

# WELCOME!

## **Road to Transition**

A Guided Tour for  
Accessing Adult Services

# Road to Transition

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Accessing Adult Services

**ON RAMP**

Start Here

STOP

**Contact  
Adult DD  
Services**

**DD Services  
Application**

**Medicaid  
Application**

**Social  
Security  
Income**

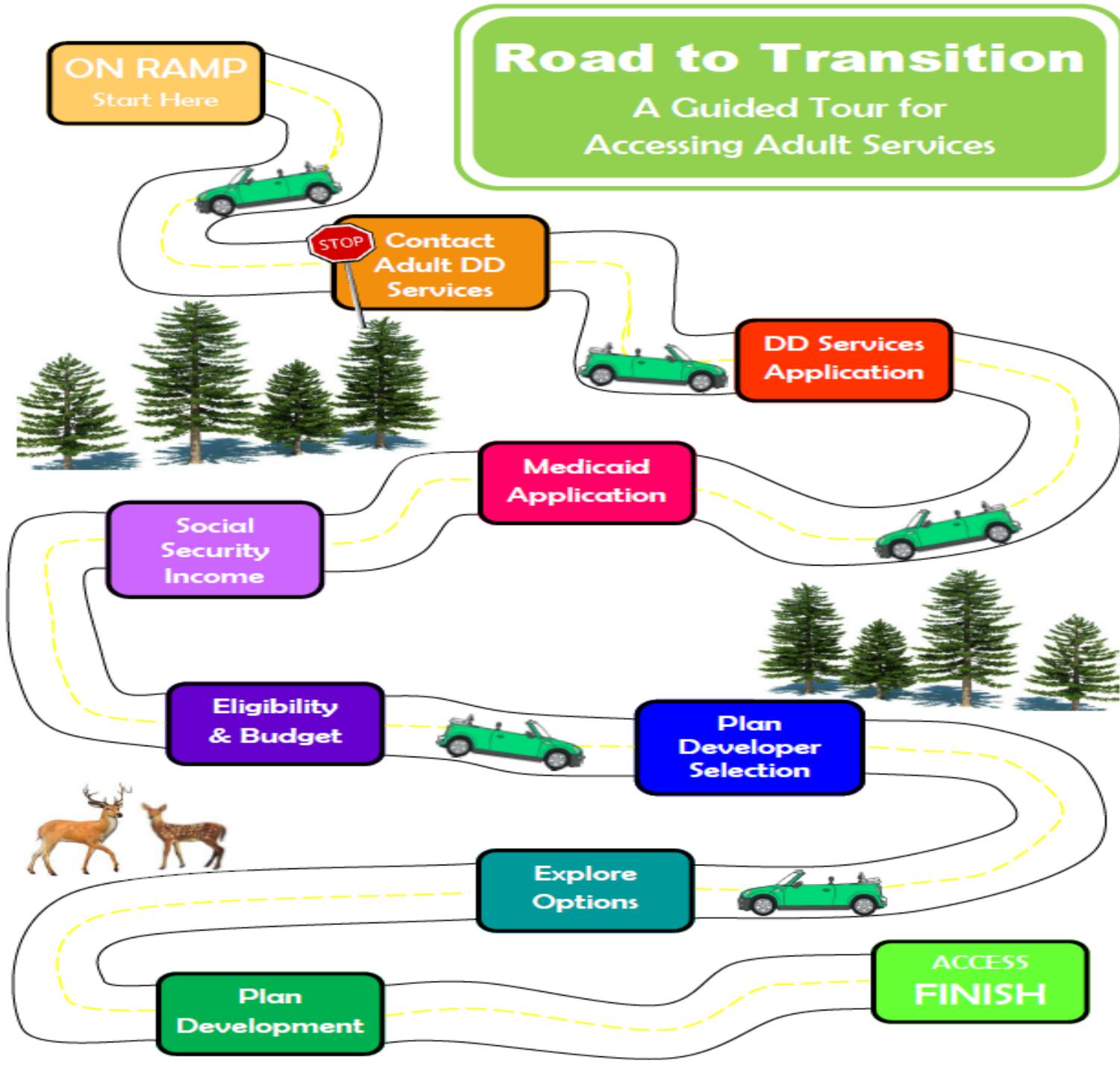
**Eligibility  
& Budget**

**Plan  
Developer  
Selection**

**Explore  
Options**

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Development**

**ACCESS  
FINISH**



# On Ramp

Kathy McPherson  
Children's DD Case Manager

Katie Jennings  
Children's DD Case Manager

Stephanie Cunnington  
Medical Program Specialist  
Adult DD Program

## Things we know:

- 🚗 You can't access adult services without applying
- 🚗 The application process seems difficult
- 🚗 There could be a gap in services when you turn 18
- 🚗 All services and supports are voluntary

