



New Horizons Mental Wellness Clinics PLLC

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To Ms. Eide, PharmD:

I am writing to the P&T committee to recommend that Ingrezza and Austedo be equally available to Idaho Medicaid recipients. I am a Psychiatric Nurse Practitioner base in Pocatello, but I see patients via telemed on both sides of the state. About 40% of my population is diagnosed with autism or Intellectual disability. These individuals are often treated with antipsychotic medications at an early age, at high doses, and for long periods of time. As these patients age, their risk of Tardive Dyskinesia is higher than the general population. I currently see about 30 individuals with Tardive Dyskinesia. It is a lifelong debilitating condition that is a result of dopaminergic medications. I have patients who developed TD symptoms after several years of exposure to the gastrointestinal medication metochlopramide, without antipsychotic exposure. Individuals with TD have different responses to each medication, and **each medication brings a unique value** to treating the condition. For example, Ingrezza allows once daily administration which improves medication adherence. Austedo allows titration in dosing, though has a slower onset of effectiveness.

Please continue to allow Idaho Medicaid Participants access to the medications that they need to address this completely debilitating condition. Those with severe mental illness, autism, and intellectual disabilities are already experiencing a decreased quality of life. TD symptoms just make their situation worse.

Thank you for your consideration in this matter.

Regards,

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