

## My Rights and Responsibilities

**I Have Rights:** A right is something every human being deserves, no matter who they are or where they live, so that we can live in a world that is fair and just.

**I Have Responsibilities:** A responsibility is something that is your job to do something about, or to think about. It is something that affects your life and other people's lives.

### My Home and Community Based Services

#### My Basic Rights

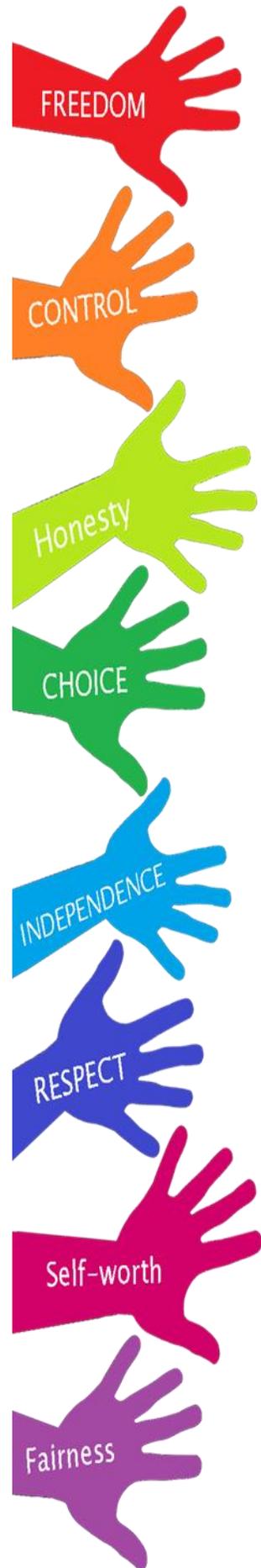
##### I have the right to:

- ✓ Pick when and where I want to go in the community
- ✓ Privacy, dignity, and respect
- ✓ Say no and not be forced do something I don't want to do
- ✓ Know how to stay safe in my home and community
- ✓ Say no to any services that I don't want
- ✓ Have a job if I choose
- ✓ Know what is written and said about me
- ✓ Have my own money, clothing, and other personal property.
- ✓ Not have anyone slap, kick, bite, or do other things that hurt me.

#### My basic responsibilities

##### I have the responsibility to:

- ✓ Keep myself and others safe when I'm in the community
  - ✓ Treat others with dignity and respect, and respect their privacy
  - ✓ Allow others to say no and not force them to do something they don't want to do
  - ✓ Make choices that keep me safe at home and in the community
  - ✓ Keep appointments and meetings for the services I do want
  - ✓ Learn skills I would need to get the job I want
  - ✓ Use my money wisely. Take care of the things I have
- Not slap, kick, bite, or do things that hurt others.



## My Person-Centered Planning Rights and Responsibilities Rights in my Home

### I have the right to:

- ✓ Be in charge of my planning meeting.
- ✓ Ask anyone I want to come to my meetings
- ✓ Choose my goals and what is on my plan
- ✓ Choose what time and what place to have my person-centered planning meeting
- ✓ Pick the services I want from the choice of services I can have
- ✓ Pick the agencies I want to help me  
Ask for help as needed to make good choices

### I have the responsibility to:

- ✓ Listen to other people's ideas
- ✓ Respect other's rights to say they can't or don't want to come to my meetings
- ✓ Follow the choices I make in my plan
- ✓ Understand I need to choose a meeting time that will work for everyone I want to be there
- ✓ Understand that I have to make choices about my services
- ✓ Know an agency might not want to work with me

### If You Have Not Been Given a Choice about Your Rights, Talk To:

#### The Department of Health & Welfare

3232 Elder Street  
Boise, Idaho 83705  
1-844-786-7997

[hcbssettings@dhw.idaho.gov](mailto:hcbssettings@dhw.idaho.gov)  
<http://hcbs.dhw.idaho.gov>

#### Idaho Council on Developmental Disabilities

700 W. State Street, Suite 119  
Boise, Idaho 83702-5868  
208-334-2178  
1-800-544-2433  
[info@icdd.idaho.gov](mailto:info@icdd.idaho.gov)

#### Idaho Self-Advocacy Leadership Network

322 E. Front Street, Suite 440  
Boise, Idaho 83702  
208-590-7256  
[IdahoSALN@gmail.com](mailto:IdahoSALN@gmail.com)

#### Adult Protection through the Area Agency on Aging

1-800-926-2588

#### DisAbility Rights Idaho

4477 Emerald Street, Suite B-100  
Boise, ID 83706-2066  
208-336-5353  
1-866-262-3462  
[info@disabilityrightsidaho.org](mailto:info@disabilityrightsidaho.org)

#### Child Protective Services

1-855-552-KIDS (5437)

#### Idaho Parents Unlimited

[Ipulidaho.org](http://Ipulidaho.org)  
1-800-242-IPUL (4785)

As a participant in HCBS programs, I agree to follow my person-centered plan to make sure that my needs are met and make sure that other people and I stay healthy and safe.

For more information, please visit the HCBS site at:

<http://hcbs.dhw.idaho.gov> or email [HCBSsettings@dhw.idaho.gov](mailto:HCBSsettings@dhw.idaho.gov)