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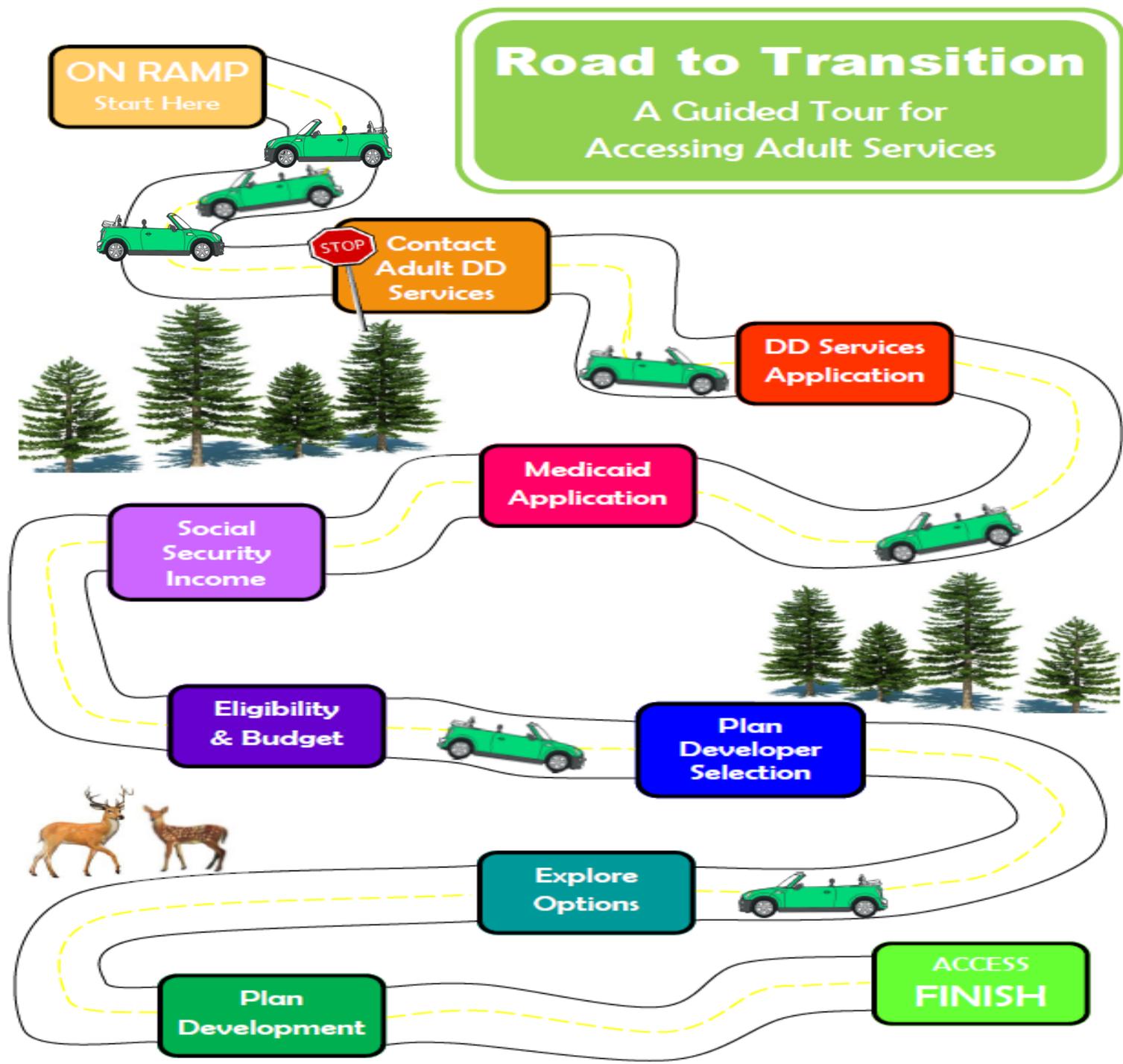
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# Contact RMS

- 🚗 Adult Developmental Disability Services are paid for by Medicaid
- 🚗 In order to find out where to start, contact Regional Medicaid Services
  - 🚗 Regional Medicaid Services (RMS) is also known as the Bureau of Dev. Disabilities (BDDS)
- 🚗 Make contact at least 6 months before you turn 18

**Region 1 Quality Assurance Specialist**

**Bonni Ford**

**(208) 665-8908**

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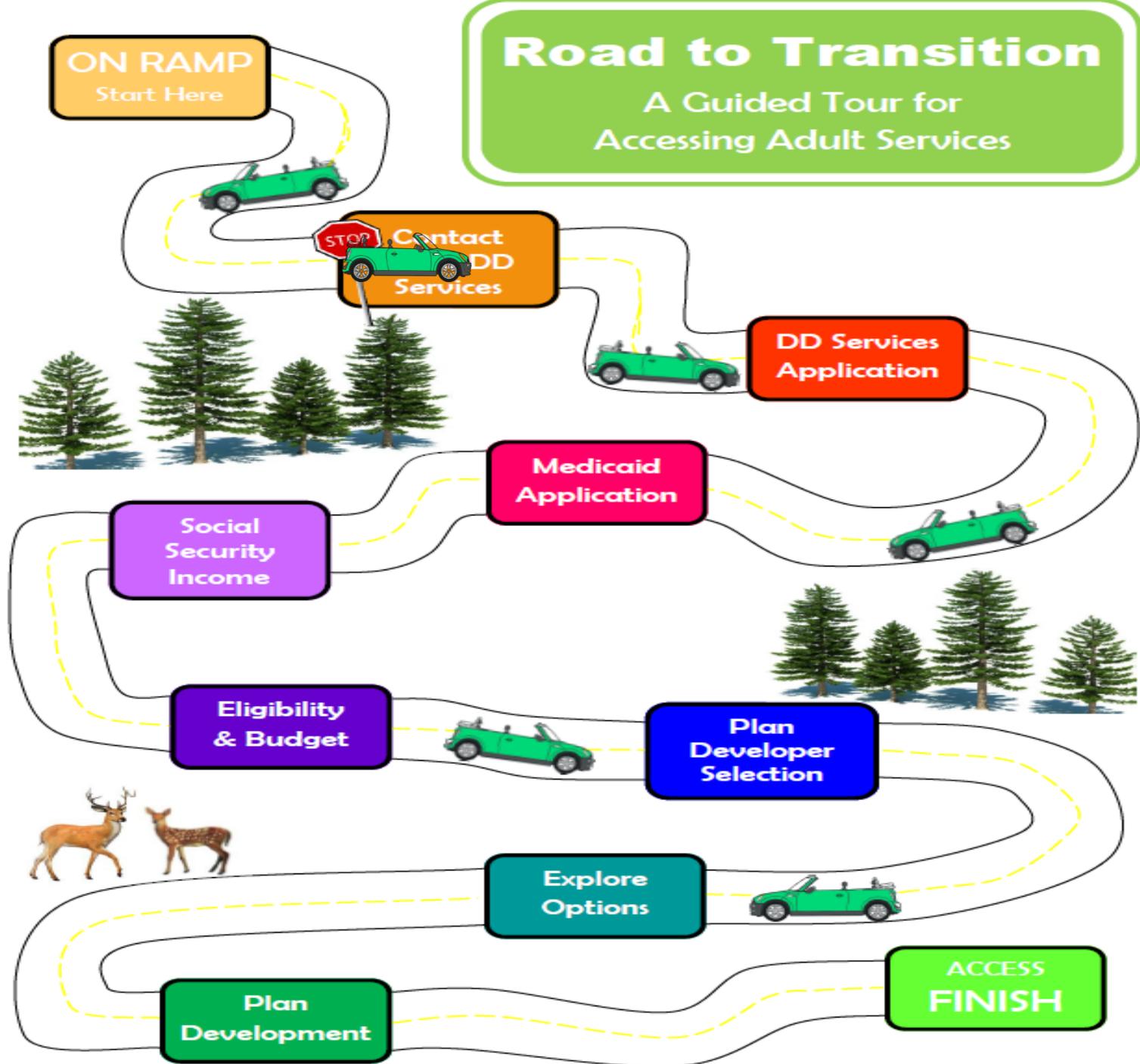
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# DD Services Application

