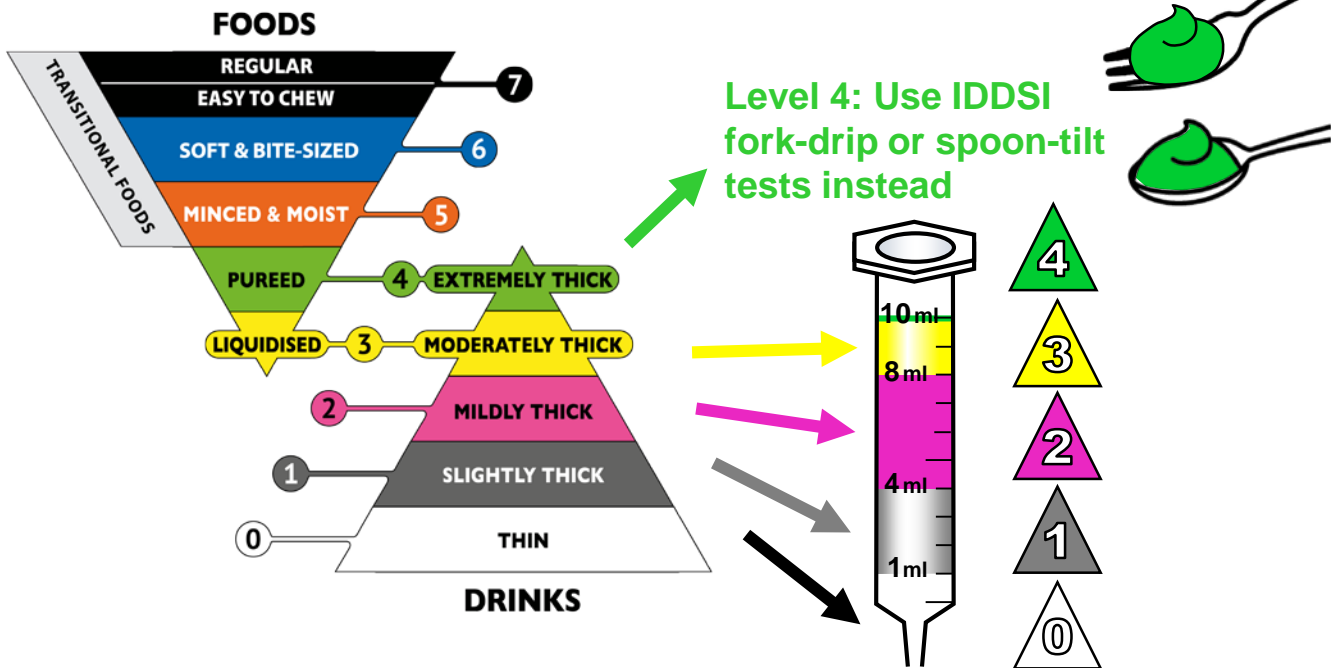
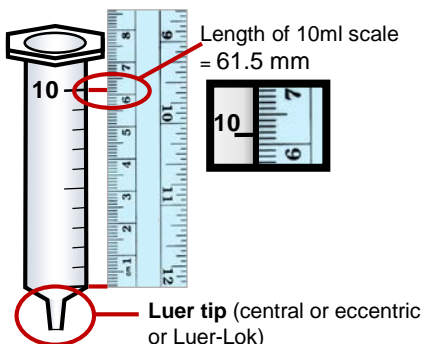


The International Dysphagia Diet Standardisation Initiative (IDDSI) framework of terminology and definitions includes an **objective measurement for liquid thickness**.



The **IDDSI flow test** classifies **IDDSI Levels 0-3** based on their rate of flow.

Use a syringe (following syringe dimensions as per image below) for correct results.



DISCOVER MORE ABOUT IDDSI

Visit: IDDSI.org

Follow on Twitter: @IDDSI_org

Download the IDDSI App:



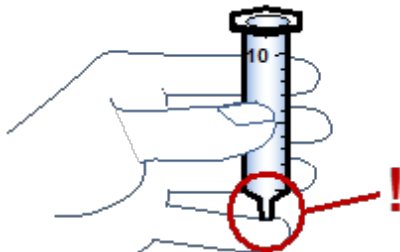
IDDSI flow test - instructions

Videos of IDDSI flow test can be found here:

<http://iddsi.org/framework/drink-testing-methods/> or

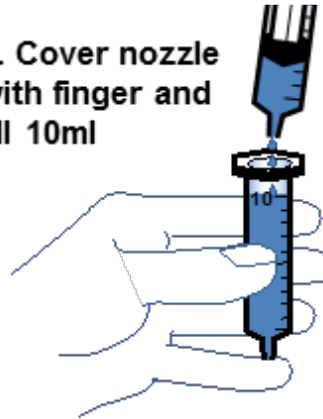
in the IDDSI App

1. Remove plunger

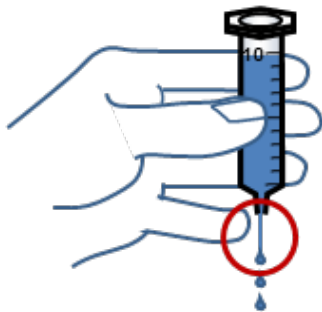


Check the nozzle is completely clear before use

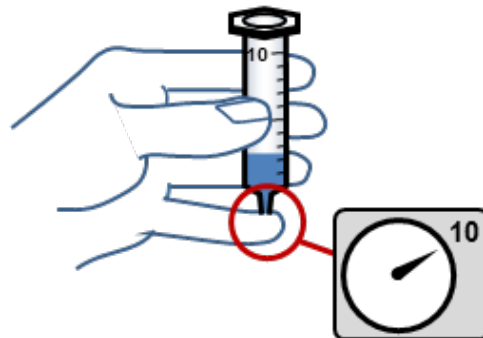
2. Cover nozzle with finger and fill 10ml



3. Release nozzle & start timer



4. Stop at 10 seconds



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