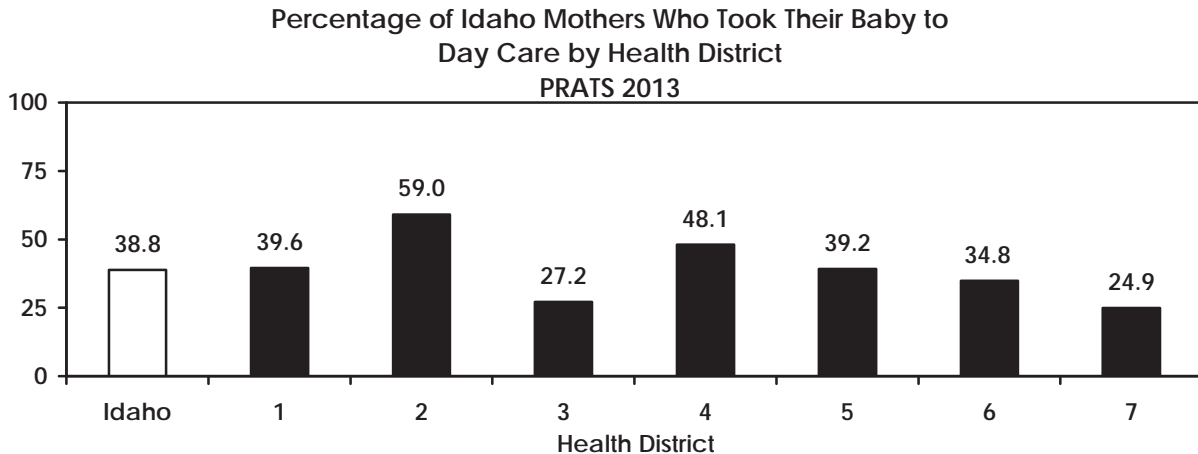
- Hispanic mothers compared with non-Hispanic mothers.
- Mothers who did not graduate from high school compared to those with more education.
- Mothers who did not receive well-baby care for their baby.

Day Care

Idaho mothers who were working outside the home or attending school were asked if they took their baby to day care. In 2013, more than two-out-of-five mothers (38.8 percent) took their baby to day care (among those working outside the home or attending school). There was no significant change in the percentage of day care utilization among mothers working outside the home or attending school between 2008 and 2013.



District 2, at 59.0 percent, had a significantly higher prevalence of mothers utilizing day care for their babies than the low of 24.9 percent in District 7.



The prevalence of mothers utilizing day care for their babies was significantly higher among:

- Mothers with a college degree than those with no college experience.
- Mothers who did not utilize Medicaid to pay for pregnancy expenses (prenatal care and/or delivery).
- Mothers who received well-baby care for their baby.



PRATS

2013 ANNUAL REPORT

DATA TABLES

Understanding the Data Tables

The data tables on the following pages provide both state and health district data for various demographic subcategories. An understanding of the tables is important to interpreting the data correctly.

- A. This title refers to the risk factor.
- B. This title refers to the population surveyed. For all questions, this will be Idaho resident adult mothers (aged 18 and older) who had a live birth in Idaho in 2013. Certain groups may be excluded from analysis, such as birth control use being asked only of women who were not trying to get pregnant.
- C. The labels across the top of the table (i.e., Statewide and Public Health District) refer to the geographic region of residence.
- D. The labels on the left side of the table refer to the particular group the numbers represent. For example, the row labeled "20-24" will contain data for mothers in that age group for the geographic region indicated at the top of the table.
- E. The shaded columns contain the prevalence (percent) of the risk factor.
- F. The two numbers in the column labeled "95% CI" are the lower and upper limits of the confidence interval. This interval can be interpreted to mean that there is a 95% certainty that the true prevalence of the risk factor falls within the confidence interval.
- G. "n" refers to the number of people sampled who responded to the question within the demographic group and geographic region indicated. It does NOT represent the number of people who have the risk factor in the population. An asterisk indicates that fewer than 30 people in the group responded (see the *Reporting the Data* section on page 2).

Unintended Pregnancy A												
Idaho mothers who reported their pregnancy was unintended, 2013												B
	Public Health District											
	Statewide			District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	31.5	29.1 34.0	1,689	35.5	29.6 41.9	229	34.0	28.4 40.0	237	33.0	26.4 40.3	194
AGE	E	F	G									
18-19	73.4	59.8 83.6	60	*	* *	*	*	* *	*	*	* *	*
20-24 D	45.5	39.8 51.4	330	*	* *	*	58.1	45.1 70.1	46	42.3	26.5 59.9	33
25-29	28.1	24.2 32.3	592	31.8	22.8 42.4	87	27.5	19.8 37.0	88	34.9	24.6 46.8	74
30-34	22.4	18.5 26.9	471	20.1	12.0 31.6	61	18.0	10.6 28.9	57	14.3	7.4 26.0	58
35+	24.5	19.0 31.0	236	23.6	13.1 38.9	39	12.9	6.0 25.3	35	*	* *	*

Unintended Pregnancy

Idaho mothers who reported their pregnancy was unintended, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	31.5	29.1 34.0	1,689	35.5	29.6 41.9	229	34.0	28.4 40.0	237	33.0	26.4 40.3	194
AGE												
18-19	73.4	59.8 83.6	60	*	* *	*	*	* *	*	*	* *	*
20-24	45.5	39.8 51.4	330	*	* *	*	58.1	45.1 70.1	46	42.3	26.5 59.9	33
25-29	28.1	24.2 32.3	592	31.8	22.8 42.4	87	27.5	19.8 37.0	88	34.9	24.6 46.8	74
30-34	22.4	18.5 26.9	471	20.1	12.0 31.6	61	18.0	10.6 28.9	57	14.3	7.4 26.0	58
35+	24.5	19.0 31.0	236	23.6	13.1 38.9	39	12.9	6.0 25.3	35	*	* *	*
ETHNICITY												
Non-Hispanic	30.1	27.6 32.8	1,518	34.3	28.3 40.9	219	33.1	27.6 39.2	232	31.0	23.8 39.2	153
Hispanic	41.4	34.0 49.3	170	*	* *	*	*	* *	*	39.9	25.9 55.7	41
MARITAL STATUS												
Not Married	62.0	56.2 67.6	303	65.5	52.8 76.2	55	60.4	47.9 71.7	48	61.9	47.0 74.9	42
Married	20.9	18.8 23.2	1,386	20.1	15.1 26.3	174	20.6	16.1 26.1	189	19.1	13.7 25.9	152
INCOME												
Less than \$15,000	55.3	49.3 61.2	299	69.5	53.6 81.8	34	56.4	42.1 69.7	38	56.8	41.7 70.8	41
\$15,000 - \$24,999	44.0	37.3 50.9	238	53.5	37.5 68.8	34	*	* *	*	42.2	26.9 59.2	34
\$25,000 - \$34,999	31.7	25.8 38.1	253	27.6	15.4 44.3	33	40.4	25.1 57.8	30	18.9	8.2 37.9	32
\$35,000 - \$49,999	20.1	15.0 26.4	247	11.3	4.5 25.5	33	26.7	16.7 39.8	41	*	* *	*
\$50,000+	16.3	13.3 19.7	606	20.7	13.6 30.3	88	19.8	13.2 28.5	94	14.4	7.1 26.8	48
EDUCATION												
K-11th Grade	41.9	32.3 52.1	101	*	* *	*	*	* *	*	*	* *	*
High School or GED	49.8	44.1 55.4	345	52.4	38.9 65.6	48	44.0	31.6 57.2	49	46.0	34.0 58.5	63
Some College	33.0	29.1 37.1	647	38.3	29.6 47.9	106	37.9	28.5 48.4	81	37.6	26.6 50.1	68
College Graduate+	15.3	12.4 18.8	588	10.4	5.2 19.6	63	19.8	13.8 27.7	100	8.3	3.2 19.6	47

*Figure not reliable by PRATS standards (n < 30)

Unintended Pregnancy

Idaho mothers who reported their pregnancy was unintended, 2013

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	29.9	24.5	36.0	262	34.3	28.4	40.8	226	30.0	24.7	35.9	252	28.5	23.4	34.1	289
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	57.0	40.6	72.0	35	49.2	34.7	63.8	42	50.0	38.0	62.0	60	28.5	19.8	39.2	85
25-29	28.1	19.4	38.8	83	29.6	20.8	40.3	83	18.1	11.1	28.2	76	22.8	15.5	32.3	101
30-34	22.7	15.2	32.5	98	22.4	13.4	34.9	60	19.8	11.9	31.1	68	34.1	23.7	46.3	69
35+	23.8	13.0	39.4	42	*	*	*	*	28.9	17.6	43.7	42	*	*	*	*
ETHNICITY																
Non-Hispanic	29.2	23.7	35.4	246	31.5	24.8	39.0	172	31.7	26.0	37.9	232	25.7	20.6	31.5	264
Hispanic	*	*	*	*	42.9	30.5	56.2	53	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	64.9	48.8	78.1	37	59.6	45.7	72.1	47	54.2	40.9	66.9	48	*	*	*	*
Married	20.4	15.8	26.1	225	23.5	18.0	29.9	179	21.1	16.3	26.9	204	21.7	17.3	26.8	263
INCOME																
Less than \$15,000	*	*	*	*	63.7	48.7	76.5	40	56.6	42.6	69.6	46	41.3	30.7	52.8	78
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	32.1	20.5	46.4	47	38.4	25.0	53.8	41
\$25,000 - \$34,999	32.7	19.3	49.7	37	38.1	24.7	53.5	39	44.9	28.9	62.1	30	30.3	19.3	44.2	52
\$35,000 - \$49,999	27.4	14.5	45.7	33	26.1	14.5	42.4	38	17.1	8.7	30.8	41	14.4	5.6	32.5	32
\$50,000+	16.0	10.8	23.3	137	18.3	11.1	28.6	79	11.8	6.4	20.6	80	15.0	8.9	24.2	80
EDUCATION																
K-11th Grade	*	*	*	*	41.6	25.9	59.3	31	*	*	*	*	*	*	*	*
High School or GED	60.9	43.6	75.8	32	46.9	32.9	61.3	44	48.0	36.7	59.5	67	49.0	34.2	63.9	42
Some College	31.2	22.4	41.5	95	38.0	28.7	48.2	94	26.2	17.9	36.6	81	26.3	19.3	34.7	122
College Graduate+	18.2	12.2	26.2	126	11.6	5.4	23.1	56	17.4	11.1	26.3	86	15.3	9.9	23.0	110

*Figure not reliable by PRATS standards (n < 30)

No Birth Control Use

Idaho mothers not using birth control when they became pregnant (among those not trying to get pregnant)¹, 2013

	Statewide				Public Health District											
					District 1			District 2			District 3					
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	65.6	61.3	69.6	568	49.7	39.5	59.9	85	59.5	49.4	68.9	83	74.2	61.4	83.9	59
AGE																
18-19	65.4	51.2	77.2	49	*	*	*	*	*	*	*	*	*	*	*	*
20-24	68.6	60.4	75.8	153	*	*	*	*	*	*	*	*	*	*	*	*
25-29	63.2	55.0	70.6	166	51.5	34.8	67.9	31	*	*	*	*	*	*	*	*
30-34	67.0	57.9	74.9	127	*	*	*	*	*	*	*	*	*	*	*	*
35+	61.3	48.7	72.6	73	*	*	*	*	*	*	*	*	*	*	*	*
ETHNICITY																
Non-Hispanic	64.6	59.9	69.0	478	49.1	38.6	59.8	78	60.4	50.1	69.9	80	70.5	54.2	82.8	39
Hispanic	69.6	59.3	78.3	89	*	*	*	*	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	67.1	60.4	73.2	210	42.1	28.3	57.2	38	51.5	36.9	65.9	33	*	*	*	*
Married	64.1	58.8	69.1	358	59.6	45.9	71.9	47	70.0	57.9	79.8	50	75.8	59.0	87.2	33
INCOME																
Less than \$15,000	63.7	55.8	71.0	165	*	*	*	*	*	*	*	*	*	*	*	*
\$15,000 - \$24,999	64.6	54.7	73.4	107	*	*	*	*	*	*	*	*	*	*	*	*
\$25,000 - \$34,999	69.1	59.2	77.6	97	*	*	*	*	*	*	*	*	*	*	*	*
\$35,000 - \$49,999	67.2	53.2	78.8	64	*	*	*	*	*	*	*	*	*	*	*	*
\$50,000+	65.3	55.9	73.6	118	*	*	*	*	*	*	*	*	*	*	*	*
EDUCATION																
K-11th Grade	57.8	43.7	70.8	53	*	*	*	*	*	*	*	*	*	*	*	*
High School or GED	67.3	59.6	74.1	174	*	*	*	*	*	*	*	*	*	*	*	*
Some College	65.8	59.1	72.0	228	51.8	37.2	66.2	41	59.1	42.5	73.9	30	*	*	*	*
College Graduate+	64.4	54.4	73.3	110	*	*	*	*	*	*	*	*	*	*	*	*

*Figure not reliable by PRATS standards (n < 30)

1. Only asked of mothers who were not trying to get pregnant at the time of conception.

No Birth Control Use

Idaho mothers not using birth control when they became pregnant (among those not trying to get pregnant)¹, 2013

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	73.6	63.4	81.7	86	60.9	50.3	70.6	84	60.0	49.6	69.7	84	65.6	55.3	74.6	87
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	*	*	*	*	*	*	*	*	55.2	38.8	70.6	33	*	*	*	*
25-29	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
30-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35+	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
ETHNICITY																
Non-Hispanic	71.8	61.0	80.6	78	62.8	49.4	74.4	54	55.8	44.9	66.2	76	69.1	58.4	78.2	73
Hispanic	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	80.0	62.5	90.6	30	61.8	45.4	75.8	34	56.7	39.8	72.1	30	*	*	*	*
Married	67.9	55.0	78.5	56	60.0	46.6	72.1	50	63.0	50.2	74.1	54	55.9	44.4	66.7	68
INCOME																
Less than \$15,000	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
\$25,000 - \$34,999	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
\$35,000 - \$49,999	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
\$50,000+	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
EDUCATION																
K-11th Grade	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
High School or GED	*	*	*	*	*	*	*	*	60.8	44.4	75.1	34	*	*	*	*
Some College	74.2	58.0	85.7	36	69.2	52.5	82.0	35	*	*	*	*	58.3	43.0	72.1	39
College Graduate+	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

*Figure not reliable by PRATS standards (n < 30)

1. Only asked of mothers who were not trying to get pregnant at the time of conception.

No Health Insurance

Idaho mothers who did not have private health insurance prior to pregnancy¹, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	35.1	32.7 37.5	1,706	42.7	36.7 49.0	233	30.9	25.6 36.6	240	49.0	42.0 56.0	197
AGE												
18-19	64.8	51.2 76.3	60	*	* *	*	*	* *	*	*	* *	*
20-24	41.8	36.1 47.6	332	*	* *	*	50.7	37.7 63.7	46	63.2	46.2 77.5	33
25-29	36.0	32.0 40.2	599	48.9	38.9 58.9	88	30.6	22.5 40.2	91	57.0	45.9 67.5	76
30-34	28.6	24.4 33.2	475	34.9	24.3 47.3	63	13.4	7.4 22.9	56	40.3	28.5 53.3	59
35+	26.6	20.9 33.2	240	36.3	23.1 52.0	40	17.5	9.3 30.6	36	*	* *	*
ETHNICITY												
Non-Hispanic	30.6	28.1 33.2	1,533	41.2	35.1 47.7	223	30.0	24.7 35.8	235	43.2	35.5 51.3	155
Hispanic	66.3	58.8 73.2	172	*	* *	*	*	* *	*	68.5	53.6 80.4	42
MARITAL STATUS												
Not Married	65.1	59.4 70.5	306	61.8	49.2 73.0	55	43.8	32.1 56.1	48	79.1	64.9 88.5	43
Married	24.6	22.4 26.9	1,400	33.2	27.0 40.0	178	24.5	19.6 30.2	192	34.4	27.5 42.0	154
INCOME												
Less than \$15,000	72.4	66.9 77.2	298	73.8	57.0 85.7	34	62.9	48.2 75.5	38	84.7	70.2 92.9	42
\$15,000 - \$24,999	62.0	55.3 68.2	239	74.2	57.9 85.8	34	*	* *	*	79.9	63.3 90.1	34
\$25,000 - \$34,999	41.8	35.5 48.4	253	58.1	41.7 72.9	33	*	* *	*	36.5	21.7 54.3	32
\$35,000 - \$49,999	18.6	14.0 24.2	252	31.0	18.5 47.1	35	19.6	10.8 32.8	42	*	* *	*
\$50,000+	4.1	2.7 6.0	615	10.3	5.6 18.3	90	1.9	0.6 6.3	97	2.0	0.3 12.4	49
EDUCATION												
K-11th Grade	83.6	75.0 89.7	101	*	* *	*	*	* *	*	*	* *	*
High School or GED	59.3	53.8 64.6	347	56.6	42.8 69.4	48	58.0	45.1 69.9	50	68.1	56.2 78.0	63
Some College	31.7	28.0 35.7	654	47.4	38.4 56.6	108	31.0	22.4 41.1	81	41.2	30.2 53.1	71
College Graduate+	12.1	9.6 15.1	596	16.6	9.1 28.2	65	10.2	6.2 16.4	102	20.1	10.9 34.1	47

*Figure not reliable by PRATS standards (n < 30)

1. Does not include Medicaid.

No Health Insurance

Idaho mothers who did not have private health insurance prior to pregnancy¹, 2013

	Public Health District											
	District 4			District 5			District 6			District 7		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	22.2	17.4 28.0	266	41.3	35.1 47.8	228	32.3	26.9 38.3	252	34.6	29.2 40.4	290
AGE												
18-19	*	* *	*	*	* *	*	*	* *	*	*	* *	*
20-24	39.8	24.9 56.8	35	47.9	33.6 62.6	42	34.6	23.9 47.2	61	28.2	19.5 38.8	86
25-29	13.6	7.5 23.4	84	39.8	30.0 50.4	85	37.3	27.3 48.6	74	32.9	24.3 42.8	101
30-34	17.2	10.7 26.5	99	28.9	18.6 41.9	60	23.5	15.2 34.4	69	44.2	32.9 56.1	69
35+	23.5	12.8 39.0	44	*	* *	*	24.5	14.1 39.2	42	*	* *	*
ETHNICITY												
Non-Hispanic	21.1	16.2 27.0	249	29.9	23.5 37.3	173	29.0	23.6 35.1	232	29.7	24.5 35.6	266
Hispanic	*	* *	*	73.1	59.9 83.2	54	*	* *	*	*	* *	*
MARITAL STATUS												
Not Married	55.3	39.8 69.8	38	64.6	50.8 76.3	48	56.3	42.9 68.8	48	*	* *	*
Married	13.2	9.4 18.1	228	31.1	25.0 37.9	180	23.5	18.5 29.5	204	25.4	20.7 30.7	264
INCOME												
Less than \$15,000	*	* *	*	83.4	69.3 91.8	41	72.3	58.4 83.0	45	49.9	39.0 60.9	77
\$15,000 - \$24,999	*	* *	*	*	* *	*	52.1	38.5 65.5	47	48.4	34.1 63.0	42
\$25,000 - \$34,999	30.3	17.4 47.4	37	54.3	39.1 68.7	40	31.5	17.8 49.5	30	45.1	32.2 58.7	52
\$35,000 - \$49,999	6.8	1.7 23.5	35	27.6	15.5 44.3	38	12.2	5.4 25.2	41	23.3	11.7 41.1	32
\$50,000+	2.1	0.7 6.2	139	6.5	2.5 15.7	79	3.7	1.3 10.1	81	5.0	2.0 12.2	80
EDUCATION												
K-11th Grade	*	* *	*	86.7	69.9 94.8	32	*	* *	*	*	* *	*
High School or GED	55.8	38.7 71.6	32	59.3	44.5 72.5	44	40.0	29.3 51.8	67	69.6	55.1 81.1	43
Some College	23.3	15.6 33.3	97	34.2	25.3 44.4	95	25.0	16.8 35.3	79	26.1	19.2 34.4	123
College Graduate+	6.6	3.3 12.5	128	7.0	2.8 16.6	56	17.1	10.8 25.8	88	16.2	10.7 24.0	110

*Figure not reliable by PRATS standards (n < 30)

1. Does not include Medicaid.

Medicaid Utilization

Idaho mothers who reported Medicaid as a payment source for prenatal care and/or delivery, 2013

	Statewide				Public Health District											
					District 1			District 2			District 3					
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	42.1	39.6	44.6	1,712	41.1	35.0	47.5	233	38.3	32.6	44.3	241	52.5	45.5	59.4	197
AGE																
18-19	82.2	69.8	90.2	60	*	*	*	*	*	*	*	*	*	*	*	*
20-24	66.1	60.6	71.3	333	*	*	*	*	76.0	64.9	84.4	46	65.5	48.4	79.3	33
25-29	39.5	35.4	43.8	602	38.6	29.2	49.0	88	31.6	23.2	41.4	91	56.7	45.6	67.2	76
30-34	28.0	23.8	32.7	477	26.1	16.6	38.6	63	11.5	6.1	20.6	57	40.3	28.5	53.3	59
35+	28.7	22.8	35.4	240	29.6	17.4	45.6	40	12.5	5.2	27.1	36	*	*	*	*
ETHNICITY																
Non-Hispanic	38.1	35.5	40.8	1,538	40.3	34.1	46.8	223	37.3	31.5	43.4	236	46.2	38.4	54.2	155
Hispanic	69.7	62.5	76.2	173	*	*	*	*	*	*	*	*	73.8	59.4	84.4	42
MARITAL STATUS																
Not Married	80.2	74.9	84.5	307	78.2	66.2	86.8	55	77.1	65.1	85.8	48	88.4	75.4	95.0	43
Married	28.7	26.4	31.2	1,405	22.5	17.2	28.8	178	19.2	14.8	24.5	193	35.1	28.1	42.7	154
INCOME																
Less than \$15,000	88.0	83.6	91.3	302	93.5	78.7	98.2	34	95.1	87.4	98.2	38	87.1	73.8	94.1	42
\$15,000 - \$24,999	81.0	75.3	85.6	239	77.0	61.6	87.5	34	*	*	*	*	79.9	63.3	90.1	34
\$25,000 - \$34,999	53.9	47.4	60.3	255	48.4	32.7	64.4	33	48.6	32.8	64.7	30	45.2	29.2	62.3	32
\$35,000 - \$49,999	14.9	10.7	20.4	252	10.7	4.3	24.3	35	17.3	8.7	31.7	42	*	*	*	*
\$50,000+	2.4	1.4	4.2	615	2.8	0.7	10.2	90	3.8	1.2	11.9	97	7.5	2.4	20.9	49
EDUCATION																
K-11th Grade	81.3	73.0	87.4	103	*	*	*	*	*	*	*	*	*	*	*	*
High School or GED	70.8	65.8	75.3	347	64.5	51.1	76.0	48	66.5	54.4	76.8	50	73.6	62.3	82.4	63
Some College	40.3	36.4	44.4	658	44.9	36.0	54.2	108	42.4	32.7	52.8	82	45.0	33.8	56.7	71
College Graduate+	16.1	13.3	19.4	596	9.9	4.4	21.0	65	11.1	6.6	18.0	102	23.7	13.4	38.4	47

*Figure not reliable by PRATS standards (n < 30)

Medicaid Utilization

Idaho mothers who reported Medicaid as a payment source for prenatal care and/or delivery, 2013

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	27.8	22.5	33.7	267	43.5	37.3	50.0	228	47.1	41.2	53.0	254	50.8	45.1	56.4	292
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	57.8	41.3	72.8	35	66.9	52.4	78.8	42	67.7	56.0	77.4	61	69.3	59.4	77.8	87
25-29	20.4	12.8	30.9	85	41.1	31.2	51.8	85	47.5	37.0	58.3	76	44.0	34.7	53.7	101
30-34	18.1	11.5	27.5	99	27.9	17.9	40.8	60	29.3	19.8	41.0	69	41.0	30.0	53.1	70
35+	26.4	15.4	41.5	44	*	*	*	*	31.4	19.4	46.6	42	*	*	*	*
ETHNICITY																
Non-Hispanic	26.9	21.5	33.0	250	33.9	27.2	41.4	173	43.4	37.3	49.7	234	46.9	41.1	52.9	267
Hispanic	*	*	*	*	70.6	57.7	80.9	54	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	64.1	48.5	77.2	39	77.1	63.8	86.5	48	89.6	78.2	95.4	48	*	*	*	*
Married	17.5	13.2	22.9	228	28.9	23.0	35.6	180	31.6	25.9	37.8	206	42.5	36.9	48.3	266
INCOME																
Less than \$15,000	*	*	*	*	87.7	75.2	94.3	41	90.1	78.8	95.7	46	81.1	71.5	88.1	79
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	83.4	71.5	91.0	47	82.1	68.5	90.6	42
\$25,000 - \$34,999	44.8	29.7	60.9	37	59.2	43.9	72.9	40	69.8	52.8	82.6	31	63.8	50.6	75.2	52
\$35,000 - \$49,999	12.9	5.5	27.2	35	18.1	8.1	35.5	38	12.2	5.4	25.2	41	17.0	6.7	36.8	32
\$50,000+	0.7	0.1	4.7	139	3.2	0.8	11.8	79	1.2	0.2	7.4	81	2.5	0.7	9.0	80
EDUCATION																
K-11th Grade	*	*	*	*	74.1	57.2	85.9	32	*	*	*	*	*	*	*	*
High School or GED	71.9	55.4	84.0	32	65.9	51.6	77.8	44	74.0	63.4	82.3	67	71.2	57.1	82.1	43
Some College	29.8	21.4	39.9	97	37.3	28.0	47.5	95	33.9	24.7	44.5	81	52.6	44.1	61.0	124
College Graduate+	6.6	3.3	12.5	128	14.0	7.3	25.0	56	22.7	15.5	32.0	88	31.5	23.7	40.4	110

*Figure not reliable by PRATS standards (n < 30)

Overweight/Obesity

Idaho mothers who were overweight or obese prior to pregnancy¹, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	42.4	39.9 45.0	1,691	38.5	32.6 44.8	229	41.0	35.5 46.8	240	51.7	44.7 58.7	196
AGE												
18-19	24.5	14.8 37.8	59	*	* *	*	*	* *	*	*	* *	*
20-24	39.4	33.8 45.2	331	*	* *	*	35.8	24.2 49.4	46	64.4	46.9 78.7	33
25-29	43.4	39.2 47.7	597	38.5	29.1 48.9	86	40.6	32.0 49.9	91	46.0	35.2 57.3	76
30-34	45.4	40.6 50.2	467	40.2	29.0 52.4	61	45.0	33.9 56.7	56	51.6	39.1 64.0	58
35+	44.3	37.6 51.1	237	38.0	24.8 53.3	40	50.0	35.6 64.4	36	*	* *	*
ETHNICITY												
Non-Hispanic	41.1	38.5 43.8	1,525	39.5	33.4 46.0	219	41.1	35.5 46.9	235	47.7	39.9 55.6	155
Hispanic	52.4	44.5 60.1	165	*	* *	*	*	* *	*	65.5	49.7 78.5	41
MARITAL STATUS												
Not Married	46.5	40.6 52.4	303	41.8	30.2 54.4	55	33.3	22.8 45.8	48	46.5	32.7 60.9	43
Married	41.0	38.4 43.7	1,388	36.8	30.3 43.8	174	44.8	38.8 51.0	192	54.3	46.5 61.8	153
INCOME												
Less than \$15,000	43.1	37.2 49.2	296	36.3	22.6 52.6	34	32.3	20.5 46.8	38	44.6	30.4 59.8	41
\$15,000 - \$24,999	46.2	39.5 53.0	237	56.6	40.3 71.6	34	*	* *	*	50.7	34.3 66.9	34
\$25,000 - \$34,999	54.0	47.4 60.3	250	44.8	29.6 61.0	33	*	* *	*	70.8	53.8 83.5	32
\$35,000 - \$49,999	47.3	40.7 54.0	249	47.1	31.3 63.5	32	36.9	24.9 50.9	42	*	* *	*
\$50,000+	33.5	29.6 37.7	610	23.5	16.1 32.9	89	42.3	33.9 51.3	97	47.7	34.5 61.3	49
EDUCATION												
K-11th Grade	57.1	46.6 66.9	97	*	* *	*	*	* *	*	*	* *	*
High School or GED	46.3	40.7 52.0	345	34.2	22.8 47.9	48	47.8	35.4 60.5	50	57.6	45.0 69.3	63
Some College	41.7	37.7 45.8	651	41.7	32.9 51.1	106	38.0	29.0 48.0	81	50.0	38.6 61.5	71
College Graduate+	37.1	33.0 41.4	590	36.9	26.3 49.0	63	42.6	34.4 51.3	102	49.0	35.3 62.8	47

*Figure not reliable by PRATS standards (n < 30)