- 🚗 Can get application online or by contacting Regional Medicaid Services (RMS).
- 🚗 Complete application packet **MUST** include:
  - 🚗 Application
  - 🚗 Receipt of Privacy Practices
  - 🚗 Documentation of your disability
  - 🚗 Proof of diagnosis before age 22
  - 🚗 Disclosure of Authorization
- 🚗 Return to RMS
- 🚗 Apply up to **3 months prior to 18<sup>th</sup> birthday**

# DD Services Application

- 🚗 Documentation of your disability
  - 🚗 If you have a diagnosis of Intellectual Disability, you must have a **recent adult** psychological evaluation (within 3 years) that reports full scale IQ
  - 🚗 If you have a diagnosis of Asperger's Syndrome or PDD-NOS, you will need an updated psychological evaluation

# DD Services Application

- 🚗 After your application is complete, it will be sent to our Independent Assessment Provider (IAP), Liberty Healthcare
- 🚗 They will schedule an interview with you.
- 🚗 More on that later!

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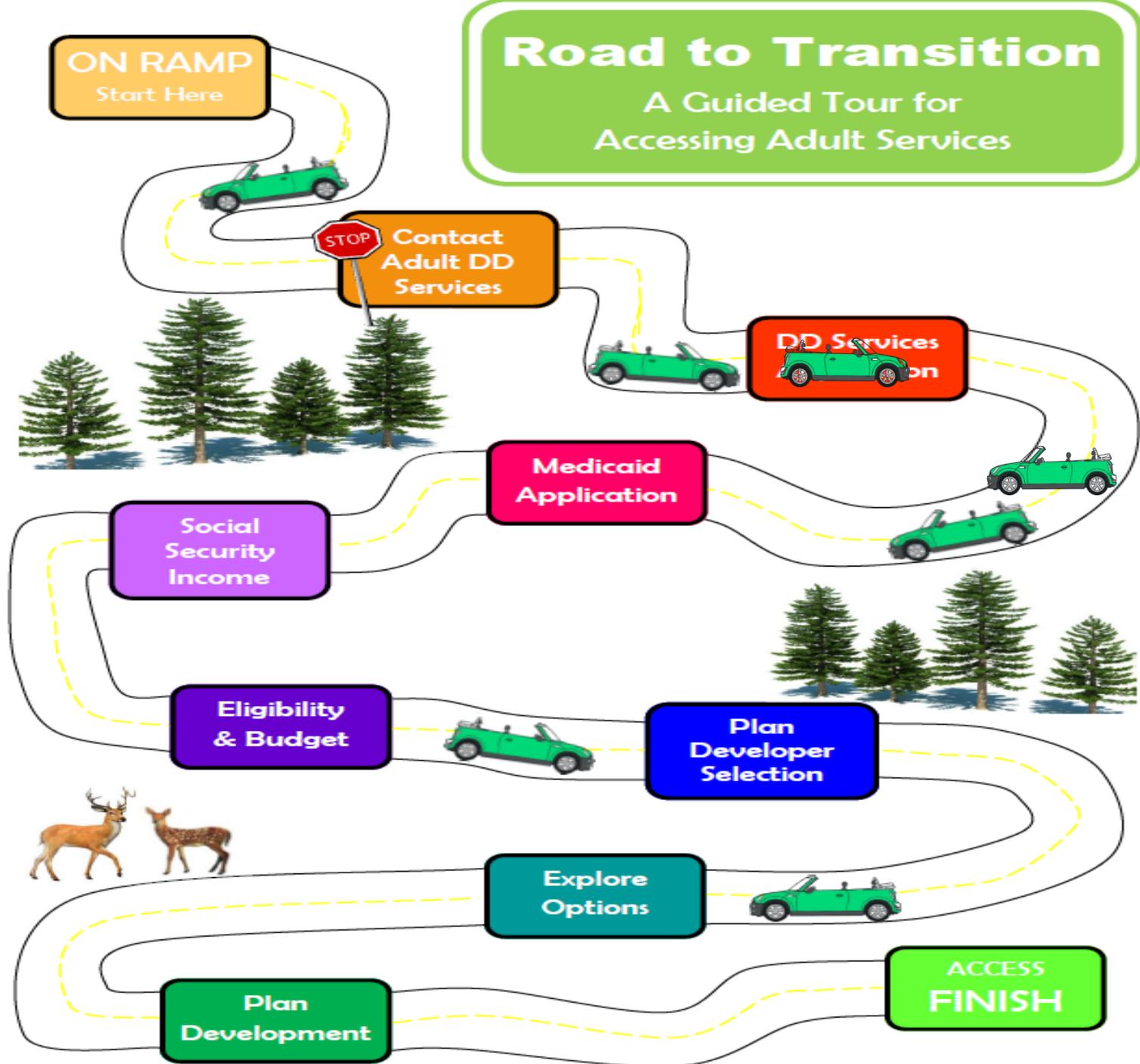
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# Medicaid Application

