



**Suicide in Idaho: Fact Sheet
September 2016**

- Suicide is the 2nd leading cause of death for Idahoans age 15-34 and for males age 10-14. (The leading cause of death is accidents.)
- Idaho is consistently among the states with the highest suicide rates. In 2014 Idaho had the 9th highest suicide rate, 46% higher than the national average.
- In 2015, 362 people completed suicide in Idaho; one suicide death every day.
- Between 2011 and 2015, 78% of Idaho suicides were by men.
- In 2015, 60% of Idaho suicides involved a firearm.
- 19.8% (1 in 5) of Idaho youth attending regular public and charter high schools reported seriously considering suicide in 2015. 9.8% (1 in 10) reported making at least one attempt.
- Between 2011 and 2015, 102 Idaho school children (age 18 and under) died by suicide. Twenty four of these were age 14 and under.
- Number of emergency department visits for self-inflicted injury per year: 836,000 in the United States
- In 2014, there were 42,773 deaths by suicide in the United States, an average of 1 person every 12.3 minutes.

Idaho Resident Suicides by Region – 2015

Region	Anchor City	Suicides	Rate (per 100,000)	Population	Tot. # Suicides	
					2011-2015	5-yr Avg Rate
1	Coeur d'Alene	63	28.0*	225,007	245	22.4
2	Lewiston	20	18.6-	107,383	120	22.5
3	Nampa	53	19.5*	272,363	238	18.0
4	Boise	86	18.0-	477,248	394	17.1
5	Twin Falls	44	22.9*	192,395	193	20.4
6	Pocatello	46	27.6*	166,429	188	22.6
7	Idaho Falls	50	23.4*	214,105	195	18.5

* Increase from 2014, - decrease from 2014

**Idaho Suicides by Age/Gender 2011-15
Over 5 year period**

Age	Total	Male	Rate	Female	Rate
< 15	24	20	6.5	4	1.4
15-24	244	193	33.2	51	9.3
25-34	231	189	35.0	42	8.0
35-44	272	203	40.7	69	14.2
45-54	318	233	46.4	85	16.8
55-64	247	181	37.5	66	13.3
65-74	128	108	33.6	20	6.0
75-84	64	57	37.8	7	4.0
85+	45	41	82.4	4	4.7

**Method 2011-15
(all ages)**

Firearm	59.8%
Poisoning	16.8%
Suffocation	18.8%
Cut/Pierce	1.0%
Fall	1.1%
Other	2.5%

Idaho Suicide Rates 2006 – 2015

Year	Number	ID Rate	US Rate
2006	218	14.9	11.2
2007	220	14.7	11.5
2008	251	16.5	11.9
2009	307	19.9	12.0
2010	290	18.5	12.4
2011	284	17.9	12.7
2012	299	18.7	12.9
2013	308	19.1	13.0
2014	320	19.6	13.4
2015	362	21.9	N/A

Idaho Youth Risk Behavior Survey 2015 – Regular Public and Charter High School Students

<u>Grade</u>	<u>Sad or Hopeless</u>	<u>Suicidal</u>	<u>Plan</u>	<u>Attempt</u>	<u>Medical Care For Attempt</u>
9 th	29.7%	19.3%	16.4%	10.8%	5.0%
10 th	29.7	17.9	15.1	10.1	2.2
11 th	35.3	23.6	21.4	10.3	3.2
12 th	32.3	18.6	14.8	7.6	1.7
Idaho Overall	31.6	19.8	17.0	9.8	1.9

Idaho Suicide Rate by County

5-year total number and 5-year average annual rate 2011-2015

(Resident suicides per 100,000 people)

<u>County</u>	<u>Number</u>	<u>Rate</u>	<u>County</u>	<u>Number</u>	<u>Rate</u>
Ada	351	16.8	Gem	12	14.3
Adams	3	15.4	Gooding	14	18.4
Bannock	108	25.9	Idaho	16	19.7
Bear Lake	7	23.6	Jefferson	21	15.7
Benewah	14	30.7	Jerome	24	21.2
Bingham	41	18.1	Kootenai	154	21.2
Blaine	25	23.4	Latah	23	12.0
Boise	12	34.8	Lemhi	14	36.0
Bonner	39	19.0	Lewis	5	26.0
Bonneville	113	21.0	Lincoln	4	15.2
Boundary	13	23.7	Madison	14	7.4
Butte	1	7.5	Minidoka	15	14.8
Camas	-	-	Nez Perce	60	30.1
Canyon	183	18.4	Oneida	1	4.7
Caribou	12	35.2	Owyhee	11	19.3
Cassia	22	18.8	Payette	19	16.7
Clark	3	67.7	Power	4	10.4
Clearwater	16	37.3	Shoshone	25	39.8
Custer	12	56.8	Teton	9	17.5
Elmore	25	19.1	Twin Falls	89	22.3
Franklin	15	23.2	Valley	6	12.3
Fremont	8	12.4	Washington	10	19.9
			Idaho (total)	1,573	19.5 (5-year average)

Note: Rates for many counties are based on fewer than 20 deaths. Caution is advised when interpreting rates based on small numbers.

Sources: Idaho Bureau of Vital Records and Health Statistics,
Idaho Department of Health and Welfare,
Center for Disease Control and Prevention
State Department of Education, YRBS Idaho, 2015

Compiled by Jeni Griffin, Executive Director, SPAN Idaho

Special Thanks to Martijn Van Beek, Research Analyst Senior and Pam Harder, Research Analyst Supervisor, Bureau of Vital Records and Health Statistics