

# Idaho Medicaid at a Glance

State Plan and Waiver Services  
Overview

as of December 2016

# A Brief Overview of Medicaid

- Medicaid ensures medical care for low-income individuals
- Medicaid is federally-backed, state operated and administered health insurance plan for certain populations, including our most vulnerable citizens.
- In Idaho, this includes:
  - Children under age 19
  - Parents or other related adults with eligible children under age 19
  - Children with special healthcare needs up to age 21
  - Pregnant women
  - Women diagnosed with breast or cervical cancer or pre-cancer
  - People age 65 or older
  - People who are blind or disabled (using Social Security criteria)

# Medicaid – Idaho Health Plan Coverage

- Idaho Medicaid offers four different health benefit plans to meet different healthcare needs:
  - **The Standard Plan** provides the mandatory minimum benefits.
  - **The Basic Plan** is for low-income children and adults with eligible dependent children. This plan provides health, prevention, and wellness benefits for children and adults who don't have special health needs. Most participants will be in this benefit plan.
  - **The Enhanced Plan** is for individuals with disabilities or special health needs. This plan has all the benefits of the Basic Plan, plus additional benefits.
  - **The Medicare-Medicaid Coordinated Plan** is for individuals who are eligible for both Medicaid and Medicare. The Department of Health and Welfare has partnered with insurance companies to provide coordinated health coverage between Medicare Part A, Part B, Part D, and Medicaid through Medicare Advantage plans. There is no cost to you when you follow the plan regulations. Medicare Part D might still require you to pay a co-payment depending on your income level.

# Ambulatory (Outpatient) Services

- Primary Care
- Preventive Care
  - Screening and Immunizations
- Specialist Care
- Chiropractic Care



# Ambulatory (Outpatient) Services

- Urgent Care
- Emergency Room Services
- Emergency Transportation



# Ambulatory (Outpatient) Services

## Therapy Services

- Physical, Occupational, Speech/Language
- Radiation, Respiratory, Enterostomal, Home IV



# Ambulatory (Outpatient) Services

## Diagnostic and Surgical Services

- Laboratory Tests
- X-ray, CT, PET, MRI
- Outpatient Surgery



# Inpatient Hospital Services

- Physician and Surgical Care
- Therapy
  - Radiation, Physical, Occupational, Speech
- Diagnostic
  - X-ray, CT, PET, MRI
  - Laboratory



# Maternity and Newborn Care

- Prenatal Care
- Delivery and other inpatient maternity services
- Postnatal Care
- Dental Care



# Preventive Health and Lifestyle Changes

- Diabetes Education and Counseling
- Tobacco Cessation
- Obese Patients Targeting Health Behaviors



# Behavioral Health

(Managed Care - Idaho Behavioral Health Plan – Currently Optum Idaho)

- Psychotherapy
- Substance Use Disorder Services
- Community Based Rehabilitative Services
- Medication Management
- Case Management



# Prescription Drugs

Coverage of one or more drugs in each Pharmacopeia Category and Class



# Home Health and DME Services

- Durable Medical Equipment
- Home Health Care Services
- Skilled Nursing Rehab



# Personal Care Services

- Personal Care Services are a range of medically-oriented care services related to a participant's physical or functional requirements. These services are provided in the participant's home or personal residence, but do not include housekeeping or skilled nursing care.
- Who is Eligible?
  - Any age, on the Enhanced Plan
  - Require in-home care
  - Meet financial eligibility

# Home and Community-Based Waiver Services

Under Idaho's Home and Community-Based Waivers, qualifying Medicaid participants may receive an array of services to:

- Prevent unnecessary institutional placement;
- Provide for the greatest degree of independence possible;
- Enhance the quality of life;
- Encourage individual choice; and
- Achieve and maintain community integration.

# Aged & Disabled Waiver - Who is Eligible & What Services are Offered?

- Who is Eligible?

- Ages 18 and older
- Disabling condition (Social Security standards)
- Require nursing facility level-of-care
- Meet financial eligibility, possibly with a Share of Cost

- Services Offered?