1. Mothers with a Body Mass Index (BMI) of 25.0 or greater.

Overweight/Obesity

Idaho mothers who were overweight or obese prior to pregnancy¹, 2013

	Public Health District											
	District 4			District 5			District 6			District 7		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	38.5	32.7 44.5	265	40.1	34.0 46.6	223	47.7	41.8 53.7	251	40.6	35.2 46.3	287
AGE												
18-19	*	* *	*	*	* *	*	*	* *	*	*	* *	*
20-24	31.5	18.1 49.0	35	34.4	22.1 49.1	42	37.2	26.3 49.6	60	32.6	23.5 43.3	86
25-29	41.6	31.6 52.3	85	41.3	31.4 52.0	83	47.6	37.0 58.4	75	46.3	37.0 55.9	101
30-34	36.7	27.6 46.7	98	54.2	41.7 66.2	58	55.4	44.1 66.1	69	48.0	36.4 59.7	67
35+	42.3	28.7 57.3	43	*	* *	*	52.4	37.9 66.5	41	*	* *	*
ETHNICITY												
Non-Hispanic	38.2	32.3 44.4	249	37.8	31.1 45.1	172	46.5	40.4 52.7	232	39.7	34.1 45.6	263
Hispanic	*	* *	*	47.4	34.3 61.0	50	*	* *	*	*	* *	*
MARITAL STATUS												
Not Married	53.9	38.7 68.3	39	38.3	26.1 52.2	47	54.4	40.8 67.3	46	*	* *	*
Married	34.1	28.3 40.3	226	40.9	34.2 48.0	176	45.4	39.0 51.9	205	39.3	33.8 45.1	262
INCOME												
Less than \$15,000	*	* *	*	41.3	27.2 56.9	39	63.5	49.0 75.8	45	40.3	29.9 51.6	77
\$15,000 - \$24,999	*	* *	*	*	* *	*	50.8	37.1 64.4	46	40.1	26.8 55.0	42
\$25,000 - \$34,999	60.5	44.4 74.6	36	47.5	32.8 62.7	39	50.8	34.1 67.4	30	45.3	32.3 58.9	51
\$35,000 - \$49,999	41.9	27.0 58.5	35	54.8	39.3 69.4	38	43.9	30.4 58.4	41	47.0	31.0 63.7	32
\$50,000+	32.8	25.6 41.0	138	24.8	16.8 35.0	78	36.0	26.8 46.4	81	34.6	25.3 45.3	78
EDUCATION												
K-11th Grade	*	* *	*	*	* *	*	*	* *	*	*	* *	*
High School or GED	43.3	27.6 60.6	32	35.3	22.9 50.1	43	49.1	37.7 60.7	66	42.3	28.6 57.4	43
Some College	37.8	28.6 47.9	97	40.6	31.3 50.6	94	40.9	31.1 51.5	79	42.0	33.8 50.6	123
College Graduate+	34.6	26.8 43.2	127	33.2	22.6 45.8	56	45.5	35.9 55.3	88	30.6	22.9 39.6	107

*Figure not reliable by PRATS standards (n < 30)

1. Mothers with a Body Mass Index (BMI) of 25.0 or greater.

First Trimester Prenatal Care

Idaho mothers who began prenatal care during the first trimester, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	91.6	90.1 92.9	1,691	90.7	86.5 93.7	230	94.4	91.3 96.4	237	90.6	85.1 94.1	193
AGE												
18-19	88.7	77.0 94.9	60	*	* *	*	*	* *	*	*	* *	*
20-24	92.8	89.1 95.3	331	*	* *	*	98.5	92.1 99.7	46	85.3	67.2 94.3	32
25-29	92.1	89.4 94.1	597	89.4	81.3 94.3	87	94.9	89.4 97.6	89	92.5	83.2 96.9	75
30-34	91.8	88.7 94.1	466	90.1	80.2 95.4	62	91.6	80.9 96.5	55	92.2	81.0 97.1	58
35+	89.1	84.0 92.7	237	93.0	81.3 97.6	39	90.0	78.3 95.7	36	*	* *	*
ETHNICITY												
Non-Hispanic	91.9	90.3 93.2	1,522	90.7	86.3 93.8	220	94.2	91.0 96.3	232	90.9	84.8 94.6	153
Hispanic	90.0	83.6 94.1	168	*	* *	*	*	* *	*	89.5	72.9 96.4	40
MARITAL STATUS												
Not Married	89.6	85.2 92.8	301	92.6	82.7 97.0	54	97.9	89.1 99.6	47	83.3	69.4 91.7	42
Married	92.3	90.8 93.6	1,390	89.8	84.7 93.3	176	92.6	88.7 95.3	190	94.0	89.1 96.8	151
INCOME												
Less than \$15,000	87.7	82.9 91.2	297	98.0	88.1 99.7	34	96.7	89.4 99.0	37	84.0	69.0 92.6	40
\$15,000 - \$24,999	91.7	87.2 94.7	237	79.4	63.1 89.7	33	*	* *	*	86.6	71.9 94.3	33
\$25,000 - \$34,999	90.8	86.2 94.0	250	85.2	70.0 93.5	32	*	* *	*	89.1	71.1 96.4	32
\$35,000 - \$49,999	93.1	89.2 95.7	248	94.7	82.1 98.6	35	100.0	100.0 100.0	40	*	* *	*
\$50,000+	94.3	92.0 95.9	611	92.8	85.3 96.6	89	91.4	84.6 95.3	97	100.0	100.0 100.0	49
EDUCATION												
K-11th Grade	91.1	83.1 95.6	98	*	* *	*	*	* *	*	*	* *	*
High School or GED	89.5	85.1 92.7	342	89.6	77.7 95.5	48	97.0	90.5 99.1	49	86.9	74.4 93.8	61
Some College	90.6	88.0 92.7	652	86.8	79.5 91.7	107	93.1	86.2 96.6	82	93.7	85.9 97.3	70
College Graduate+	94.3	92.0 96.0	591	97.0	89.5 99.2	63	94.3	89.0 97.2	100	93.8	82.9 97.9	47

*Figure not reliable by PRATS standards (n < 30)

First Trimester Prenatal Care

Idaho mothers who began prenatal care during the first trimester, 2013

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	94.3	90.8	96.6	264	89.3	84.6	92.8	227	93.4	90.0	95.7	254	88.8	84.5	92.1	286
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	100.0	100.0	100.0	34	90.8	78.1	96.5	42	96.5	87.5	99.1	61	89.2	80.7	94.2	87
25-29	93.3	86.1	96.9	85	93.3	85.0	97.1	85	93.8	86.6	97.3	76	88.9	80.7	93.9	100
30-34	93.6	86.6	97.1	98	88.1	77.3	94.1	59	90.4	81.8	95.2	69	91.9	81.9	96.6	65
35+	91.9	77.7	97.4	43	*	*	*	*	91.2	79.6	96.5	42	*	*	*	*
ETHNICITY																
Non-Hispanic	95.0	91.5	97.0	248	90.1	84.6	93.8	172	93.1	89.4	95.6	234	88.3	83.7	91.7	263
Hispanic	*	*	*	*	88.5	76.9	94.7	54	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	94.6	81.3	98.6	37	85.4	73.1	92.7	48	97.9	87.9	99.7	48	*	*	*	*
Married	94.3	90.5	96.6	227	91.1	86.2	94.3	179	91.8	87.4	94.7	206	90.4	86.4	93.4	261
INCOME																
Less than \$15,000	*	*	*	*	85.3	71.1	93.2	41	91.1	80.9	96.1	46	80.4	69.3	88.2	78
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	98.3	89.7	99.7	47	93.3	81.7	97.7	42
\$25,000 - \$34,999	90.4	77.2	96.3	37	88.6	73.8	95.6	40	100.0	100.0	100.0	31	92.6	82.4	97.1	49
\$35,000 - \$49,999	97.4	84.4	99.6	35	84.1	69.3	92.6	38	92.7	80.7	97.5	41	87.8	72.3	95.2	31
\$50,000+	95.2	89.8	97.8	138	93.8	86.4	97.3	78	90.3	82.3	94.9	81	92.4	84.5	96.4	79
EDUCATION																
K-11th Grade	*	*	*	*	90.8	75.4	97.0	32	*	*	*	*	*	*	*	*
High School or GED	100.0	100.0	100.0	32	82.2	67.5	91.1	44	95.8	88.2	98.6	67	78.7	62.2	89.2	41
Some College	90.3	82.4	94.9	96	91.9	84.8	95.8	94	90.6	82.8	95.1	81	89.6	83.2	93.7	122
College Graduate+	96.2	91.4	98.4	128	91.9	80.7	96.9	56	94.3	87.6	97.5	88	90.9	84.2	94.9	109

*Figure not reliable by PRATS standards (n < 30)

WIC Participation

Idaho mothers who participated in the WIC Program during pregnancy¹, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	35.5	33.1 38.0	1,691	35.9	30.0 42.3	231	35.8	30.2 41.9	237	46.7	39.7 53.8	196
AGE												
18-19	83.3	71.1 91.0	60	*	* *	*	*	* *	*	*	* *	*
20-24	56.8	51.0 62.3	332	*	* *	*	73.0	60.9 82.5	46	64.9	48.1 78.7	33
25-29	31.0	27.1 35.2	594	33.6	24.6 44.1	87	29.5	21.1 39.5	89	45.1	34.1 56.6	75
30-34	24.1	20.1 28.5	469	18.4	10.5 30.3	63	15.3	8.8 25.2	55	38.7	27.1 51.7	59
35+	22.5	17.3 28.7	236	29.0	17.3 44.5	40	7.5	2.8 18.6	36	*	* *	*
ETHNICITY												
Non-Hispanic	30.9	28.4 33.5	1,519	34.9	28.9 41.4	221	34.7	29.0 40.8	232	40.2	32.6 48.4	154
Hispanic	67.5	60.0 74.2	171	*	* *	*	*	* *	*	68.5	53.6 80.4	42
MARITAL STATUS												
Not Married	66.2	60.3 71.5	304	61.8	49.2 73.0	55	68.1	55.5 78.5	47	76.7	62.4 86.8	43
Married	24.7	22.5 27.1	1,387	22.7	17.4 29.1	176	20.0	15.5 25.4	190	32.0	25.3 39.6	153
INCOME												
Less than \$15,000	72.2	66.7 77.1	300	78.3	62.0 88.9	34	75.8	62.2 85.6	38	76.8	62.4 86.9	42
\$15,000 - \$24,999	62.2	55.4 68.6	238	59.4	43.1 73.8	34	*	* *	*	64.9	47.8 79.0	34
\$25,000 - \$34,999	48.4	41.9 54.9	251	49.5	33.7 65.3	33	*	* *	*	51.1	34.4 67.5	32
\$35,000 - \$49,999	13.9	10.0 19.0	250	10.7	4.3 24.3	35	19.5	10.3 33.8	42	*	* *	*
\$50,000+	3.1	1.9 5.1	604	6.6	3.1 13.4	88	3.9	1.4 10.5	95	8.2	3.2 19.5	48
EDUCATION												
K-11th Grade	76.6	67.5 83.8	103	*	* *	*	*	* *	*	*	* *	*
High School or GED	58.0	52.4 63.4	345	54.7	41.1 67.6	48	53.5	40.9 65.6	50	62.4	50.2 73.2	63
Some College	34.5	30.7 38.5	647	39.5	30.7 48.9	106	41.8	32.1 52.1	80	39.2	28.3 51.3	70
College Graduate+	11.8	9.4 14.7	589	9.6	4.5 19.2	65	13.2	8.1 20.8	100	24.2	14.1 38.4	47

*Figure not reliable by PRATS standards (n < 30)

1. The WIC Program is the supplemental nutrition program for women, infants, and children.

WIC Participation

Idaho mothers who participated in the WIC Program during pregnancy¹, 2013

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n				
TOTAL	21.6	16.8	27.3	262	37.9	31.8	44.4	226	43.2	37.3	49.2	250	38.4	32.9	44.1	289
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	51.8	35.6	67.7	35	55.2	40.4	69.1	42	63.4	51.4	73.9	61	49.9	39.8	60.1	87
25-29	16.7	10.0	26.6	85	29.3	20.5	39.9	84	40.6	30.2	51.8	74	30.5	22.1	40.3	100
30-34	11.2	6.0	20.2	96	31.8	21.2	44.8	59	30.3	20.7	42.0	68	31.7	21.6	43.8	69
35+	14.9	6.9	29.4	42	*	*	*	*	24.1	13.5	39.3	41	*	*	*	*
ETHNICITY																
Non-Hispanic	20.5	15.7	26.3	246	25.1	19.1	32.3	171	40.1	34.1	46.4	231	33.3	27.9	39.2	264
Hispanic	*	*	*	*	73.1	59.9	83.2	54	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	51.3	36.3	66.0	39	60.9	46.9	73.3	46	83.3	70.9	91.1	48	*	*	*	*
Married	13.0	9.3	18.0	223	28.3	22.5	35.1	180	28.2	22.7	34.4	202	32.7	27.5	38.4	263
INCOME																
Less than \$15,000	*	*	*	*	74.3	58.9	85.4	41	75.2	61.5	85.2	45	57.9	47.0	68.2	79
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	79.4	66.2	88.4	46	57.4	42.7	70.9	42
\$25,000 - \$34,999	31.9	18.7	48.9	36	53.5	38.5	68.0	40	65.7	49.0	79.2	31	51.4	38.0	64.6	51
\$35,000 - \$49,999	7.7	2.6	21.0	35	22.2	11.2	39.1	37	12.5	5.6	25.7	40	17.8	8.4	33.8	32
\$50,000+	1.9	0.5	7.4	136	2.5	0.7	8.8	79	1.2	0.2	7.5	80	1.3	0.2	8.0	78
EDUCATION																
K-11th Grade	*	*	*	*	75.0	57.6	86.9	32	*	*	*	*	*	*	*	*
High School or GED	49.4	32.4	66.5	31	56.6	41.9	70.2	43	64.3	52.9	74.2	67	57.4	42.5	71.1	43
Some College	24.2	16.5	34.0	96	28.2	19.9	38.3	94	40.3	30.4	51.0	79	41.6	33.5	50.3	122
College Graduate+	3.9	1.7	8.8	125	14.0	7.3	25.0	56	15.1	9.3	23.7	86	17.1	11.4	25.0	110

*Figure not reliable by PRATS standards (n < 30)

1. The WIC Program is the supplemental nutrition program for women, infants, and children.

Multivitamin Use

Idaho mothers who regularly took a multivitamin during the third trimester¹, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	83.5	81.6 85.3	1,691	86.3	81.5 90.0	233	80.4	75.1 84.8	237	82.1	75.8 87.0	194
AGE												
18-19	64.0	50.2 75.9	60	*	* *	*	*	* *	*	*	* *	*
20-24	79.2	74.0 83.6	333	*	* *	*	68.7	55.2 79.6	46	79.7	61.8 90.5	33
25-29	84.1	80.7 87.0	594	87.8	80.1 92.7	88	89.9	82.7 94.3	89	76.0	64.9 84.4	73
30-34	87.3	84.0 90.1	469	86.4	75.6 92.9	63	83.0	72.8 89.9	55	90.7	79.6 96.1	59
35+	87.3	82.8 90.8	235	80.6	66.3 89.7	40	87.5	75.3 94.1	36	*	* *	*
ETHNICITY												
Non-Hispanic	84.4	82.4 86.3	1,522	87.0	82.2 90.7	223	81.3	76.0 85.5	232	83.8	76.9 88.9	154
Hispanic	77.6	70.5 83.4	168	*	* *	*	*	* *	*	75.9	59.8 87.0	40
MARITAL STATUS												
Not Married	82.4	77.4 86.5	304	89.1	78.6 94.8	55	72.9	60.7 82.4	48	76.2	61.6 86.5	42
Married	83.9	81.9 85.8	1,387	84.8	79.2 89.2	178	84.1	79.0 88.2	189	84.9	78.5 89.6	152
INCOME												
Less than \$15,000	80.9	75.5 85.3	299	86.2	71.3 94.0	34	72.6	57.9 83.6	38	75.8	60.2 86.7	41
\$15,000 - \$24,999	80.0	74.1 84.8	237	87.4	73.4 94.6	34	*	* *	*	71.3	54.2 83.9	33
\$25,000 - \$34,999	82.6	77.0 87.0	253	82.8	67.5 91.8	33	*	* *	*	88.3	73.1 95.5	32
\$35,000 - \$49,999	84.2	78.8 88.4	250	82.3	66.6 91.6	35	86.9	75.7 93.4	42	*	* *	*
\$50,000+	87.9	85.1 90.3	604	89.7	81.7 94.4	90	86.2	78.2 91.5	94	89.7	78.0 95.6	48
EDUCATION												
K-11th Grade	84.1	76.2 89.8	102	*	* *	*	*	* *	*	*	* *	*
High School or GED	79.3	74.2 83.6	344	80.8	67.5 89.5	48	75.4	62.7 84.8	50	77.4	64.9 86.4	62
Some College	80.2	76.6 83.3	649	84.1	76.7 89.5	108	79.8	70.2 86.9	80	82.0	70.9 89.5	70
College Graduate+	90.4	87.7 92.5	588	94.8	85.5 98.3	65	88.7	82.2 93.0	100	91.8	80.4 96.8	47

*Figure not reliable by PRATS standards (n < 30)

Multivitamin Use

Idaho mothers who regularly took a multivitamin during the third trimester¹, 2013

	Public Health District											
	District 4			District 5			District 6			District 7		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	87.9	83.3 91.3	262	82.4	77.1 86.7	226	82.4	77.5 86.4	250	79.4	74.4 83.7	289
AGE												
18-19	*	* *	*	*	* *	*	*	* *	*	*	* *	*
20-24	76.0	58.8 87.5	35	73.6	59.1 84.3	42	86.1	75.8 92.5	61	78.3	68.6 85.5	87
25-29	87.0	78.1 92.6	85	86.2	77.5 91.9	84	83.6	73.8 90.2	75	83.2	74.8 89.2	100
30-34	91.3	84.2 95.3	96	84.8	73.6 91.8	59	80.3	69.9 87.7	67	83.5	73.2 90.3	70
35+	97.8	86.2 99.7	42	*	* *	*	77.5	63.6 87.1	41	*	* *	*
ETHNICITY												
Non-Hispanic	88.5	83.8 92.0	246	84.8	78.9 89.3	171	81.5	76.3 85.8	232	79.7	74.5 84.1	264
Hispanic	*	* *	*	77.4	64.8 86.4	54	*	* *	*	*	* *	*
MARITAL STATUS												
Not Married	84.6	70.2 92.8	39	87.0	74.5 93.8	46	89.6	78.2 95.4	48	*	* *	*
Married	88.8	84.1 92.2	223	80.6	74.4 85.5	180	79.7	74.0 84.5	202	80.6	75.6 84.8	263
INCOME												
Less than \$15,000	*	* *	*	84.6	71.1 92.5	41	87.1	74.6 93.9	45	80.3	69.9 87.8	79
\$15,000 - \$24,999	*	* *	*	*	* *	*	85.7	73.3 92.9	46	71.2	56.1 82.7	42
\$25,000 - \$34,999	79.5	62.9 89.9	36	75.7	60.6 86.3	40	85.7	70.7 93.7	31	86.5	74.3 93.4	52
\$35,000 - \$49,999	88.1	72.1 95.5	35	81.0	65.6 90.5	37	72.5	57.8 83.6	40	88.1	73.0 95.3	32
\$50,000+	92.8	87.2 96.0	136	82.8	73.5 89.4	79	82.7	73.5 89.2	80	80.5	70.6 87.7	77
EDUCATION												
K-11th Grade	*	* *	*	83.3	67.5 92.3	32	*	* *	*	*	* *	*
High School or GED	85.2	68.8 93.8	31	70.1	55.2 81.7	43	83.9	74.0 90.5	67	79.5	63.4 89.6	43
Some College	80.2	70.7 87.1	96	82.3	73.9 88.5	94	81.8	72.0 88.6	79	73.6	65.4 80.5	122
College Graduate+	94.6	89.2 97.4	125	94.8	85.6 98.2	56	79.1	69.8 86.1	86	84.5	76.9 90.0	109

*Figure not reliable by PRATS standards (n < 30)

HIV Testing

Idaho mothers who received an HIV test during pregnancy, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	44.4	41.8 46.9	1,676	47.4	41.2 53.7	230	43.7	37.9 49.5	236	43.8	36.9 51.0	193
AGE												
18-19	52.0	38.6 65.1	60	*	* *	*	*	* *	*	*	* *	*
20-24	48.6	42.8 54.3	332	*	* *	*	45.4	32.6 58.9	45	50.3	33.7 66.9	33
25-29	42.1	37.9 46.5	588	44.2	34.4 54.5	87	43.0	34.0 52.4	90	46.5	35.4 57.9	74
30-34	42.8	38.1 47.7	463	39.6	28.4 51.9	61	47.5	36.0 59.2	55	41.8	30.0 54.6	58
35+	44.4	37.7 51.3	233	50.7	36.1 65.2	40	38.4	25.1 53.8	35	*	* *	*
ETHNICITY												
Non-Hispanic	44.1	41.5 46.9	1,508	47.5	41.2 54.0	220	43.8	38.0 49.8	231	43.1	35.4 51.2	151
Hispanic	46.3	38.6 54.1	167	*	* *	*	*	* *	*	46.2	31.7 61.3	42
MARITAL STATUS												
Not Married	61.6	55.8 67.2	302	61.8	49.2 73.0	55	47.9	35.9 60.1	48	48.8	34.8 63.1	43
Married	38.3	35.6 41.0	1,374	40.0	33.4 47.0	175	41.5	35.5 47.7	188	41.3	33.9 49.2	150
INCOME												
Less than \$15,000	51.1	45.1 57.2	297	62.5	46.1 76.4	34	50.0	35.9 64.0	38	47.4	33.0 62.3	42
\$15,000 - \$24,999	49.3	42.5 56.0	237	67.5	51.2 80.5	34	*	* *	*	53.3	36.6 69.2	34
\$25,000 - \$34,999	44.6	38.2 51.3	251	49.5	33.7 65.3	33	*	* *	*	33.6	19.3 51.6	32
\$35,000 - \$49,999	40.5	33.9 47.4	246	31.9	19.0 48.2	34	45.6	32.4 59.3	42	*	* *	*
\$50,000+	40.4	36.3 44.7	597	37.6	28.5 47.6	88	50.5	41.5 59.5	94	40.1	27.2 54.5	46
EDUCATION												
K-11th Grade	47.5	37.5 57.6	102	*	* *	*	*	* *	*	*	* *	*
High School or GED	52.3	46.6 57.9	341	52.0	38.5 65.2	48	45.6	33.2 58.5	49	48.8	36.7 61.1	63
Some College	44.6	40.5 48.8	643	54.8	45.7 63.7	107	45.0	35.2 55.1	81	40.7	29.8 52.7	69
College Graduate+	37.8	33.6 42.1	582	33.0	23.0 44.9	63	42.9	34.5 51.7	99	35.5	22.9 50.4	45

*Figure not reliable by PRATS standards (n < 30)

HIV Testing

Idaho mothers who received an HIV test during pregnancy, 2013

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n				
TOTAL	52.5	46.5	58.5	260	44.0	37.7	50.6	222	42.8	36.9	48.8	248	32.6	27.4	38.4	287
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	52.5	36.2	68.2	35	50.5	35.9	64.9	42	50.5	38.5	62.4	61	38.7	29.0	49.3	87
25-29	52.4	41.8	62.8	83	42.7	32.7	53.4	83	29.1	20.1	40.0	73	28.3	20.2	38.1	98
30-34	50.9	41.1	60.7	96	37.1	25.6	50.3	57	51.9	40.6	63.1	67	25.4	16.1	37.7	69
35+	57.4	42.5	71.1	42	*	*	*	*	35.4	22.7	50.5	41	*	*	*	*
ETHNICITY																
Non-Hispanic	53.0	46.8	59.1	245	40.2	33.1	47.7	169	42.2	36.1	48.5	229	32.9	27.4	38.9	263
Hispanic	*	*	*	*	55.4	42.1	68.0	52	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	74.4	59.0	85.4	39	68.2	53.8	79.8	44	54.2	40.9	66.9	48	*	*	*	*
Married	46.2	39.8	52.6	221	34.3	27.9	41.2	178	38.5	32.4	45.0	200	26.3	21.5	31.8	262
INCOME																
Less than \$15,000	*	*	*	*	57.3	41.9	71.4	39	56.6	42.4	69.7	45	41.6	31.1	53.0	78
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	39.7	27.1	53.9	46	35.3	22.4	50.7	42
\$25,000 - \$34,999	60.4	43.9	74.8	35	50.6	35.7	65.4	40	37.9	23.1	55.4	31	37.0	24.9	50.9	52
\$35,000 - \$49,999	53.7	37.5	69.1	35	30.5	18.1	46.8	37	30.0	18.5	44.8	40	28.7	15.4	47.2	30
\$50,000+	47.2	39.1	55.5	135	37.1	27.4	48.1	78	45.7	35.5	56.2	78	19.2	12.2	29.0	78
EDUCATION																
K-11th Grade	*	*	*	*	52.9	35.9	69.3	31	*	*	*	*	*	*	*	*
High School or GED	67.7	50.1	81.5	31	43.9	29.9	59.0	42	50.2	38.7	61.6	66	53.8	38.9	68.1	42
Some College	50.7	40.8	60.6	95	47.6	37.7	57.6	92	36.9	27.3	47.7	78	33.8	26.1	42.4	121
College Graduate+	50.2	41.6	58.8	124	32.5	21.9	45.4	56	36.1	27.1	46.1	86	19.9	13.5	28.3	109

*Figure not reliable by PRATS standards (n < 30)

No Dental Care

Idaho mothers who did not receive routine dental care during pregnancy, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	43.7	41.2 46.2	1,695	45.9	39.8 52.2	232	47.5	41.7 53.4	237	47.8	40.9 54.9	196
AGE												
18-19	56.7	43.1 69.3	60	*	* *	*	*	* *	*	*	* *	*
20-24	52.4	46.6 58.2	331	*	* *	*	61.6	47.8 73.7	45	49.1	32.6 65.8	33
25-29	45.2	41.0 49.5	597	47.6	37.7 57.6	88	44.0	35.0 53.4	90	52.0	40.7 63.1	75
30-34	35.7	31.1 40.4	470	39.0	28.0 51.2	62	33.8	23.4 46.2	55	41.1	29.5 53.9	59
35+	39.2	32.8 46.0	237	45.4	31.2 60.3	40	37.5	24.7 52.4	36	*	* *	*
ETHNICITY												
Non-Hispanic	41.6	39.0 44.3	1,523	45.9	39.6 52.3	222	46.0	40.2 51.9	232	43.6	35.9 51.7	154
Hispanic	58.4	50.6 65.9	171	*	* *	*	*	* *	*	61.9	46.6 75.2	42
MARITAL STATUS												
Not Married	55.1	49.2 60.9	305	56.4	43.8 68.1	55	57.5	44.9 69.1	47	62.8	48.0 75.5	43
Married	39.7	37.1 42.4	1,390	40.7	34.1 47.7	177	42.6	36.6 48.9	190	40.5	33.2 48.3	153
INCOME												
Less than \$15,000	62.2	56.2 67.8	300	61.2	44.8 75.4	34	63.4	48.4 76.1	37	57.6	42.5 71.5	42
\$15,000 - \$24,999	60.8	54.0 67.3	238	56.6	40.3 71.6	34	*	* *	*	61.7	44.9 76.1	34
\$25,000 - \$34,999	49.7	43.2 56.2	253	50.5	34.7 66.3	33	*	* *	*	48.2	31.8 64.9	32
\$35,000 - \$49,999	40.7	34.3 47.4	250	51.3	35.8 66.6	35	52.1	38.7 65.3	42	*	* *	*
\$50,000+	23.4	20.0 27.1	606	29.2	20.9 39.1	89	31.4	23.6 40.4	95	28.2	17.3 42.4	48
EDUCATION												
K-11th Grade	68.5	57.9 77.4	103	*	* *	*	*	* *	*	*	* *	*
High School or GED	55.5	49.8 61.0	345	66.0	52.0 77.7	48	59.7	46.7 71.5	49	54.2	41.8 66.1	63
Some College	44.6	40.6 48.7	649	47.4	38.4 56.6	107	54.0	44.0 63.7	81	46.2	34.9 57.9	70
College Graduate+	29.2	25.5 33.3	590	20.0	12.0 31.4	65	30.2	22.8 38.8	100	34.0	21.9 48.6	47

*Figure not reliable by PRATS standards (n < 30)

