

## Can a CFH offer respite services?

Yes, there are two types of respite services a CFH may offer: (1) hourly adult care to vulnerable adults who are not CFH residents; and (2) alternate care to residents who normally receive services in another CFH.

Hourly adult care, also known as adult day health, is a supervised, structured, paid respite service that may be offered in a CFH for up to 14 hours in a 24-hour period to vulnerable adults who are not CFH residents. Health and social services, recreation, supervision, and assistance with activities of daily living are provided in the home by qualified caregivers according to a contract tailored to the participant's needs.



Alternate care may be provided according to the resident's original plan of service and admission agreement for up to 30 consecutive days in another CFH that has an available vacancy. The CFH provider who normally cares for the resident will provide resident-specific training to the alternate caregiver.

For more information, please contact your nearest regional certifying agent, email the CFH program, or visit the program website:

### Certifying Agents:

Coeur d'Alene ..... (208) 665-8807  
Lewiston..... (208) 799-4438  
Nampa ..... (208) 455-7120  
Boise..... (208) 334-0700  
Twin Falls..... (208) 732-1515  
Pocatello ..... (208) 239-6249  
Idaho Falls ..... (208) 528-5721

Email: [cfhcc@dhw.idaho.gov](mailto:cfhcc@dhw.idaho.gov)

Website: [www.cfh.dhw.idaho.gov](http://www.cfh.dhw.idaho.gov)



**CERTIFIED**  
FAMILY HOME PROGRAM



Certified family homes provide vulnerable adults with safe, family-styled homes where they receive quality care, their rights are honored, and they are included in the community.



## What is a certified family home (CFH)?

A CFH is a home that meets approval criteria set by the State of Idaho and is certified by the Idaho Department of Health & Welfare to care for between one and four adult residents who cannot live on their own. Certification as a CFH is required when a paid caregiver provides services to any vulnerable adult residing in the caregiver's home.



The focus of a CFH is to provide safe and effective care to residents in a homelike, family-style atmosphere, with an emphasis on protecting residents' rights and involvement with the community.

Health and safety are the top priorities of a CFH. To properly care for each resident, the CFH provider must:

- Have the time and appropriate skills to provide the level of and types of services required to meet each resident's mental, emotional, and physical needs;
- Ensure the home meets the resident's physical needs; and
- Maintain compliance with environmental sanitation, fire/life safety, and physical home standards set for the CFH program.

## Who is a CFH resident?

A resident is an adult who lives with the CFH provider and needs personal assistance and/or supervision. The CFH provider may or may not be related to the resident. Reasons the resident may be vulnerable and requires care include:

- Advanced age;
- Mental illness;
- Developmental disability; and/or
- Physical disability.

Residents may be eligible for Medicaid assistance to pay their CFH provider for their care. To apply for Medicaid benefits, call the Department's Benefits Customer Service Center at 1-877-456-1233. If ineligible for Medicaid, the resident may pay his or her CFH provider for care through personal funds or private insurance.

All residents are responsible to pay their CFH provider a monthly room and board charge as negotiated in the admission agreement.

As part of being admitted to a CFH, each resident will be assessed for functional, medical, and behavioral needs. Based on these assessed needs, the CFH provider and the resident will develop a plan of service detailing how the provider will care for the resident.



## Who can operate a CFH?



To operate a CFH, the care provider must:

- Be an adult living in the home;
- Start the application process by completing Application Part A and submitting it to the regional certifying agent;
- Pay the \$150 non-refundable application fee;
- Attend new provider orientation;
- Clear a Department criminal history and background check by applying at <https://chu.dhw.idaho.gov> (Employer ID: 1104);
- Hold current certifications in first aid and adult CPR by demonstration of skills to a live instructor;
- Complete the "CFH Basic Medication Awareness and Infection Control" course through a technical college ([CWI](#), [CSI](#), [CEI](#), [ISU](#), [LCSC](#) or [NIC](#));
- Obtain required inspections of the home (see Sections 6, 7 and 9 of Application Part B);
- Complete Application Part B and fulfill the remaining application requirements;
- Schedule and pass an initial certification study conducted by the regional certifying agent; and
- Operate the home in compliance with the rules governing certified family homes.