- 🚗 CANNOT have adult services without being approved for Medicaid through Self-Reliance (SR)
- 🚗 If you are working with your local RMS office, they will support you in applying for Medicaid
- 🚗 If you haven't been contacted by your 18<sup>th</sup> birthday in order to apply for Adult Medicaid, be sure to apply.
- 🚗 Be sure to let them know that you will be applying for Adult Developmental Disability Services
- 🚗 Complete application with only the child's financial info, not parents'

# Medicaid Application

- 🚗 Be sure to keep all your information updated with SR.
- 🚗 Check your contact information with SR when you apply for Adult DD services.
- 🚗 Contact them via phone, email, or fax

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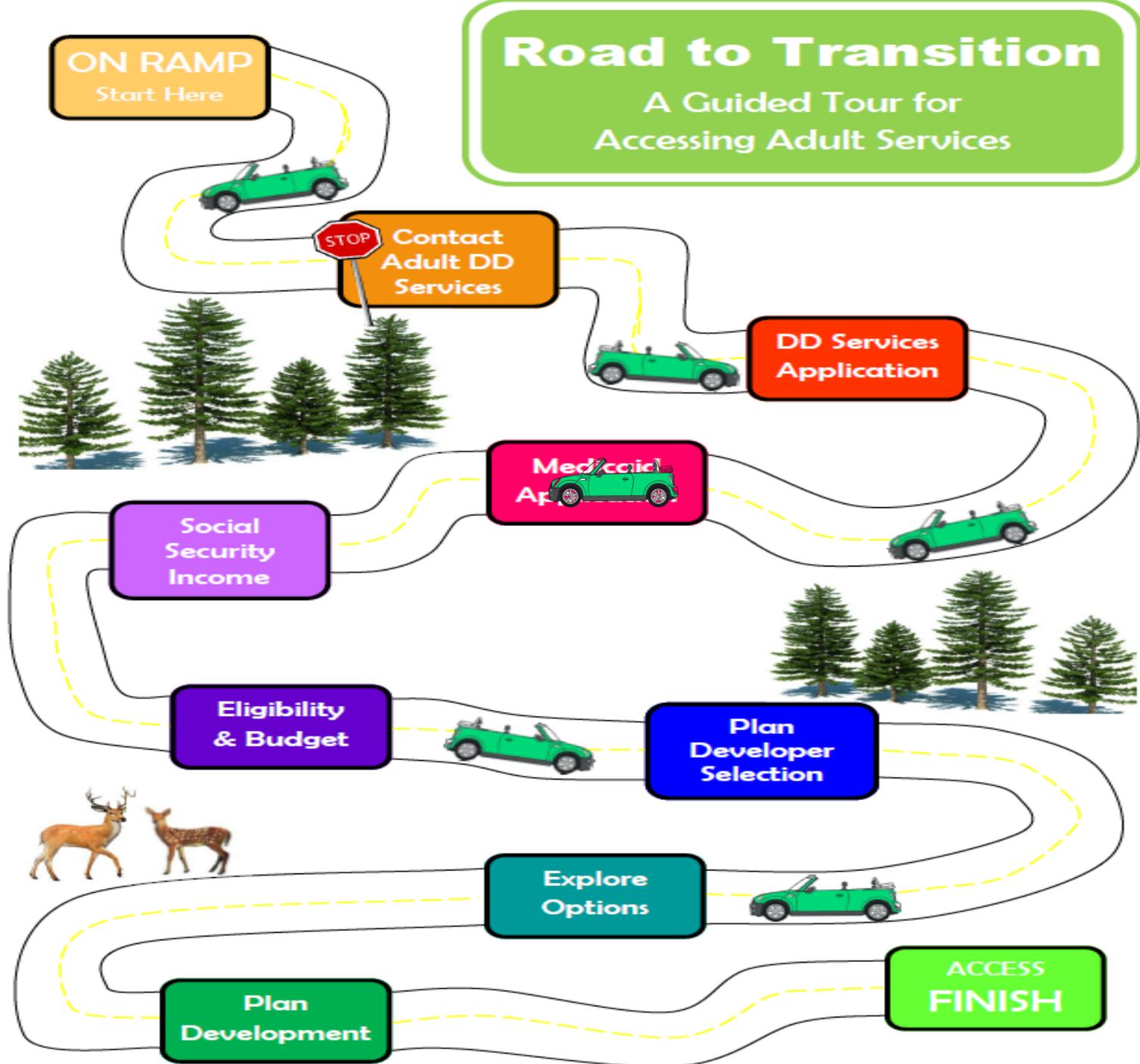
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# Supplemental Security Application

- 🚗 SSI provides financial support to pay for things like rent and other basic living expenses.
- 🚗 Adult DD Services do not pay for room & board.
- 🚗 Contact your local Social Security office to find out when you can apply.
  - 🚗 Call 30 days prior to your 18th Birthday to schedule an appointment on or near your birthday.
- 🚗 Children's Medicaid ends at 19. SSI allows the claimant to receive Medicaid as an adult.