No Dental Care

Idaho mothers who did not receive routine dental care during pregnancy, 2013

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	35.7	30.1	41.8	262	46.1	39.8	52.5	226	45.1	39.3	51.1	252	46.5	40.9	52.2	290
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	49.7	33.6	65.8	35	59.8	44.4	73.4	41	54.4	42.3	66.1	61	49.1	39.0	59.3	87
25-29	38.2	28.5	49.0	85	41.3	31.4	51.9	84	46.7	36.2	57.5	75	48.5	39.1	58.1	100
30-34	28.6	20.3	38.8	96	35.2	24.4	47.7	60	37.1	26.9	48.6	68	42.7	31.6	54.5	70
35+	28.4	16.9	43.5	42	*	*	*	*	39.9	26.9	54.6	42	*	*	*	*
ETHNICITY																
Non-Hispanic	36.3	30.5	42.6	246	41.3	34.3	48.7	171	41.3	35.4	47.4	233	44.5	38.7	50.4	265
Hispanic	*	*	*	*	59.7	46.3	71.9	54	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	53.9	38.7	68.3	39	53.2	39.6	66.3	47	47.9	35.0	61.1	48	*	*	*	*
Married	30.5	24.9	36.7	223	43.0	36.2	50.1	179	44.1	37.8	50.6	204	45.8	40.1	51.6	264
INCOME																
Less than \$15,000	*	*	*	*	68.2	52.5	80.6	41	57.1	43.0	70.2	46	59.5	48.4	69.8	79
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	59.5	45.5	72.2	46	62.2	47.2	75.2	42
\$25,000 - \$34,999	46.7	31.3	62.8	36	54.3	39.1	68.7	40	49.0	32.8	65.5	31	49.3	36.1	62.5	52
\$35,000 - \$49,999	41.0	26.1	57.8	35	44.8	30.1	60.4	37	45.0	31.2	59.6	40	26.3	13.9	44.0	32
\$50,000+	18.6	13.0	25.9	136	18.0	11.1	27.7	79	28.0	19.8	38.1	81	26.9	18.6	37.3	78
EDUCATION																
K-11th Grade	*	*	*	*	71.8	53.7	84.8	32	*	*	*	*	*	*	*	*
High School or GED	63.4	45.6	78.2	31	63.0	48.1	75.8	44	43.9	32.9	55.5	67	45.7	31.5	60.6	43
Some College	37.6	28.4	47.7	96	43.2	33.7	53.2	93	38.9	29.3	49.5	80	52.8	44.2	61.2	122
College Graduate+	25.3	18.4	33.7	125	18.6	10.5	30.7	56	42.5	33.1	52.5	87	35.2	27.1	44.2	110

*Figure not reliable by PRATS standards (n < 30)

Exercise

Idaho mothers who exercised during the third trimester¹, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	58.4	55.9 60.9	1,698	68.8	62.7 74.4	231	57.9	52.0 63.5	239	59.0	51.9 65.8	193
AGE												
18-19	49.7	36.3 63.2	58	*	* *	*	*	* *	*	*	* *	*
20-24	59.9	54.1 65.5	331	*	* *	*	43.3	30.9 56.6	46	66.5	48.3 80.8	32
25-29	55.5	51.2 59.8	598	73.1	63.0 81.3	88	62.6	53.2 71.1	89	51.3	40.1 62.4	75
30-34	62.6	57.9 67.1	473	69.7	58.0 79.2	63	62.3	50.6 72.7	57	64.3	51.5 75.4	58
35+	57.4	50.6 64.0	238	57.2	41.8 71.3	38	65.0	50.1 77.4	36	*	* *	*
ETHNICITY												
Non-Hispanic	58.8	56.1 61.5	1,525	70.1	63.9 75.6	221	58.4	52.5 64.1	234	58.4	50.4 66.0	151
Hispanic	56.0	48.3 63.5	172	*	* *	*	*	* *	*	61.0	45.4 74.6	42
MARITAL STATUS												
Not Married	55.6	49.6 61.4	303	63.0	50.2 74.1	54	54.2	41.9 66.0	48	58.5	43.5 72.1	41
Married	59.4	56.7 62.1	1,395	71.8	65.1 77.6	177	59.7	53.5 65.6	191	59.2	51.4 66.6	152
INCOME												
Less than \$15,000	54.6	48.5 60.5	298	58.6	42.0 73.5	33	50.0	36.0 64.1	38	60.7	44.9 74.5	40
\$15,000 - \$24,999	51.9	45.1 58.6	237	60.2	43.8 74.6	34	*	* *	*	55.8	38.7 71.6	33
\$25,000 - \$34,999	55.3	48.7 61.7	253	88.5	74.1 95.4	33	43.3	28.3 59.6	30	51.8	35.1 68.2	32
\$35,000 - \$49,999	64.6	58.0 70.6	252	74.3	58.3 85.7	35	67.4	53.7 78.6	42	*	* *	*
\$50,000+	60.9	56.7 65.0	610	68.9	59.2 77.3	89	65.0	56.3 72.8	96	53.8	40.2 66.8	49
EDUCATION												
K-11th Grade	56.1	45.7 66.0	100	*	* *	*	*	* *	*	*	* *	*
High School or GED	52.8	47.1 58.4	346	72.4	58.9 82.8	48	50.7	38.1 63.2	50	55.4	42.8 67.4	62
Some College	55.3	51.2 59.3	652	62.7	53.3 71.3	106	58.0	47.9 67.5	81	58.6	46.7 69.5	69
College Graduate+	66.2	62.0 70.2	592	77.5	66.4 85.7	65	63.6	54.8 71.5	101	62.9	48.8 75.1	47

*Figure not reliable by PRATS standards (n < 30)

1. Among mothers who exercised one or more days per week during pregnancy.

Exercise

Idaho mothers who exercised during the third trimester¹, 2013

	Public Health District											
	District 4			District 5			District 6			District 7		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	57.1	51.0 62.9	265	56.9	50.4 63.1	226	56.2	50.3 62.0	254	56.7	51.0 62.2	290
AGE												
18-19	*	* *	*	*	* *	*	*	* *	*	*	* *	*
20-24	52.3	35.8 68.4	34	49.4	34.9 63.9	42	64.2	51.8 74.9	61	63.1	52.7 72.4	87
25-29	50.2	39.8 60.6	85	55.9	45.4 65.8	85	53.4	42.6 63.8	76	55.0	45.4 64.2	100
30-34	66.1	56.3 74.8	98	61.1	48.5 72.4	59	60.7	49.3 71.0	69	51.4	39.8 62.8	69
35+	54.3	39.7 68.2	44	*	* *	*	45.3	31.7 59.7	42	*	* *	*
ETHNICITY												
Non-Hispanic	56.3	50.0 62.3	248	61.6	54.3 68.4	172	56.6	50.4 62.6	234	56.0	50.0 61.7	265
Hispanic	*	* *	*	44.4	31.9 57.7	53	*	* *	*	*	* *	*
MARITAL STATUS												
Not Married	53.9	38.7 68.3	39	55.3	41.6 68.3	47	47.9	35.0 61.1	48	*	* *	*
Married	58.0	51.6 64.1	226	57.5	50.5 64.3	179	59.2	52.8 65.4	206	57.2	51.4 62.8	264
INCOME												
Less than \$15,000	*	* *	*	49.1	34.5 63.8	41	56.4	42.3 69.4	46	56.3	45.2 66.8	79
\$15,000 - \$24,999	*	* *	*	*	* *	*	40.5	28.0 54.4	47	49.0	34.7 63.5	42
\$25,000 - \$34,999	49.6	34.0 65.2	37	51.8	36.7 66.6	39	64.1	47.1 78.1	31	51.6	38.2 64.8	51
\$35,000 - \$49,999	62.3	45.8 76.4	35	61.1	45.4 74.8	38	53.7	39.3 67.4	41	76.3	59.7 87.5	32
\$50,000+	60.7	52.5 68.4	138	63.2	52.4 72.8	78	64.5	54.1 73.8	81	54.4	43.8 64.6	79
EDUCATION												
K-11th Grade	*	* *	*	53.1	36.0 69.5	31	*	* *	*	*	* *	*
High School or GED	47.4	30.8 64.5	32	39.6	26.6 54.2	44	51.8	40.3 63.1	67	52.7	37.9 67.1	43
Some College	48.6	38.9 58.5	97	58.7	48.9 68.0	95	51.3	41.0 61.5	81	55.5	46.9 63.8	123
College Graduate+	66.9	58.4 74.4	127	73.3	60.9 83.0	55	63.6	53.7 72.5	88	60.9	51.8 69.2	109

*Figure not reliable by PRATS standards (n < 30)

1. Among mothers who exercised one or more days per week during pregnancy.

Stressful Life Events

Idaho mothers who experienced three or more stressful life events in the 12 months prior to delivery, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	22.4	20.3 24.7	1,708	26.1	20.8 32.2	232	24.5	19.5 30.3	241	29.2	22.9 36.3	197
AGE												
18-19	54.5	41.0 67.4	60	*	* *	*	*	* *	*	*	* *	*
20-24	28.6	23.5 34.4	332	*	* *	*	28.3	17.4 42.4	46	24.3	12.2 42.5	33
25-29	23.7	20.1 27.7	600	29.6	21.0 39.9	88	30.6	22.2 40.5	91	36.6	26.2 48.4	76
30-34	13.9	10.6 18.0	477	9.7	4.6 19.6	63	8.2	3.9 16.6	57	19.7	11.0 32.7	59
35+	17.5	12.6 23.7	239	21.9	11.3 38.2	39	5.0	1.5 15.5	36	*	* *	*
ETHNICITY												
Non-Hispanic	22.2	19.9 24.6	1,534	25.3	20.0 31.5	222	24.8	19.8 30.7	236	27.7	20.9 35.7	155
Hispanic	24.1	17.8 31.9	173	*	* *	*	*	* *	*	34.2	21.0 50.4	42
MARITAL STATUS												
Not Married	46.8	41.0 52.7	307	45.5	33.5 57.9	55	47.9	35.9 60.1	48	55.8	41.3 69.4	43
Married	13.9	12.1 15.8	1,401	16.4	11.9 22.2	177	13.0	9.4 17.7	193	16.2	11.3 22.7	154
INCOME												
Less than \$15,000	43.3	37.3 49.4	301	52.2	36.3 67.6	34	58.0	43.6 71.1	38	44.3	30.1 59.4	42
\$15,000 - \$24,999	33.9	27.5 40.9	239	44.5	29.2 61.0	34	*	* *	*	30.4	16.6 49.1	34
\$25,000 - \$34,999	21.7	16.7 27.7	253	33.3	20.0 50.0	33	27.0	14.5 44.6	30	16.8	7.2 34.4	32
\$35,000 - \$49,999	13.4	9.5 18.8	252	10.7	4.3 24.3	35	15.2	7.5 28.3	42	*	* *	*
\$50,000+	8.2	6.1 11.0	614	6.8	2.9 14.9	89	9.6	5.4 16.5	97	17.6	9.1 31.2	49
EDUCATION												
K-11th Grade	28.8	20.2 39.1	103	*	* *	*	*	* *	*	*	* *	*
High School or GED	34.2	28.9 40.0	347	36.1	24.0 50.3	48	34.7	23.4 48.1	50	32.7	21.9 45.7	63
Some College	26.3	22.7 30.2	655	32.4	24.2 41.8	107	25.7	17.5 36.0	82	37.5	26.8 49.5	71
College Graduate+	8.5	6.3 11.3	595	8.1	3.5 17.6	65	11.1	6.6 18.0	102	11.3	4.4 26.3	47

*Figure not reliable by PRATS standards (n < 30)

Stressful Life Events

Idaho mothers who experienced three or more stressful life events in the 12 months prior to delivery, 2013

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	20.7	16.0	26.4	267	22.6	17.6	28.6	228	21.5	16.9	27.0	253	16.2	12.2	21.2	290
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	36.7	22.1	54.2	35	26.9	15.8	42.1	42	30.3	20.2	42.8	61	21.7	14.1	31.9	86
25-29	19.3	11.8	29.8	85	21.0	13.6	30.9	85	22.1	14.3	32.6	75	12.9	7.5	21.3	100
30-34	14.4	8.4	23.5	99	12.7	6.3	24.1	60	9.0	4.2	18.1	69	14.9	8.0	26.1	70
35+	20.0	10.4	34.9	44	*	*	*	*	17.9	9.1	32.3	42	*	*	*	*
ETHNICITY																
Non-Hispanic	19.7	14.9	25.5	250	23.4	17.6	30.5	173	23.1	18.1	28.9	233	17.5	13.2	22.8	265
Hispanic	*	*	*	*	20.7	11.9	33.4	54	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	53.9	38.7	68.3	39	37.5	25.5	51.3	48	37.5	25.7	51.0	48	*	*	*	*
Married	11.4	8.0	16.1	228	16.1	11.6	22.0	180	15.6	11.5	20.9	205	12.1	8.8	16.4	264
INCOME																
Less than \$15,000	*	*	*	*	43.5	29.4	58.7	41	30.0	18.9	44.0	46	31.6	21.9	43.2	78
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	40.0	27.4	54.1	47	19.9	10.4	34.7	42
\$25,000 - \$34,999	28.8	16.3	45.6	37	22.2	12.1	37.2	40	31.5	17.8	49.5	30	7.0	2.7	16.8	51
\$35,000 - \$49,999	6.8	1.7	23.5	35	23.7	12.6	40.1	38	12.2	5.4	25.2	41	8.5	2.2	28.0	32
\$50,000+	6.8	3.6	12.6	139	9.4	4.6	18.1	79	3.7	1.3	10.1	81	7.5	3.5	15.3	80
EDUCATION																
K-11th Grade	*	*	*	*	21.6	10.3	39.7	32	*	*	*	*	*	*	*	*
High School or GED	49.0	32.3	65.9	32	22.9	13.2	36.8	44	30.3	20.7	42.1	67	33.0	20.4	48.7	43
Some College	23.6	15.7	33.8	97	27.4	19.2	37.5	95	26.2	17.9	36.6	81	15.9	10.5	23.4	122
College Graduate+	6.8	3.6	12.4	128	14.5	7.2	26.9	56	5.8	2.5	12.5	87	8.0	4.1	15.1	110

*Figure not reliable by PRATS standards (n < 30)

Physical Abuse

Idaho mothers who experienced physical abuse during pregnancy, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	3.3	2.4 4.5	1,701	4.6	2.4 8.3	232	1.4	0.4 4.5	240	5.1	2.5 10.1	194
AGE												
18-19	5.9	1.9 17.1	60	*	* *	*	*	* *	*	*	* *	*
20-24	4.9	2.7 8.6	328	*	* *	*	3.0	0.5 14.8	46	8.1	2.1 26.2	32
25-29	2.4	1.3 4.4	600	4.3	1.5 12.1	88	2.0	0.4 10.2	90	4.0	1.0 14.0	76
30-34	2.5	1.2 5.0	475	1.5	0.2 8.8	63	0.0	0.0 0.0	57	4.6	1.1 16.5	58
35+	4.1	1.9 8.7	238	8.4	2.8 22.3	39	0.0	0.0 0.0	36	*	* *	*
ETHNICITY												
Non-Hispanic	3.2	2.3 4.5	1,528	4.1	2.1 7.9	222	1.4	0.4 4.6	235	6.6	3.3 13.0	152
Hispanic	4.1	1.8 8.9	172	*	* *	*	*	* *	*	0.0	0.0 0.0	42
MARITAL STATUS												
Not Married	10.0	6.9 14.2	305	9.1	4.0 19.3	55	4.2	1.3 13.0	48	14.3	6.7 27.9	42
Married	1.0	0.6 1.7	1,396	2.3	0.9 5.6	177	0.0	0.0 0.0	192	0.7	0.1 4.3	152
INCOME												
Less than \$15,000	6.1	3.5 10.2	298	11.8	4.7 26.8	34	3.2	0.6 15.9	38	8.5	2.9 22.6	40
\$15,000 - \$24,999	3.9	1.9 8.2	237	3.6	0.6 19.9	34	*	* *	*	9.1	2.4 28.6	34
\$25,000 - \$34,999	5.8	3.3 10.1	254	4.7	0.7 24.3	33	5.4	1.0 24.5	30	2.9	0.4 17.3	32
\$35,000 - \$49,999	1.7	0.6 4.8	252	0.0	0.0 0.0	35	0.0	0.0 0.0	42	*	* *	*
\$50,000+	0.2	0.1 0.9	612	2.2	0.6 7.7	89	0.0	0.0 0.0	96	0.0	0.0 0.0	49
EDUCATION												
K-11th Grade	5.4	1.9 14.1	102	*	* *	*	*	* *	*	*	* *	*
High School or GED	5.7	3.4 9.4	346	2.7	0.4 15.4	48	2.9	0.5 14.4	50	7.6	2.9 18.3	63
Some College	3.0	1.7 5.0	653	6.9	3.3 14.2	107	0.0	0.0 0.0	82	4.5	1.2 15.7	69
College Graduate+	1.6	0.8 3.4	592	2.9	0.8 10.1	65	0.0	0.0 0.0	101	3.7	0.6 20.8	46

*Figure not reliable by PRATS standards (n < 30)

Physical Abuse

Idaho mothers who experienced physical abuse during pregnancy, 2013

	Public Health District											
	District 4			District 5			District 6			District 7		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	2.4	1.0 5.6	267	4.8	2.5 9.1	228	2.4	1.0 5.5	250	2.2	0.9 5.1	290
AGE												
18-19	*	* *	*	*	* *	*	*	* *	*	*	* *	*
20-24	3.7	0.6 21.4	35	8.5	2.9 22.7	42	3.7	1.0 13.1	58	3.2	0.8 11.8	86
25-29	1.1	0.2 7.2	85	3.5	0.9 12.3	85	1.2	0.2 7.5	76	0.9	0.1 6.0	100
30-34	1.6	0.2 9.8	99	2.5	0.4 14.7	60	2.2	0.3 12.6	68	3.7	0.9 13.6	70
35+	5.7	1.4 20.0	44	*	* *	*	0.0	0.0 0.0	42	*	* *	*
ETHNICITY												
Non-Hispanic	1.9	0.7 5.1	250	3.5	1.4 8.5	173	2.7	1.2 6.0	231	2.4	1.0 5.7	265
Hispanic	*	* *	*	8.6	3.4 20.3	54	*	* *	*	*	* *	*
MARITAL STATUS												
Not Married	7.7	2.6 20.9	39	14.6	7.3 26.9	48	6.4	2.2 17.1	47	*	* *	*
Married	0.9	0.2 3.3	228	0.6	0.1 3.6	180	1.0	0.3 3.6	203	1.1	0.4 3.3	264
INCOME												
Less than \$15,000	*	* *	*	6.1	1.6 20.3	41	1.8	0.3 10.8	45	4.2	1.1 14.5	78
\$15,000 - \$24,999	*	* *	*	*	* *	*	2.8	0.4 15.8	45	2.2	0.3 13.4	42
\$25,000 - \$34,999	8.8	2.9 24.0	37	7.1	1.9 22.9	40	11.8	4.1 29.6	31	1.8	0.3 10.7	51
\$35,000 - \$49,999	0.0	0.0 0.0	35	7.8	2.1 25.0	38	0.0	0.0 0.0	41	3.0	0.5 17.2	32
\$50,000+	0.0	0.0 0.0	139	0.0	0.0 0.0	79	0.0	0.0 0.0	80	0.0	0.0 0.0	80
EDUCATION												
K-11th Grade	*	* *	*	4.1	0.6 22.6	32	*	* *	*	*	* *	*
High School or GED	4.2	0.6 23.6	32	8.0	2.7 21.5	44	5.6	2.0 15.1	66	5.2	1.3 18.6	43
Some College	2.5	0.6 9.3	97	4.6	1.6 12.7	95	1.2	0.2 7.1	81	0.0	0.0 0.0	122
College Graduate+	0.8	0.1 5.0	128	2.9	0.4 16.4	56	1.2	0.2 7.1	86	1.8	0.5 6.6	110

*Figure not reliable by PRATS standards (n < 30)

Smoking

Idaho mothers who smoked during the third trimester¹, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	5.9	4.7 7.3	1,691	8.2	5.1 12.7	231	10.9	7.4 15.7	237	6.9	3.8 12.0	194
AGE												
18-19	16.5	9.0 28.3	60	*	* *	*	*	* *	*	*	* *	*
20-24	9.3	6.3 13.5	331	*	* *	*	18.4	9.8 31.9	45	10.8	4.0 25.7	33
25-29	6.2	4.3 9.0	595	5.4	2.1 13.2	87	11.0	5.9 19.4	90	8.5	3.6 18.7	74
30-34	2.7	1.3 5.5	469	5.4	1.8 15.0	62	1.7	0.3 8.9	55	2.9	0.4 16.8	58
35+	2.8	1.3 5.9	236	5.9	1.6 20.0	40	2.5	0.5 12.7	36	*	* *	*
ETHNICITY												
Non-Hispanic	6.3	5.0 7.9	1,521	8.5	5.4 13.3	221	11.2	7.7 16.1	232	6.3	3.2 12.1	153
Hispanic	3.1	1.1 8.1	169	*	* *	*	*	* *	*	8.7	2.9 23.7	41
MARITAL STATUS												
Not Married	15.9	12.0 20.7	304	16.4	9.1 27.8	55	23.4	14.5 35.5	47	14.3	6.7 27.9	42
Married	2.3	1.7 3.3	1,387	4.0	2.0 7.8	176	4.7	2.7 8.2	190	3.3	1.4 7.5	152
INCOME												
Less than \$15,000	15.3	11.3 20.4	299	24.9	13.5 41.5	34	26.6	15.4 42.0	37	10.1	3.9 23.8	41
\$15,000 - \$24,999	7.2	4.1 12.2	236	9.5	3.2 24.9	34	*	* *	*	12.0	4.0 30.8	33
\$25,000 - \$34,999	4.7	2.4 9.1	253	2.9	0.5 16.3	33	*	* *	*	2.9	0.4 17.3	32
\$35,000 - \$49,999	3.9	2.1 7.2	250	8.0	2.8 21.1	35	8.7	3.1 21.9	42	*	* *	*
\$50,000+	0.7	0.3 1.6	605	1.1	0.2 6.7	88	3.9	1.7 8.9	95	2.1	0.3 12.6	48
EDUCATION												
K-11th Grade	12.2	6.8 21.0	100	*	* *	*	*	* *	*	*	* *	*
High School or GED	12.9	9.5 17.4	344	16.9	8.6 30.6	48	20.9	12.0 33.9	49	7.9	3.3 17.7	63
Some College	4.9	3.2 7.5	649	7.3	3.6 14.2	106	8.0	3.9 15.8	81	10.1	4.4 21.7	70
College Graduate+	0.9	0.4 2.1	590	0.0	0.0 0.0	65	0.0	0.0 0.0	100	2.1	0.3 12.7	47

*Figure not reliable by PRATS standards (n < 30)

1. Smoking one or more cigarettes during the last three months of pregnancy.

Smoking

Idaho mothers who smoked during the third trimester¹, 2013

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	5.6	3.2	9.8	262	4.9	2.7	8.8	227	7.2	4.5	11.4	252	2.4	1.0	5.7	288
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	11.2	3.8	28.7	35	7.2	2.4	19.9	42	10.7	4.8	22.2	61	3.2	0.8	11.8	86
25-29	5.5	1.9	15.3	85	6.2	2.6	13.8	84	8.9	4.2	18.0	75	2.7	0.7	10.2	100
30-34	5.1	1.9	12.9	96	0.0	0.0	0.0	60	0.0	0.0	0.0	68	0.0	0.0	0.0	70
35+	0.0	0.0	0.0	42	*	*	*	*	4.4	1.2	15.0	42	*	*	*	*
ETHNICITY																
Non-Hispanic	6.0	3.4	10.5	246	6.2	3.3	11.3	172	7.9	4.9	12.5	233	2.7	1.2	6.4	264
Hispanic	*	*	*	*	1.5	0.2	9.0	54	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	20.5	10.8	35.6	39	8.5	3.4	19.9	47	18.8	10.4	31.4	48	*	*	*	*
Married	1.4	0.5	4.0	223	3.3	1.6	7.0	180	2.9	1.4	6.1	204	0.8	0.2	2.9	262
INCOME																
Less than \$15,000	*	*	*	*	9.8	3.8	23.2	41	22.1	12.3	36.3	46	5.3	1.8	14.9	79
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	2.8	0.4	15.6	46	4.3	0.7	23.1	41
\$25,000 - \$34,999	8.1	2.1	26.3	36	5.7	1.5	19.7	40	5.7	1.5	19.1	31	1.7	0.3	10.5	52
\$35,000 - \$49,999	2.6	0.4	15.6	35	6.3	1.6	21.5	38	2.5	0.4	14.3	40	0.0	0.0	0.0	31
\$50,000+	0.0	0.0	0.0	136	1.2	0.2	7.6	79	0.0	0.0	0.0	81	0.0	0.0	0.0	78
EDUCATION																
K-11th Grade	*	*	*	*	5.1	1.3	17.4	32	*	*	*	*	*	*	*	*
High School or GED	18.2	7.9	36.8	31	6.8	2.2	18.8	44	15.2	8.4	26.0	67	14.0	6.0	29.3	42
Some College	5.6	2.1	13.7	96	4.1	1.4	11.5	94	1.2	0.2	7.2	80	0.0	0.0	0.0	122
College Graduate+	0.0	0.0	0.0	125	4.6	1.2	16.3	56	2.3	0.6	8.1	87	0.0	0.0	0.0	110

*Figure not reliable by PRATS standards (n < 30)

1. Smoking one or more cigarettes during the last three months of pregnancy.

Alcohol Use

Idaho mothers who drank alcohol during the third trimester¹, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	3.8	2.9 4.9	1,689	6.9	4.4 10.6	231	4.6	2.8 7.5	238	3.9	2.0 7.6	194
AGE												
18-19	0.0	0.0 0.0	60	*	* *	*	*	* *	*	*	* *	*
20-24	3.2	1.5 6.6	333	*	* *	*	1.5	0.3 7.9	46	4.0	0.6 22.3	33
25-29	2.5	1.5 4.1	594	6.8	3.2 13.9	88	5.0	2.3 10.4	90	5.8	2.5 12.9	75
30-34	5.5	3.7 8.1	466	9.9	4.6 19.8	62	8.5	4.0 17.2	55	3.4	0.9 12.1	57
35+	5.8	3.3 9.8	236	11.5	5.1 24.1	39	5.0	0.9 22.9	36	*	* *	*
ETHNICITY												
Non-Hispanic	4.1	3.2 5.3	1,519	6.4	4.0 10.2	221	4.7	2.8 7.7	233	4.0	2.0 8.1	153
Hispanic	1.7	0.5 5.8	169	*	* *	*	*	* *	*	3.4	0.5 19.5	41
MARITAL STATUS												
Not Married	2.9	1.5 5.7	304	3.6	1.0 12.5	55	2.1	0.4 10.7	48	2.4	0.4 14.4	42
Married	4.1	3.1 5.4	1,385	8.5	5.4 13.3	176	5.8	3.5 9.5	190	4.6	2.3 9.2	152
INCOME												
Less than \$15,000	1.3	0.4 3.9	301	0.0	0.0 0.0	34	0.0	0.0 0.0	38	2.7	0.4 16.3	42
\$15,000 - \$24,999	3.8	1.8 7.8	236	5.9	1.5 20.0	34	*	* *	*	2.7	0.4 16.0	33
\$25,000 - \$34,999	2.2	1.0 5.1	251	8.6	3.0 22.5	33	*	* *	*	2.9	0.4 17.3	32
\$35,000 - \$49,999	2.9	1.5 5.7	249	7.0	1.9 23.1	35	13.1	6.6 24.3	42	*	* *	*
\$50,000+	6.6	4.7 9.1	605	9.9	5.4 17.4	88	4.9	2.0 11.5	95	6.2	2.1 17.0	48
EDUCATION												
K-11th Grade	0.0	0.0 0.0	101	*	* *	*	*	* *	*	*	* *	*
High School or GED	3.0	1.6 5.5	346	6.7	2.6 15.9	48	1.5	0.3 7.7	50	3.3	0.8 12.5	63
Some College	2.8	1.7 4.6	645	4.6	2.0 10.4	106	2.0	0.6 6.5	81	2.6	0.7 9.5	69
College Graduate+	6.4	4.6 8.9	589	12.4	6.5 22.5	65	9.4	5.3 16.2	100	8.3	3.2 19.6	47

*Figure not reliable by PRATS standards (n < 30)

1. Consuming one or more alcoholic beverages during the last three months of pregnancy.

Alcohol Use

Idaho mothers who drank alcohol during the third trimester¹, 2013

	Public Health District											
	District 4			District 5			District 6			District 7		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	5.2	3.1 8.5	259	3.0	1.5 6.0	226	1.8	0.7 4.6	252	1.6	0.6 4.1	289
AGE												
18-19	*	* *	*	*	* *	*	*	* *	*	*	* *	*
20-24	6.0	1.5 21.2	35	0.0	0.0 0.0	42	3.5	0.9 12.5	61	3.1	0.8 11.7	87
25-29	1.1	0.2 7.3	84	1.1	0.2 6.9	83	0.0	0.0 0.0	75	0.0	0.0 0.0	99
30-34	7.0	3.4 13.7	94	7.1	2.7 17.3	60	1.4	0.2 8.4	68	2.6	0.7 9.3	70
35+	9.0	3.5 21.3	42	*	* *	*	3.5	0.5 18.9	42	*	* *	*
ETHNICITY												
Non-Hispanic	5.5	3.3 9.0	244	4.1	2.0 8.2	171	2.0	0.8 5.1	233	1.8	0.7 4.6	264
Hispanic	*	* *	*	0.0	0.0 0.0	54	*	* *	*	*	* *	*
MARITAL STATUS												
Not Married	2.6	0.4 15.9	38	2.1	0.3 12.7	47	4.2	1.1 14.2	48	*	* *	*
Married	5.9	3.5 9.8	221	3.4	1.6 7.0	179	1.0	0.3 3.6	204	1.1	0.4 3.3	263
INCOME												
Less than \$15,000	*	* *	*	0.0	0.0 0.0	41	5.6	1.5 18.4	46	0.0	0.0 0.0	79
\$15,000 - \$24,999	*	* *	*	*	* *	*	0.0	0.0 0.0	46	4.5	1.2 15.6	42
\$25,000 - \$34,999	0.0	0.0 0.0	35	0.0	0.0 0.0	40	2.9	0.5 16.2	31	3.3	0.5 18.5	51
\$35,000 - \$49,999	0.0	0.0 0.0	33	0.0	0.0 0.0	38	2.5	0.4 14.3	40	0.0	0.0 0.0	32
\$50,000+	8.7	5.1 14.5	136	9.4	4.6 18.1	79	0.0	0.0 0.0	81	1.3	0.2 8.0	78
EDUCATION												
K-11th Grade	*	* *	*	0.0	0.0 0.0	32	*	* *	*	*	* *	*
High School or GED	0.0	0.0 0.0	31	1.9	0.3 11.3	44	3.7	1.0 12.6	67	3.4	0.5 19.1	43
Some College	4.5	1.7 11.3	94	0.0	0.0 0.0	94	1.2	0.2 7.2	80	2.4	0.8 7.0	121
College Graduate+	7.8	4.3 13.7	125	11.8	5.5 23.5	55	1.2	0.2 7.0	87	0.0	0.0 0.0	110

