

# COMMUNITY CARE ADVISORY COUNCIL

October 27, 2015

## Present:

- Steve Lish ((RALF IHCA Administrator), Chair
- Tamara Prisock (IDHW Director Designee)
- Leroy Smith (CFH Resident/Family Member Representative)
- Trinette Middlebrook, IDHW (Council Support)
- Kathie Garrett (Mental Health Advocate)
- Mary Blacker (CFH Provider Representative)
- Jim Varnadoe (RALF At-Large Administrator – DHW Appointee)
- Angela Eandi (DisAbility Rights Idaho)
- Rebecca Solders (CFH Representative)
- Kris Ellis (IHCA Executive Director Appointee)
- Pamela Estes (CFH Provider Representative)

## Teleconference or Video Conference:

### Absent:

- Christine Pisani (Developmental Disabilities Council) , Vice Chair
- Keith Fletcher (RALF At-large Administrator)
- Bryan Elliott (RALF IHCA Administrator)
- Cathy Hart (Idaho Ombudsman for the Elderly)
- Cathy McDougall (AARP)
- Charlene Pickering (IHCA Appointee)
- Elishia Smith (RALF Resident/Family Member Representative)\*
- Sharol Aranda (CFH Provider Representative)\*
- Eva Blecha (CFH Provider Representative)\*

### Guests:

- Jamie Simpson, IDHW
- Karen Vasterling, IDHW

~~~~~

\* Members were scheduled to call into conference line but connection was unsuccessful. The council convened at 1:00 p.m. in Conference Room D-East of the Medicaid/Licensing & Certification Central Office located at 3232 Elder Street in Boise, Idaho. Steve Lish was the facilitator.

**Motion:** Adopt the October 27, 2015 agenda.

**So Moved:** Mary Blacker

**Seconded:** Pam Estes

**Vote:** Unanimous

~~~~~

**Motion:** Adopt the July 28, 2015 minutes meeting as written.

**So Moved:** Tamara Prisock

**Seconded:** Angie Eandi

**Vote:** Unanimous

## UNFINISHED BUSINESS

### Membership – Steve, Chair

Steve gave a summary of the upcoming expiration of 3 additional membership positions.

Position	Position Type	Member
1. RALF Administrator At-Large	Appointed by IDHW	Keith Fletcher
2. CFH Provider, Resident or Family Member	Elected by Council	Sharol Aranda
3. CFH Provider	Elected by Council	Mary Blacker
4. RALF Resident, Family Member	Elected by Council	OPEN

Mary Blacker is interested in continuing to serve on the Council.

- **ACTION:** Trinette will email Sharol Aranda asking if she is still interested in serving the Council. Email sent 10/28/2015. Sharol will let Trinette know before the January meeting.

Tamara asked the Council if they still want James Steed to occupy the RALF Resident position while he pursues his residency into a RALF. Discussion warranted more information.

**Motion:** Christine Pisani to follow up on James' current status and Council will vote about his membership in January.

**Seconded:** Angie Eandi

**Vote:** Unanimous

- **ACTION:** Christine will provide information about whether James is a resident in a RALF, CFH or SNF currently or in the past to present at the January meeting.

#### Voting Process

Tamara provided a handout of Public Meeting Law FAQs. In response to the inquiry made at the last Council meeting – No decision at any meeting of a governing body of a public agency may be made by secret ballot.

#### RALF Rules Versus CFH Rules

Kris Ellis provided a comparison handout and noted the following items. She did not cover building differences but did review care and cost.

1. RALF rules seemed to be more specific with Food and Medications as examples.
2. Fees are more expensive for CFH.
3. CFH requires that provider takes residents that require nursing and a RALF requires a nurse to visit (LPN every 90 days).
4. Continued education RALF = 12 hours and CFH = 8 hours.
5. Additional policies for RALF and CFH are significantly different.
6. Infection Control and Medication policies are not required for CFH although arrangement must be made for med administration.
7. Resident funds for RALF = separate trust account and for CFH = separate account.

Where do we go next? Council members should look for cost savings opportunities for providers.

### Assessment Subcommittee Update

Kathie Garrett stated that in July 2014 the Assessment Subcommittee started meeting but the work of the subcommittee is not actually about assessments, but rather how to help make residential placements more successful. Involuntary discharges and other changes in living arrangements are stressful to residents who are already facing challenges. The work group needs a new description.

Recently the Subcommittee has modified the Checklist on 'How to Choose a Good Assisted Living Residence' as the current version did not address DD Clients. The old version of this checklist is currently available on the Health and Welfare website. The Subcommittee incorporated the new rules in the checklist handout.

- ACTION: Members are to direct questions about RALF checklist to Angie Eandi or Tamara Prisock.