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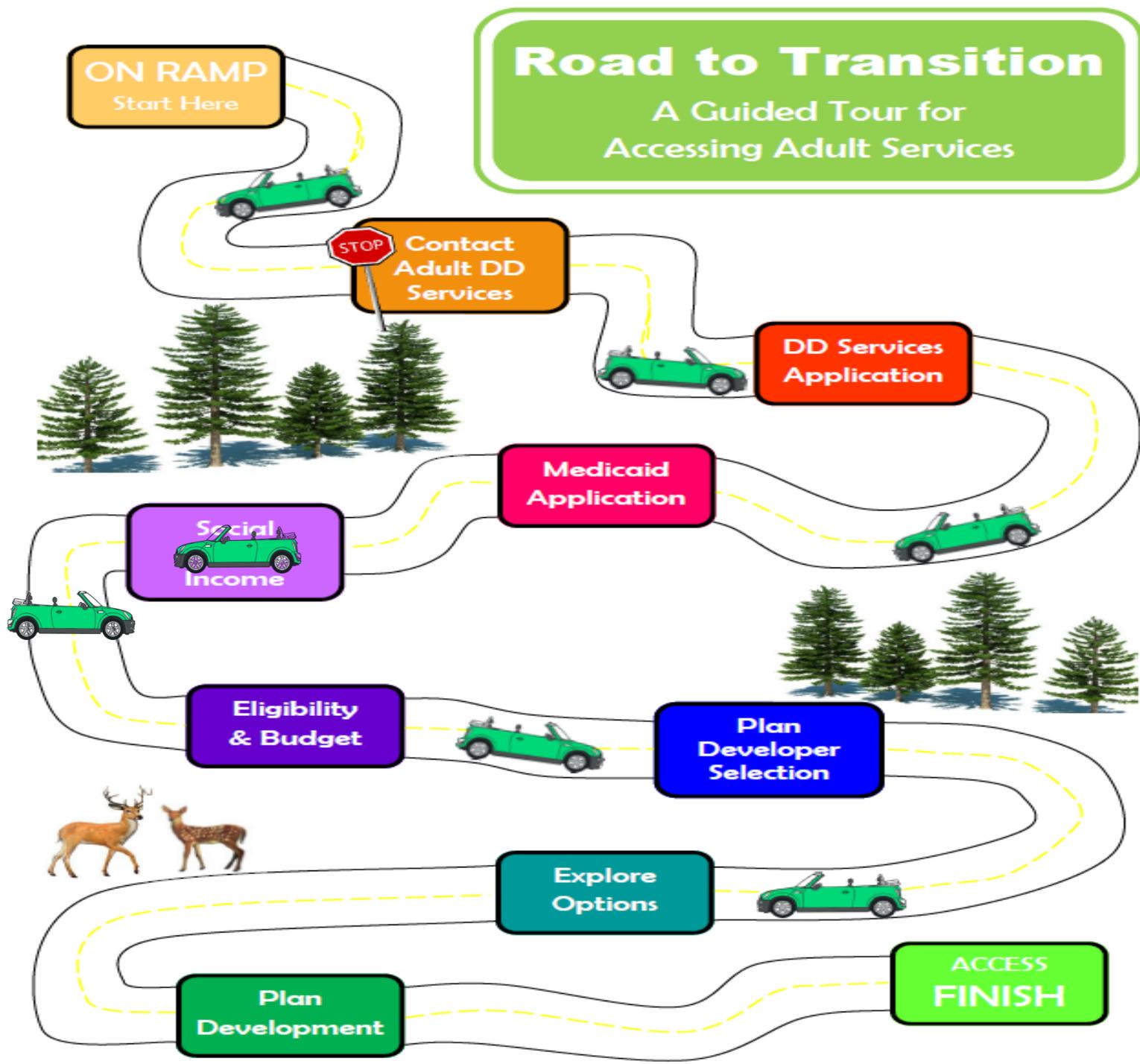
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# Eligibility & Budget

- 🚗 You will be contacted by an Independent Assessment Provider (IAP) to schedule an interview
- 🚗 They will ask questions about your disability and your capabilities
- 🚗 IAP will decide if you are eligible for adult Developmental Disability Services and assign a budget based on your needs
- 🚗 **NEED TO** pick a Plan Developer and submit a plan within 90 days or you will have to apply again