*Figure not reliable by PRATS standards (n < 30)

1. Consuming one or more alcoholic beverages during the last three months of pregnancy.

Breastfeeding Initiation

Idaho mothers who ever breastfed, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	94.5	93.2 95.6	1,696	95.1	91.2 97.3	231	95.8	93.2 97.4	238	92.6	87.8 95.6	196
AGE												
18-19	91.9	83.1 96.3	60	*	* *	*	*	* *	*	*	* *	*
20-24	95.6	92.6 97.5	328	*	* *	*	98.5	91.8 99.7	45	100.0	100.0 100.0	33
25-29	93.4	90.6 95.4	597	97.3	90.2 99.3	87	95.0	89.6 97.7	90	87.1	76.9 93.2	75
30-34	95.1	92.6 96.8	472	97.0	89.6 99.2	62	91.8	83.4 96.2	57	90.7	79.6 96.1	59
35+	95.3	91.5 97.5	239	100.0	100.0 100.0	40	97.4	87.0 99.5	35	*	* *	*
ETHNICITY												
Non-Hispanic	95.6	94.2 96.6	1,523	94.8	90.8 97.1	221	95.7	93.0 97.3	233	95.7	90.8 98.1	154
Hispanic	87.3	81.4 91.6	172	*	* *	*	*	* *	*	81.9	67.5 90.8	42
MARITAL STATUS												
Not Married	92.0	87.9 94.8	302	90.9	80.7 96.0	55	100.0	100.0 100.0	47	90.7	78.2 96.4	43
Married	95.4	94.2 96.4	1,394	97.2	93.7 98.8	176	93.7	90.0 96.1	191	93.5	88.5 96.4	153
INCOME												
Less than \$15,000	91.7	87.5 94.6	298	82.9	67.4 91.9	34	100.0	100.0 100.0	36	92.9	80.3 97.7	42
\$15,000 - \$24,999	91.8	87.2 94.8	237	94.1	80.0 98.5	34	*	* *	*	89.6	75.6 96.0	34
\$25,000 - \$34,999	91.6	86.9 94.7	253	100.0	100.0 100.0	33	89.2	76.5 95.4	30	89.1	71.1 96.4	32
\$35,000 - \$49,999	95.9	92.3 97.9	252	97.3	84.8 99.6	35	100.0	100.0 100.0	42	*	* *	*
\$50,000+	98.2	97.0 98.9	609	98.9	93.3 99.8	88	94.2	88.7 97.1	96	98.0	87.6 99.7	49
EDUCATION												
K-11th Grade	82.3	72.6 89.2	101	*	* *	*	*	* *	*	*	* *	*
High School or GED	89.8	85.8 92.8	344	84.8	71.0 92.7	48	92.7	85.0 96.6	50	87.6	76.9 93.7	63
Some College	96.7	94.9 97.9	653	99.2	95.0 99.9	108	97.0	92.1 98.9	81	98.7	91.9 99.8	70
College Graduate+	97.8	96.4 98.7	590	98.5	91.1 99.8	63	96.2	91.4 98.4	100	97.9	87.3 99.7	47

*Figure not reliable by PRATS standards (n < 30)

Breastfeeding Initiation

Idaho mothers who ever breastfed, 2013

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	96.0	92.5	97.9	266	93.8	89.9	96.3	227	92.5	88.7	95.1	249	95.3	92.1	97.2	289
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	94.0	78.8	98.5	35	92.8	80.1	97.6	42	91.9	82.4	96.5	58	98.9	93.1	99.8	86
25-29	95.2	86.1	98.4	84	96.1	88.8	98.7	85	89.8	80.6	94.9	75	94.5	87.5	97.7	101
30-34	97.5	90.5	99.4	99	93.7	84.9	97.5	59	95.8	88.5	98.6	68	94.7	87.2	97.9	68
35+	95.7	84.8	98.9	44	*	*	*	*	91.2	79.6	96.5	42	*	*	*	*
ETHNICITY																
Non-Hispanic	96.1	92.4	98.0	249	95.8	92.0	97.8	173	93.5	89.7	96.0	229	96.1	92.9	97.9	264
Hispanic	*	*	*	*	88.2	76.4	94.5	53	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	89.7	76.1	96.0	39	93.6	82.7	97.8	47	93.3	82.2	97.7	45	*	*	*	*
Married	97.8	94.9	99.1	227	93.9	89.5	96.5	180	92.2	87.9	95.0	204	95.8	92.8	97.6	263
INCOME																
Less than \$15,000	*	*	*	*	93.2	81.2	97.8	41	89.8	78.2	95.6	45	95.6	87.2	98.6	78
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	86.7	75.0	93.4	46	97.7	86.3	99.7	41
\$25,000 - \$34,999	93.6	77.8	98.4	37	91.1	79.0	96.5	39	92.3	75.0	98.0	30	88.2	76.1	94.6	52
\$35,000 - \$49,999	94.9	82.0	98.7	35	97.6	85.8	99.6	38	95.1	83.6	98.7	41	97.0	82.8	99.6	32
\$50,000+	100.0	100.0	100.0	138	95.1	88.1	98.1	79	96.3	89.8	98.7	80	98.7	92.1	99.8	79
EDUCATION																
K-11th Grade	*	*	*	*	92.1	78.8	97.4	31	*	*	*	*	*	*	*	*
High School or GED	90.7	74.6	97.0	32	85.2	71.2	93.1	44	93.1	84.9	97.0	64	96.6	80.9	99.5	43
Some College	96.6	90.0	98.9	97	96.3	90.8	98.5	95	93.5	85.6	97.2	81	95.2	89.9	97.7	121
College Graduate+	99.2	95.0	99.9	127	98.3	89.4	99.7	56	95.4	88.9	98.2	87	96.4	91.1	98.6	110

*Figure not reliable by PRATS standards (n < 30)

Breastfeeding Duration

Idaho mothers who breastfed for at least six months¹, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	61.7	59.0 64.4	1,439	72.8	66.4 78.5	204	60.4	53.8 66.6	195	56.1	48.1 63.7	159
AGE												
18-19	25.6	13.6 42.9	41	*	* *	*	*	* *	*	*	* *	*
20-24	54.6	48.3 60.8	281	*	* *	*	55.7	40.8 69.6	38	*	* *	*
25-29	63.7	59.1 68.1	518	80.1	70.0 87.4	81	64.2	53.6 73.6	73	53.1	41.0 64.9	66
30-34	67.8	62.6 72.6	396	72.2	59.4 82.2	54	68.6	56.1 78.8	47	70.0	55.2 81.5	46
35+	63.4	55.9 70.4	203	74.2	58.1 85.7	36	*	* *	*	*	* *	*
ETHNICITY												
Non-Hispanic	63.7	60.8 66.5	1,303	73.7	67.2 79.4	194	59.8	53.2 66.1	191	60.9	52.1 69.2	128
Hispanic	46.3	37.8 54.9	135	*	* *	*	*	* *	*	37.7	22.8 55.4	31
MARITAL STATUS												
Not Married	38.2	32.0 44.8	236	60.9	47.1 73.1	46	40.5	27.8 54.7	37	31.3	18.0 48.5	32
Married	69.1	66.3 71.7	1,203	78.5	71.8 83.9	158	69.6	63.0 75.5	158	66.9	58.5 74.4	127
INCOME												
Less than \$15,000	47.5	40.8 54.2	237	*	* *	*	*	* *	*	37.7	22.6 55.7	30
\$15,000 - \$24,999	52.1	44.6 59.5	193	56.8	39.3 72.8	30	*	* *	*	*	* *	*
\$25,000 - \$34,999	56.7	49.6 63.5	221	66.7	49.1 80.6	30	*	* *	*	*	* *	*
\$35,000 - \$49,999	72.7	66.1 78.5	222	85.5	70.5 93.6	32	70.4	53.6 83.0	34	*	* *	*
\$50,000+	71.5	67.2 75.5	533	80.9	71.6 87.7	84	65.2	55.6 73.7	84	70.6	56.1 81.9	46
EDUCATION												
K-11th Grade	40.7	30.4 51.9	85	*	* *	*	*	* *	*	*	* *	*
High School or GED	45.7	39.5 52.0	274	64.0	48.4 77.2	40	50.1	35.8 64.4	38	37.0	25.0 50.8	50
Some College	62.3	58.0 66.5	558	73.8	64.5 81.4	99	57.4	46.1 67.9	66	68.5	55.0 79.4	55
College Graduate+	75.6	71.4 79.4	517	81.7	69.7 89.6	57	73.1	63.7 80.7	85	73.6	57.9 85.0	40

*Figure not reliable by PRATS standards (n < 30)

1. Babies who were not at least six months old at the time of the survey were excluded from analysis

Breastfeeding Duration

Idaho mothers who breastfed for at least six months¹, 2013

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	64.5	57.9	70.5	227	57.5	50.5	64.1	198	56.0	49.4	62.3	210	63.2	57.0	69.0	246
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	57.0	39.7	72.8	33	45.2	29.8	61.6	34	51.4	37.7	64.9	46	59.4	48.4	69.6	79
25-29	66.6	54.4	76.9	68	62.1	50.8	72.2	77	52.0	40.4	63.3	65	68.0	57.6	76.8	88
30-34	66.5	55.6	75.8	83	69.8	56.1	80.7	50	71.8	59.6	81.6	60	61.2	48.2	72.8	56
35+	62.8	47.1	76.2	42	*	*	*	*	52.4	36.8	67.7	35	*	*	*	*
ETHNICITY																
Non-Hispanic	65.5	58.7	71.6	213	60.9	53.0	68.3	154	58.0	51.1	64.5	195	63.3	56.9	69.3	228
Hispanic	*	*	*	*	46.1	32.1	60.7	43	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	*	*	*	*	38.1	25.3	52.8	42	31.3	18.3	48.0	32	*	*	*	*
Married	71.7	65.2	77.4	198	66.0	58.6	72.8	156	62.9	56.0	69.3	178	67.5	61.5	73.1	228
INCOME																
Less than \$15,000	*	*	*	*	37.6	23.4	54.2	35	40.5	26.3	56.5	35	58.5	46.3	69.8	67
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	42.1	27.8	57.9	36	52.7	37.1	67.8	37
\$25,000 - \$34,999	53.6	36.2	70.1	31	52.9	36.8	68.4	35	*	*	*	*	61.1	46.4	74.0	46
\$35,000 - \$49,999	75.5	58.1	87.2	32	68.0	50.7	81.4	34	57.9	42.8	71.7	38	*	*	*	*
\$50,000+	72.1	63.2	79.5	116	67.9	56.5	77.6	70	67.0	55.7	76.7	69	71.9	60.2	81.2	64
EDUCATION																
K-11th Grade	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
High School or GED	*	*	*	*	42.5	27.9	58.6	36	48.7	35.3	62.3	47	43.8	28.7	60.2	35
Some College	59.4	48.2	69.8	78	60.6	50.0	70.3	86	52.0	40.7	63.1	68	60.7	51.3	69.3	106
College Graduate+	75.9	67.1	83.0	112	74.9	61.3	84.9	49	72.5	62.4	80.7	80	76.6	67.4	83.8	94

*Figure not reliable by PRATS standards (n < 30)

1. Babies who were not at least six months old at the time of the survey were excluded from analysis

Self-Reported Postpartum Depression

Idaho mothers who reported being moderately or severely depressed during the three months after pregnancy¹, 2013

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	16.7	14.9	18.7	1,680	12.0	8.4	16.8	230	16.2	12.2	21.1	237	19.4	14.4	25.7	193
AGE																
18-19	18.7	10.4	31.2	60	*	*	*	*	*	*	*	*	*	*	*	*
20-24	19.5	15.2	24.8	325	*	*	*	*	29.2	18.4	43.0	45	14.7	6.2	31.1	33
25-29	18.0	14.9	21.6	592	11.2	6.1	19.8	87	12.1	7.2	19.6	89	25.3	16.5	36.6	74
30-34	12.7	9.8	16.3	467	9.0	4.2	17.9	62	11.5	6.1	20.6	57	15.0	8.1	26.2	57
35+	16.8	12.4	22.5	236	14.4	6.3	29.6	39	10.3	4.4	22.2	35	*	*	*	*
ETHNICITY																
Non-Hispanic	17.0	15.0	19.1	1,510	11.3	7.8	16.3	220	16.7	12.6	21.7	232	17.7	12.4	24.6	152
Hispanic	15.0	10.2	21.6	169	*	*	*	*	*	*	*	*	25.2	14.1	41.0	41
MARITAL STATUS																
Not Married	19.4	15.1	24.5	300	16.4	9.1	27.8	55	21.3	12.8	33.2	47	20.9	11.5	35.1	43
Married	15.8	13.8	17.9	1,380	9.7	6.3	14.7	175	13.7	10.0	18.5	190	18.7	13.3	25.5	150
INCOME																
Less than \$15,000	21.1	16.6	26.5	295	15.1	6.7	30.7	34	30.5	18.5	45.8	36	22.8	12.6	37.5	42
\$15,000 - \$24,999	18.6	13.7	24.9	236	14.0	6.1	29.1	34	*	*	*	*	18.0	8.3	34.8	33
\$25,000 - \$34,999	18.5	13.9	24.3	247	8.6	3.0	22.5	33	16.2	7.4	31.9	30	20.9	9.8	39.3	30
\$35,000 - \$49,999	13.4	9.5	18.7	250	8.0	2.8	21.1	35	17.8	9.9	30.0	41	*	*	*	*
\$50,000+	14.5	11.8	17.8	606	11.4	6.2	20.0	87	8.8	5.0	14.9	96	21.6	12.2	35.4	49
EDUCATION																
K-11th Grade	16.8	10.6	25.6	99	*	*	*	*	*	*	*	*	*	*	*	*
High School or GED	18.4	14.2	23.5	340	4.5	1.2	15.6	47	23.2	14.2	35.5	50	20.0	11.7	32.0	63
Some College	18.2	15.3	21.6	647	19.7	13.3	28.3	108	17.2	10.7	26.4	81	16.0	9.1	26.7	69
College Graduate+	13.8	11.1	17.1	586	4.5	1.5	12.3	63	8.6	4.9	14.6	99	24.7	14.4	39.1	46

*Figure not reliable by PRATS standards (n < 30)

1. During the three months after delivery.

Self-Reported Postpartum Depression

Idaho mothers who reported being moderately or severely depressed during the three months after pregnancy¹, 2013

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	15.5	11.5	20.4	263	14.0	10.0	19.2	223	20.9	16.4	26.2	249	18.3	14.3	23.2	285
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	27.6	14.7	45.7	34	11.6	5.0	24.8	41	26.8	17.1	39.2	58	15.5	9.3	24.7	85
25-29	13.6	7.9	22.2	84	12.8	7.4	21.5	83	21.5	13.9	31.8	75	24.4	17.2	33.4	100
30-34	13.0	7.7	21.0	98	11.5	5.3	23.0	59	12.5	6.9	21.7	68	13.2	6.7	24.2	66
35+	13.2	6.1	26.1	43	*	*	*	*	24.5	14.1	39.2	42	*	*	*	*
ETHNICITY																
Non-Hispanic	15.5	11.4	20.6	246	14.1	9.7	20.2	170	23.1	18.2	28.8	229	20.1	15.7	25.4	261
Hispanic	*	*	*	*	13.6	6.7	25.8	52	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	18.0	9.0	32.7	39	17.8	9.4	31.0	45	24.4	14.5	38.1	45	*	*	*	*
Married	14.7	10.8	19.9	224	12.4	8.4	17.8	178	19.6	15.0	25.3	204	18.2	14.1	23.1	259
INCOME																
Less than \$15,000	*	*	*	*	15.0	6.6	30.5	39	31.9	20.2	46.3	45	20.9	13.0	31.7	78
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	11.8	5.2	24.7	46	18.4	9.6	32.2	41
\$25,000 - \$34,999	16.4	7.6	32.1	36	26.6	15.2	42.5	39	18.4	8.2	36.3	30	18.2	10.2	30.3	49
\$35,000 - \$49,999	12.0	4.6	27.9	35	4.9	1.3	16.8	37	17.1	8.7	30.8	41	20.4	9.6	38.2	32
\$50,000+	13.0	8.4	19.5	137	9.9	5.2	18.2	78	22.2	14.8	31.9	80	16.5	10.0	25.9	79
EDUCATION																
K-11th Grade	*	*	*	*	26.8	13.8	45.5	31	*	*	*	*	*	*	*	*
High School or GED	27.1	14.2	45.4	32	9.6	4.2	20.7	43	24.8	15.9	36.6	64	14.6	6.6	29.0	41
Some College	18.6	12.1	27.7	96	14.3	8.6	22.9	93	22.5	15.0	32.4	81	19.6	13.6	27.6	119
College Graduate+	10.0	6.0	16.3	126	8.9	3.9	19.1	55	17.2	11.0	26.1	87	20.6	14.2	29.0	110

*Figure not reliable by PRATS standards (n < 30)

1. During the three months after delivery.

No Well-Baby Care

Idaho mothers who never took their baby for routine well-baby care, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	1.2	0.7 1.8	1,612	1.6	0.6 4.0	216	2.9	1.5 5.6	230	1.9	0.7 4.9	181
AGE												
18-19	0.0	0.0 0.0	56	*	* *	*	*	* *	*	*	* *	*
20-24	1.6	0.6 3.9	316	*	* *	*	1.6	0.3 8.4	44	4.5	1.2 16.1	33
25-29	0.5	0.2 1.2	562	2.3	0.6 8.3	77	3.1	0.9 10.2	89	0.0	0.0 0.0	69
30-34	1.2	0.5 2.5	453	1.5	0.2 9.1	61	3.5	1.1 11.1	53	1.8	0.3 11.3	53
35+	2.5	1.0 6.0	225	2.4	0.4 13.7	38	5.4	1.6 16.7	33	*	* *	*
ETHNICITY												
Non-Hispanic	1.0	0.6 1.6	1,465	1.7	0.7 4.2	207	3.0	1.5 5.8	225	1.8	0.6 5.3	145
Hispanic	2.2	0.7 6.6	146	*	* *	*	*	* *	*	2.2	0.3 13.7	36
MARITAL STATUS												
Not Married	0.6	0.1 2.5	287	0.0	0.0 0.0	53	2.2	0.4 11.4	45	0.0	0.0 0.0	39
Married	1.4	0.9 2.1	1,325	2.5	1.0 6.0	163	3.2	1.6 6.4	185	2.8	1.1 7.1	142
INCOME												
Less than \$15,000	1.0	0.3 2.9	279	0.0	0.0 0.0	31	0.0	0.0 0.0	35	1.8	0.3 11.0	37
\$15,000 - \$24,999	1.9	0.7 4.8	225	2.4	0.4 14.0	31	*	* *	*	2.8	0.4 16.9	31
\$25,000 - \$34,999	2.8	1.3 6.1	237	3.0	0.5 16.7	32	*	* *	*	6.2	1.6 21.2	30
\$35,000 - \$49,999	1.1	0.4 3.1	239	0.0	0.0 0.0	31	4.5	1.3 13.9	41			
\$50,000+	0.3	0.1 0.9	590	2.3	0.6 8.1	84	1.0	0.2 5.4	92	0.0	0.0 0.0	48
EDUCATION												
K-11th Grade	7.7	3.6 15.7	83	*	* *	*	*	* *	*	*	* *	*
High School or GED	0.3	0.1 1.1	326	1.7	0.3 10.3	46	3.1	0.9 9.9	47	0.0	0.0 0.0	61
Some College	1.1	0.5 2.4	621	0.0	0.0 0.0	99	0.0	0.0 0.0	80	2.8	0.7 10.2	64
College Graduate+	0.7	0.3 1.5	575	1.6	0.2 9.3	60	3.9	1.7 8.9	96	0.0	0.0 0.0	45

*Figure not reliable by PRATS standards (n < 30)

No Well-Baby Care

Idaho mothers who never took their baby for routine well-baby care, 2013

	Public Health District											
	District 4			District 5			District 6			District 7		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	0.4	0.1 2.4	259	0.8	0.2 3.1	210	0.4	0.1 2.4	239	1.6	0.6 4.3	277
AGE												
18-19	*	* *	*	*	* *	*	*	* *	*	*	* *	*
20-24	2.3	0.3 14.0	35	2.1	0.3 12.9	39	0.0	0.0 0.0	57	0.0	0.0 0.0	80
25-29	0.0	0.0 0.0	81	0.0	0.0 0.0	77	1.3	0.2 7.9	72	0.0	0.0 0.0	97
30-34	0.0	0.0 0.0	97	1.6	0.3 9.9	57	0.0	0.0 0.0	65	2.7	0.7 9.7	67
35+	0.0	0.0 0.0	42	*	* *	*	0.0	0.0 0.0	40	*	* *	*
ETHNICITY												
Non-Hispanic	0.4	0.1 2.5	246	1.1	0.3 4.2	162	0.4	0.1 2.6	223	0.7	0.2 2.8	257
Hispanic	*	* *	*	0.0	0.0 0.0	47	*	* *	*	*	* *	*
MARITAL STATUS												
Not Married	0.0	0.0 0.0	38	0.0	0.0 0.0	44	0.0	0.0 0.0	44	*	* *	*
Married	0.5	0.1 3.0	221	1.2	0.3 4.4	166	0.5	0.1 3.2	195	1.2	0.4 3.5	253
INCOME												
Less than \$15,000	*	* *	*	2.1	0.3 12.4	37	0.0	0.0 0.0	41	1.2	0.2 7.3	76
\$15,000 - \$24,999	*	* *	*	*	* *	*	1.8	0.3 10.7	45	0.0	0.0 0.0	41
\$25,000 - \$34,999	0.0	0.0 0.0	35	0.0	0.0 0.0	35	0.0	0.0 0.0	30	5.6	1.4 19.7	46
\$35,000 - \$49,999	0.0	0.0 0.0	34	2.6	0.4 15.0	36	0.0	0.0 0.0	39	3.1	0.5 17.6	31
\$50,000+	0.0	0.0 0.0	137	0.0	0.0 0.0	75	0.0	0.0 0.0	77	0.0	0.0 0.0	77
EDUCATION												
K-11th Grade	*	* *	*	*	* *	*	*	* *	*	*	* *	*
High School or GED	0.0	0.0 0.0	32	0.0	0.0 0.0	39	0.0	0.0 0.0	63	0.0	0.0 0.0	38
Some College	1.0	0.1 6.2	94	1.0	0.2 6.2	90	1.3	0.2 7.6	76	0.8	0.1 5.3	118
College Graduate+	0.0	0.0 0.0	126	1.8	0.3 10.8	55	0.0	0.0 0.0	85	0.9	0.1 5.8	108

*Figure not reliable by PRATS standards (n < 30)

Hearing Screening

Idaho mothers who reported their baby's hearing was tested, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	94.5	93.1 95.5	1,705	95.8	92.5 97.7	232	94.8	91.6 96.8	240	92.7	87.7 95.7	196
AGE												
18-19	87.0	73.6 94.2	60	*	* *	*	*	* *	*	*	* *	*
20-24	94.3	91.2 96.4	333	*	* *	*	94.0	84.2 97.9	46	96.1	77.8 99.4	33
25-29	95.2	92.9 96.8	598	98.0	92.7 99.5	88	96.0	91.0 98.3	91	91.4	82.0 96.1	75
30-34	95.2	92.5 97.0	475	94.1	86.0 97.7	63	96.7	89.4 99.0	56	94.0	82.8 98.1	59
35+	93.5	89.4 96.1	239	91.6	77.7 97.2	39	92.5	81.4 97.2	36	*	* *	*
ETHNICITY												
Non-Hispanic	95.0	93.6 96.0	1,532	95.6	92.1 97.6	222	94.6	91.4 96.7	235	92.6	86.8 96.0	154
Hispanic	91.0	85.4 94.6	172	*	* *	*	*	* *	*	92.9	79.9 97.7	42
MARITAL STATUS												
Not Married	92.1	88.2 94.8	305	96.4	87.5 99.0	55	95.8	87.0 98.8	48	88.4	75.4 95.0	43
Married	95.3	94.0 96.3	1,400	95.5	91.5 97.6	177	94.3	90.6 96.6	192	94.8	90.1 97.3	153
INCOME												
Less than \$15,000	93.0	88.8 95.7	301	94.7	81.7 98.6	34	96.8	84.1 99.4	38	90.2	76.8 96.3	42
\$15,000 - \$24,999	90.5	85.5 93.9	239	96.4	80.1 99.4	34	*	* *	*	85.8	67.8 94.5	34
\$25,000 - \$34,999	92.8	88.5 95.6	252	94.3	80.9 98.5	33	94.6	83.2 98.4	30	94.0	79.4 98.4	31
\$35,000 - \$49,999	96.2	93.0 98.0	251	97.3	84.8 99.6	35	93.5	83.7 97.6	42	*	* *	*
\$50,000+	96.6	94.9 97.8	613	95.7	89.5 98.3	89	93.2	86.6 96.7	96	94.0	83.3 98.0	49
EDUCATION												
K-11th Grade	88.5	80.0 93.6	102	*	* *	*	*	* *	*	*	* *	*
High School or GED	94.3	90.6 96.5	346	95.6	84.6 98.9	48	92.8	81.7 97.4	50	92.4	81.7 97.1	63
Some College	94.4	92.1 96.1	654	98.4	94.1 99.6	107	98.0	93.5 99.4	82	92.7	83.6 97.0	70
College Graduate+	96.0	94.1 97.3	595	90.5	80.8 95.5	65	92.5	86.8 95.9	101	94.4	80.0 98.6	47

*Figure not reliable by PRATS standards (n < 30)

Hearing Screening

Idaho mothers who reported their baby's hearing was tested, 2013

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	95.8	92.6	97.7	267	93.2	88.8	96.0	227	95.3	92.1	97.3	252	93.7	90.3	96.0	291
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	93.2	81.1	97.8	35	96.7	81.6	99.5	42	91.0	81.8	95.8	61	94.5	87.9	97.6	87
25-29	97.8	91.7	99.4	85	96.1	88.8	98.7	85	96.2	89.4	98.7	74	92.6	85.3	96.4	100
30-34	96.6	89.8	98.9	99	92.7	82.4	97.2	59	96.5	87.6	99.1	69	95.0	85.7	98.4	70
35+	95.7	84.8	98.9	44	*	*	*	*	97.8	87.2	99.7	42	*	*	*	*
ETHNICITY																
Non-Hispanic	95.9	92.5	97.8	250	94.8	90.0	97.3	173	94.8	91.2	97.0	232	95.4	92.3	97.2	266
Hispanic	*	*	*	*	88.7	76.3	95.1	53	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	94.9	82.2	98.7	39	85.1	72.6	92.5	47	95.7	85.5	98.9	47	*	*	*	*
Married	96.1	92.7	97.9	228	96.7	93.0	98.5	180	95.1	91.5	97.3	205	94.0	90.5	96.2	265
INCOME																
Less than \$15,000	*	*	*	*	93.9	79.7	98.4	41	93.5	82.2	97.8	45	95.5	89.0	98.3	79
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	93.1	83.6	97.3	47	91.0	79.0	96.5	42
\$25,000 - \$34,999	95.2	83.1	98.8	37	90.5	74.9	96.8	39	92.7	76.0	98.1	31	90.0	76.3	96.2	51
\$35,000 - \$49,999	100.0	100.0	100.0	35	87.4	71.4	95.1	38	97.5	85.7	99.6	40	94.1	80.0	98.4	32
\$50,000+	98.6	94.7	99.6	139	96.3	89.6	98.8	79	97.6	91.4	99.3	81	95.0	87.9	98.0	80
EDUCATION																
K-11th Grade	*	*	*	*	84.5	66.1	93.8	31	*	*	*	*	*	*	*	*
High School or GED	90.7	74.6	97.0	32	96.9	82.5	99.5	44	95.1	86.3	98.3	66	98.2	88.9	99.7	43
Some College	94.8	88.0	97.8	97	92.6	84.7	96.6	95	95.2	88.5	98.1	80	92.8	87.1	96.1	123
College Graduate+	98.5	94.3	99.6	128	96.5	87.7	99.1	56	94.3	87.6	97.5	88	96.4	91.1	98.6	110