- Adult Day Health
- Adult Residential Care Services
- Attendant Care
- Chore Services
- Companion Services
- Consultation
- Environmental Accessibility Adaptations
- Habilitation, Day and Residential
- Home Delivered Meals
- Homemaker Services
- Non-medical Transportation
- Personal Emergency Response System
- Respite Care
- Skilled Nursing
- Specialized Medical Equipment & Supplies
- Supported Employment



# Developmental Disabilities Waiver for Adults

## Who is Eligible?

- Ages 18 and older
- Intellectual or Developmental Disability
- Qualify for ICF/ID level of care, but are capable of living safely and effectively in a non-institutional setting
- Meet financial eligibility – income at or less than 300% of SSI Federal Benefit Rate

## Services Offered?

- Residential Habilitation Services
- Respite
- Supported Employment
- Adult Day Health
- Behavioral Consultation / Crisis Management
- Chore Services
- Environmental Accessibility Adaptations
- Home Delivered Meals
- Non-medical Transportation
- Personal Emergency Response System
- Skilled Nursing
- Specialized Medical Equipment & Supplies

## Traditional vs. Consumer-Directed Service Models?

- Traditional Model -- Participants select services from a set benefits package (with clearly defined coverage and limitations) for which Medicaid providers are reimbursed according to the Medicaid fee schedule.
- Consumer-Directed Model -- Participants have more flexibility in selecting services and providers, and negotiating costs.

# Developmental Disabilities State Plan Option for Adults

## Who is Eligible?

- Ages 18 and older
- Intellectual or Developmental Disability
- Meet financial eligibility – income at or less than 150% of Federal Poverty Level

or

- Qualify for Developmental Disabilities Waiver Services

## Services Offered?

- Developmental Therapy
- Community Crisis Supports



# Developmental Disabilities Waiver for Children

## Who is Eligible?

- Ages 17 and younger
- Intellectual or Developmental Disability
- Qualify for ICF/ID level of care, but are capable of living safely and effectively in a non-institutional setting
- Meet financial eligibility – income at or less than 300% of SSI Federal Benefit Rate

## Services Offered?

- Respite
- Habilitative Supports
- Family Education
- Habilitative Intervention and Evaluation
- Family Training
- Therapeutic Consultation
- Interdisciplinary Training
- Crisis Intervention and Supports

## Traditional vs. Consumer-Directed Service Models?

- Traditional Model -- Participants' parents/guardians select services from a set benefits package (with clearly defined coverage and limitations) for which Medicaid providers are reimbursed according to the Medicaid fee schedule.
- Family-Directed Model -- Participants' parents/guardians have more flexibility in selecting services and providers, and negotiating costs.

# Act Early Waiver for Children

## Who is Eligible?

- Ages 3 – 6 years
- Autism Spectrum Diagnosis and/or maladaptive behaviors
- Qualify for ICF/ID level of care, but are capable of living safely and effectively in a non-institutional setting
- Meet financial eligibility – income at or less than 300% of SSI Federal Benefit Rate

## Services Offered?

- Respite
- Habilitative Supports
- Family Education
- Habilitative Intervention and Evaluation
- Family Training
- Therapeutic Consultation
- Interdisciplinary Training
- Crisis Intervention and Supports



# Developmental Disabilities State Plan Option for Children

## Who is Eligible?

- Ages 17 and younger
  - Intellectual or Developmental Disability
  - Meet financial eligibility – income at or less than 150% of Federal Poverty Level
- or
- Qualify for Developmental Disabilities Waiver Services
  - Qualify for Act Early Waiver Services

## Services Offered?

- Respite
- Habilitative Supports
- Family Education



# Pediatric Vision, Dental, Audiology

- Routine Vision Exams and Glasses  
Dental Services Provided Through the  
Idaho Smiles Managed Care Plan
- Routine Dental Exams, Fluoride Treatments
- Major Dental Care and Orthodontia
- Audiology and Audiometric Services



# Adult Vision, Dental, Audiology

- Adult Vision
  - Services to monitor conditions that may cause damage to the eye
  - Acute conditions that may cause permanent damage to the eye
- Dental Services Provided Through the Idaho Smiles Managed Care Plan
  - Emergency and Palliative Care
- Diagnostic Audiology Services



Questions?



# Contact Info

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