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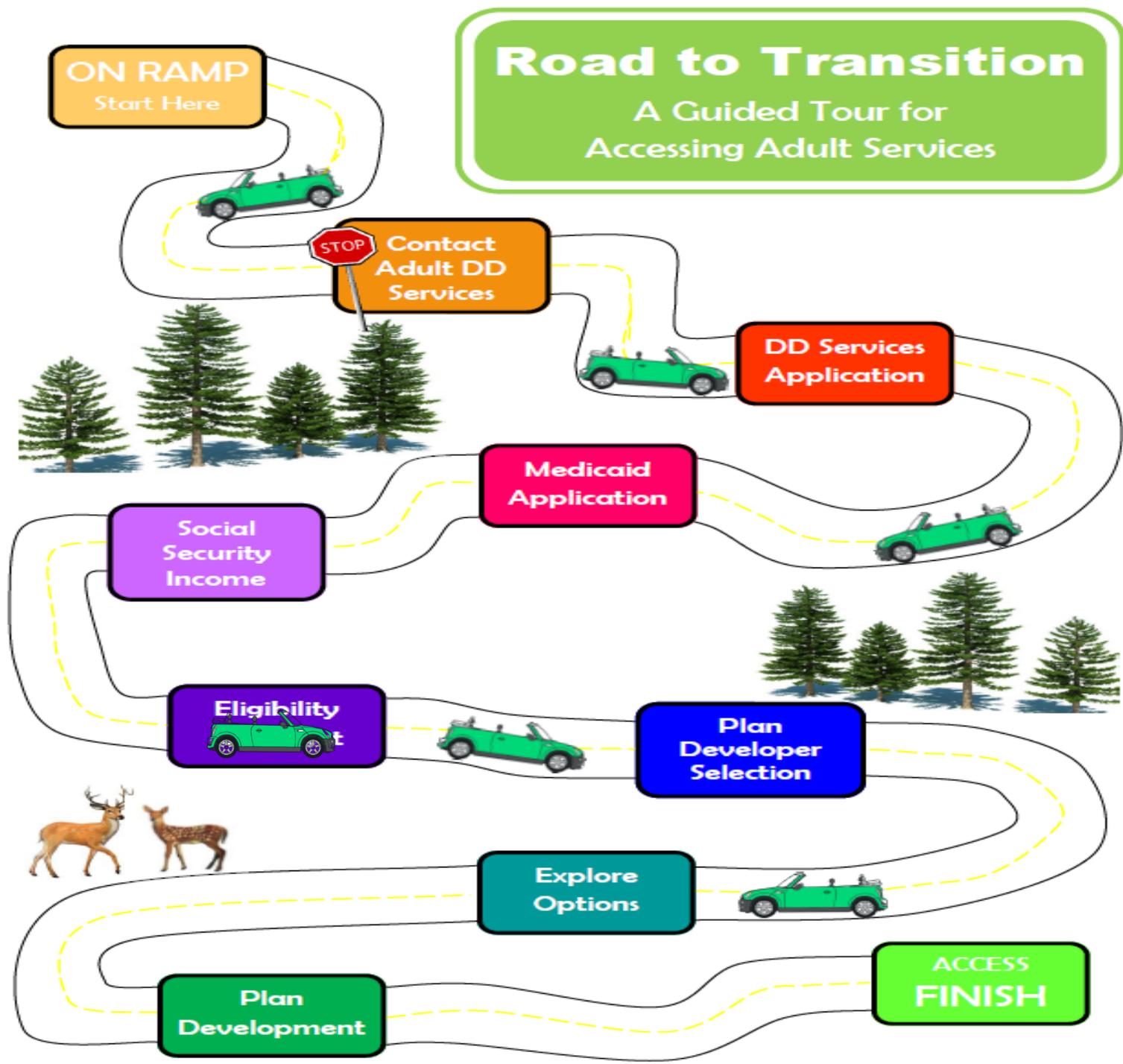
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# Plan Developer Selection

You will have to choose between the 2 different options below:

**Traditional Services**

*Targeted Service Coordinator*

OR

**Self Direction**

*Support Broker*

-  Whether you choose Traditional or Self Direction, it is important to interview more than 1 plan developer
-  This is the person that will help you write your plan

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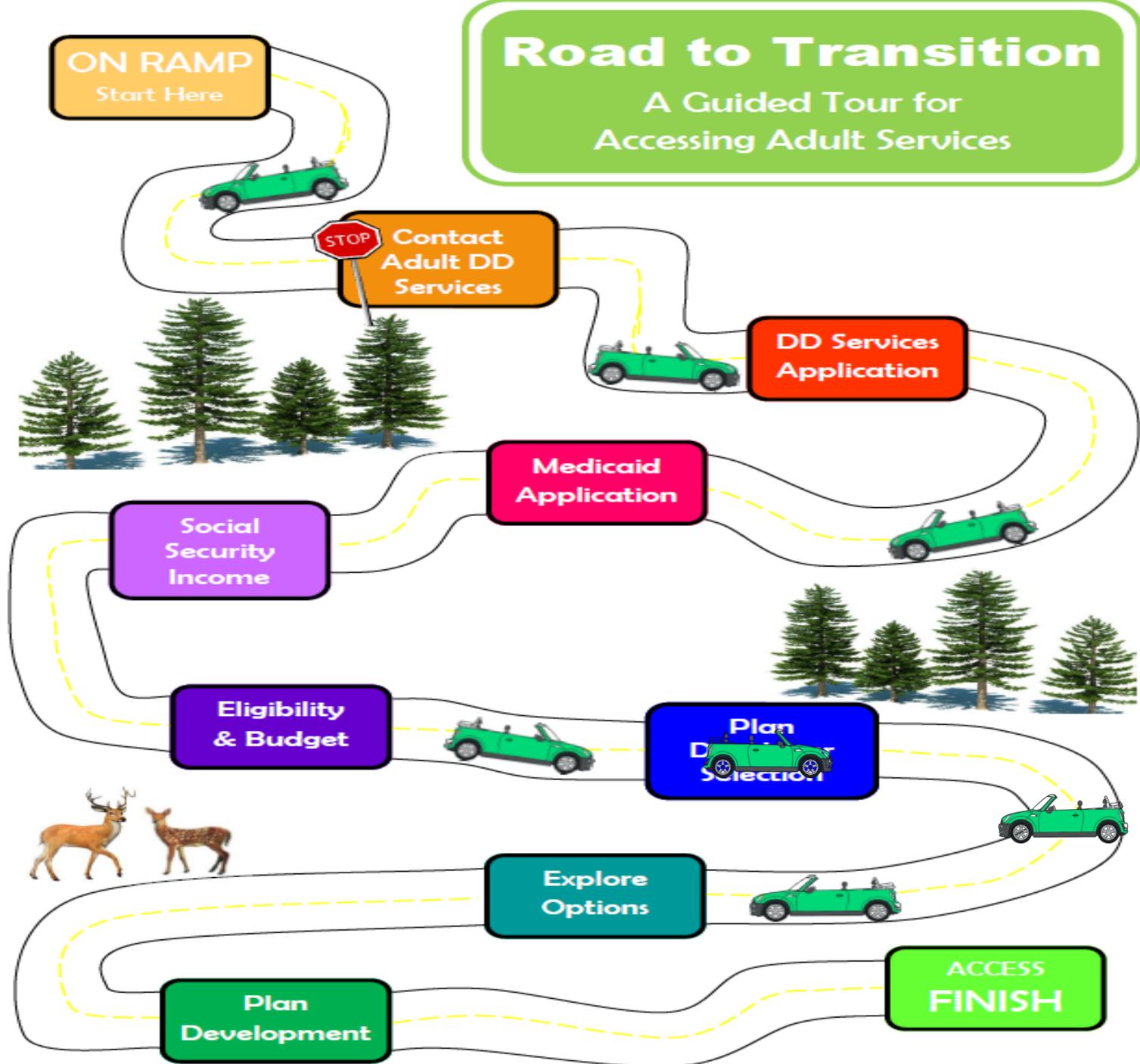
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# Explore Options