*Figure not reliable by PRATS standards (n < 30)

Immunization Information from PNC Provider

Idaho mothers who reported receiving immunization information from PNC providers, 2013

	Statewide			Public Health District												
				District 1			District 2			District 3						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	69.5	67.0	71.9	1,607	70.8	64.8	76.1	223	83.2	78.2	87.2	228	62.3	55.1	69.1	182
AGE																
18-19	74.2	60.6	84.3	59	*	*	*	*	*	*	*	*	*	*	*	*
20-24	73.9	68.4	78.8	324	*	*	*	*	83.9	70.4	92.0	43	70.0	53.0	82.9	33
25-29	70.4	66.2	74.2	567	77.3	68.3	84.4	87	88.4	80.8	93.3	86	63.6	51.8	74.1	68
30-34	67.1	62.2	71.6	437	66.9	54.3	77.4	58	82.7	72.4	89.8	54	58.8	45.9	70.6	56
35+	63.5	56.6	69.9	220	55.7	40.0	70.4	36	76.3	62.1	86.3	34	*	*	*	*
ETHNICITY																
Non-Hispanic	68.5	65.9	71.1	1,457	71.2	65.1	76.7	213	82.7	77.6	86.8	223	61.1	53.0	68.6	147
Hispanic	76.7	69.4	82.7	149	*	*	*	*	*	*	*	*	67.0	50.5	80.2	35
MARITAL STATUS																
Not Married	77.4	71.9	82.0	292	81.8	70.2	89.6	55	82.2	70.4	90.0	45	74.4	59.0	85.4	39
Married	66.7	64.0	69.3	1,315	64.9	57.8	71.4	168	83.6	78.4	87.8	183	56.6	48.6	64.3	143
INCOME																
Less than \$15,000	74.4	68.6	79.4	284	79.6	63.7	89.7	34	73.3	57.4	84.8	34	67.7	51.6	80.5	37
\$15,000 - \$24,999	69.9	63.0	75.9	228	79.7	63.5	89.8	33	*	*	*	*	62.3	45.0	77.0	32
\$25,000 - \$34,999	69.9	63.4	75.6	241	63.8	47.2	77.7	33	*	*	*	*	60.5	42.5	76.0	30
\$35,000 - \$49,999	62.4	55.6	68.8	236	57.3	41.6	71.7	35	81.4	68.8	89.6	39				
\$50,000+	68.2	64.0	72.1	576	69.5	59.3	78.2	81	83.3	75.6	89.0	95	60.7	46.2	73.4	45
EDUCATION																
K-11th Grade	72.6	62.2	81.0	87	*	*	*	*	*	*	*	*	*	*	*	*
High School or GED	69.6	63.9	74.8	331	80.9	68.3	89.3	47	75.4	62.4	85.0	50	59.0	46.2	70.6	60
Some College	71.3	67.4	74.9	629	62.9	53.7	71.3	105	85.4	77.4	90.9	79	65.6	53.7	75.9	66
College Graduate+	66.7	62.4	70.7	554	74.4	62.3	83.6	59	86.7	79.6	91.6	93	64.2	49.9	76.3	46

*Figure not reliable by PRATS standards (n < 30)

Immunization Information from PNC Provider

Idaho mothers who reported receiving immunization information from PNC providers, 2013

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	69.2	63.3	74.5	250	75.1	69.0	80.3	213	72.1	66.2	77.3	237	66.4	60.7	71.6	274
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	66.1	49.0	79.9	34	80.3	65.6	89.7	42	80.4	68.5	88.6	57	72.6	62.4	80.9	86
25-29	73.3	62.6	81.8	79	75.3	64.7	83.5	77	76.0	65.3	84.2	74	57.0	47.2	66.3	96
30-34	64.4	54.2	73.4	91	70.1	57.3	80.4	56	72.5	60.7	81.9	60	72.6	60.7	82.0	62
35+	70.8	56.1	82.2	42	*	*	*	*	54.4	39.7	68.3	41	*	*	*	*
ETHNICITY																
Non-Hispanic	67.3	61.2	73.0	237	77.5	70.8	83.1	165	70.0	63.8	75.5	219	64.2	58.3	69.8	253
Hispanic	*	*	*	*	67.5	53.4	79.0	47	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	76.9	61.7	87.4	39	78.3	64.8	87.6	46	67.4	53.1	79.1	43	*	*	*	*
Married	66.8	60.4	72.7	211	73.7	66.8	79.6	167	73.7	67.5	79.1	194	63.1	57.1	68.6	249
INCOME																
Less than \$15,000	*	*	*	*	78.1	62.4	88.5	39	73.4	58.8	84.3	43	71.7	61.0	80.4	77
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	67.9	53.7	79.5	47	75.5	60.5	86.0	39
\$25,000 - \$34,999	76.5	59.6	87.8	35	66.5	50.1	79.6	37	*	*	*	*	68.1	54.6	79.2	50
\$35,000 - \$49,999	63.0	45.9	77.3	33	73.8	58.1	85.1	35	68.6	52.6	81.1	35	53.2	36.0	69.6	30
\$50,000+	67.7	59.4	74.9	131	75.5	65.1	83.6	75	73.7	63.3	82.0	77	56.9	45.8	67.4	72
EDUCATION																
K-11th Grade																
High School or GED	*	*	*	*	72.9	57.6	84.2	41	78.1	66.3	86.6	61	75.3	60.5	85.9	43
Some College	71.3	61.3	79.5	92	84.1	75.4	90.1	90	71.3	60.6	80.1	79	68.5	60.0	75.9	118
College Graduate+	67.7	59.1	75.3	120	70.5	57.6	80.8	53	66.7	56.4	75.6	81	55.4	46.0	64.4	102

*Figure not reliable by PRATS standards (n < 30)

Immunizations Up to Date

Idaho mothers who reported their baby's immunizations were up to date, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	88.5	86.9 90.0	1,692	79.7	74.3 84.3	230	84.8	80.3 88.4	236	88.7	83.6 92.4	193
AGE												
18-19	97.1	89.8 99.2	58	*	* *	*	*	* *	*	*	* *	*
20-24	89.6	85.8 92.5	329	*	* *	*	75.7	63.3 84.9	45	89.3	74.3 96.0	33
25-29	89.6	86.9 91.8	597	78.7	69.3 85.8	88	85.9	78.1 91.2	89	88.1	78.6 93.7	76
30-34	87.5	84.0 90.3	470	84.5	73.3 91.5	61	86.7	77.1 92.6	56	89.6	79.0 95.1	56
35+	83.6	78.2 87.9	238	69.3	54.4 81.0	40	87.5	75.3 94.1	36			
ETHNICITY												
Non-Hispanic	87.6	85.8 89.2	1,521	79.2	73.5 83.9	220	84.3	79.8 88.0	231	87.6	81.5 91.8	152
Hispanic	95.5	91.0 97.8	170	*	* *	*	*	* *	*	92.6	79.2 97.6	41
MARITAL STATUS												
Not Married	92.7	89.2 95.2	302	83.6	72.2 91.0	55	91.5	81.5 96.3	47	92.7	80.1 97.6	41
Married	87.1	85.2 88.8	1,390	77.7	71.4 83.0	175	81.5	76.2 85.8	189	86.8	80.7 91.3	152
INCOME												
Less than \$15,000	90.5	86.3 93.5	299	82.9	67.4 91.9	34	88.3	76.0 94.7	37	87.1	73.8 94.1	42
\$15,000 - \$24,999	87.9	82.9 91.6	236	87.4	73.4 94.6	34	*	* *	*	87.0	72.5 94.4	34
\$25,000 - \$34,999	87.2	82.5 90.7	253	85.2	70.0 93.5	32	*	* *	*	91.2	76.5 97.1	32
\$35,000 - \$49,999	86.2	81.2 90.0	252	75.3	58.7 86.8	35	80.4	68.2 88.7	42			
\$50,000+	89.1	86.3 91.4	612	75.9	66.3 83.4	89	93.2	87.5 96.4	96	89.7	78.0 95.6	48
EDUCATION												
K-11th Grade	91.9	85.7 95.5	98	*	* *	*	*	* *	*	*	* *	*
High School or GED	89.0	85.2 91.9	344	75.8	62.4 85.5	48	82.3	71.1 89.8	49	88.8	78.2 94.6	63
Some College	86.5	83.5 89.0	650	83.4	75.6 89.0	106	89.0	81.6 93.6	81	87.2	78.0 92.9	70
College Graduate+	89.8	87.0 92.0	592	79.2	67.9 87.2	64	84.1	77.0 89.3	101	91.4	79.6 96.7	45

*Figure not reliable by PRATS standards (n < 30)

Immunizations Up to Date

Idaho mothers who reported their baby's immunizations were up to date, 2013

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	89.9	85.8	92.9	264	89.5	85.1	92.8	227	91.7	87.9	94.4	252	89.8	85.9	92.7	290
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	89.5	74.9	96.0	35	98.0	88.0	99.7	42	89.9	79.8	95.3	59	91.2	83.8	95.5	87
25-29	94.3	87.2	97.6	83	87.3	78.8	92.7	84	93.8	86.6	97.3	76	92.5	86.1	96.1	101
30-34	87.0	79.0	92.3	98	86.2	75.9	92.5	60	94.5	86.9	97.8	69	84.8	74.6	91.3	70
35+	87.1	74.4	94.0	44	*	*	*	*	84.6	71.8	92.2	42	*	*	*	*
ETHNICITY																
Non-Hispanic	89.2	84.9	92.4	249	87.6	82.0	91.6	172	90.9	86.7	93.8	232	89.3	85.1	92.4	265
Hispanic	*	*	*	*	96.2	86.1	99.0	54	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	94.9	82.2	98.7	39	93.6	82.7	97.8	47	95.8	85.8	98.9	48	*	*	*	*
Married	88.4	83.7	91.9	225	87.8	82.4	91.7	180	90.2	85.6	93.4	204	88.7	84.5	91.9	265
INCOME																
Less than \$15,000	*	*	*	*	95.1	82.7	98.8	41	90.9	78.7	96.4	46	94.3	87.3	97.5	78
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	96.5	87.7	99.1	46	86.2	73.1	93.5	41
\$25,000 - \$34,999	85.6	71.5	93.3	37	90.0	76.5	96.1	40	82.8	67.4	91.8	31	89.7	79.2	95.2	52
\$35,000 - \$49,999	92.3	79.0	97.4	35	85.7	72.1	93.3	38	92.7	80.7	97.5	41	76.7	58.9	88.3	32
\$50,000+	90.8	84.9	94.5	139	89.0	80.5	94.0	79	91.5	83.8	95.7	81	91.3	83.2	95.7	80
EDUCATION																
K-11th Grade	*	*	*	*	95.0	82.6	98.7	32	*	*	*	*	*	*	*	*
High School or GED	92.1	78.5	97.4	31	93.2	81.2	97.8	44	92.8	84.2	96.9	67	90.6	79.6	96.0	42
Some College	84.8	76.3	90.6	96	84.6	76.2	90.4	94	91.7	84.1	95.8	80	88.9	82.4	93.2	123
College Graduate+	92.4	86.6	95.8	128	93.0	83.4	97.3	56	88.6	80.7	93.6	88	89.3	81.9	93.9	110

*Figure not reliable by PRATS standards (n < 30)

Baby Sleep Position

Idaho mothers who lay their baby on his or her back to sleep, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	81.5	79.4 83.4	1,672	80.2	74.7 84.8	229	83.9	79.1 87.7	238	82.9	76.8 87.6	189
AGE												
18-19	81.1	68.1 89.6	59	*	* *	*	*	* *	*	*	* *	*
20-24	84.7	80.1 88.4	319	*	* *	*	81.6	68.6 89.9	45	*	* *	*
25-29	80.2	76.4 83.5	594	77.4	67.3 85.0	86	87.0	79.5 92.0	90	82.1	71.5 89.4	74
30-34	81.9	77.9 85.3	465	81.2	70.2 88.7	62	85.3	74.6 91.9	57	83.6	72.4 90.8	58
35+	79.0	73.0 84.0	235	85.1	71.1 93.0	40	74.4	59.3 85.2	35	*	* *	*
ETHNICITY												
Non-Hispanic	83.6	81.6 85.5	1,506	79.8	74.0 84.5	220	83.4	78.5 87.4	233	86.3	80.0 90.8	150
Hispanic	66.3	58.4 73.4	165	*	* *	*	*	* *	*	70.8	54.6 83.1	39
MARITAL STATUS												
Not Married	77.3	72.1 81.8	297	76.4	64.2 85.3	55	83.0	71.5 90.5	47	85.0	70.9 93.0	40
Married	82.9	80.7 84.9	1,375	82.2	76.2 86.9	174	84.3	79.3 88.3	191	81.9	75.1 87.2	149
INCOME												
Less than \$15,000	77.9	72.4 82.5	291	74.3	58.1 85.8	34	78.0	62.9 88.1	36	78.9	63.3 89.0	39
\$15,000 - \$24,999	80.6	74.6 85.4	235	82.4	66.5 91.7	34	*	* *	*	86.6	71.9 94.3	33
\$25,000 - \$34,999	76.2	70.0 81.5	246	91.4	77.5 97.0	33	86.4	73.2 93.7	30	74.6	57.1 86.6	30
\$35,000 - \$49,999	86.5	81.2 90.5	245	80.3	64.8 90.0	33	89.1	78.3 94.9	42	*	* *	*
\$50,000+	83.7	80.4 86.6	607	76.4	66.5 84.1	88	83.5	75.4 89.3	96	81.9	69.1 90.2	49
EDUCATION												
K-11th Grade	60.4	49.7 70.1	96	*	* *	*	*	* *	*	*	* *	*
High School or GED	81.7	76.8 85.7	335	79.4	65.6 88.7	47	84.1	72.4 91.4	50	86.4	74.9 93.1	58
Some College	82.5	79.1 85.4	647	80.9	72.4 87.3	107	81.8	72.9 88.3	81	80.7	69.5 88.5	70
College Graduate+	85.3	82.0 88.0	586	83.7	73.4 90.5	63	86.8	79.6 91.7	100	87.6	75.4 94.2	47

*Figure not reliable by PRATS standards (n < 30)

Baby Sleep Position

Idaho mothers who lay their baby on his or her back to sleep, 2013

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	83.0	78.1	87.1	263	75.2	69.0	80.4	221	83.9	78.8	88.0	245	81.0	75.9	85.2	287
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	89.2	74.3	95.9	34	78.3	62.5	88.6	38	82.4	70.2	90.3	59	87.8	79.7	93.0	86
25-29	77.7	67.5	85.4	85	77.8	67.2	85.7	84	89.0	80.0	94.2	74	78.8	69.8	85.6	101
30-34	85.0	76.6	90.7	97	75.0	62.8	84.1	58	82.1	71.1	89.6	67	77.9	65.3	86.8	66
35+	84.6	71.4	92.4	43	*	*	*	*	84.9	70.9	92.8	40	*	*	*	*
ETHNICITY																
Non-Hispanic	84.9	79.9	88.8	246	79.6	72.8	85.0	168	86.0	80.9	89.9	227	83.1	78.2	87.1	262
Hispanic	*	*	*	*	64.1	50.3	75.8	52	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	84.6	70.2	92.8	39	65.2	51.2	77.0	46	70.5	56.4	81.5	44	*	*	*	*
Married	82.6	77.2	86.9	224	79.4	73.1	84.6	175	88.6	83.7	92.1	201	83.1	78.3	87.1	261
INCOME																
Less than \$15,000	*	*	*	*	69.3	54.0	81.3	40	79.7	65.0	89.2	42	80.1	69.6	87.6	78
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	73.7	59.2	84.3	46	88.8	73.9	95.7	41
\$25,000 - \$34,999	73.7	57.6	85.3	36	56.6	40.3	71.6	36	*	*	*	*	76.4	62.9	86.0	52
\$35,000 - \$49,999	84.2	69.1	92.7	34	85.0	69.1	93.5	38	95.0	83.2	98.7	40	81.5	62.9	92.0	30
\$50,000+	86.6	79.8	91.3	137	85.1	76.0	91.2	78	84.5	75.2	90.7	80	81.0	71.3	88.0	79
EDUCATION																
K-11th Grade	*	*	*	*	64.5	46.6	79.1	30	*	*	*	*	*	*	*	*
High School or GED	83.9	66.6	93.2	32	66.7	51.5	79.0	42	80.1	68.4	88.3	64	85.7	71.5	93.5	42
Some College	82.2	73.6	88.5	94	81.5	71.9	88.4	93	84.0	74.9	90.3	81	85.6	78.2	90.7	121
College Graduate+	87.0	80.3	91.7	127	79.3	66.9	87.9	55	91.8	84.3	95.9	85	80.0	71.8	86.2	109

*Figure not reliable by PRATS standards (n < 30)

Day Care

Idaho mothers who took their baby to day care¹, 2013

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
TOTAL	38.8	35.2 42.6	780	39.6	31.1 48.7	107	59.0	50.9 66.7	127	27.2	18.6 37.9	83
AGE												
18-19	38.3	22.8 56.6	33	*	* *	*	*	* *	*	*	* *	*
20-24	26.2	19.4 34.5	151	*	* *	*	*	* *	*	*	* *	*
25-29	41.6	35.4 48.0	267	45.8	31.2 61.2	37	70.5	56.4 81.4	40	21.8	11.2 38.2	36
30-34	41.3	34.6 48.3	226	37.3	23.4 53.6	33	73.5	57.3 85.2	31	*	* *	*
35+	46.5	36.1 57.3	103	*	* *	*	*	* *	*	*	* *	*
ETHNICITY												
Non-Hispanic	39.8	36.0 43.8	709	38.9	30.4 48.2	103	59.7	51.4 67.4	124	30.4	20.3 42.8	66
Hispanic	31.4	21.3 43.5	71	*	* *	*	*	* *	*	*	* *	*
MARITAL STATUS												
Not Married	35.2	28.2 42.9	183	25.8	14.0 42.7	31	50.0	35.7 64.3	34	*	* *	*
Married	40.6	36.5 44.8	597	48.7	38.3 59.2	76	65.6	56.8 73.5	93	25.0	15.9 37.1	60
INCOME												
Less than \$15,000	19.5	13.5 27.3	135	*	* *	*	*	* *	*	*	* *	*
\$15,000 - \$24,999	40.2	30.5 50.7	106	*	* *	*	*	* *	*	*	* *	*
\$25,000 - \$34,999	29.5	20.4 40.6	92	*	* *	*	*	* *	*	*	* *	*
\$35,000 - \$49,999	30.4	22.3 40.0	114	*	* *	*	*	* *	*	*	* *	*
\$50,000+	56.4	50.4 62.2	315	58.9	45.2 71.3	48	69.1	58.0 78.5	63	*	* *	*
EDUCATION												
K-11th Grade	*	* *	*	*	* *	*	*	* *	*	*	* *	*
High School or GED	30.0	22.7 38.3	153	*	* *	*	*	* *	*	*	* *	*
Some College	38.1	32.2 44.3	294	36.8	25.0 50.5	49	59.3	44.8 72.3	40	*	* *	*
College Graduate+	47.0	40.9 53.1	304	43.1	29.6 57.7	41	73.4	62.4 82.2	60	*	* *	*

*Figure not reliable by PRATS standards (n < 30)

1. Among mothers who were working or attending school.

Day Care

Idaho mothers who took their baby to day care¹, 2013

	Public Health District															
	District 4			District 5			District 6			District 7						
	%	95% CI		n	%	95% CI		n	%	95% CI		n	%	95% CI		n
TOTAL	48.1	40.0	56.2	143	39.2	30.5	48.5	107	34.8	26.9	43.7	113	24.9	17.7	33.8	100
AGE																
18-19	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
20-24	*	*	*	*	*	*	*	*	*	*	*	*	15.6	7.3	30.0	36
25-29	55.9	41.4	69.4	45	43.8	29.7	59.0	40	26.9	15.5	42.4	38	37.3	22.6	54.9	31
30-34	46.4	33.8	59.6	55	*	*	*	*	*	*	*	*	*	*	*	*
35+	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
ETHNICITY																
Non-Hispanic	46.0	37.8	54.5	134	42.7	32.9	53.2	86	36.4	28.1	45.6	106	26.0	18.3	35.6	90
Hispanic	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
MARITAL STATUS																
Not Married	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Married	48.7	39.9	57.6	115	39.5	29.9	50.0	81	33.7	25.0	43.7	86	30.2	21.8	40.3	86
INCOME																
Less than \$15,000	*	*	*	*	*	*	*	*	*	*	*	*	14.6	6.2	30.8	34
\$15,000 - \$24,999	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
\$25,000 - \$34,999	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
\$35,000 - \$49,999	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
\$50,000+	60.5	49.6	70.4	79	50.4	36.6	64.2	45	51.5	36.3	66.4	36	*	*	*	*
EDUCATION																
K-11th Grade	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
High School or GED	*	*	*	*	*	*	*	*	28.1	15.3	45.8	31	*	*	*	*
Some College	47.9	33.8	62.3	45	38.0	26.0	51.7	52	34.0	20.5	50.7	34	24.9	14.5	39.3	45
College Graduate+	49.2	38.6	59.9	80	*	*	*	*	44.2	31.0	58.3	43	*	*	*	*

*Figure not reliable by PRATS standards (n < 30)

1. Among mothers who were working or attending school.



PRATS

2013 ANNUAL REPORT

APPENDICES



Appendix A: Maternal and Infant Health Trends

The tables on the following pages present maternal and infant health data for Idaho and each health district from 2006 to 2013. The variable names and descriptions are provided below.

Variable	Description
Unintended Pregnancy	Mothers who reported their pregnancy was unintended
No Birth Control Use	Mothers not using birth control when they became pregnant (among those not trying to get pregnant)
No Health Insurance	Mothers who did not have health insurance prior to pregnancy (excluding Medicaid)
Medicaid Utilization	Mothers who reported Medicaid as a payment source for prenatal care and/or delivery
Overweight/Obesity	Mothers who were overweight or obese prior to pregnancy (BMI greater than or equal to 25)
First Trimester Prenatal Care	Mothers who began prenatal care during the first trimester
WIC	Mothers who participated in the WIC Program during pregnancy
Multivitamin Use	Mothers who regularly took a multivitamin during the third trimester
HIV Testing	Mothers who received an HIV test during pregnancy
No Dental Care	Mothers who did not receive routine dental care during pregnancy
Exercise	Mothers who exercised during the third trimester
Stressful Life Events	Mothers who experienced three or more stressful life events in the 12 months prior to delivery
Physical Abuse	Mothers who experienced physical abuse during pregnancy
Smoking	Mothers who smoked during the third trimester
Alcohol Use	Mothers who drank alcohol during the third trimester
Breastfeeding Initiation	Mothers who ever breastfed
Breastfeeding Duration (6 mos+)	Mothers who breastfed for at least six months
Postpartum Depression	Mothers who reported being moderately or severely depressed during the three months after pregnancy
No Well-Baby Care	Mothers who never took their baby for routine well-baby care
Hearing Screening	Mothers who reported their baby's hearing was tested
Immunization Information from PNC Provider	Mothers who reported receiving information about their baby's immunizations from a prenatal care provider
Immunizations Up to Date	Mothers who reported their baby's immunizations were up to date
Baby Sleep Position (On Back)	Mothers who lay their baby on his or her back to sleep
Day Care	Mothers who took their baby to day care (among those working or attending school)

Appendix A: Maternal and Infant Health Trends

By Health District, PRATS 2006-2013

		Year								
		2006			2007			2008		
Idaho		%	95% CI	n	%	95% CI	n	%	95% CI	n
	Unintended Pregnancy	34.4	32.4 36.5	2,327	36.3	34.1 38.5	2,294	34.7	32.6 36.8	2,316
	No Birth Control Use	59.7	56.4 63.0	970	58.5	54.9 62.0	905	59.5	56.1 62.9	927
	No Health Insurance	38.7	36.7 40.8	2,355	37.3	35.2 39.5	2,313	35.6	33.5 37.7	2,341
	Medicaid Utilization	39.0	37.0 41.1	2,326	38.4	36.2 40.5	2,265	38.6	36.5 40.7	2,283
	Overweight/Obesity	37.5	35.4 39.6	2,261	41.2	39.0 43.5	2,229	40.6	38.5 42.8	2,255
	First Trimester Prenatal Care	86.1	84.5 87.5	2,298	86.5	84.9 87.9	2,247	88.9	87.4 90.2	2,254
	WIC Participation	36.9	34.9 39.0	2,341	34.9	32.8 37.0	2,302	36.4	34.3 38.5	2,303
	Multivitamin Use	80.2	78.5 81.8	2,336	79.8	78.0 81.5	2,299	81.5	79.8 83.2	2,307
	HIV Testing	52.6	50.5 54.8	2,326	48.6	46.4 50.8	2,288	45.2	43.1 47.4	2,268
	No Dental Care	56.6	54.4 58.7	2,338	54.5	52.3 56.7	2,303	49.6	47.4 51.7	2,300
	Exercise During Pregnancy	*	* * *	*	*	* * *	*	57.9	55.8 60.1	2,311
	Stressful Life Events	*	* * *	*	*	* * *	*	25.5	23.6 27.5	2,332
	Physical Abuse	4.4	3.5 5.4	2,352	4.1	3.2 5.2	2,313	4.3	3.5 5.4	2,328
	Smoking	8.4	7.2 9.7	2,341	8.0	6.8 9.5	2,304	8.1	6.9 9.4	2,326
	Alcohol Use	3.4	2.7 4.4	2,347	3.3	2.6 4.2	2,311	2.9	2.2 3.7	2,323
	Breastfeeding Initiation	91.6	90.3 92.7	2,348	89.9	88.5 91.2	2,311	91.5	90.2 92.6	2,331
	Breastfeeding Duration (6 mos +)	54.0	51.8 56.2	2,206	50.5	48.2 52.8	2,123	55.2	52.9 57.4	2,096
	Postpartum Depression	18.1	16.5 19.9	2,340	17.4	15.7 19.2	2,306	16.4	14.9 18.0	2,327
	No Well-Baby Care	3.0	2.3 3.9	2,127	3.1	2.4 4.1	2,060	2.9	2.2 3.7	2,042
	Hearing Screening	92.6	91.4 93.7	2,349	94.2	93.1 95.1	2,312	93.7	92.6 94.6	2,328
	Immun. Info By PNC Provider	45.0	42.9 47.2	2,357	45.3	43.1 47.5	2,312	66.9	64.7 69.0	2,133
Immunizations Up to Date	88.9	87.5 90.1	2,333	88.2	86.7 89.5	2,295	87.0	85.5 88.3	2,327	
Baby Sleeps on Back	75.6	73.7 77.4	2,301	77.7	75.8 79.5	2,261	78.5	76.6 80.3	2,308	
Day Care	*	* * *	*	*	* * *	*	40.5	37.4 43.8	1,057	
District 1		%	95% CI	n	%	95% CI	n	%	95% CI	n
	Unintended Pregnancy	39.3	34.1 44.6	295	38.0	32.3 43.9	277	42.5	37.3 47.9	301
	No Birth Control Use	61.8	54.1 68.9	142	66.6	57.5 74.7	111	57.3	49.3 64.9	136
	No Health Insurance	46.6	41.4 52.0	300	46.2	40.4 52.0	279	43.4	38.2 48.7	305
	Medicaid Utilization	39.2	34.1 44.5	296	40.8	35.0 46.8	273	42.5	37.3 48.0	297
	Overweight/Obesity	38.8	33.8 44.2	293	40.6	35.1 46.4	277	39.1	34.0 44.4	297
	First Trimester Prenatal Care	87.1	82.9 90.3	291	84.6	79.7 88.5	271	86.5	82.4 89.8	293
	WIC Participation	43.4	38.2 48.7	300	34.8	29.4 40.7	278	38.2	33.1 43.6	299
	Multivitamin Use	82.5	78.1 86.2	298	79.8	74.7 84.1	278	83.7	79.3 87.2	300
	HIV Testing	56.7	51.4 61.9	300	53.8	47.9 59.5	277	53.7	48.3 59.0	294
	No Dental Care	58.1	52.8 63.2	300	60.2	54.4 65.6	278	57.4	52.1 62.6	298
	Exercise During Pregnancy	*	* * *	*	*	* * *	*	63.9	58.6 68.8	302
	Stressful Life Events	*	* * *	*	*	* * *	*	33.5	28.6 38.8	305
	Physical Abuse	5.0	3.1 8.0	300	2.5	1.1 5.4	279	5.7	3.6 8.9	303
	Smoking	12.5	9.3 16.6	299	12.1	8.6 16.8	278	11.9	8.7 16.1	304
	Alcohol Use	4.7	2.9 7.5	300	4.6	2.7 7.7	279	4.0	2.4 6.7	303
	Breastfeeding Initiation	94.2	91.2 96.3	299	91.5	88.0 94.1	278	90.3	86.6 93.1	304
	Breastfeeding Duration (6 mos +)	57.4	51.9 62.8	278	54.3	48.2 60.3	256	58.7	53.1 64.1	274
	Postpartum Depression	18.1	14.3 22.7	297	14.9	11.0 19.8	278	18.2	14.4 22.7	304
	No Well-Baby Care	1.9	0.8 4.2	263	4.2	2.4 7.3	244	4.3	2.5 7.3	256
	Hearing Screening	89.9	86.2 92.7	300	92.1	88.6 94.6	278	89.5	85.8 92.3	303
	Immun. Info By PNC Provider	54.0	48.7 59.2	300	51.7	45.8 57.4	279	74.9	69.8 79.4	276
Immunizations Up to Date	88.8	85.0 91.7	299	78.3	73.2 82.7	277	80.2	75.7 84.0	304	
Baby Sleeps on Back	76.8	72.0 81.0	292	81.7	76.7 85.8	276	79.3	74.7 83.3	302	
Day Care	*	* * *	*	*	* * *	*	39.3	31.9 47.1	140	

*Indicates data are not available for that year

Note: Confidence Intervals (95% CI) may differ from previous publications due to revisions in standard error calculation.

