



**IDAHO MEDICAID PHARMACY DEPARTMENT**

1-208-364-1829

**MAGELLAN MEDICAID ADMINISTRATION PHARMACY SUPPORT CENTER**

1-800-922-3987

24 hours/day/7 days per week

- ❖ Claims processing assistance
- ❖ Drug coverage and payment information
- ❖ Eligibility
- ❖ Plan limitations
- ❖ Coordination of benefits
- ❖ Prior authorization status

**IDAHO MEDICAID PHARMACY CALL CENTER**

1-866-827-9967

1-208-364-1829

8:00 a.m. – 5:00 p.m. MT

Monday – Friday

Closed federal and state holidays

- ❖ Initiate prior authorizations

**PRIOR AUTHORIZATION FAX**

1-800-327-5541

**WEBSITES**

[www.medicaidpharmacy.idaho.gov](http://www.medicaidpharmacy.idaho.gov)

- ❖ Preferred Drug List
- ❖ PA forms
- ❖ P&T information

<https://idaho.fhsc.com>

**MYERS AND STAUFFER LC**

Website: <http://id.mslc.com>

Phone: 1-800-591-1183

Fax: 1-317-571-8481

E-mail: [pharmacy@mslc.com](mailto:pharmacy@mslc.com)

- ❖ Establishing and maintaining the Average Actual Acquisition Cost for drugs

**DUR BOARD MEETINGS**

- ❖ January 19, 2012
- ❖ April 19, 2012
- ❖ August 23, 2012
- ❖ October 18, 2012

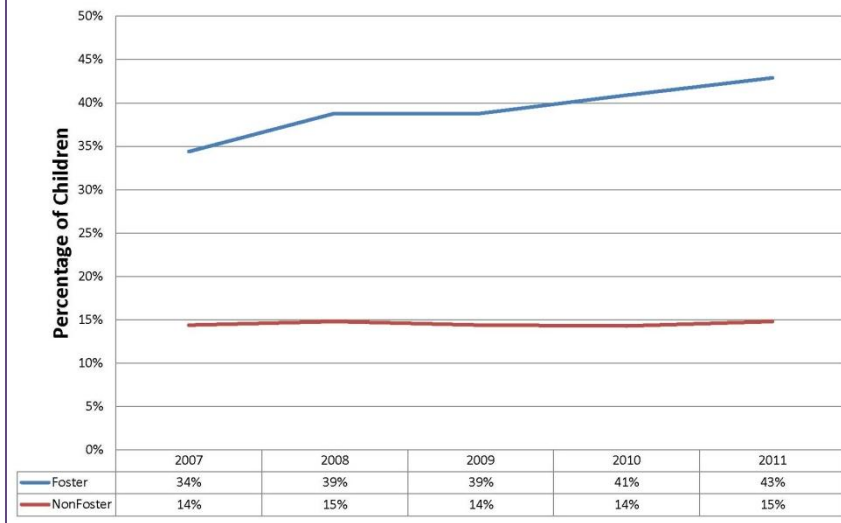
**P&T COMMITTEE MEETINGS**

- ❖ April 20, 2012
- ❖ May 11, 2012
- ❖ October 19, 2012
- ❖ November 16, 2012

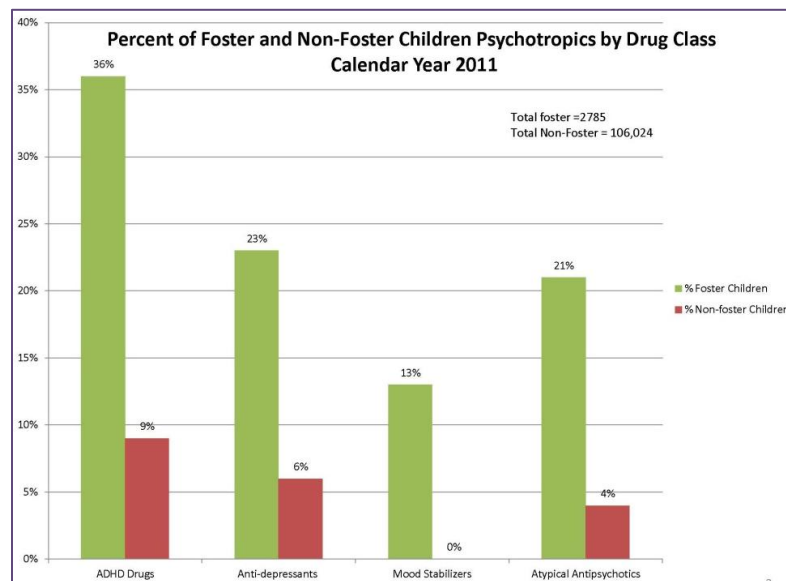
**PSYCHOTROPIC MEDICATION USE IN FOSTER CHILDREN**

The Pharmacy Program at the State of Idaho continues to look deeper into different aspects of potential inappropriate use of psychotropic drugs in Foster Children. During the most recent DUR Board Meeting additional data was presented comparing Idaho Medicaid foster vs. non-foster children receiving psychotropic medications over the past 5 years.