## Traditional Services

- Menu of services available
- Work with agencies
- Targeted Service  
Coordinator monitors supports
- Agencies approved by Adult DD

## Self-Direction

- Must attend training
- You are the employer
- You hire employees that you choose
- You choose your supports
- Support Broker can assist with finding help

State Plan Option



# Explore Options

Developmental Disabilities Waiver  
Traditional Services

## Residential Habilitation

Supported Living Services

# Explore Options

Developmental Disabilities Waiver

Self-Directed  
Traditional Services

~~Self-Directed Developmental Disabilities Waiver  
Self-Directed Traditional Services~~

Response System

Crisis Management

# Explore Options

Developmental Disabilities Waiver

Self-Direction

You must have a permanent disability

# Explore Options

## Children's State Plan Intervention Habilitation Intervention

- 🚗 Birth through month of 21<sup>st</sup> birthday
  - 🚗 Medicaid Eligible
  - 🚗 Functional and/or behavioral needs
- 
- ❖ Provided through Developmental Disabilities Agencies or Independent Providers.
  - ❖ Can be provided with most Adult DD service options.

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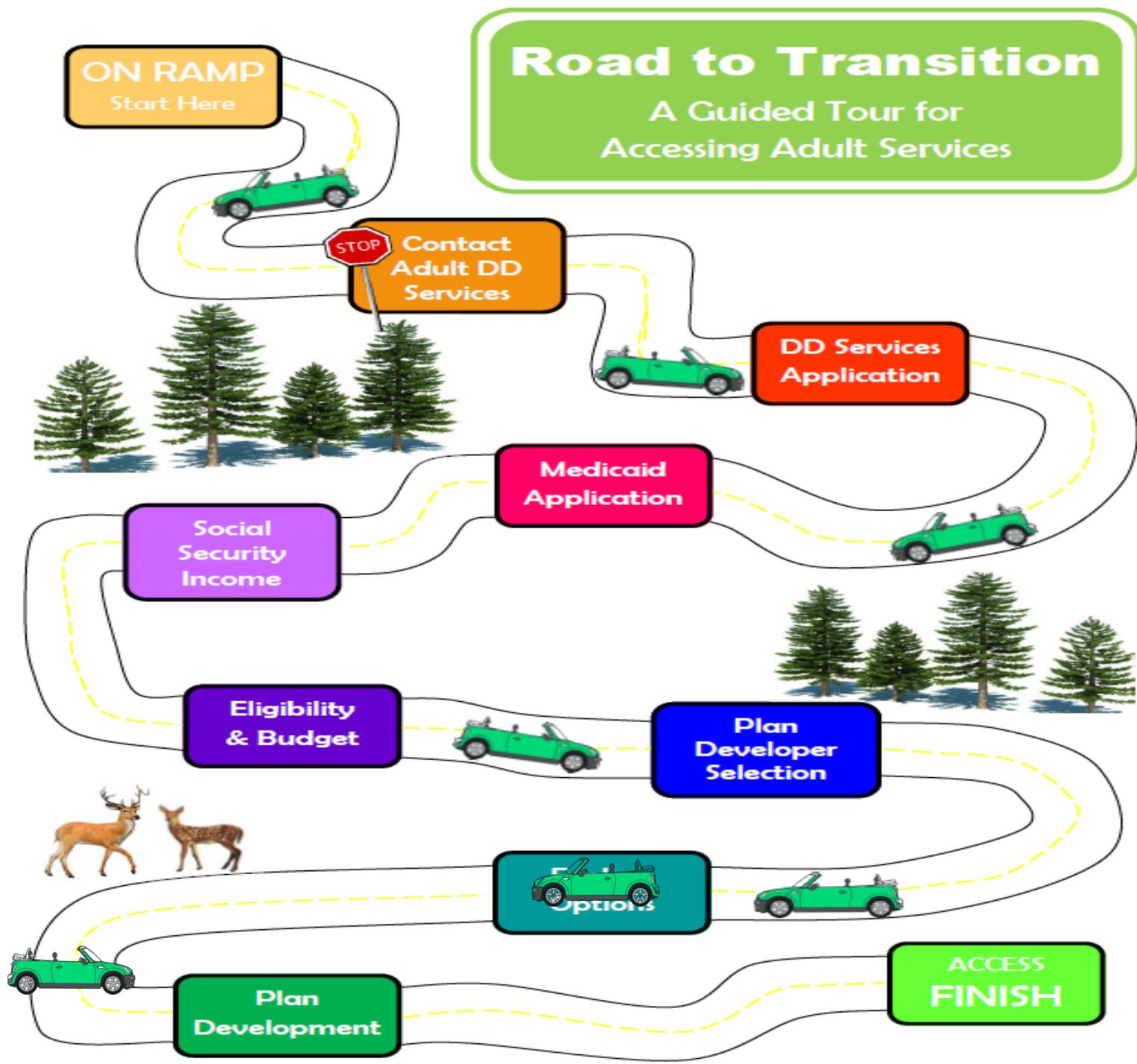
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# Plan Development

- 🚗 Work with your Targeted Service Coordinator or Support Broker
- 🚗 Create a Person-Centered Planning Team or Circle of Support
- 🚗 YOU and your team will decide what kind of help you would benefit from
- 🚗 Plan Developer will write plan and send it to RMS
- 🚗 Plans take 30 days to be approved

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# ACCESS

## Congratulations!

You have applied, been approved, written a plan and now you can enjoy the supports that you chose. These supports will help you become more independent and live the life you want to live.