Appendix A: Maternal and Infant Health Trends

By Health District, PRATS 2006-2013



	Year											
	2009			2010			2011			2013		
Idaho	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
Unintended Pregnancy	35.2	33.2 37.3	2,396	33.2	31.2 35.3	2,357	32.6	30.4 34.9	1,949	31.5	29.1 34.0	1,689
No Birth Control Use	55.3	52.0 58.5	973	54.9	51.5 58.3	911	59.7	55.8 63.4	743	65.6	61.3 69.6	568
No Health Insurance	36.0	34.1 38.1	2,419	37.4	35.4 39.5	2,374	37.2	34.9 39.5	1,957	35.1	32.7 37.5	1,706
Medicaid Utilization	43.3	41.2 45.4	2,386	43.9	41.8 46.0	2,363	43.7	41.3 46.0	1,970	42.1	39.6 44.6	1,712
Overweight/Obesity	40.6	38.5 42.7	2,340	44.4	42.3 46.6	2,313	42.2	39.8 44.5	1,923	42.4	39.9 45.0	1,691
First Trimester Prenatal Care	89.4	88.0 90.7	2,362	90.9	89.5 92.0	2,352	92.3	91.0 93.5	1,936	91.6	90.1 92.9	1,691
WIC Participation	40.9	38.8 42.9	2,411	39.9	37.8 42.0	2,366	39.3	37.0 41.6	1,960	35.5	33.1 38.0	1,691
Multivitamin Use	83.6	82.0 85.1	2,411	83.1	81.5 84.7	2,367	83.0	81.2 84.7	1,957	83.5	81.6 85.3	1,691
HIV Testing	48.3	46.2 50.4	2,392	45.5	43.4 47.6	2,332	43.9	41.6 46.3	1,935	44.4	41.8 46.9	1,676
No Dental Care	46.1	44.0 48.1	2,415	48.9	46.8 51.0	2,367	45.6	43.3 47.9	1,956	43.7	41.2 46.2	1,695
Exercise During Pregnancy	57.8	55.7 59.9	2,405	57.3	55.2 59.4	2,353	58.6	56.3 60.9	1,955	58.4	55.9 60.9	1,698
Stressful Life Events	28.3	26.4 30.2	2,418	27.4	25.5 29.4	2,370	24.7	22.6 26.8	1,966	22.4	20.3 24.7	1,708
Physical Abuse	5.2	4.3 6.2	2,401	4.2	3.4 5.2	2,364	4.1	3.3 5.1	1,964	3.3	2.4 4.5	1,701
Smoking	8.5	7.4 9.7	2,411	8.0	6.9 9.3	2,362	6.2	5.0 7.5	1,956	5.9	4.7 7.3	1,691
Alcohol Use	4.1	3.3 5.1	2,405	3.8	3.0 4.8	2,359	3.4	2.7 4.4	1,950	3.8	2.9 4.9	1,689
Breastfeeding Initiation	90.6	89.4 91.8	2,407	91.5	90.2 92.6	2,370	91.4	89.9 92.7	1,961	94.5	93.2 95.6	1,696
Breastfeeding Duration (6 mos +)	55.4	53.2 57.5	2,215	53.0	50.8 55.2	2,208	57.1	54.7 59.5	1,843	61.7	59.0 64.4	1,439
Postpartum Depression	18.0	16.4 19.7	2,404	16.8	15.3 18.5	2,361	17.8	16.0 19.7	1,963	16.7	14.9 18.7	1,680
No Well-Baby Care	1.9	1.4 2.6	2,276	2.1	1.6 2.8	2,262	1.2	0.8 1.7	1,844	1.2	0.7 1.8	1,612
Hearing Screening	94.8	93.8 95.6	2,402	95.1	94.1 95.9	2,366	95.2	94.1 96.1	1,965	94.5	93.1 95.5	1,705
Immun. Info By PNC Provider	71.0	69.1 73.0	2,253	70.7	68.6 72.6	2,190	71.2	69.0 73.3	1,871	69.5	67.0 71.9	1,607
Immunizations Up to Date	88.1	86.8 89.4	2,393	88.9	87.5 90.1	2,363	87.9	86.3 89.3	1,948	88.5	86.9 90.0	1,692
Baby Sleeps on Back	77.0	75.2 78.7	2,373	80.8	79.0 82.4	2,333	81.4	79.5 83.2	1,937	81.5	79.4 83.4	1,672
Day Care	42.6	39.5 45.6	1,128	36.4	33.5 39.4	1,133	42.5	39.1 46.0	892	38.8	35.2 42.6	780
District 1	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
Unintended Pregnancy	43.7	38.3 49.1	295	34.2	29.3 39.4	321	35.6	29.9 41.7	244	35.5	29.6 41.9	229
No Birth Control Use	59.6	51.6 67.1	137	62.1	54.0 69.6	134	61.9	52.5 70.4	103	49.7	39.5 59.9	85
No Health Insurance	45.1	39.8 50.6	296	40.3	35.2 45.6	322	38.3	32.5 44.5	245	42.7	36.7 49.0	233
Medicaid Utilization	48.9	43.5 54.3	295	43.9	38.7 49.2	319	40.4	34.6 46.6	247	41.1	35.0 47.5	233
Overweight/Obesity	42.3	37.1 47.8	290	47.1	41.9 52.3	320	41.1	35.3 47.1	246	38.5	32.6 44.8	229
First Trimester Prenatal Care	88.5	84.4 91.6	290	89.6	85.7 92.5	319	92.5	88.5 95.2	242	90.7	86.5 93.7	230
WIC Participation	45.6	40.2 51.0	292	42.9	37.8 48.2	321	39.2	33.4 45.3	245	35.9	30.0 42.3	231
Multivitamin Use	91.2	87.6 93.9	293	83.8	79.6 87.3	321	84.6	79.5 88.6	246	86.3	81.5 90.0	233
HIV Testing	58.2	52.7 63.4	287	51.2	45.9 56.4	316	42.5	36.6 48.5	243	47.4	41.2 53.7	230
No Dental Care	49.2	43.8 54.6	294	49.5	44.3 54.6	321	44.0	38.1 50.1	244	45.9	39.8 52.2	232
Exercise During Pregnancy	59.7	54.2 64.8	294	59.3	54.1 64.3	318	59.8	53.8 65.6	245	68.8	62.7 74.4	231
Stressful Life Events	39.4	34.2 44.9	296	27.9	23.4 33.0	321	26.9	21.8 32.7	247	26.1	20.8 32.2	232
Physical Abuse	5.8	3.7 9.0	293	6.9	4.6 10.3	320	3.1	1.5 6.2	247	4.6	2.4 8.3	232
Smoking	14.9	11.3 19.3	295	10.7	7.7 14.7	317	7.7	4.9 11.9	244	8.2	5.1 12.7	231
Alcohol Use	6.1	4.0 9.1	295	2.9	1.6 5.1	319	5.5	3.3 9.1	245	6.9	4.4 10.6	231
Breastfeeding Initiation	92.2	88.8 94.7	294	91.0	87.4 93.6	321	93.2	89.2 95.8	247	95.1	91.2 97.3	231
Breastfeeding Duration (6 mos +)	55.9	50.3 61.4	279	56.3	50.8 61.7	293	60.7	54.5 66.6	237	72.8	66.4 78.5	204
Postpartum Depression	19.4	15.4 24.2	293	12.7	9.5 16.8	320	15.6	11.6 20.7	246	12.0	8.4 16.8	230
No Well-Baby Care	1.0	0.3 2.7	278	2.2	1.2 4.2	308	2.1	0.9 4.7	236	1.6	0.6 4.0	216
Hearing Screening	93.1	89.9 95.4	293	93.7	90.8 95.8	319	95.3	91.8 97.3	247	95.8	92.5 97.7	232
Immun. Info By PNC Provider	75.0	69.9 79.5	280	78.4	73.7 82.4	302	78.6	73.3 83.2	239	70.8	64.8 76.1	223
Immunizations Up to Date	80.5	75.9 84.4	292	79.6	75.1 83.4	321	82.3	77.3 86.4	245	79.7	74.3 84.3	230
Baby Sleeps on Back	79.4	74.6 83.4	292	80.4	75.9 84.3	317	84.4	79.5 88.3	247	80.2	74.7 84.8	229
Day Care	40.5	33.3 48.1	151	36.2	29.7 43.4	169	39.9	32.5 47.8	143	39.6	31.1 48.7	107

*Indicates data are not available for that year

Note: Confidence Intervals (95% CI) may differ from previous publications due to revisions in standard error calculation.

Appendix A: Maternal and Infant Health Trends

By Health District, PRATS 2006-2013

		Year												
		2006			2007			2008						
District 2		%	95% CI		n	%	95% CI		n	%	95% CI		n	
	Unintended Pregnancy	35.3	30.8	40.2	314	34.7	30.4	39.2	329	36.7	32.5	41.2	342	
	No Birth Control Use	56.5	48.9	63.8	125	58.5	51.2	65.4	133	54.8	48.0	61.5	145	
	No Health Insurance	35.7	31.2	40.4	318	33.6	29.4	38.1	335	34.0	29.9	38.3	342	
	Medicaid Utilization	43.7	39.0	48.5	315	38.3	33.8	42.9	329	38.3	34.0	42.8	331	
	Overweight/Obesity	43.3	38.7	48.1	313	37.1	32.8	41.5	331	40.5	36.2	45.0	332	
	First Trimester Prenatal Care	83.7	79.7	87.1	310	87.3	83.8	90.2	328	88.8	85.5	91.3	328	
	WIC Participation	38.6	34.0	43.4	317	35.1	30.8	39.6	333	39.1	34.8	43.5	339	
	Multivitamin Use	84.0	80.1	87.2	317	83.4	79.7	86.6	333	87.1	83.8	89.8	340	
	HIV Testing	50.7	46.0	55.4	316	52.4	47.9	56.9	331	51.5	47.0	56.0	334	
	No Dental Care	52.2	47.5	56.9	318	54.1	49.5	58.5	333	51.3	46.9	55.8	338	
	Exercise During Pregnancy	*	*	*	*	*	*	*	*	*	61.4	57.0	65.7	339
	Stressful Life Events	*	*	*	*	*	*	*	*	*	25.2	21.4	29.3	341
	Physical Abuse	4.9	3.0	7.7	317	4.5	2.9	7.2	335	6.1	4.2	8.7	340	
	Smoking	13.0	9.8	16.9	318	7.9	5.6	11.0	333	13.0	10.2	16.4	341	
	Alcohol Use	5.4	3.8	7.7	318	4.9	3.3	7.2	336	4.5	3.0	6.7	339	
	Breastfeeding Initiation	91.9	88.8	94.3	317	92.8	90.0	94.9	336	93.5	90.9	95.4	338	
	Breastfeeding Duration (6 mos +)	54.6	49.7	59.4	300	54.2	49.4	58.8	307	54.7	50.0	59.4	300	
	Postpartum Depression	14.5	11.4	18.2	317	13.2	10.4	16.7	335	20.7	17.2	24.6	339	
	No Well-Baby Care	3.4	1.9	5.8	296	1.9	1.0	3.6	294	2.3	1.2	4.2	300	
	Hearing Screening	85.9	82.3	88.8	317	88.4	85.2	91.0	334	89.2	86.1	91.7	338	
Immun. Info By PNC Provider	52.6	47.9	57.3	318	55.5	50.9	59.9	335	75.7	71.5	79.4	316		
Immunizations Up to Date	85.3	81.7	88.4	311	86.1	82.7	89.0	335	88.2	85.0	90.7	337		
Baby Sleeps on Back	73.3	68.9	77.3	309	77.5	73.5	81.0	330	80.6	76.7	83.9	334		
Day Care	*	*	*	*	*	*	*	*	*	48.4	42.7	54.1	203	
District 3		%	95% CI		n	%	95% CI		n	%	95% CI		n	
	Unintended Pregnancy	38.6	33.2	44.2	297	42.1	36.8	47.6	310	33.8	28.6	39.4	289	
	No Birth Control Use	61.2	52.9	68.9	134	61.6	53.6	69.0	146	62.3	53.7	70.2	123	
	No Health Insurance	46.5	41.1	52.1	301	44.3	39.0	49.8	311	42.3	36.9	47.9	293	
	Medicaid Utilization	39.0	33.6	44.6	294	41.3	35.9	46.8	304	44.4	38.9	50.1	288	
	Overweight/Obesity	40.8	35.4	46.5	279	47.8	42.3	53.3	295	46.4	40.7	52.1	277	
	First Trimester Prenatal Care	82.8	78.0	86.7	292	82.1	77.4	86.0	300	86.0	81.6	89.5	283	
	WIC Participation	34.2	29.1	39.7	300	35.2	30.1	40.6	310	41.4	36.0	47.1	287	
	Multivitamin Use	76.3	71.2	80.7	300	77.3	72.4	81.6	308	79.8	74.8	84.0	285	
	HIV Testing	52.9	47.4	58.4	298	49.3	43.9	54.7	308	42.7	37.1	48.4	281	
	No Dental Care	64.4	58.9	69.5	298	60.5	55.2	65.7	310	52.8	47.2	58.4	285	
	Exercise During Pregnancy	*	*	*	*	*	*	*	*	*	55.7	50.1	61.2	291
	Stressful Life Events	*	*	*	*	*	*	*	*	*	28.8	23.9	34.3	293
	Physical Abuse	4.7	2.8	7.8	302	5.1	3.1	8.3	311	5.4	3.3	8.8	293	
	Smoking	8.7	5.9	12.7	301	8.4	5.7	12.2	311	10.5	7.4	14.8	292	
	Alcohol Use	3.0	1.6	5.6	300	2.4	1.2	4.5	310	2.5	1.2	5.0	291	
	Breastfeeding Initiation	91.7	87.9	94.4	299	84.9	80.5	88.5	312	90.0	86.0	92.9	294	
	Breastfeeding Duration (6 mos+)	48.5	42.8	54.2	278	41.4	35.9	47.1	281	45.5	39.7	51.4	262	
	Postpartum Depression	14.8	11.2	19.3	298	21.3	17.2	26.1	311	15.5	11.8	20.0	294	
	No Well-Baby Care	5.8	3.5	9.5	264	4.5	2.6	7.6	268	5.2	3.1	8.6	254	
	Hearing Screening	87.9	83.7	91.2	300	92.4	89.1	94.8	312	90.1	86.2	93.0	291	
Immun. Info By PNC Provider	40.7	35.5	46.3	302	46.4	41.1	51.8	312	61.5	55.6	67.0	264		
Immunizations Up to Date	89.7	85.9	92.5	299	90.8	87.2	93.4	310	88.1	84.1	91.2	293		
Baby Sleeps on Back	68.1	62.7	73.1	292	75.7	70.7	80.1	303	75.3	70.1	79.9	289		
Day Care	*	*	*	*	*	*	*	*	*	44.0	35.8	52.7	124	

*Indicates data are not available for that year

Note: Confidence Intervals (95% CI) may differ from previous publications due to revisions in standard error calculation.

Appendix A: Maternal and Infant Health Trends

By Health District, PRATS 2006-2013



	Year											
	2009			2010			2011			2013		
District 2	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
Unintended Pregnancy	36.2	32.0 40.7	349	31.9	27.8 36.3	340	44.0	38.6 49.4	265	34.0	28.4 40.0	237
No Birth Control Use	59.2	52.3 65.8	143	56.5	49.3 63.4	131	57.8	49.9 65.4	123	59.5	49.4 68.9	83
No Health Insurance	30.1	26.1 34.4	355	34.7	30.5 39.1	344	36.6	31.5 42.0	269	30.9	25.6 36.6	240
Medicaid Utilization	39.7	35.4 44.2	344	43.1	38.8 47.6	343	38.9	33.7 44.4	269	38.3	32.6 44.3	241
Overweight/Obesity	41.3	37.0 45.6	348	45.4	41.1 49.8	341	43.2	38.0 48.6	264	41.0	35.5 46.8	240
First Trimester Prenatal Care	89.4	86.4 91.8	338	87.9	84.6 90.5	341	93.1	89.9 95.4	258	94.4	91.3 96.4	237
WIC Participation	35.8	31.7 40.2	355	42.2	37.8 46.6	345	39.2	33.9 44.6	267	35.8	30.2 41.9	237
Multivitamin Use	86.1	82.8 88.8	354	85.2	81.7 88.1	345	89.0	85.1 92.0	266	80.4	75.1 84.8	237
HIV Testing	44.6	40.4 49.0	353	44.4	40.0 48.8	340	45.0	39.7 50.3	264	43.7	37.9 49.5	236
No Dental Care	51.2	46.9 55.5	354	49.6	45.3 54.0	345	44.8	39.5 50.2	266	47.5	41.7 53.4	237
Exercise During Pregnancy	61.2	56.8 65.4	350	59.7	55.3 64.0	342	59.6	54.3 64.8	267	57.9	52.0 63.5	239
Stressful Life Events	27.1	23.3 31.4	355	24.9	21.1 29.0	344	28.4	23.6 33.8	268	24.5	19.5 30.3	241
Physical Abuse	5.7	3.9 8.2	350	4.4	2.8 6.9	343	4.5	2.6 7.9	268	1.4	0.4 4.5	240
Smoking	11.1	8.5 14.5	354	9.8	7.3 13.0	341	10.4	7.4 14.6	267	10.9	7.4 15.7	237
Alcohol Use	7.6	5.6 10.2	352	5.3	3.7 7.6	342	6.1	4.0 9.1	264	4.6	2.8 7.5	238
Breastfeeding Initiation	92.8	90.1 94.7	351	91.9	89.0 94.1	344	93.5	90.1 95.8	267	95.8	93.2 97.4	238
Breastfeeding Duration (6 mos +)	60.9	56.3 65.3	321	57.6	53.0 62.0	325	59.2	53.6 64.6	246	60.4	53.8 66.6	195
Postpartum Depression	15.3	12.3 18.8	351	17.1	13.9 20.8	342	16.7	12.9 21.3	267	16.2	12.2 21.1	237
No Well-Baby Care	2.7	1.6 4.5	329	1.4	0.7 2.8	327	1.7	0.8 3.6	253	2.9	1.5 5.6	230
Hearing Screening	91.7	88.9 93.8	349	91.8	89.1 93.9	343	90.7	86.9 93.5	267	94.8	91.6 96.8	240
Immun. Info By PNC Provider	79.9	76.1 83.2	334	76.7	72.7 80.2	327	75.9	70.9 80.3	255	83.2	78.2 87.2	228
Immunizations Up to Date	87.9	84.8 90.4	352	88.6	85.5 91.0	345	87.4	83.7 90.4	264	84.8	80.3 88.4	236
Baby Sleeps on Back	74.6	70.6 78.2	344	83.2	79.6 86.3	340	80.8	76.2 84.6	262	83.9	79.1 87.7	238
Day Care	53.2	47.3 59.0	195	53.6	47.5 59.6	180	58.7	51.3 65.7	141	59.0	50.9 66.7	127
District 3	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
Unintended Pregnancy	41.6	36.5 47.0	314	33.0	27.6 38.9	272	39.6	33.8 45.7	259	33.0	26.4 40.3	194
No Birth Control Use	60.1	52.5 67.2	157	52.9	43.7 62.0	109	58.2	48.6 67.2	102	74.2	61.4 83.9	59
No Health Insurance	49.0	43.7 54.3	316	45.2	39.5 51.2	272	42.7	36.9 48.8	258	49.0	42.0 56.0	197
Medicaid Utilization	50.7	45.4 56.0	312	49.1	43.3 55.0	271	50.3	44.4 56.2	263	52.5	45.5 59.4	197
Overweight/Obesity	44.9	39.5 50.3	301	52.3	46.3 58.3	256	48.7	42.7 54.7	253	51.7	44.7 58.7	196
First Trimester Prenatal Care	88.6	84.7 91.7	308	90.2	85.8 93.3	271	91.2	87.0 94.2	257	90.6	85.1 94.1	193
WIC Participation	47.4	42.1 52.8	315	42.9	37.2 48.9	269	45.2	39.3 51.2	262	46.7	39.7 53.8	196
Multivitamin Use	79.3	74.6 83.3	316	80.8	75.7 85.0	269	82.4	77.3 86.5	259	82.1	75.8 87.0	194
HIV Testing	48.2	42.9 53.5	313	45.9	40.1 51.8	270	51.4	45.4 57.4	255	43.8	36.9 51.0	193
No Dental Care	52.9	47.5 58.1	315	53.1	47.3 58.9	272	49.2	43.2 55.1	262	47.8	40.9 54.9	196
Exercise During Pregnancy	54.3	49.0 59.6	315	52.9	47.1 58.7	269	56.9	50.9 62.6	262	59.0	51.9 65.8	193
Stressful Life Events	35.3	30.4 40.6	315	31.5	26.2 37.3	271	29.1	23.9 34.9	263	29.2	22.9 36.3	197
Physical Abuse	5.4	3.4 8.6	313	4.5	2.6 7.7	273	3.3	1.7 6.0	262	5.1	2.5 10.1	194
Smoking	10.1	7.3 14.0	315	10.2	7.0 14.6	272	7.0	4.3 11.2	260	6.9	3.8 12.0	194
Alcohol Use	1.9	0.9 4.0	313	3.6	1.9 6.6	269	1.2	0.4 3.6	260	3.9	2.0 7.6	194
Breastfeeding Initiation	89.5	85.7 92.5	314	91.4	87.4 94.2	273	90.0	85.8 93.1	261	92.6	87.8 95.6	196
Breastfeeding Duration (6 mos +)	47.3	41.8 52.8	288	49.3	43.3 55.3	255	47.3	41.3 53.4	247	56.1	48.1 63.7	159
Postpartum Depression	15.9	12.4 20.3	313	16.2	12.2 21.2	272	18.9	14.6 24.1	262	19.4	14.4 25.7	193
No Well-Baby Care	2.1	1.0 4.5	293	1.4	0.6 3.6	251	2.1	0.9 4.8	242	1.9	0.7 4.9	181
Hearing Screening	92.5	89.1 94.9	314	91.6	87.6 94.4	273	95.0	91.5 97.1	263	92.7	87.7 95.7	196
Immun. Info By PNC Provider	71.0	65.8 75.8	293	70.5	64.7 75.6	252	71.1	65.4 76.2	250	62.3	55.1 69.1	182
Immunizations Up to Date	90.3	86.6 93.0	316	91.3	87.5 94.0	272	89.6	85.6 92.6	261	88.7	83.6 92.4	193
Baby Sleeps on Back	77.8	73.0 81.9	311	74.2	68.6 79.1	266	77.2	71.7 81.9	258	82.9	76.8 87.6	189
Day Care	53.4	45.3 61.4	135	33.8	26.3 42.2	127	34.8	26.9 43.5	118	27.2	18.6 37.9	83

*Indicates data are not available for that year

Note: Confidence Intervals (95% CI) may differ from previous publications due to revisions in standard error calculation.

Appendix A: Maternal and Infant Health Trends

By Health District, PRATS 2006-2013

		Year								
		2006			2007			2008		
District 4		%	95% CI	n	%	95% CI	n	%	95% CI	n
	Unintended Pregnancy	30.7	26.1 35.8	349	36.2	31.0 41.8	343	33.6	28.5 39.1	319
	No Birth Control Use	60.2	51.5 68.3	126	54.2	45.3 62.9	128	59.2	49.6 68.1	105
	No Health Insurance	28.1	23.5 33.2	352	27.5	22.8 32.9	345	26.5	21.8 31.7	322
	Medicaid Utilization	25.4	20.9 30.4	348	25.4	20.6 30.8	339	24.1	19.6 29.4	312
	Overweight/Obesity	35.1	30.3 40.2	346	39.5	34.4 44.9	339	34.7	29.7 40.1	312
	First Trimester Prenatal Care	91.0	87.3 93.6	345	89.7	85.8 92.6	336	89.9	85.8 92.9	307
	WIC Participation	24.9	20.5 30.0	346	24.5	19.8 29.9	340	23.7	19.2 28.9	319
	Multivitamin Use	88.7	85.0 91.6	345	85.2	81.0 88.7	342	82.2	77.5 86.0	319
	HIV Testing	53.4	48.2 58.6	342	50.7	45.3 56.0	341	37.3	32.1 42.7	316
	No Dental Care	45.1	40.0 50.3	347	44.3	39.0 49.8	342	38.5	33.3 43.9	318
	Exercise During Pregnancy	*	* *	*	*	* *	*	56.4	50.9 61.7	315
	Stressful Life Events	*	* *	*	*	* *	*	23.1	18.7 28.1	321
	Physical Abuse	4.4	2.6 7.3	350	4.1	2.2 7.5	345	3.5	1.9 6.4	320
	Smoking	7.1	4.7 10.6	345	8.1	5.3 12.3	340	6.4	4.0 9.9	319
	Alcohol Use	5.8	3.9 8.7	351	4.6	2.8 7.5	344	3.5	2.0 6.2	320
	Breastfeeding Initiation	93.8	90.7 95.9	352	92.0	88.3 94.6	344	91.8	88.3 94.3	321
	Breastfeeding Duration (6 mos +)	55.0	49.7 60.2	333	53.1	47.5 58.6	318	58.2	52.5 63.7	295
	Postpartum Depression	20.2	16.4 24.7	352	17.1	13.3 21.8	342	12.9	9.7 16.9	318
	No Well-Baby Care	1.9	0.9 4.2	313	2.0	0.8 4.8	315	1.9	0.8 4.3	279
	Hearing Screening	96.2	93.6 97.8	352	96.4	93.5 98.0	344	95.8	92.9 97.5	320
	Immun. Info By PNC Provider	46.0	40.9 51.1	352	40.7	35.5 46.1	344	64.6	59.0 69.8	289
Immunizations Up to Date	90.7	87.2 93.2	348	89.6	85.8 92.5	341	88.8	85.1 91.7	319	
Baby Sleeps on Back	79.5	74.9 83.4	345	78.1	73.4 82.2	335	79.3	74.5 83.5	318	
Day Care	*	* *	*	*	* *	*	44.6	36.3 53.3	128	
District 5		%	95% CI	n	%	95% CI	n	%	95% CI	n
	Unintended Pregnancy	38.3	33.4 43.5	339	38.1	33.0 43.5	309	40.0	34.9 45.3	320
	No Birth Control Use	66.3	59.0 72.9	161	53.9	45.5 62.0	129	58.3	50.5 65.6	149
	No Health Insurance	51.2	46.2 56.2	348	50.0	44.7 55.3	316	44.6	39.5 49.9	326
	Medicaid Utilization	47.3	42.3 52.4	345	46.4	41.1 51.8	310	45.5	40.3 50.8	322
	Overweight/Obesity	39.4	34.4 44.6	321	43.5	38.1 49.1	286	50.5	45.1 55.8	306
	First Trimester Prenatal Care	80.4	75.9 84.2	339	84.3	79.8 87.9	305	87.1	82.9 90.3	316
	WIC Participation	44.0	39.0 49.1	344	38.7	33.6 44.0	315	38.4	33.4 43.7	320
	Multivitamin Use	77.4	72.7 81.4	344	75.1	70.2 79.4	313	84.6	80.4 88.0	321
	HIV Testing	58.1	53.1 63.0	343	51.4	46.0 56.6	312	58.8	53.6 63.9	315
	No Dental Care	65.0	60.0 69.6	344	62.5	57.3 67.5	316	56.7	51.4 61.8	320
	Exercise During Pregnancy	*	* *	*	*	* *	*	61.6	56.3 66.5	320
	Stressful Life Events	*	* *	*	*	* *	*	26.4	21.9 31.3	324
	Physical Abuse	6.5	4.3 9.7	346	5.8	3.7 9.0	315	4.8	3.0 7.6	323
	Smoking	10.2	7.5 13.8	345	8.8	6.1 12.6	316	5.8	3.7 8.9	323
	Alcohol Use	2.8	1.5 4.9	346	4.2	2.5 6.9	316	3.9	2.4 6.5	323
	Breastfeeding Initiation	86.3	82.2 89.5	346	87.9	83.8 91.1	312	91.2	87.8 93.7	324
	Breastfeeding Duration (6 mos +)	46.6	41.5 51.9	321	48.0	42.5 53.5	290	53.6	48.1 59.0	294
	Postpartum Depression	15.5	12.1 19.5	344	17.6	13.8 22.0	311	15.9	12.4 20.1	323
	No Well-Baby Care	5.4	3.3 8.5	315	3.8	2.1 6.8	289	3.0	1.6 5.6	285
	Hearing Screening	96.8	94.2 98.2	346	96.3	93.7 97.8	316	97.1	94.4 98.5	324
	Immun. Info By PNC Provider	42.1	37.3 47.2	348	40.7	35.6 46.0	315	76.0	71.1 80.3	294
Immunizations Up to Date	88.3	84.6 91.2	345	87.0	83.0 90.1	307	88.3	84.7 91.2	323	
Baby Sleeps on Back	69.8	64.9 74.3	338	65.5	60.1 70.4	304	72.4	67.4 76.9	318	
Day Care	*	* *	*	*	* *	*	44.3	36.8 52.0	149	

*Indicates data are not available for that year

Note: Confidence Intervals (95% CI) may differ from previous publications due to revisions in standard error calculation.