Next steps for the Assessment Subcommittee include but are not limited to:

1. Karen Vasterling has a checklist from the manual that can be modified for CFH.
  2. Will work on recommendations for criteria that help facilities conduct more effective assessments for residents. The Uniform Assessment Instrument (UAI) that is used for Medicaid reimbursement is not an effective tool for assessing resident needs.
  3. Evaluate assessment tools, InterRai, web based, follow an individual internationally, etc.
  4. Gather best practices and define items.
  5. Will not focus on requirements but on resources and education.
  6. Subcommittee will work with Jamie Simpson, the RALF program manager.
- ACTION: TrINETTE will email InterRai information to Council. Done 12/1/15
  - AGENDA and ACTION: Jamie Simpson and Tamara Prisock will outline what will need to happen for changes in statute and/or rule related to removing references to the UAI as the assessment instrument in RALFs. Decisions will be made at the January meeting concerning a possible subcommittee, including advocates and providers.

UAI has been used as a generic term for assessment, but the Department UAI is a financial tool and is not all encompassing. Why mention it in the RALF rules? Jamie Simpson stated that most facilities may welcome creation of a best practices assessment tool. Rule change will be recommended next year. Tamara stated that we may first have to suggest removing references to the UAI and Medicaid reimbursement in RALF statute.

Most involuntary discharges are behavior related, not due to lack of payment or elopements. Kathie asked about training or education about crisis before the crisis occurs. Can they intervene? Are there options to relocate?

Jim stated that their focus is on resident needs versus family needs. Tamara pointed out that the end result may not be one tool. Envision elements criteria in whatever tool is used. Angie asked if we can incorporate into a rule.

- ACTION: Any feedback about possible tools should be routed to the Subcommittee. Is it a good tool? Does it communicate?
- ACTION: Jamie Simpson will look into a new system. Will this tool be voluntary? Industry-wide? Specialized? We will have to go next year.
- ACTION: Subcommittee will create a checklist for selecting a CFH with a consumer focus.
- ACTION: Ideas for Subgroup name change please state at January meeting.

### CCAC Annual Report | Items to Include

#### Items to include in next report:

1. Difficult Behaviors, mentally ill. Demand? Mixed population?
  2. Follow-up from previous year may be valuable to get traction
  3. CFH rule changes for 2016 legislative session
  4. Update on RALF rules and how that went
  5. Preliminary report of the BSU survey – Kathie
  6. Keith Fletcher asked if there had been any additional work done to explore the possibility of a special assisted living facility license for those facilities specializing in providing care to residents with mental illness and who demonstrate difficult behaviors. Tamara explained that the Department has included this issue as a high priority to address in its strategic plan.
  7. Kathie suggested that the Department might issue a Request for Information (RFI) for ideas about providing residential care to this special population. There is a need for a larger discussion about providing care to specialty populations.
  8. Pharmaceutical disposal
- ACTION: Council members who have ideas about how to word any of the issues included in the Council's 2015 annual report to the Legislature need to send the wording to Trinette by November 20, 2015. Trinette will then draft the annual report and distribute the draft to Council members the week of December 7th. Council members will have until December 31, 2015 to send feedback about the draft report to Trinette. The final report will be reviewed at the January Council meeting and then submitted to the House and Senate Health and Welfare Committees. Done Nov 6, 2015.
  - ACTION: Trinette will send Pharmaceutical Disposal information from past minutes to Council.
  - ACTION: Kris will get data to Tamara from the study Boise State University is doing for the Idaho Health Care Association, but the survey is more Medicaid-centric.
  - ACTION: Tamara will contact Trista Wolf to invite her to present in January about the work that is being done on a residential treatment model for individuals with mental illness who have difficult behaviors and are hard to place in existing residential settings.
  - ACTION: Tamara will contact Cameron Gilliland to arrange for him to come to the April Council meeting to talk with the group about the work being done on a therapeutic stabilization and transition center for individuals with developmental disabilities.

### Update on CFH Rules

Karen gave a brief review of the rule change process. Negotiated rulemaking meetings happened last June in Boise, Coeur d'Alene and Pocatello. The decision was to vacate rules for major changes and hold negotiated rulemaking meetings again due to poor attendance and participation.

- The fee increase is going forward from \$25/month to \$30/month (an increase of \$60/year total.)

- New applications will increase from \$150 to \$175 to cover time, materials and survey.
- The CFH program will start offering basic medication awareness course every February, May, August and November. The eight (8) hour course will change to 4-4.5 hour blocks and will cost \$60, a reduced cost compared to college offerings.
- Dates to be determined for April/May.
- Karen promoted CFH page alerts. If an individual signs up then they will receive a notice about changes made on the CFH webpage.

Proposed 2016 CCAC Schedule

**Motion:** To accept the dates as proposed.

**So Moved:** Leroy

**Seconded:** Pam

**Vote:** Unanimous

Open Forum – No comments/questions from visitors.

**Motion to Adjourn:** Mary

**Seconded:** Angie

**Approved:** Unanimous

**Adjourned 3:50 p.m.**

The next meeting is scheduled for January 26, 2016.