

Advanced Health Care - S and S Nutrition Network Spring/Summer Menu

WEEK TWO

Approved by: Wendy Rice, MS, RD, LD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Choice of Fruit Choice of Toast Choice of Cereal Choice of Breakfast Meat, Egg or Yogurt Milk Choice of 100% Vit. C Juice Breakfast Special: Cherry Top Muffin	Choice of Fruit Choice of Toast Choice of Cereal Choice of Breakfast Meat, Egg or Yogurt Milk Choice of 100% Vit. C Juice Breakfast Special: Baked Omelet	Choice of Fruit Choice of Toast Choice of Cereal Choice of Breakfast Meat, Egg or Yogurt Milk Choice of 100% Vit. C Juice Breakfast Special: Blueberry Muffins	Choice of Fruit Choice of Toast Choice of Cereal Choice of Breakfast Meat, Egg or Yogurt Milk Choice of 100% Vit. C Juice Breakfast Special: Southwest Breakfast Casserole	Choice of Fruit Choice of Toast Choice of Cereal Choice of Breakfast Meat, Egg or Yogurt Milk Choice of 100% Vit. C Juice Breakfast Special: Caramel Pecan Rolls	Choice of Fruit Choice of Toast Choice of Cereal Choice of Breakfast Meat, Egg or Yogurt Milk Choice of 100% Vit. C Juice Breakfast Special: Shredded Potato Latke Pancakes	Choice of Fruit Choice of Toast Choice of Cereal Choice of Breakfast Meat, Egg or Yogurt Milk Choice of 100% Vit. C Juice Breakfast Special: Grilled Breakfast Sandwich - no Spinach
Pot Roast with Slow Cooked Vegetables Bread Basket Bread Pudding Choice of Beverage	Chicken Marsala Garlic Parmesan Noodles Seasoned Peas Bread Basket Chocolate Lava Cake Choice of Beverage	Open Faced Turkey Sandwich over Mashed Potatoes Baby Carrots Bread Basket Rustic Fruit Tarte Choice of Beverage	Citrus Tilapia Filet Cous Cous Asparagus Spears Bread Basket Raspberry Mousse Cake Choice of Beverage	Bacon-Wrapped Chopped Steak au Gratin Potatoes Roasted Dijon Zucchini Bread Basket Banana Cream Pie Choice of Beverage	Coconut Shrimp with Mango Salsa Ginger Rice Sautéed Spinach Bread Basket Honey Lime Fresh Fruit Salad Choice of Beverage	Stuffed Pork Loin Brown Rice with Sage & Walnuts Sliced Beets Bread Basket Apple Cake with Butterscotch Sauce Choice of Beverage
Baked Macaroni & Cheese Fresh Steamed Cauliflower & Broccoli Breadstick Strawberry Pretzel Salad Milk	Home-style Shepherd's Pie Buttermilk Scones Brown Sugar Pineapple with Ice Cream Milk	Tomato Basil Soup Grilled Cheese on Sourdough Fresh Fruit Plate Milk	Housemade Hawaiian Rolls Asian Chicken Salad Frozen Orange Dessert Milk	Saucy Barbeque Ribs Baked Beans Crunchy Coleslaw Frosted Cookie Bars Milk	Baked Ziti Caesar Salad Garlic Bread Almond Pudding Milk	French Dip with au Jus French Fries Cucumber & Tomato Salad Rhubarb Crisp Milk