Appendix A: Maternal and Infant Health Trends

By Health District, PRATS 2006-2013



	Year											
	2009			2010			2011			2013		
District 4	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
Unintended Pregnancy	33.5	28.8 38.5	371	34.6	29.9 39.7	363	26.0	21.2 31.5	302	29.9	24.5 36.0	262
No Birth Control Use	53.8	45.4 61.9	139	51.4	43.2 59.5	138	57.2	47.2 66.7	97	73.6	63.4 81.7	86
No Health Insurance	26.5	22.1 31.4	373	29.8	25.3 34.7	367	30.8	25.7 36.5	304	22.2	17.4 28.0	266
Medicaid Utilization	32.3	27.6 37.4	367	32.1	27.5 37.2	363	33.6	28.3 39.3	304	27.8	22.5 33.7	267
Overweight/Obesity	37.3	32.5 42.4	360	40.9	36.0 45.9	362	38.7	33.3 44.4	294	38.5	32.7 44.5	265
First Trimester Prenatal Care	89.5	85.9 92.3	366	92.8	89.7 95.0	361	93.2	89.7 95.6	300	94.3	90.8 96.6	264
WIC Participation	30.3	25.8 35.3	372	29.4	25.0 34.3	364	29.1	24.1 34.6	303	21.6	16.8 27.3	262
Multivitamin Use	88.1	84.3 91.1	371	87.1	83.3 90.1	365	88.0	83.9 91.2	304	87.9	83.3 91.3	262
HIV Testing	50.4	45.3 55.4	370	47.6	42.6 52.6	361	44.3	38.8 49.9	300	52.5	46.5 58.5	260
No Dental Care	34.2	29.6 39.1	373	40.0	35.1 45.0	363	40.3	34.9 45.9	302	35.7	30.1 41.8	262
Exercise During Pregnancy	60.8	55.8 65.5	372	58.0	52.9 62.8	364	66.1	60.5 71.2	299	57.1	51.0 62.9	265
Stressful Life Events	25.0	20.8 29.8	374	24.9	20.7 29.6	366	23.6	19.0 29.0	303	20.7	16.0 26.4	267
Physical Abuse	3.9	2.3 6.5	371	4.9	3.1 7.8	364	2.5	1.2 5.1	304	2.4	1.0 5.6	267
Smoking	6.2	4.1 9.3	374	8.3	5.8 11.8	366	5.9	3.6 9.5	303	5.6	3.2 9.8	262
Alcohol Use	6.7	4.5 9.7	373	5.9	3.9 8.9	366	6.9	4.6 10.1	302	5.2	3.1 8.5	259
Breastfeeding Initiation	93.6	90.6 95.7	373	92.0	88.8 94.4	365	93.1	89.5 95.6	303	96.0	92.5 97.9	266
Breastfeeding Duration (6 mos +)	58.6	53.4 63.7	349	55.8	50.6 60.9	343	63.6	57.8 69.0	283	64.5	57.9 70.5	227
Postpartum Depression	16.8	13.4 20.8	373	17.5	14.0 21.7	364	17.0	13.1 21.7	303	15.5	11.5 20.4	263
No Well-Baby Care	1.6	0.7 3.4	348	2.1	1.0 4.3	354	0.6	0.2 2.4	289	0.4	0.1 2.4	259
Hearing Screening	96.9	94.7 98.2	371	97.1	94.9 98.4	365	96.0	93.1 97.7	303	95.8	92.6 97.7	267
Immun. Info By PNC Provider	72.2	67.4 76.5	353	72.2	67.3 76.7	330	73.8	68.5 78.5	284	69.2	63.3 74.5	250
Immunizations Up to Date	90.3	87.0 92.8	368	90.9	87.6 93.4	361	87.4	83.3 90.7	297	89.9	85.8 92.9	264
Baby Sleeps on Back	78.5	74.0 82.4	365	84.9	80.9 88.2	362	83.7	79.1 87.5	298	83.0	78.1 87.1	263
Day Care	42.4	35.8 49.3	199	39.6	33.2 46.4	200	49.9	41.7 58.1	140	48.1	40.0 56.2	143
District 5	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
Unintended Pregnancy	37.0	32.1 42.3	315	38.5	33.5 43.9	335	35.9	30.2 42.1	247	34.3	28.4 40.8	226
No Birth Control Use	46.8	39.2 54.6	143	54.1	46.1 62.0	142	63.2	53.6 71.8	100	60.9	50.3 70.6	84
No Health Insurance	45.8	40.7 51.0	322	47.9	42.7 53.1	340	45.8	39.7 51.9	244	41.3	35.1 47.8	228
Medicaid Utilization	48.8	43.6 54.1	314	54.5	49.4 59.6	339	50.3	44.3 56.3	247	43.5	37.3 50.0	228
Overweight/Obesity	44.0	38.8 49.4	301	50.6	45.3 55.9	324	41.9	36.0 48.1	237	40.1	34.0 46.6	223
First Trimester Prenatal Care	84.3	80.1 87.9	312	89.5	85.8 92.4	335	92.4	88.5 95.0	243	89.3	84.6 92.8	227
WIC Participation	40.7	35.7 45.9	321	46.8	41.6 52.1	338	42.4	36.5 48.6	245	37.9	31.8 44.4	226
Multivitamin Use	83.1	78.9 86.7	321	79.9	75.5 83.8	338	81.2	75.9 85.5	245	82.4	77.1 86.7	226
HIV Testing	53.1	47.9 58.3	318	53.0	47.8 58.3	329	48.4	42.3 54.5	242	44.0	37.7 50.6	222
No Dental Care	56.2	51.0 61.3	322	55.7	50.5 60.7	339	52.4	46.3 58.4	244	46.1	39.8 52.5	226
Exercise During Pregnancy	56.1	50.9 61.2	321	59.7	54.5 64.7	337	54.3	48.2 60.2	247	56.9	50.4 63.1	226
Stressful Life Events	23.8	19.6 28.6	322	32.2	27.4 37.5	338	23.0	18.2 28.7	247	22.6	17.6 28.6	228
Physical Abuse	7.0	4.7 10.3	322	4.7	2.9 7.5	339	5.9	3.5 9.8	247	4.8	2.5 9.1	228
Smoking	8.0	5.5 11.5	318	6.3	4.0 9.8	337	6.2	3.7 10.2	244	4.9	2.7 8.8	227
Alcohol Use	4.8	3.0 7.5	318	4.7	2.8 7.8	335	2.4	1.1 5.1	243	3.0	1.5 6.0	226
Breastfeeding Initiation	85.8	81.7 89.1	321	89.6	86.0 92.4	339	86.1	81.1 90.0	246	93.8	89.9 96.3	227
Breastfeeding Duration (6 mos +)	48.3	42.9 53.7	293	46.2	40.9 51.6	314	50.3	44.0 56.5	230	57.5	50.5 64.1	198
Postpartum Depression	18.4	14.7 22.8	321	19.5	15.7 24.1	336	17.0	12.8 22.1	245	14.0	10.0 19.2	223
No Well-Baby Care	3.7	2.1 6.4	298	2.2	1.1 4.1	319	1.8	0.7 4.7	224	0.8	0.2 3.1	210
Hearing Screening	93.8	90.8 95.9	323	94.1	91.0 96.2	339	95.5	92.3 97.3	246	93.2	88.8 96.0	227
Immun. Info By PNC Provider	70.4	65.2 75.1	295	71.6	66.5 76.2	308	76.3	70.6 81.1	235	75.1	69.0 80.3	213
Immunizations Up to Date	86.8	83.0 90.0	318	88.8	85.2 91.6	339	86.8	82.3 90.3	245	89.5	85.1 92.8	227
Baby Sleeps on Back	68.0	63.0 72.7	315	76.9	72.2 81.1	330	74.4	68.6 79.5	241	75.2	69.0 80.4	221
Day Care	47.7	40.1 55.4	145	39.3	32.3 46.7	162	38.3	29.6 47.8	103	39.2	30.5 48.5	107

*Indicates data are not available for that year

Note: Confidence Intervals (95% CI) may differ from previous publications due to revisions in standard error calculation.

Appendix A: Maternal and Infant Health Trends

By Health District, PRATS 2006-2013

		Year								
		2006			2007			2008		
District 6		%	95% CI	n	%	95% CI	n	%	95% CI	n
	Unintended Pregnancy	37.3	32.6 42.3	368	37.9	33.1 43.0	358	33.7	29.1 38.6	350
	No Birth Control Use	48.6	40.6 56.6	139	56.4	48.3 64.2	139	58.7	50.6 66.3	133
	No Health Insurance	42.8	38.0 47.8	368	38.9	34.1 43.9	357	33.7	29.1 38.6	355
	Medicaid Utilization	48.7	43.8 53.7	361	46.8	41.8 51.9	348	42.1	37.2 47.2	343
	Overweight/Obesity	36.6	31.9 41.5	359	43.1	38.2 48.2	347	41.5	36.7 46.5	344
	First Trimester Prenatal Care	84.0	79.9 87.5	356	86.0	82.1 89.1	348	89.3	85.6 92.1	339
	WIC Participation	44.7	39.8 49.6	367	48.1	43.2 53.1	358	43.7	38.9 48.7	348
	Multivitamin Use	80.8	76.7 84.3	367	81.3	77.2 84.9	357	79.1	74.7 82.9	350
	HIV Testing	54.6	49.7 59.4	364	48.7	43.7 53.7	355	49.4	44.4 54.4	341
	No Dental Care	56.4	51.5 61.1	366	54.3	49.3 59.2	357	52.4	47.5 57.3	349
	Exercise During Pregnancy	*	* *	*	*	* *	*	55.8	50.9 60.6	352
	Stressful Life Events	*	* *	*	*	* *	*	25.7	21.6 30.4	355
	Physical Abuse	4.1	2.4 6.8	369	4.1	2.4 7.0	359	4.6	2.8 7.5	353
	Smoking	8.4	5.8 12.1	366	6.3	4.1 9.6	359	9.5	6.8 13.2	355
	Alcohol Use	1.4	0.6 3.6	367	1.5	0.6 3.7	359	2.1	1.0 4.1	355
	Breastfeeding Initiation	88.5	84.7 91.4	368	87.5	83.6 90.6	359	89.5	86.0 92.2	354
	Breastfeeding Duration (6 mos +)	55.2	50.1 60.1	353	49.8	44.7 55.0	329	52.9	47.7 58.1	315
	Postpartum Depression	20.6	16.8 24.9	367	17.5	14.0 21.7	359	20.0	16.3 24.4	354
	No Well-Baby Care	0.8	0.3 2.3	334	2.5	1.4 4.6	325	1.8	0.8 4.0	313
	Hearing Screening	95.0	92.1 96.9	368	95.6	92.9 97.3	359	94.0	91.2 96.0	356
	Immun. Info By PNC Provider	44.7	39.9 49.6	369	48.1	43.2 53.1	358	70.8	66.0 75.2	323
Immunizations Up to Date	91.5	88.3 93.8	365	91.3	88.2 93.6	359	86.8	83.0 89.8	355	
Baby Sleeps on Back	81.7	77.5 85.3	361	86.6	82.8 89.7	351	80.0	75.8 83.7	352	
Day Care	*	* *	*	*	* *	*	32.1	25.7 39.2	164	
District 7		%	95% CI	n	%	95% CI	n	%	95% CI	n
	Unintended Pregnancy	28.3	24.1 33.0	365	27.4	23.2 32.1	368	29.2	25.1 33.6	395
	No Birth Control Use	58.4	50.6 65.9	143	62.8	54.2 70.7	119	61.8	53.8 69.2	136
	No Health Insurance	32.3	27.8 37.0	368	31.3	26.9 36.1	370	33.8	29.5 38.3	398
	Medicaid Utilization	47.5	42.6 52.4	367	43.6	38.7 48.5	362	45.4	40.8 50.2	390
	Overweight/Obesity	34.9	30.3 39.9	350	35.9	31.3 40.9	354	37.5	33.0 42.2	387
	First Trimester Prenatal Care	87.1	83.4 90.1	365	88.6	85.0 91.4	359	92.5	89.6 94.7	388
	WIC Participation	44.8	40.0 49.7	367	39.4	34.7 44.3	368	43.0	38.4 47.7	391
	Multivitamin Use	69.5	64.8 73.8	365	75.3	70.8 79.3	368	79.0	74.9 82.6	392
	HIV Testing	43.4	38.6 48.3	363	38.5	33.8 43.4	364	41.1	36.5 45.8	387
	No Dental Care	61.5	56.7 66.1	365	55.6	50.7 60.4	367	51.6	46.9 56.3	392
	Exercise During Pregnancy	*	* *	*	*	* *	*	57.1	52.4 61.7	392
	Stressful Life Events	*	* *	*	*	* *	*	20.9	17.3 24.9	393
	Physical Abuse	2.1	1.0 4.2	368	2.4	1.2 4.5	369	2.8	1.6 4.9	396
	Smoking	5.0	3.2 7.7	367	5.9	3.9 8.9	367	5.5	3.7 8.1	392
	Alcohol Use	0.5	0.1 2.0	365	1.5	0.6 3.4	367	1.0	0.4 2.6	392
	Breastfeeding Initiation	92.5	89.5 94.7	367	93.2	90.3 95.4	370	94.1	91.5 96.0	396
	Breastfeeding Duration (6 mos +)	60.6	55.5 65.4	343	55.0	50.0 60.0	342	60.4	55.5 65.2	356
	Postpartum Depression	19.5	15.9 23.7	365	16.0	12.7 19.9	370	18.3	14.9 22.2	395
	No Well-Baby Care	1.9	0.9 4.0	342	3.2	1.8 5.7	325	2.3	1.2 4.3	355
	Hearing Screening	90.3	87.0 92.9	366	92.6	89.7 94.8	369	94.9	92.4 96.6	396
	Immun. Info By PNC Provider	43.2	38.5 48.1	368	46.7	41.9 51.6	369	59.4	54.6 64.1	371
Immunizations Up to Date	84.8	80.9 88.0	366	87.8	84.2 90.7	366	85.6	82.0 88.6	396	
Baby Sleeps on Back	76.9	72.5 80.7	364	80.1	75.9 83.7	362	82.6	78.7 85.8	395	
Day Care	*	* *	*	*	* *	*	31.0	24.4 38.5	149	

*Indicates data are not available for that year

Note: Confidence Intervals (95% CI) may differ from previous publications due to revisions in standard error calculation.

Appendix A: Maternal and Infant Health Trends

By Health District, PRATS 2006-2013

	Year											
	2009			2010			2011			2013		
	%	95% CI	n	%	95% CI	n	%	95% CI	n	%	95% CI	n
District 6												
Unintended Pregnancy	32.4	27.8 37.4	370	32.6	28.0 37.6	354	36.7	31.5 42.3	311	30.0	24.7 35.9	252
No Birth Control Use	49.7	41.2 58.3	122	53.8	45.8 61.7	137	57.4	48.4 66.0	114	60.0	49.6 69.7	84
No Health Insurance	30.9	26.4 35.9	372	39.3	34.5 44.3	356	40.2	34.9 45.8	310	32.3	26.9 38.3	252
Medicaid Utilization	44.4	39.5 49.3	371	48.4	43.5 53.4	356	49.9	44.6 55.3	313	47.1	41.2 53.0	254
Overweight/Obesity	43.7	38.8 48.6	361	43.0	38.1 48.0	346	47.3	41.9 52.7	308	47.7	41.8 53.7	251
First Trimester Prenatal Care	89.8	86.5 92.4	369	90.8	87.4 93.4	354	90.8	87.1 93.4	312	93.4	90.0 95.7	254
WIC Participation	51.3	46.4 56.1	372	45.0	40.1 50.0	357	50.9	45.5 56.3	312	43.2	37.3 49.2	250
Multivitamin Use	79.9	75.6 83.6	372	84.2	80.3 87.4	357	80.4	75.6 84.4	311	82.4	77.5 86.4	250
HIV Testing	44.5	39.7 49.4	371	40.2	35.4 45.1	351	44.0	38.7 49.5	309	42.8	36.9 48.8	248
No Dental Care	46.3	41.5 51.2	373	48.3	43.4 53.2	357	42.6	37.3 48.0	312	45.1	39.3 51.1	252
Exercise During Pregnancy	57.3	52.4 62.0	370	55.0	50.0 59.9	353	53.2	47.8 58.6	312	56.2	50.3 62.0	254
Stressful Life Events	32.6	28.0 37.6	371	28.4	24.1 33.2	357	26.3	21.6 31.6	312	21.5	16.9 27.0	253
Physical Abuse	4.7	2.9 7.5	371	3.3	1.8 5.8	354	6.2	3.9 9.6	311	2.4	1.0 5.5	250
Smoking	10.2	7.4 14.1	370	8.7	6.1 12.2	356	7.0	4.3 11.0	312	7.2	4.5 11.4	252
Alcohol Use	2.1	1.0 4.3	369	2.3	1.1 4.7	356	1.7	0.8 3.5	310	1.8	0.7 4.6	252
Breastfeeding Initiation	88.8	85.3 91.5	373	90.8	87.3 93.4	357	90.7	86.9 93.6	311	92.5	88.7 95.1	249
Breastfeeding Duration (6 mos +)	53.5	48.3 58.6	337	53.0	47.8 58.1	327	55.5	49.8 61.0	289	56.0	49.4 62.3	210
Postpartum Depression	22.4	18.4 26.9	373	17.6	14.1 21.8	356	18.7	14.9 23.3	313	20.9	16.4 26.2	249
No Well-Baby Care	2.4	1.2 4.6	361	2.0	0.9 4.2	341	1.2	0.5 3.0	290	0.4	0.1 2.4	239
Hearing Screening	98.1	96.4 99.0	371	97.4	95.1 98.7	356	96.4	93.8 97.9	312	95.3	92.1 97.3	252
Immun. Info By PNC Provider	68.6	63.8 73.1	342	66.6	61.6 71.2	327	70.5	65.4 75.1	302	72.1	66.2 77.3	237
Immunizations Up to Date	88.3	84.8 91.1	367	92.0	89.0 94.3	355	93.0	89.8 95.2	311	91.7	87.9 94.4	252
Baby Sleeps on Back	78.7	74.4 82.5	368	83.3	79.1 86.8	348	83.0	78.5 86.8	308	83.9	78.8 88.0	245
Day Care	35.6	29.0 42.8	171	31.4	25.0 38.6	164	37.0	29.4 45.3	131	34.8	26.9 43.7	113
District 7												
Unintended Pregnancy	27.1	23.0 31.7	382	27.9	23.6 32.7	372	26.4	21.6 31.7	321	28.5	23.4 34.1	289
No Birth Control Use	58.6	50.3 66.4	132	59.0	50.2 67.2	120	62.9	52.9 71.8	104	65.6	55.3 74.6	87
No Health Insurance	30.9	26.5 35.6	385	31.2	26.7 36.1	373	33.5	28.5 38.9	327	34.6	29.2 40.4	290
Medicaid Utilization	45.6	40.9 50.5	383	45.1	40.2 50.0	372	47.0	41.7 52.4	327	50.8	45.1 56.4	292
Overweight/Obesity	35.7	31.2 40.5	379	37.4	32.7 42.3	364	38.8	33.7 44.3	321	40.6	35.2 46.3	287
First Trimester Prenatal Care	94.1	91.3 96.0	379	91.2	87.9 93.7	371	92.6	89.2 95.1	324	88.8	84.5 92.1	286
WIC Participation	42.3	37.6 47.1	384	41.0	36.2 46.0	372	39.8	34.6 45.2	326	38.4	32.9 44.1	289
Multivitamin Use	78.7	74.5 82.4	384	80.5	76.3 84.0	372	76.6	71.9 80.8	326	79.4	74.4 83.7	289
HIV Testing	39.8	35.2 44.7	380	37.4	32.7 42.4	365	34.1	29.0 39.5	322	32.6	27.4 38.4	287
No Dental Care	46.6	41.9 51.4	384	52.7	47.8 57.6	370	48.5	43.1 53.8	326	46.5	40.9 52.2	290
Exercise During Pregnancy	56.4	51.5 61.1	383	58.5	53.6 63.3	370	54.7	49.3 60.0	323	56.7	51.0 62.2	290
Stressful Life Events	21.0	17.2 25.4	385	23.4	19.3 28.0	373	20.1	15.8 25.2	326	16.2	12.2 21.2	290
Physical Abuse	5.5	3.5 8.4	381	1.8	0.8 3.9	371	5.1	3.2 8.2	325	2.2	0.9 5.1	290
Smoking	5.1	3.2 8.0	385	4.5	2.7 7.3	373	3.4	1.7 6.7	326	2.4	1.0 5.7	288
Alcohol Use	1.1	0.4 2.9	385	1.4	0.6 3.3	372	0.3	0.0 1.8	326	1.6	0.6 4.1	289
Breastfeeding Initiation	90.7	87.3 93.2	381	92.7	89.7 94.9	371	92.7	88.9 95.2	326	95.3	92.1 97.2	289
Breastfeeding Duration (6 mos +)	62.8	57.7 67.6	348	54.3	49.3 59.3	351	59.9	54.3 65.2	311	63.2	57.0 69.0	246
Postpartum Depression	18.4	14.9 22.6	380	16.2	12.9 20.2	371	19.4	15.3 24.3	327	18.3	14.3 23.2	285
No Well-Baby Care	1.0	0.4 2.6	369	2.9	1.6 5.3	362	0.0	0.0 0.0	310	1.6	0.6 4.3	277
Hearing Screening	94.2	91.4 96.1	381	96.0	93.7 97.6	371	94.7	91.4 96.7	327	93.7	90.3 96.0	291
Immun. Info By PNC Provider	66.6	61.7 71.1	356	64.8	59.8 69.5	344	59.0	53.4 64.3	306	66.4	60.7 71.6	274
Immunizations Up to Date	88.1	84.7 90.9	380	87.1	83.4 90.0	370	87.6	83.8 90.6	325	89.8	85.9 92.7	290
Baby Sleeps on Back	79.0	74.8 82.6	378	81.7	77.5 85.2	370	84.0	79.7 87.6	323	81.0	75.9 85.2	287
Day Care	29.2	22.2 37.4	132	27.7	20.8 35.9	131	41.1	32.4 50.4	116	24.9	17.7 33.8	100

*Indicates data are not available for that year

Note: Confidence Intervals (95% CI) may differ from previous publications due to revisions in standard error calculation.

Appendix B: PRATS Questionnaire and Results, 2013

In the following pages, the 2013 Idaho Pregnancy Risk Assessment Tracking System (PRATS) is presented in its entirety. In addition to the text of each question, the results for most of the questions are included. The percentage of each response category can be found in parentheses to the right of the corresponding response category. Also note that the percentages are weighted results (see the *Weighting the Data* section on page 2 for further explanation), and percentages may not always sum to 100 percent due to rounding. The results have not been provided for all questions.

NOTE: Care should be exercised when interpreting these results. In order to interpret the results correctly, it is important to understand what group has been asked the question. For example, question 10 on page 94 indicates 65.6 percent of respondents reported that they were not using any kind of birth control when they got pregnant. However, this question is only asked of those who responded "No" to question 9, or those who were not trying to get pregnant when they got pregnant. The exclusion of certain respondents is indicated by the italicized text in brackets at the beginning of question 10. These are called "skip patterns" and are used extensively throughout the survey. In order to properly identify what group has been asked a specific question, the skip pattern must be considered. In addition, there may be some confusion when trying to compare results from Appendix B to those in previous sections. The risk factors reported in the main body of the report are often constructed from the responses of multiple questions and may not be comparable to the results of one particular question.

Missing data were excluded from the n's, percentages, and means calculations. Other responses may also be excluded and are indicated by showing the response without any percentage. Also, the results of some questions, such as question 1 about the survey date, are suppressed due to the length of resulting lists.

For help with interpretation of these results, contact the Idaho PRATS Program Director at (208) 332-7366.

Appendix B: PRATS Questionnaire and Results, 2013

When answering the following questions, please refer to the time when you were pregnant with the baby you gave birth to in 2013. If you delivered twins or triplets during your pregnancy, please refer to your experience with the first-born (of the twins or triplets) when answering the questions.

First, please tell us...

1. What is today's date?

____/____/____
Month Day Year

Next, we would like to ask a few questions about you and the time before you became pregnant with your baby. Please check the box next to your answer.

2. In the month before you got pregnant with your baby, were you covered by any of the following health insurance plans?

Check all that apply

- Health insurance/HMO from your job or the job of your husband, partner, or parents (53.0%)
- Health insurance/HMO that you or someone else paid for (not from a job) (8.0%)
- Medicaid (6.3%)
- The military, CHAMPUS, or TRICARE (3.3%)
- Other → Please tell us _____ (2.6%)
- I did not have any health insurance before I got pregnant (28.6%)

3. In the month before you got pregnant with your baby, how many times a week did you take a multiple vitamin (a pill that contains many different vitamins and minerals)?

Check one answer

- I didn't take a multiple vitamin at all (42.4%)
- 1 to 3 times a week (12.2%)
- 4 to 6 times a week (11.7%)
- Every day of the week (33.8%)

4. At any time during the 12 months before you got pregnant with your baby, did you do any of the following things?

For each item, circle Y (Yes) if it applied to you or N (No) if it did not. **"Yes" is reported.**

- a. I was dieting (changing my eating habits) to lose weight (33.5%)
- b. I was exercising 3 or more days of the week (60.1%)
- c. I was regularly taking prescription medicines other than birth control (17.7%)
- d. I visited a health care worker to be checked or treated for diabetes (4.2%)
- e. I visited a health care worker to be checked or treated for high blood pressure (3.2%)
- f. I visited a health care worker to be checked or treated for depression or anxiety (10.5%)
- g. I talked to a health care worker about my family medical history (21.6%)
- h. I had my teeth cleaned by a dentist or dental hygienist (61.3%)

5. Have you ever heard or read that taking the vitamin folic acid can help prevent some birth defects?

- No (14.8%)
- Yes (85.2%)

6. Just before you got pregnant, how much did you weigh?

_____ Pounds OR _____ Kilos

Mean (152.4 lbs)
Median (142.4 lbs)
Minimum (80.0 lbs)
Maximum (350.0 lbs)

7. How tall are you without shoes?

_____ Feet OR _____ Inches OR _____ Meters

Mean (5'5")
Median (5'5")
Minimum (4'0")
Maximum (6'6")

8. Thinking back to just before you got pregnant, how did you feel about becoming pregnant?

Check one answer

- I wanted to be pregnant sooner (21.4%)
- I wanted to be pregnant later (24.1%)
- I wanted to be pregnant then (47.0%)
- I didn't want to be pregnant then or at any time in the future (7.4%)

9. When you got pregnant with your baby, were you trying to become pregnant?

- No (37.1%) **Go to Question 10**
- Yes (62.9%) **Go to Question 12**

10. *[Only asked of mothers who were not trying to get pregnant]* When you got pregnant with your baby, were you or your partner using any kind of birth control?

(Birth Control includes oral contraceptive ("the pill"), condom, skin patch, cervical ring, intrauterine device (IUD), diaphragm, spermicide, implants (Norplant©), shots (DepoProvera©), or other methods such as not having sex at certain times (rhythm method), having your tubes tied, or your partner having a vasectomy.)

- No (65.6%) **Go to Question 11**
- Yes (34.4%) **Go to Question 12**

11. *[Only asked of mothers who were not trying to get pregnant]* Why were you or your partner not using any birth control?

For each item, circle Y (Yes) if it applied to you or N (No) if it did not. **"Yes" is reported.**

- a. I didn't mind if I got pregnant (55.8%)
- b. I didn't think I could get pregnant (36.2%)
- c. I had been having side effects from the birth control I used (29.3%)
- d. I didn't want to use birth control (55.2%)
- e. My partner didn't want to use birth control (30.1%)
- f. I didn't think I was going to have sex (13.7%)
- g. I couldn't afford birth control (18.2%)
- h. Other → Please tell us: _____ (26.1%)

12. During the 3 months before you got pregnant with your baby, did you have any of the following health problems?

For each item, circle Y (Yes) if it applied to you or N (No) if it did not. **"Yes" is reported.**

- a. Asthma (6.7%)
- b. High blood pressure (hypertension) (0.9%)
- c. High blood sugar (diabetes) (2.1%)
- d. Anemia (poor blood, low iron) (6.4%)
- e. Heart problems (0.6%)
- f. Depression (10.9%)
- g. Anxiety (13.0%)
- h. Overweight/obese (23.0%)

The next questions are about the prenatal care you received during your pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care provider, before your baby was born, to get checkups and advice about pregnancy.

13. How many weeks pregnant were you when you were sure you were pregnant?

For example, you had a pregnancy test or a doctor or nurse said you were pregnant.

