

CFH Updates for Self Direction: This information will be sent via a statewide e-mail to Support Brokers as well as included in the Guide and SB manuals

Self Direction Updates for Persons living in a Certified Family Home:

Substitute Care In a Certified Family Home (CFH)

1. Community Support Workers (CSWs) coming into the home are considered Substitute Care providers when the person identified on the CFH certificate as the CFH provider is not in the CFH and the CSW is responsible for providing care and supervision to a resident while in the CFH. CSWs that meet the definition of a Substitute Care provider must be CPR certified, complete the Assistance with Medications course if they are assisting the participant to take medication, and complete a Criminal History Background Check. IDAPA 16.03.19.300.SHORT-TERM CARE AND SUPERVISION.
2. It is also considered to be Substitute Care when someone residing in the CFH home not identified on the CFH certificate is responsible for providing care and supervision to a resident in the CFH when the certified person is absent from the home.
3. CSWs will not be considered Substitute care providers when they go into the home and the certified person is present in the home and is available to provide regular care and supervision.
4. CSWs will not be considered Substitute care providers if the supports they are providing occur in the community.
5. Substitute care providers may provide care and supervision to a resident in a CFH for up to thirty (30) consecutive days. This rule is specific to those situations when the CFH provider is away from the home 24/7 for up to 30 days. CSW's coming into the home for only parts of the day will not fall under this rule.
6. CSWs who provide four (4) hours per week or less of supervision only to a resident of the CFH, in the CFH, do not need to meet the CPR, Assistance with Medications course and Criminal History Background Check requirements.

'Home Alone Time' Requests for SD Persons Living in a Certified Family Home

1. Requests for "home alone time" are submitted to the Regional Care Manager on the Support and Spending Plan (SSP) or may be requested any time during the plan year using the Support and Spending Plan Change Form (SSPC). The SSP or SSPC must identify a goal for "home alone time" and identify in the 'Activities' section of a My Support Plan page what activities the person is able to do on their own that allows them to safely stay home alone (i.e. call 911, call CFH provider on cell phone, exit home without assistance in the event of a fire, go to neighbor's house for assistance, not answer the telephone or door while alone, able to get a snack to eat on their own, etc.).
2. A back-up plan must be developed that identifies those person(s) the participant can contact for assistance when using 'alone time'.

3. When evaluating the participant for 'home alone time', the Support Broker/Circle of Support may use the following questions to guide the discussion. This list is just an example and is not considered to be all-inclusive of what should be considered to ensure each participant's health and safety.
 - How has the participant demonstrated an ability to successfully respond to a variety of emergency situations? The Circle of Support should be able to verify the following:
 - Can the participant independently evacuate the residence in the event of a fire?
 - Can the Circle of Support provide reasonable details that support the participant is able to demonstrate an ability to appropriately respond to a variety of situations that may present when they are home alone (e.g. telephone rings, a knock at the door, problems when using household appliances, sustains a minor or major injury, etc.).
 - Are back-up supports available to a participant while using 'alone time'?
 - Does the participant have the ability to recognize the need for and seek emergency help?
 - Does this request for 'home alone' time include the participant being able to go out into the community while on 'home alone time'?
 - If 'no', does the participant have a history of compliance when it comes to following directions (e.g. not leaving the home by themselves)?
 - If 'yes', Support Broker/Circle of Support should be able to provide reasonable details to support the participant is able to demonstrate an ability to navigate the community in a safe and effective manner (e.g. does the participant understand 'stranger danger', how and who would they contact in an emergency situation while in the community, are they at risk for exploitation, do they have a history of behaviors that would put them or the community at risk if they are out and about on their own, etc.).
4. If the participant wishes to increase the number of hours of "home alone time" approved on the annual SSP or SSPC form, the increased number of hours must be requested and approved through an updated SSPC form prior to increasing the number of hours a participant spends in 'alone time'. This change form would not go to Consumer Direct.