

## Interdisciplinary Training Guidance

Interdisciplinary training is delivered one-on-one and is intended to be utilized for collaboration across direct service providers and allows two providers to bill their services at the same time. Interdisciplinary training must be used when the child is present and receiving a direct service (i.e. OT, PT, SLP, etc...). The goal of this service is to allow for training between two providers of different disciplines to meet the identified needs of the child in a manner consistent across providers and allow for sharing of treatment techniques.

Interdisciplinary training can be provided during the provision of services between the Intervention Specialist or Professional and one of the following:

- Speech Language and Hearing Professional (SLP),
- Physical Therapist (PT),
- Occupational Therapist (OT),
- Medical Professional: Physician/Specialist, Dentist, Ophthalmologist,
- Behavioral/Mental Health Professional: Counselor, Psychologist, Psychiatrist, Mental Health Provider.

\*Interdisciplinary Training between employees of the same discipline is not a reimbursable service.

Interdisciplinary Training can include collaborative training in the following areas:

- health and medication monitoring
- intervention techniques
- use of equipment
- positioning and transfer

Interdisciplinary Training is a companion services to Habilitative Skill and Behavioral Intervention, the child must be receiving one of these services to access Interdisciplinary Training. The Interdisciplinary Training provider is required to maintain documentation of the training in the child's records including who the service was delivered to and the content covered.

### INTERDISCIPLINARY TRAINING SERVICE EXAMPLE

#### **An Intervention Specialist and an Occupational Therapist:**

The child is in their weekly OT session working on fine motor objectives through play with puzzles, shape sorters, etc. The Intervention Specialist attends this session and collaborates with the OT as the child's fine motor needs are also being addressed during his Behavioral Intervention therapy sessions. The OT and Intervention Specialist review the child's fine motor needs and the OT recommends that the child start using an adaptive utensil during snacks and meal times to assist the child in generalizing this new skill with other people and environments. The OT then demonstrates to the Intervention Specialist how the child should correctly hold the adaptive utensil and how to adjust the child's hand if it begins slipping out. The Intervention Specialist then demonstrates with the child how to correctly hold the adaptive utensil and receives feedback from the OT for correct application.

The Intervention Specialist discusses with the OT reinforcement strategies that they have been using during Behavioral Intervention sessions that could also be applied during the OT's session with the child.

In this example, the Intervention Specialist would bill for Interdisciplinary Training and the OT would bill for the service (OT) being provided to the child.

**How is interdisciplinary training billed by each professional?** Only Intervention Specialists or Intervention Professional can bill for Interdisciplinary Training. The billing code is 99368 and is billed 1 unit = 30 minutes. The professional providing the direct services will bill for the services that they are providing (i.e. OT, PT, SLP, etc...)