_____ Weeks

Mean (5.7)
Median (4.6)
Minimum (1.0)
Maximum (40.0)

14. How many weeks pregnant were you when you had your first visit for prenatal care?

Do not count a visit that was only for a pregnancy test or only for WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children).

_____ Weeks

Go to Question 15

Mean (8.2)
Median (7.9)
Minimum (0.0)
Maximum (36.0)

- I didn't receive prenatal care (0.7%)

Go to Question 21

15. *[Only asked of mothers who received prenatal care]* Did you get prenatal care as early in your pregnancy as you wanted?

- No (9.7%) **Go to Question 16**
- Yes (90.3%) **Go to Question 17**

16. *[Only asked of mothers who received prenatal care, but not as early as they wanted]* Which of these things kept you from getting prenatal care as early as you wanted?

For each item, circle **Y** (Yes) if it was a problem for you during your most recent pregnancy or **N** (No) if it was not a problem or did not apply to you. **“Yes” is reported.**

- a. I didn't have my Medicaid card (22.4%)
- b. I couldn't get an appointment (28.2%)
- c. I didn't have enough money or insurance to pay for my visits (32.2%)
- d. I didn't know that I was pregnant (30.3%)
- e. I had no way to get to the clinic or doctor's office (6.4%)
- f. The doctor would not start care earlier (29.8%)
- g. I had a hard time finding a doctor or health care provider who would take me as a patient (10.0%)
- h. I had too many other things going on (18.8%)
- i. Other → Please tell us: _____ (19.0%)

17. *[Only asked of mothers who received prenatal care]* Who did you go to **most** of the time for your prenatal care visits?

Don't include visits for WIC.

Check **one** answer

- Physician/Medical Doctor (MD) such as OB-GYN or family doctor (84.5%)
- Physician Assistant (PA), Nurse Practitioner (NP), or Registered Nurse (RN) (3.8%)
- Certified Nurse-Midwife (CNM) (9.3%)
- Other Midwife (Certified Professional Midwife, Certified Midwife, lay or direct entry midwife) (2.2%)
- Other → Please tell us: _____ (0.1%)

18. *[Only asked of mothers who received prenatal care]* During any of your prenatal care visits, did a doctor, nurse, or other health care provider give you information about any of the issues listed below?

For each item, circle **Y** (Yes) if you were given information or **N** (No) if you were not given information. **“Yes” is reported.**

- a. What you should eat during your pregnancy (84.9%)
- b. How eating fish containing high levels of mercury could affect your baby (72.9%)
- c. How much weight you should gain during pregnancy (82.6%)
- d. The importance of taking vitamin supplements during your pregnancy (96.4%)
- e. The importance of getting regular dental care during your pregnancy (58.2%)
- f. Which kinds of medicine are safe to take during your pregnancy (91.9%)
- g. How drinking alcohol during pregnancy could affect your baby (87.3%)
- h. How smoking during pregnancy could affect your baby (87.3%)
- i. How using illegal drugs during pregnancy could affect your baby (85.0%)
- j. Doing tests to screen for birth defects or diseases that run in your family (88.7%)
- k. Getting your blood tested for HIV (the virus that causes AIDS) (76.7%)
- l. What happens if a baby is shaken (74.4%)
- m. Physical abuse to women by their partner (61.4%)
- n. What to do if you feel depressed during your pregnancy or after your baby is born (82.9%)
- o. The benefits of breastfeeding your baby (91.4%)
- p. How pertussis (whooping cough) could affect your baby (73.7%)

19. *[Only asked of mothers who received prenatal care]* How was your prenatal care paid for?

Check **all** that apply

- Health insurance/HMO from your job or the job of your husband, partner, or parents (51.8%)
- Health insurance/HMO that you or someone else paid for (not from a job) (6.6%)
- Medicaid (36.2%)
- The military, CHAMPUS, or TRICARE (3.5%)
- Other → Please tell us _____ (3.1%)

- I did not have any health insurance to help pay for my prenatal care (6.7%)

20. [Only asked of mothers who received prenatal care] During any of your prenatal care visits, did a doctor, nurse, or other health care provider ask you...?

For each item, circle **Y** (Yes) if you were asked or **N** (No) if you were not asked. **“Yes” is reported.**

- a. If you were drinking alcohol during your pregnancy **(81.9%)**
- b. If you were smoking cigarettes during your pregnancy **(85.0%)**
- c. If you were using illegal drugs during your pregnancy **(80.2%)**
- d. If you were feeling down, depressed, or hopeless during your pregnancy **(79.4%)**

The next questions are about your pregnancy and things that may have happened during your pregnancy.

21. Did you have any of these problems during your pregnancy?

For each item, circle **Y** (Yes) if you had the problem or **N** (No) if you did not. **“Yes” is reported.**

- a. Vaginal bleeding **(17.3%)**
- b. Kidney or bladder (urinary tract) infection **(16.8%)**
- c. Severe nausea, vomiting, or dehydration **(29.2%)**
- d. Cervix had to be sewn shut (incompetent cervix) **(0.7%)**
- e. High blood pressure, hypertension (including pregnancy-induced hypertension[PIH], preeclampsia, or toxemia) **(10.2%)**
- f. Problems with the placenta (such as abruption placentae or placenta previa) **(5.1%)**
- g. Labor pains more than 3 weeks before my baby was due (preterm or early labor) **(17.9%)**
- h. Water broke more than 3 weeks before my baby was due (premature rupture of membranes [PROM]) **(4.2%)**

22. Did you try to get Medicaid coverage during this pregnancy?

- No **(57.8%)** **Go to Question 24**
- Yes **(42.2%)** **Go to Question 23**

23. [Only asked of mothers who applied for Medicaid during pregnancy] Did any of these things happen when you tried to get Medicaid during your pregnancy?

For each item, circle **Y** (Yes) if you if it happened to you or **N** (No) if it did not. **“Yes” is reported.**

- a. I had a hard time getting help from the Medicaid staff **(8.8%)**
- b. I was told I was not eligible for Medicaid services because my household made too much money **(12.9%)**
- c. I was told I was not eligible for Medicaid services because I am from another country **(2.2%)**
- d. I did not understand how to use my Medicaid card or what was covered **(7.8%)**
- e. I did not get all of the Medicaid services that I needed **(8.2%)**
- f. I had a problem finding a doctor who would accept me as a Medicaid patient **(1.9%)**
- g. I was assigned to a doctor that I did not choose **(2.4%)**
- h. Other → Please tell us: _____ **(8.4%)**

24. At any time during your pregnancy, did you have a blood test for HIV (the virus that causes AIDS)?

- No **(27.7%)**
- Yes **(44.4%)**
- I don't know **(28.0%)**

25. During your most recent pregnancy, were you told by a doctor, nurse, or other health care worker that you had gestational diabetes (diabetes that started during *this* pregnancy)?

- No **(92.4%)**
- Yes **(7.6%)**
- I don't know **(0.1%)**

26. During your pregnancy, did you get a flu vaccination?

- No **(40.7%)** **Go to Question 26**
- Yes **(59.3%)** **Go to Question 27**

27. [Only asked of women who did not get a flu vaccination] What were your reasons for **not** getting a flu vaccination during your pregnancy?
For each item, circle **N** (No) if you if it was not a reason for you or did not apply to you, or circle **Y** (Yes) if it was a reason. **“Yes” is reported.**

- a. My doctor didn't mention anything about a flu vaccination during my pregnancy (22.7%)
- b. I was worried about side effects of the flu vaccination for me (42.6%)
- c. I was worried that the flu vaccination might harm my baby (37.4%)
- d. I don't normally get a flu vaccination (82.2%)
- e. Other → Please tell us _____ (24.7%)

28. **During your pregnancy, how often did you feel down, depressed, or hopeless?**
Check **one** answer

- Always (1.2%)
- Often (5.8%)
- Sometimes (18.7%)
- Rarely (36.8%)
- Never (37.6%)

29. **During your pregnancy, did you participate in the WIC Program (the Supplemental Nutrition Program for Women, Infants, and Children)?**

- No (64.5%)
- Yes (35.5%)

30. **During the last 3 months of your pregnancy, how many times a week did you take a multiple vitamin (a pill that contains many different vitamins and minerals)?**
Check **one** answer

- I didn't take a multiple vitamin at all (6.7%)
- 1 to 3 times a week (9.8%)
- 4 to 6 times a week (15.3%)
- Every day of the week (68.3%)

31. **During your pregnancy, did a home visitor come to your home to talk about your prenatal health and offer support in preparing for your baby?**

A home visitor is a nurse, a health care worker, a social worker, or other person who works for a program that helps pregnant women.

- No (98.1%)
- Yes (1.9%)

The next questions are about the care of your teeth and gums before and during your pregnancy.

32. **During your pregnancy, did you go to a dentist or dental clinic for routine care such as teeth cleaning or regular check-up?**

- No (43.7%) **Go to Question 32**
- Yes (56.3%) **Go to Question 33**

33. [Only asked of women who did not receive dental care during pregnancy] **Why did you not go to a dentist or dental clinic for routine care during your pregnancy?**
Check all that apply

- It had been less than 1 year since my last dental visit (19.2%)
- I did not have enough money or insurance to pay for the visit (43.3%)
- I did not feel that I needed to go to a dentist (25.1%)
- I did not feel that it would be safe for my baby (9.0%)
- I had too many other things going on (27.2%)
- Other → Please tell us: _____ (10.3%)

34. **During your pregnancy, did you notice any of the following conditions in your mouth?**

For each item, circle **Y** (Yes) if you had the condition or **N** (No) if you did not. **“Yes” is reported.**

- a. Bleeding gums when brushing (48.1%)
- b. Swollen, puffy gums (22.6%)
- c. Loose teeth (2.9%)
- d. Receding gums or teeth that appear longer (8.7%)
- e. Pain in teeth or gums (23.4%)
- f. Bad breath that does not go away with normal brushing (8.0%)
- g. Spaces between the teeth that were not there before (3.5%)
- h. Inability to chew or swallow properly (2.6%)
- i. Teeth with obvious decay (8.9%)

35. **How long has it been since you had your teeth cleaned by a dentist or dental hygienist?**

- Less than 1 year (55.0%)
- 1 to 2 years (22.9%)
- 3 or more years (18.7%)
- I have never had my teeth cleaned by a dentist or dental hygienist (1.2%)
- I don't know (2.3%)

The next questions are about smoking cigarettes and drinking alcohol.

36. Have you smoked at least 100 cigarettes (5 packs) in your entire life?

A pack has 20 cigarettes.

- No (76.5%) **Go to Question 39**
- Yes (23.5%) **Go to Question 36**

37. [Only asked of mothers who smoked at least 100 cigarettes in their entire life] In the 3 months before you got pregnant, how many cigarettes did you smoke on an average day?

- None (0 cigarettes) (42.1%)
- Less than 1 cigarette a day (7.4%)
- 1 to 5 cigarettes (19.9%)
- 6 to 10 cigarettes (15.6%)
- 11 to 20 cigarettes (13.1%)
- 21 to 40 cigarettes (1.2%)
- 41 cigarettes or more (0.7%)

38. [Only asked of mothers who smoked at least 100 cigarettes in their entire life] In the last 3 months of your pregnancy, how many cigarettes did you smoke on an average day?

- None (0 cigarettes) (74.9%)
- Less than 1 cigarette a day (4.8%)
- 1 to 5 cigarettes (12.6%)
- 6 to 10 cigarettes (4.0%)
- 11 to 20 cigarettes (3.2%)
- 21 to 40 cigarettes (0.1%)
- 41 cigarettes or more (0.4%)

39. [Only asked of mothers who smoked at least 100 cigarettes in their entire life] How many cigarettes do you smoke on an average day now?

- None (0 cigarettes) (66.4%)
- Less than 1 cigarette a day (3.9%)
- 1 to 5 cigarettes (11.5%)
- 6 to 10 cigarettes (10.9%)
- 11 to 20 cigarettes (7.1%)
- 21 to 40 cigarettes (0.3%)
- 41 cigarettes or more (0.0%)

40. Have you had any alcoholic drinks in the past 2 years?

A drink is equal to a 12 ounce beer or malt beverage, 5 ounce glass of wine, or drink with one shot (1.5 ounces) of liquor.

- No (45.7%) **Go to Question 42**
- Yes (54.3%) **Go to Question 40**

41. [Only asked of mothers who had alcohol in the past 2 years] During the 3 months before you got pregnant, how many alcoholic drinks did you have in an average week?

- I didn't drink then (18.6%)
- Less than 1 drink a week (40.8%)
- 1 to 3 drinks a week (27.2%)
- 4 to 6 drinks a week (10.3%)
- 7 or more drinks a week (3.0%)

42. [Only asked of mothers who had alcohol in the past 2 years] During the last 3 months of your pregnancy, how many alcoholic drinks did you have in an average week?

- I didn't drink then (93.0%)
- Less than 1 drink a week (5.9%)
- 1 to 3 drinks a week (0.8%)
- 4 to 6 drinks a week (0.4%)
- 7 or more drinks a week (0.0%)

The next questions are about maternal nutrition and food security during your pregnancy.

43. During the last 3 months of your pregnancy, how many servings of fruit and/or vegetables did you have in a day?

A serving consists of 1/2 cup fruit, 1 medium piece of fruit, 1/4 cup dried fruit, 1/2 cup 100% fruit/vegetable juice, 1 cup leafy vegetables, or 1/2 cooked or raw vegetables.

- Less than 1 serving (4.7%)
- 1 or 2 servings per day (39.8%)
- 3 or 4 servings per day (44.7%)
- 5 or more servings per day (10.8%)

44. During the 12 months before your baby was born, which one of the following statements best describes the food eaten by you and your family?

- Enough food to eat (91.7%)
- Sometimes not enough food to eat (7.7%)
- Often not enough food to eat (0.5%)

The next questions are about physical activity or exercise before and during your pregnancy.

45. During the 3 months before you got pregnant with your baby, how often did you participate in any physical activities or exercise for 30 minutes or more? (For example: walking for exercise, swimming, cycling, dancing, or gardening.)

Do not count exercise you may have done as part of your regular job.

- Never (5.2%)
- Less than 1 day per week (16.5%)
- 1 to 4 days per week (58.1%)
- 5 or more days per week 20.2%

46. During the last 3 months of your pregnancy, how often did you participate in any physical activities or exercise for 30 minutes or more?

Do not count exercise you may have done as part of your regular job.

- Never (12.6%)
- Less than 1 day per week (25.5%)
- 1 to 4 days per week (47.6%)
- 5 or more days per week (10.9%)
- I was told by a doctor, nurse, or health care provider not to exercise (3.5%)

Pregnancy can be a difficult time for some women. The next questions are about things that may have happened before and during your pregnancy.

47. This question is about things that may have happened during the 12 months before your baby was born.

For each item, circle Y (Yes) if it happened to you or N (No) if it did not. **“Yes” is reported.**

- a. A close family member was very sick and had to go into the hospital (19.3%)
- b. I got separated or divorced from my husband or partner (6.2%)
- c. I moved to a new address (35.1%)
- d. I was homeless (1.9%)
- e. My husband or partner lost his job (12.0%)
- f. I lost my job even though I wanted to go on working (6.6%)
- g. I argued with my husband or partner more than usual (18.0%)
- h. My husband or partner said he didn't want me to be pregnant (5.2%)
- i. I had a lot of bills I couldn't pay (19.3%)
- j. I was in a physical fight (1.8%)
- k. I or my husband or partner went to jail (3.7%)
- l. Someone very close to me had a bad problem with drinking or drugs (11.1%)
- m. Someone very close to me died (12.0%)

48. During your pregnancy, would you have had the kinds of help listed below if you needed them?

For each one, circle Y (Yes) if you would have had it or N (No) if not. **“Yes” is reported.**

- a. Someone to loan me \$50 (87.0%)
- b. Someone to help me if I were sick and needed to be in bed (88.9%)
- c. Someone to take me to the clinic or doctor's office if I needed a ride (93.2%)
- d. Someone to talk with about my problems (91.0%)

49. During your pregnancy, did anyone push, hit, slap, kick, choke, or physically hurt you in any way?

- No (96.7%)
- Yes (3.3%)

The next questions are about your labor and delivery.

50. How much did you weigh at delivery?

_____ Pounds **OR** _____ Kilos

Mean (183.3 lbs.)

Median (175.7 lbs.)

Minimum (90.0 lbs.)

Maximum (355.0 lbs)

51. After the birth of your baby, how long did you stay in the hospital or birthing center?

- Less than 24 hours (Less than 1 day) (8.7%)
- 24-48 hours (1-2 days) (61.2%)
- 3 days (19.0%)
- 4 days (6.5%)
- 5 days (2.1%)
- 6 days or more (1.0%)
- I didn't have my baby in a hospital or birthing center (1.6%)

52. After your baby was born, how long did your baby stay in the hospital or birthing center?

- My baby is still in the hospital (0.0%)
- Less than 24 hours (Less than 1 day) (10.5%)
- 24-48 hours (1-2 days) (55.1%)
- 3 days (17.6%)
- 4 days (6.4%)
- 5 days (2.1%)
- 6 days or more (6.6%)
- I didn't have my baby in a hospital or birthing center (1.8%)

53. After your baby was born, was his or her hearing tested?

- No (1.8%)
- Yes (94.5%)
- I don't know (3.8%)

54. How was your delivery paid for?

Check all that apply

- Health insurance/HMO from your job or the job of your husband, partner, or parents (51.5%)
- Health insurance/HMO that you or someone else paid for (not from a job) (6.7%)
- Medicaid (41.3%)
- The military, CHAMPUS, or TRICARE (3.5%)
- Other → Please tell us _____ (3.3%)
- I did not have any health insurance to help pay for my delivery (3.9%)

The next questions are about the time since your baby was born.

55. During the 6 weeks after your baby was born, did a doctor, nurse, or other health care worker give you information about using birth control?

- No (10.4%)
- Yes (89.7%)

56. Since your new baby was born have you had a postpartum checkup for yourself?

(A postpartum checkup is the regular checkup a woman has about 6 weeks after she gives birth)

- No (7.1%)
- Yes (92.9%)

57. Since your new baby was born, have you been tested for diabetes or high blood sugar?

- No (83.3%)
- Yes (16.7%)
- I don't know (0.0%)

58. Since your baby was born, has a home visitor come to your home to talk about your health and your baby's health and offer support in caring for your baby?

A home visitor is a nurse, a health care worker, a parent educator, a social worker, or other person who works for a program that helps mothers of newborns.

- No (93.9%)
- Yes (6.1%)

59. During the 3 months after your delivery, how often would you say you felt down, depressed, or hopeless?

Check one answer

- Always (3.0%)
- Often (12.0%)
- Sometimes (22.7%)
- Rarely (35.7%)
- Never (26.6%)

60. During the 3 months after your delivery, how often would you say you had little interest or little pleasure in doing things?

Check one answer

- Always (2.8%)
- Often (9.4%)
- Sometimes (21.7%)
- Rarely (37.1%)
- Never (29.0%)

61. During the 3 months after your delivery, would you say that you were...

Check one answer

- Not depressed at all (49.3%) **Go to Question 61**
- A little depressed (34.0%) **Go to Question 60**
- Moderately depressed (12.5%) **Go to Question 60**
- Very depressed (4.2%) **Go to Question 60**

62. *[Only asked of mothers who said that they were at least a little depressed during the 3 months after delivery]* Since the birth of your baby, have any of the following things happened?

Professional may include a psychiatrist, psychologist, counselor, family practice doctor, obstetrician, gynecologist, nurse, etc...

For each item, circle **Y** (Yes) if it has happened to you or **N** (No) if it has not. **"Yes" is reported.**

- a. I wanted to see a professional about my depression (32.7%)
- b. I went to see a professional about my depression (25.1%)
- c. I participated in a support group for depression (1.7%)
- d. I was prescribed medication to treat my depression (24.4%)

The next questions are about breastfeeding your baby.

63. Did you ever breastfeed or pump breast milk to feed your baby?

- No (5.5%) **Go to Question 68**
- Yes (94.5%) **Go to Question 64**

64. *[Only asked of mothers who ever breastfed]* Are you still breastfeeding or pumping breast milk to feed your baby?

- No (63.5%) **Go to Question 65**
- Yes (36.5%) **Go to Question 67**

65. *[Only asked of mothers who were breastfeeding but stopped]* How many weeks or months did you breastfeed or pump milk to feed your baby?

_____ Weeks OR _____ Months

Mean (23.0 weeks)
Median (17.0 weeks)
Minimum (0.0 weeks)
Maximum (69.3 weeks)

- Less than 1 week (2.2%)

66. *[Only asked of mothers who were breastfeeding but stopped]* Why did you stop breastfeeding?

Check all that apply

- My baby lost interest in breastfeeding (21.9%)
- My baby had difficulty nursing (17.6%)
- Breast milk alone did not satisfy my baby (32.3%)
- I thought my baby was not gaining enough weight (9.7%)
- I had nipple or breast problems (14.4%)
- My baby's teeth made it painful to continue (7.1%)
- I felt it was the right time to stop (26.7%)
- I didn't have enough milk (48.1%)
- I went back to work or school (23.5%)
- It was inconvenient to continue (11.7%)
- Other →Please tell us: _____ (18.4%)

67. *[Only asked of mothers who ever breastfed]* How many weeks or months old was your baby when you started feeding him/her formula?

_____ Weeks OR _____ Months

Mean (13.4 weeks)
Median (8.3 weeks)
Minimum (0.0 weeks)
Maximum (60.7 weeks)

- Less than 1 week (12.4%)
- My baby has never been fed formula (35.3%)

68. How many weeks or months old was your baby when you started feeding him/her foods other than breast milk or formula (for example: baby cereal, baby food, or solid food)?

_____ Weeks OR _____ Months

Mean (23.5 weeks)

Median (24.2 weeks)

Minimum (0.0 weeks)

Maximum (60.7 weeks)

- Less than 1 week (0.1%)
- My baby has never been fed foods other than breast milk or formula (1.4%)

The next questions are about the care of your baby.

69. How do you usually lay your baby down to sleep?

Check one answer

- On his or her side (12.0%)
- On his or her back (81.5%)
- On his or her stomach (6.5%)

70. About how many hours a day, on average, is your baby in the same room with someone who is smoking?

_____ Hours

- 1 or more hours a day (0.3%)
- Less than 1 hour a day (1.8%)
- My baby is never in the same room with someone who is smoking (97.9%)

71. About how many times has your baby been to a doctor or nurse for routine well-baby check-ups?

Routine well-baby check-ups may include height/weight, physical examination, developmental and behavioral assessment, sleep position and nutrition counseling, immunizations, and other information or referrals as necessary. Don't count when you took your baby for care when he or she was sick or visits only for immunizations.

_____ Times

- 1 or more routine well-baby visits (98.9%)
- My baby hasn't been for routine well-baby care (1.2%)

72. What, if anything, prevented your baby from having routine well-baby check-ups?

Check all that apply

- I didn't have enough money or insurance to pay for it (1.6%)
- I couldn't get an appointment (1.7%)
- I had no way to get the baby to the clinic or doctor's office (1.3%)
- I didn't have anyone to take care of my other children (0.7%)
- I didn't know where to go (0.3%)
- I didn't know about routine well-baby check-ups (0.8%)
- Other → Please tell us: _____ (2.8%)
- Nothing prevented my baby from having routine well-baby check-ups (87.7%)

73. Were you given information about the importance of immunizing your baby by any of the following?

For each item, circle Y (Yes) if it has happened to you or N (No) if it has not. **"Yes" is reported.**

- a. Prenatal care provider (69.5%)
- b. Childbirth preparation or parenting classes (34.3%)
- c. Hospital or birthing center (78.6%)
- d. Pediatrician, family doctor, or other health care provider (94.3%)
- e. Women, Infants, and Children (WIC) program staff (42.5%)
- f. Other → Please tell us: _____ (10.6%)

74. Are your baby's immunizations (shots) up to date according to the immunization schedule?

- No (11.4%) **Go to Question 73**
- Yes (88.1%) **Go to Question 74**
- I don't know (0.5%) **Go to Question 73**

75. *[Only asked of mothers whose baby's immunizations were not up to date]* If your baby's immunizations (shots) are not up to date or you don't know if they are up to date, please indicate why.
Check all that apply

- My baby was sick or had medical problems (14.9%)
- I wanted to wait until my baby was older (35.7%)
- I didn't have enough money or insurance (3.9%)
- I had no way to get the baby to the clinic or office (3.6%)
- The clinic was not open when it was convenient for me (2.6%)
- I don't know what is recommended by the schedule (5.6%)
- I am following an alternative vaccination schedule in consultation with my pediatrician/family doctor (39.3%)
- I had too many other things going on (12.6%)
- I don't think immunizations are safe (30.0%)
- Other →Please tell us:_____ (16.4%)

76. Did your baby receive the Hepatitis B vaccine before leaving the hospital or birthing center?

- No (12.6%) **Go to Question 75**
- Yes (79.3%) **Go to Question 76**
- I don't know (7.2%) **Go to Question 76**
- I did not have my baby in a hospital or birthing center (0.8%) **Go to Question 76**

77. *[Only asked of mothers whose baby did not receive the Hepatitis B vaccine]* Why didn't your baby receive the Hepatitis B vaccine before leaving the hospital or birthing center?
Check all that apply

- I was not offered the Hepatitis B vaccine for my baby at that time (10.1%)
- I felt my baby was too young for this vaccination (63.0%)
- I felt my baby was not at risk for Hepatitis B (46.5%)
- I was worried that the vaccine would harm my baby (31.5%)
- Other →Please tell us:_____ (19.5%)

78. What type of health insurance is your baby covered by?
Check all that apply

- Medicaid or CHIP (45.6%)
- Health Insurance or HMO (51.7%)
- The military, CHAMPUS, or TriCare (3.0%)
- Other →Please tell us:_____ (2.1%)
- My baby is not covered by any type of health insurance (2.8%)

The next questions are about you and your family.

79. Are you currently in school or working outside of the home?

- No (52.2%) **Go to Question 80**
- Yes (47.8%) **Go to Question 78**

80. *[Only asked of mothers who are currently in school or are working outside the home]* When you go to work or school, do you take your baby to day care?
Check one answer

- No (61.2%) **Go to Question 80**
- Yes, and it is licensed (28.6%) **Go to Question 79**
- Yes, and it is not licensed (8.7%) **Go to Question 79**
- Yes, and I don't know if it is licensed (1.5%) **Go to Question 79**

81. In the 12 months before your delivery, what was your total household income from all sources, before taxes?

Include your income, your husband's or partner's income, and any other income you may have used.
Check one answer

- Less than \$10,000 (12.3%)
- \$10,000 to \$14,999 (8.6%)
- \$15,000 to \$19,999 (6.7%)
- \$20,000 to \$24,999 (8.3%)
- \$25,000 to \$29,999 (6.3%)
- \$30,000 to \$34,999 (9.3%)
- \$35,000 to \$49,999 (13.9%)
- \$50,000 to \$74,999 (16.2%)
- \$75,000 or more (18.4%)

Appendix C: Technical Notes

Sampling Fractions

Birth records were sampled using the following sampling fractions:

Sampling Stratum	Sampling Frame	Sample	Approximate Sampling Fraction
<i>TOTAL</i>	<i>20,482</i>	<i>4,200</i>	<i>1 in 5</i>
Health District 1	2,104	600	1 in 4
Health District 2	997	600	1 in 2
Health District 3	3,435	600	1 in 6
Health District 4	5,361	600	1 in 9
Health District 5	2,689	600	1 in 4
Health District 6	2,273	600	1 in 4
Health District 7	3,623	600	1 in 6

Response and Refusal Rates

The overall response rate was 40.8 percent, computed as the number of completed surveys (1,712) divided by the total sample (4,200). Response rates varied depending upon health district (see the following table). District 7 had the highest response rate at 48.7 percent, and District 1 had the lowest response rate at 38.8 percent.

Sampling Stratum	Sample	Number Completed	Percent Completed
<i>TOTAL</i>	<i>4,200</i>	<i>1,712</i>	<i>40.8%</i>
Health District 1	600	233	38.8%
Health District 2	600	241	40.2%
Health District 3	600	197	32.8%
Health District 4	600	267	44.5%
Health District 5	600	228	38.0%
Health District 6	600	254	42.3%
Health District 7	600	292	48.7%

The overall refusal rate was 7.5 percent, computed as the number of women who refused the survey any time during the mail or telephone phase (314) divided by the total sample (4,200).

Completion Rates by Survey Phase

Of the 1,712 completed surveys, 90.0 percent were completed by mail and 10.0 percent were completed by telephone (see the following table). The first mailing had the highest return, accounting for 62.0 percent of completed mail surveys. Returns from the second

mailing accounted for 17.8 percent of completed mail surveys, and the third mailing accounted for 10.2 percent of completed mail surveys. The telephone phase, accounting for 10.0 percent of all completed surveys, was an important tool for reaching women with low education, low income, lower age, and/or who were Spanish speakers.

Survey Phase	Number Completed	Percent Completed
<i>TOTAL</i>	<i>1,712</i>	<i>100.0%</i>
Mailing Phase	1,540	90.0%
Mailing 1	1,061	62.0%
Mailing 2	304	10.2%
Mailing 3	175	10.0%
Telephone Phase	172	10.0%

Costs associated with this publication are available from the
Idaho Department of Health and Welfare

HW-1206

March 2015



PRATS

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