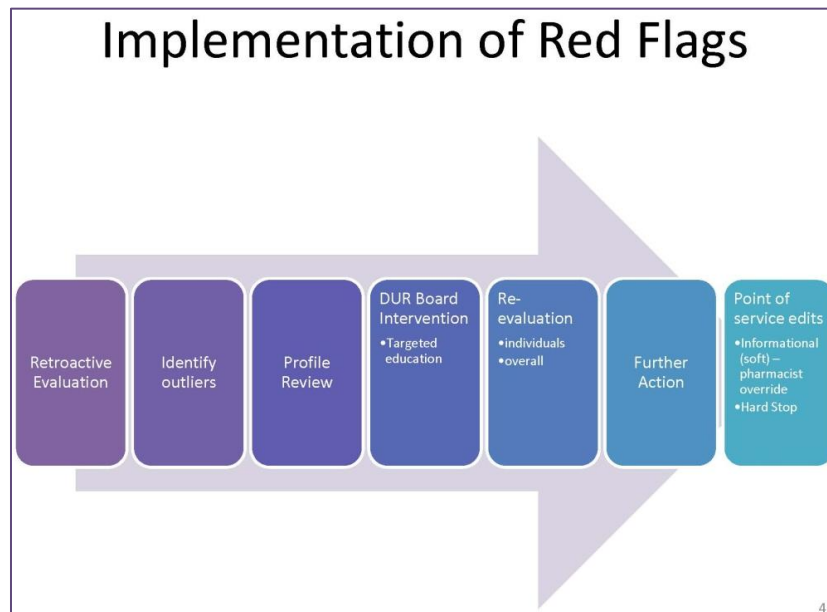
**Percentage of Children Receiving Psychotropic Medications Over Time**



The data from 2011 was examined in more detail and the complete presentation can be found at <https://idaho.fhsc.com/providers/dur.asp> under meeting materials August 23, 2012 DUR Board Meeting Presentation. The following slide shows an initial numerical breakdown of the different psychotropic medication classes.



Specific red flags will be used to further analyze what is happening in this population. This diagram describes the quality improvement process for each red flag.



The following is the list of red flags whose presence in foster children will signal the need for further evaluation:

- ❖ Five (5) or more psychotropic medications prescribed concomitantly
- ❖ Two (2) or more concomitant antidepressants
- ❖ Two (2) or more concomitant antipsychotic medications
- ❖ Two (2) or more concomitant stimulant medications
  - one long-acting plus one short-acting is OK
- ❖ Three (3) or more concomitant mood stabilizer medications
- ❖ Psychotropic polypharmacy (2 or more agents) for a given mental disorder prescribed before utilizing psychotropic monotherapy

The initial red flag that was examined was five or more psychotropic medications prescribed concomitantly. The evaluation resulted in identifying 5 recipients with service dates between 11/1/2011 and 4/30/2012. The medical records of these 5 recipients are going to be requested and an in-depth review by a pediatric/adolescent psychiatrist will be performed.

### **NARCOTIC PATTERNS OF USE IN CHRONIC NON-MALIGNANT PAIN**

The Pharmacy and Therapeutics (P&T) Committee requested an in-depth review of the use of narcotics. The medication profiles for the top 150 recipients identified by total narcotic claim count from recipients who had at least one narcotic claim in each of the 24 months of the period ending December 2011 were reviewed. The full report can also be found at <https://idaho.fhsc.com/providers/dur.asp> under meeting materials August 23, 2012 DUR Board Meeting Presentation.

Study results:

1. The average length of time for continuous opioid use was 8.2 years (data back to 1998)
2. The average number of different opioids was 2.9.
3. The average daily morphine equivalents were 256mg.
4. The average number of prescribers was 2.
5. The top 3 diagnoses/indications were
  - a. lumbago: unspecified disorder of back; back pain
  - b. chronic pain; chronic pain syndrome; other chronic pain
  - c. intervertebral disc disorder; lumbar disc degeneration; cervical disc degeneration; cervicgia; sciatica; disc degeneration; spondylosis.
6. The average days prior to the next refill were 27 days.

Physicians for Responsible Opioid Prescribing (PROP) is a group lead by Physicians, but includes anyone who has an interest in bringing the opioid epidemic under control. Their Mission Statement is: Our mission is to reduce morbidity and mortality resulting from prescribing of opioids and to promote cautious, safe and responsible opioid prescribing practices. Their website [www.responsibleopioidprescribing.org](http://www.responsibleopioidprescribing.org) has a lot of useful information targeted to Primary Care Prescribers and includes informational documents and educational videos. Everyone is encouraged to visit the website to take advantage of what they have to offer.