If you are unhappy with your supports, you can contact your Targeted Service Coordinator or Support Broker to make changes.

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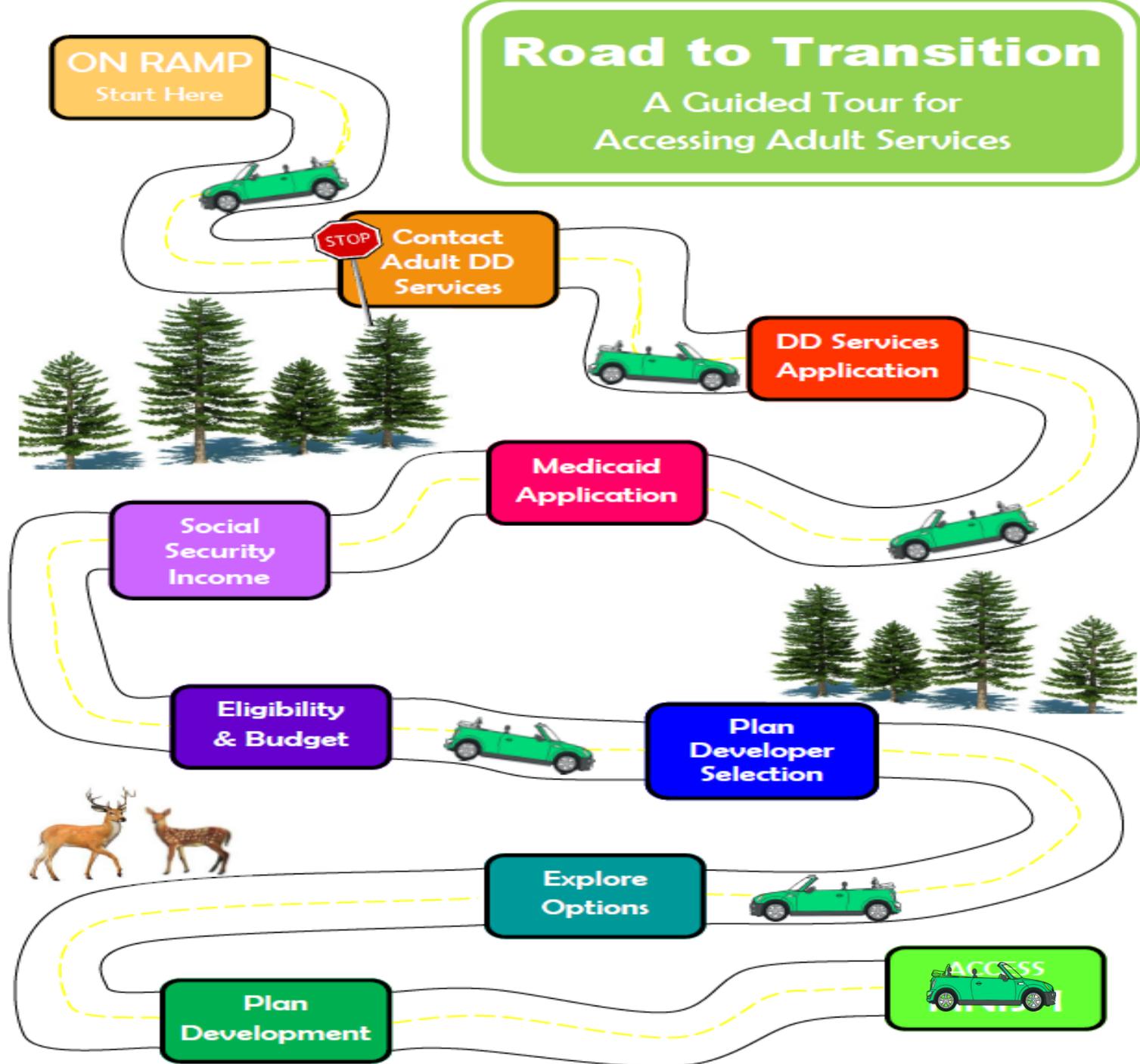
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QUIZ TIME!

# TerrarFalse

Regional Medicaid Services is the place to start when applying for Adult Developmental Disability Services.

# True or False?

# False

Basic living expenses such as Room & Board are covered by Medicaid for adults with disabilities.

# True or False

Social Security is an optional step in the process of accessing Adult Developmental Disability Services.

# Interfalse

An Adult Developmental Disabilities application must include documentation that the disability was diagnosed before the age of 22.

# File or False

If you accessed Disability Services as a child, the Department of Health and Welfare has ALL records on file for your adult services application.

# False

If the highest budget was assigned as a child, it will automatically qualify him/her for the highest budget as an adult.

# Interfalse

An Independent Assessment  
Provider (*IAP*) determines  
eligibility and assigns a budget  
for Developmental Disability  
Services, not the Department of  
Health and Welfare.

**False**

State Plan Option and  
Developmental Disability Waivers  
are the same thing.

# Interfalse

The Developmental Disability  
Waiver has two options:  
Traditional & Self-Direction

# Targeted Service Coordinators and Support Brokers assist with Plan Development.

Targeted Service Coordinators  
and Support Brokers assist with  
Plan Development.

# False

Individual Support Plans do not  
require approval by the  
Department of Health and  
Welfare.

# False

Behavioral Health Services are  
paid for out of the  
Developmental Disability  
Services budget.

# **False**

There is no gap in services when transitioning from Children's Services to Adult Services.

# **Road to Transition**

Comments?

Concerns?

Questions?

**Thank you  
for  
attending!**